

THE BRIDGETOWN READER

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**July 24
2026**

VOL. 18

Issue 29



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Royal Canadian Legion turns 100!

The Royal Canadian Legion proudly commemorated its 100th anniversary at the National War Memorial in Ottawa on July 17th, joined by invited dignitaries, Veterans, Legion members, and the public. Incorporated on July 17, 1926, the country's largest Veteran support and community service organization recalled highlights of its history of Remembrance. From chartering giant steamships so Veterans could attend the unveiling of Vimy Memorial in France in 1936, to the repatriation of an Unknown Soldier to Ottawa, ON in 2000, and to St. Johns, NL in 2024.

"We also remember those who were angered and saw a great need for support and advocacy," said Berkley Lawrence, Legion Dominion President, referring to the era in the wake of the First World War. "It is they who founded the Legion to ensure that Veterans were cared for and remembered. Not only then, but in the future.

A past winner of the Legion's annual Youth Remembrance Contest, which is held in collaboration with the Legion National Foundation, recited her emotional poem called "A place set for you," about losing a loved one in the line of service. Sara Butt's poem grew from her experience listening to soldiers while volunteering during the National Poppy Campaign.

"Though I lost you to freedom, to honour, to the fight...You live on in my heart, my son, my endless light," her last two lines read.

An afternoon reception held at Ottawa's City Hall for invited guests included remarks thanking the Legion's many collaborators and supporters, the sharing of some examples of its work over the decades, and an update on its burgeoning growth over the past few years.

A highlight was the unveiling of a vibrant new Canada Post stamp to commemorate



the Legion's century of service. Canada Post CEO Doug Ettinger thanked Veterans in attendance for their service, and the Legion for its work over the decades. (This article from the Royal Canadian Legion has been edited for space. Read the entire release at <https://www.legion.ca/news>)

During our 100th Anniversary, all new members can join The Royal Canadian Legion for free for 2026!

Your membership will help strengthen the Legion and our support for Veterans and our communities across the country. Plus, there are lots of great ways to get involved and have fun through your location Legion Branch! Annual memberships run January through December.

Legion membership is open to any Canadian citizen or citizen of an Allied nation who is 18 years of age or older.

Annapolis County RCL Branches

001 Middleton

205 Marshall St. 902-825-4751

112 Lawrencetown

490 Main Street 902-584-3027

033 Bridgetown

20 Jeffrey Street 902-665-2820

021 Port Royal

66 Victoria St., Annapolis Royal
902-532-5196

122 Clementsport

2008 Hwy 1 902-638-3303

055 Bear River

1877 Clementsvalle Rd. 902-467-3705

Bringing the Croscup Painted Parlour Home

Presented by Ernest J. Dick

Saturday July 25th

2:00pm

North Hills Museum

Donations Appreciated



re the Croscups?

History was the grandson of Ludwick Croscup (born in 1783, the Croscup family moved to the Annapolis Valley in 1811). In 1811, the Croscup family moved to the Annapolis Valley in 1811. He made a name for himself as a farmer and investor. He died in 1888.

John Schaffner was also of German Loyola (born in 1820). She lived in the Croscup family house in 1845 and is typical of Maritime women in the Annapolis Valley in the 1840s and 1850s. She was buried in the Croscup family cemetery in 1888.

They had two daughters, Lucinda born in 1846 and Mary Ann born in 1850. James Johnston born in 1850 and Joseph Johnston born in 1855. The mother of the Croscup family moved to the Annapolis Valley in 1840 and was buried in the Croscup family cemetery in 1888.

There had two daughters, Lucinda born in 1846 and Mary Ann born in 1850. James Johnston born in 1850 and Joseph Johnston born in 1855. The mother of the Croscup family moved to the Annapolis Valley in 1840 and was buried in the Croscup family cemetery in 1888.

Prince Albert Road Construction

Nova Scotia Power will be working along Prince Albert Rd. in Annapolis Royal, starting early-August and extending into mid-October 2026.

The southbound lane on the causeway, including the pedestrian sidewalk, will be intermittently closed during this time. Traffic control will be on site while crews are working; motorists should expect standard delays and plan for added travel time. For your safety, pedestrians are asked to please reroute to the opposite side of the road when it is safe to do so, for the length of the construction zone. There will be additional barricades implemented during the work. For your safety and the safety of our crew, we kindly ask the public respect these boundaries and do not approach personnel onsite.

If you have questions or concerns, please contact Nova Scotia Power at engage@nspower.ca



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Community Calendar

Thur. July 23-Sat. July 25, 10am-4:00pm daily **The Farm Museum** open Thur.-Sat. until September, next to the Exhibition Grounds in Lawrencetown. Free admission...for the memories. *

Thur. July 23, 7:00pm Music in the Orchard with Kim Doolittle, an Annapolis Valley Folk School event at 1963 Clarence Road, Clarence. Get ready for an incredible evening of music and storytelling! Kim Doolittle—singer, songwriter, master storyteller, and lifetime musician—is bringing her winding minstrel journey straight to us. With her guitar in hand, Kim has traveled the globe, weaving her worldwide adventures directly into the fabric of her soulful, original music. You won't want to miss this!

This is an outdoor event, so dress for the weather and get ready for some fresh air and great tunes. Seating isn't provided, so please bring your favorite folding lawn chairs or a cozy blanket to sit on. If you have any difficulty registering you can send us an email at avfolkschool@gmail.com or message us on Facebook or call Maureen at 902 309 0224.

Fri. July 24, 10:00am Weekly Tai Chi classes at the Centrelea Community Hall, 3495 Highway 201. Bring indoor slippers or shoes. Drop ins welcome. Good for balance, posture and relieving stress. Instructor Jamie Edwards of Empty Hand Martial Arts. \$75 for 10 week pass that does not expire. More info @ 902-448-2483 *

Fri. July 24 and Sun. July 26, 10am-3:00pm Digby Farmers and Artisans Market takes place along Admiral's Walk, Digby, Fridays and Sundays to Oct. 4.

Fri. July 24, & Sat. July 25, 11am – 7:00pm and Sun. July 25, 11am-5:00pm On The Village Green Market is Back and proud to be a part of the 3-day Valley Wide Ribfest Event. Bringing you a unique mix of vendors every day! Crafters, Soapers, Bakers, Jewelry, Artists, 3d-Printers, Wood Crafts, Candles, Blacksmith, skin care, and More! Play our annual Scavenger Hunt too! 904 Central Ave., Greenwood.

Fri. July 24, 12-1:00pm Tai Chi Classes, each Friday at the Bridgetown Salvation Army Church. \$60 for 10 classes. 902-824-0099.

Fri. July 24, 2-4:00pm Crafts & Conversations will take place every Friday at the O'Dell House Museum, Annapolis Royal, throughout the summer season. Crafts & Conversations is a drop-in community program for crafters and artists of all ages and skill levels. Simply bring your current craft project and enjoy an afternoon of conversation and

creativity. Surrounded by beautiful textile arts from the AHS collection and in the company of like-minded makers, you are sure to feel engaged and inspired! Knitting, sewing, crocheting, weaving, drawing, sketching, beading, rug hooking, embroidery, etc. All are welcome! 902-532-7754. annapolisheritagesociety.com

Fri. July 24, 5-6:30pm The Hampton Market offers an eclectic mix of vendors featuring staples and a few things you didn't know you really needed! Offers include granola, lemonade, BBQ sauce, salsa, handpies, flowers, jewelry, jams & jellies, crafts and wood-fired sourdough. Plan a trip to Hampton Hall (8319 St Croix Cove Road) on Fridays and stop in for a coffee and a chat. Want to be a vendor? Email Sherry: sherrydell4k@gmail.com

Fri. July 24, 6-8:00pm Summer Music at the O' with The Kim Doolittle Band. Free admission. At the Oqwa'titek Amphitheatre on the waterfront in Annapolis Royal. Rain location at the Port Royal Legion, 66 Victoria Street. or The Community Hub. Free music every Friday for the summer. *

Fri. July 24, 7:00pm Jam Session every Friday Evening at the Youngs Cove Community Hall, 5407 Shore Rd. *

Fri. July 24, 7-9:00pm Karaoke at the Bridgetown Legion. Theresa Porter hosts a fun night of Karaoke

Sat. July 25, 8-10:00am Pancake Breakfast at Moschelle Community Hall, held the last Saturday of the month at 718 Hwy 201, Moschelle. Come join us for a great breakfast \$10/plate and \$5/plate for children under 5. Your choice of Pancakes or French toast with all the trimmings and includes a side of sausages and homemade beans. *

Sat. July 25, 9am-1:00pm Christmas in July Craft Sale at the Round Hill Hall, 1689 Hwy 201. If interested in a table please contact Dawn at 902-955-0854

Sat. July 25, 9am-1:00pm Summer Market in the Masonic Hall Church St., Annapolis Royal. From local handmade wood products, cards, Jeanette's Jams, & Annette's apparel; to textiles, vintage clothing & goods, Thai clothing, African jewelry, antiques, collectibles, home decor, books, CDs, LPs and more! Rain or shine. Cash & e-transfer.

Sat. July 25, 9am-1:00pm Annapolis Royal Farmers and Traders Outdoor Market at Market Square, across from the wharf. Nova Scotia's longest-running outdoor market. With produce and artisan breads, locally made beer and wine, and so much more the Market is a celebration of everything homegrown and handcrafted.

AP Bookkeeping Services Ltd.

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4730 Hwy 1 Unit 3

902-907-2129 Ext 1

Forest Walk
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in the Goldsmith Lake Wilderness Area

AUGUST 1, 2026
10:00AM - 12:30PM

*Registration required. Please visit:
<https://forms.gle/Kf3QmmRuuAJehaPD9>

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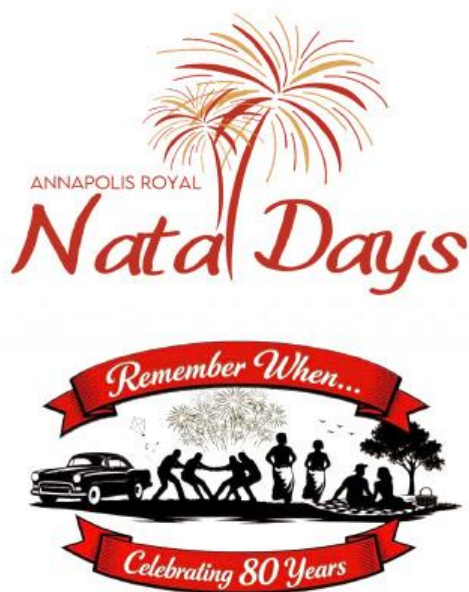
902-247-4449

4730 Hwy 1, Granville Centre, B0S1A0

Sat. July 25, 10:00am Car Show and Bingo at West Dalhousie Community Hall. Registration starts at 10. There will be a canteen and Bingo starts at noon. Vendors will be set up. Prizes at 2pm. All welcome!

Sat. July 25, 10am-2:00pm Your Valley Farmers Market at the Annapolis Valley Exhibition Grounds, Lawrencetown. Open every Saturday to October 3. Vendor applications are now open for the 2026 market season! Info at Facebook/Your Valley Farmers Market or email us at farmersmarket@valleyex.ca.

Sat July 25 and Sun. July 26, 10am-4:00pm First Annual Summer Arts Festival at the Upper Clements Community Hall, 2951 Hwy 1, Upper Clements. There will be an art exhibition in a variety of mediums to view and purchase, demonstrations, and a raffle for an original work by acclaimed local artist Wayne Boucher. Free community BBQ and entertainment from 11am-2pm (donations welcome). Learn more at upperclementshall.ca Free admission.



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Facebook.com/AnnapolisRoyalNatalDays



JUL 31 - AUG 3

Sat. July 25, 12:30pm T & D Kitchen Jam Saturdays, 1407 Inglisville Road, Lawrencetown at the Community Hall. All are welcome! Doors open 12:30, music from 1:30-4:30. \$2 for entry. Snacks, tea /coffee are included in the price. *

Sat. July 25, 1:00pm Ice Cream Social at the Tupperville School Museum. Our annual ice cream social includes our homemade ice cream, barbecue and live entertainment. Stop by to socialize with the community or just enjoy some delicious food! 2663 Hwy 201, Tupperville.

Sat. July 25, 1:00pm Walkie Talkie with Barbara Lounder Join artist Barbara Lounder in an outdoor ambulatory artist talk using objects from her ARTSPLACE exhibition, In Place: Objects, Photographs, Stories, such as walking sticks, carrying yoke, and blindfolds. Free to participate. Suitable for all ages and abilities. Gather at ARTSPLACE, continue along French Basin Trail. (In case of rain, the activity will take place at ARTSPLACE.)

Sun. July 26, 8:50-10:30am Annapolis Shambhala Meditation Centre **Sunday Morning Sitting Practice**, weekly at the Granville Ferry Community Hall. <https://annapolis.shambhala.org>

Sun. July 26 No service this morning at St. Mary's Anglican Church in Belleisle. We are having a joint service this morning at St. James in Bridgetown to celebrate their Patron Saint day! Please come and join us there.

Sun. July 26, 10am-2:00pm Clarence Farmers Market, through October at the Clarence Community Hall. The market features local produce, baked goods, crafts, and artisan products from vendors across the Annapolis Valley. New vendors are always welcome. For more information, email clarencountrymarket@gmail.com or call 902-824-4999.

Sun. July 26, 11:00am Joint Service Today at St. James' Anglican Church - 289 Granville St, Bridgetown we are celebrating our Patron Saint, St. James. We are having a joint service. The original chapel was built in 1829 and consecrated by Bp. John Ingles. Some 60 years later the church you see now was built. The service will be followed by fellowship and food. All are welcome. We are an inclusive church. Wheelchair accessible via the parking lot door. (Please note there will be no service at St. Mary's in Belleisle today.)

Sun. July 26, 11:00am Bridgetown Baptist continues to worship weekly. Join us on Sundays at the Royal Canadian Legion, 20 Jeffery St., for a joyful time of worship. 902-665-2506. 10:30 for prayer and 11am for worship! bridgetownbaptist@gmail.com.

Sun. July 26, 11:00 am Worship Service. Celebrate God's presence with us at St. George & St. Andrew United Church, 393 St. George St. Annapolis Royal 902-532-7954. Open Doors, Open Hearts, Open Minds. *

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Sun. July 26, 11am-2:00pm Farmers and Crafters Market, every Sunday at the Lions Club at 948 Hwy 1, Deep Brook. Local vendors and farmers. New vendors always welcome.

Sun. July 26, 2:00pm Centrelea United Baptist Church, 3492 Hwy 201. Service every week. Join us as we explore The Book of Psalms. Follow our activities and events on Facebook

Sun. July 26, 3:00pm July Makers Swap, an Annapolis Valley Folk School event at 1963 Clarence Road, Bridgetown. We are headed outside for this month's swap! Pop your lawn chairs back in the car and grab your tickets! Whether you are a seasoned swapper or brand new to the community, we cannot wait to see you. If you've never been to a Makers Swap, the concept is beautifully simple: bring something you have made with your hands, grown in your garden, or a service you can offer, and trade it for treasures from others. There is no money exchanged, and perfection is absolutely not required! Just bring your willingness to share your talents and passion projects.

All Are Welcome: Bring a friend, a neighbor, or the whole family! Just be sure to grab your tickets ahead of time on Eventbrite.

Bring What You Can: Everyone brings what they feel comfortable giving. There are no limitations or rigid expectations. We believe fairness means sharing within your means—and somehow, it always results in amazing generosity and abundance!

Page 4

The Common Table: Everything brought to the swap goes onto a shared table. After we spend some time hanging out and getting to know each other, everyone will take turns selecting items from the table—one item at a time—until you feel you've taken what is "fair" to the community. Popular trade items include preserves, pickles, jam, kombucha, soaps, plants, baked goods, jewelry, leather crafts, wood carvings, dog treats, paintings, or even vouchers for services like haircuts, massages, or a home-cooked meal. If you have any difficulty registering you can send us an email at avfolkschool@gmail.com or message us on Facebook or call Maureen at 902 309-0224.

Sun. July 26, 7-9:00pm Fun Darts, every Sunday evening at the Bridgetown Legion, 20 Jeffery Street. \$3 entry returned in prizes.

Sun. July 26, 8:00pm Queen Kong at Evergreen Theatre. Led by Toronto drummer, vocalist and composer Lorie Wolf, Queen Kong seamlessly blends Jewish Klezmer with jazz, free improv, rock and punk to explore new sounds and ideas. Queen Kong features six of Toronto's top young jazz and world music performers, improvisers, movers and shakers. This will be a pay-what-you-wish event (at the end of the show). Please bring cash to make things easier. <https://evergreentheatre.ca/> or 902-825-6834. 1941 Stronach Mtn. Rd., East Margaretsville.

Mon. July 27, 9am-12:00pm Summer Open House at the Paradise Heritage Centre, 10307 Hwy 1, Paradise. We will be open on Monday mornings 9-12 for the summer and fall, starting on June 1! There will be coffee and muffins of course- and our quiet, beautiful space to relax for conversation, reading, or research. *

Mon. July 27, 10am-12:00pm Memoir Writing Group meets every Monday morning in the music room at the Annapolis Library to share chapters of their memoirs for friendly discussion. No workshops. Everyone welcome. In the event of inclement weather/ library closure, classes will not be held.

Mon. July 27, 1:00pm Chair Yoga with Esme at the Bridgetown Legion (20 Jeffery St, Bridgetown). Join us for chair supported yoga suited for seniors and limited mobility. For more information contact Esme at (604) 537-5665 or esmeendres@gmail.com *

Mon. July 27, 7:00pm Valley Lions Radio Bingo (VLRB) is a Media Bingo broadcast on Annapolis Valley Radio, AVR 97.7FM and other AVR stations from Digby to Windsor, every Monday night from 7-8pm. Bingo Cards are sold through valley retail locations. Info at www.vlrb.ca *

Mon. July 27, 7:00pm Jam Sessions at Habitation New Horizons Hall at 1771 Granville Road Port Wade. Come sing, play or just listen. Lots of fun and fellowship, all welcome. For info contact Ann Marie 902-955-2244.

Mon. July 27, 7-9:00pm Craft Club @ Lower Granville Hall (3551 Granville Rd., Port Royal). Now EVERY Monday night! Calling all Fibre enthusiasts. Join us at the Hall for a Stitch'n'Bi*ch. All skill levels welcome. Knit, crochet, embroider, felt, mend, quilt, spin, weave, needlepoint, rug hooking... We will put the kettle on. Bring your project and \$2 Hall donation.

Tues. July 28, 12-2:00pm Picnic & Paddle at Lake Pleasant Park & Boat Launch, 808 Lake Pleasant Rd. Join Annapolis County Recreation for a guided paddle and experience one of Annapolis County's scenic lakes from a new perspective. After your time on the water, head back to shore for a delicious BBQ, refreshments, and a relaxing afternoon by the lake. Whether you're an experienced paddler or trying it for the first time, this is a great opportunity to get outside, connect with others, and enjoy everything Lake Pleasant has to offer.

Tues. July. 28, 12:00pm Lunch and Fun Free dinner and fun. Come out and join us at Annapolis Royal Baptist Church, 762 St. George Street, in the hall.

Tues. July 28, 1-3:00pm The Annapolis East Seniors Card Group, meet at NSCC Middleton campus every Tuesday.

Tues. July 28, 6:00pm Bridgetown Ramblers join us at the Bridgetown Baptist Church parking lot, 7 Park St., for a fun, social and relaxed ramble around the community. For more information text 902-824-0057.

Tues. July 28, 6:30-8:00pm Toucan Paint Night. Join Artist Jenna to paint your own toucan bird painting. All supplies included. No experience necessary. Cost is \$35 per person. Registration is required by emailing info@7Arts.ca as space is limited. 7Arts 619 Central Ave, Greenwood.

Tues. July 28 and Thur. July 30, 7:00pm Bridgetown Pickleball at the Sports Hub tennis/pickleball courts. Newbies always welcome. \$2 drop-in fee. Questions? 902-665-4353 or 902-665-4308.

Tues. July 28, 7:15-10:15pm Middleton Legion Bingo Tuesdays at 205 Marshall Street, Middleton. *

Wed. July 29, 10:00am NS Walks Annapolis Royal Wednesdays at 10am. Are you interested in getting some exercise, at your pace, with friendly people, and in picturesque surroundings? Join our Walk Group! We meet every Wednesday at 10:00am at the Annapolis Royal Farmers' Market parking lot. Walkers of all ages and abilities are welcome. For further information, call (902) 250-0429.



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Wed. July 29, 10:00am NS WALKS BRIDGETOWN a walking group for all levels and abilities If you are looking for motivation to get out for a bit of exercise and to socialize come join us. Walkers meet at the Library every Wednesday at 10:00 am. All are welcome Registration is not required. For more information check our Facebook Group NS WALKS BRIDGETOWN

Wed, July 29-Sun. Aug. 2, 10am-5:00pm Middleton Railway Museum open daily except Mon. and Tues. at 61 School Street, Middleton. Visit our HO model railway, restored railway station, and rolling stock. Call 902 221-6922. *

Wed. July 29, 2:00pm Join us for **Church in the Park** in Centennial Park, Kingston. Bring a lawn chair, water, protection from sun, rain and insects, and something for the Food Bank. Offered by All Saints Anglican Church. All are welcome! For more information, contact: Rev. Sue Channen revsue.channen@gmail.com

Wed. July 29, 4-8:00pm Bear River Night Market, bi-weekly, on the waterfront (near the Carol Dibble Community Greenhouse & Waterfront Gardens). Local food, art, and music with Alec Frith.

Wed. July 29, 7:00pm Brickton Community Hall Jam Sessions Every Wednesday @ 7. Free will offering. All welcome. *



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Sat. Aug. 1, 12-2:00pm

Opening Receptions Exhibitions continue until Sept. 5 Free admission. Light refreshments. All are welcome. ARTSPPLACE, 396 St. George St, Annapolis Royal. www.arcac.ca

More is More / Annual Members'

Exhibition. The theme of this year's members' show is MAXIMALISM! Annapolis Region Community Arts Council member artists explore abundance, excess, and the expressive possibilities of accumulation. Playful or critical, ordered or unruly, abundance becomes a means of expression rather than an end in itself

Charlotte Wilson-Hammond /

Glass ½ Full. Wilson-Hammond broke her hip while dusting her sunroom and spent weeks in hospital and rehabilitation. From a bed beside a window, she began photographing her plastic water glass—at night, in daylight, as the hours passed and meaning gathered, the series gave form to something we don't always have words for.

Philip Hare / Shots and Prayers.

Hare's large, exuberant, and unambiguously queer textile assemblage hangs facing a wall of statistics documenting state-sanctioned treatment of LGBTQ+ people in 55 countries. The work draws on a long tradition of queer art-making as survival and resistance.

Leslie McFarlane / Whispers of

Wool. Wet felted two- and three-dimensional works hold memory of the feeling of land, tide, and weather—stillness with depth, slow change made visible.

Sat. Aug. 1, 9pm-1:00am Natal Days

Dance at the Annapolis Royal Legion, with One Night Only. All welcome, 19+. \$10 cover.

Sun. Aug. 2, 8-10:00am Port George

Monthly Breakfast, Port George Recreation Centre. Bacon, Sausage, Home fries, Pancakes, Scrambled Eggs, Baked Beans, Toast, Tea, Coffee. \$13 per person, Children \$6. *

Sun. Aug. 2 Natal Day Washer Toss

Tournament at the Annapolis Royal Legion. \$5 per player. Cash prizes. Registration at 10am and play starts at 11am.

Sun. Aug. 2, 11:30am-2:30pm Natal Day

Carnival at Annapolis Royal Home Hardware Back for a second year! Bouncy castles, goats, lambs, mini horses, and even a piglet will be there (11:30am-1pm for the animals)! Fun and interactive activities with Aurora the Mermaid and Billy Bones the Friendly Pirate (Apple Sauce Productions), lawn games, face painting, BBQ, snow cones and so much more! Bring your sunscreen and prepare to have fun! BBQ by Annapolis Blaze Volleyball Club. Snow Cones by Annapolis Royal Football Club **Cash/Debit for food/treats and face painting**Free admission.

Mon.-Wed. Aug. 3-5, 7:30pm Three

Evening Lectures will be given by Fr. Jordan Draper in the Kaulbach Building of St. Anne's Anglican Youth Camp (3232 West Dalhousie Road, Annapolis County). Young people are increasingly on a quest for a God who is so big that he holds the universe in his hands, and so personal that he comes alongside each of us in our struggles and our joys. Father Draper brings to life the insights of one of greatest thinkers of the Christian centuries who teaches us of just such a God!

Tues. Aug. 4, 1:30-4pm Jam Session

at Parker Hall, Victoria Vale, across from the church, every 2nd Tuesday. Doors open at 1:00. Come out for an afternoon of music, fun and refreshment and support the Hall. Next Jam Aug. 18.*

SOOFSTOCK 2026

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Scott Henderson	She The Archer
Zak Miller	Permanent Resonance
Res-O-Matics	Alex & Autumn

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tuppervillemuseum@gmail.com for pickup
2663 Highway 201

Thur. Aug. 6, 2:15-4:15pm Caregiver Support Group

meets at the Kingston Library, 671 Main St. Do you give unpaid care to a parent, spouse, child, friend, or relative due to frailty, advanced age, chronic illness, mental illness, or disability? You are not alone! The NS Caregivers Support Group meets on the first Thursday of each month. It is facilitated by trained staff members who offer a confidential, friendly atmosphere for you to discuss your experiences and receive helpful information in a supportive environment. For more information and to register, call Jennine Wilson, 1-877-488-7390 (toll-free).

Sat. Aug. 8, 9:00am Heart of the Valley

Century Ride at Rotary Raceway Park in Middleton. This event offers cyclists of all ages and skill levels the chance to experience the beautiful scenery of the Annapolis Valley through a variety of route options. Find event details and a link for registration under Community Events at www.discovermiddleton.ca

Sat. Aug. 8, 10:30am-4:30pm Peg Loom

Building & Rug Weaving Workshop, a Fundraiser for the Annapolis Valley Folk School Pantry at 1963 Clarence Rd. Rain Location: 2659 Clarence Rd. Cost: \$25 (Includes all supplies for the loom and rug). Schedule- Morning: Learn to build a peg loom; Lunch: Community Potluck; Afternoon: Learn to weave a rug using your new loom. What to Bring- For the workshop: Scissors capable of cutting fabric. For the potluck: A food dish to share, plus your own plate, glass, and utensils. (Beverages, tables, and chairs are provided). For the barter: This is a barter-based class. In addition to the \$25 fee, please bring a small token of appreciation for our facilitator. Preferred items include: A small homemade or handmade item, A bar of high-quality dark chocolate, Wool yarn. Need help registering? Email us at avfolkschool@gmail.com or message us on Facebook.

Sat. Aug. 8, 3-10:00pm Centrelea

Blues-Berry Fest at the Centrelea Community Hall, 3495 Hwy 201. Hours of music, food & beverages, blueberry bake off with prizes and more. Free pass for volunteers. Visit Centrelea Community Hall Facebook page for more details.

Sun. Aug. 9 Middleton's Heart Run

All distances will start and finish at Rotary Park in Middleton, with refreshments available before and after the run. Half Marathon Start: 8:00am; 5 KM & 10 KM Start: 8:30am. Check-in & Same-Day Registration: Begins at 7:00am. Please note that start times may be adjusted, including earlier starts, depending on heat or weather conditions to ensure participant safety. Participants will be notified in advance whenever possible. Find event details and a link for registration under Community Events at www.discovermiddleton.ca

Sun. Aug. 9, 8:00pm John McDermott

in concert at Evergreen Theatre. McDermott brings his celebrated show Raised in Songs & Stories for an evening of soul-stirring music, heartfelt storytelling, and timeless songs of the Isles. Tickets: \$40, available at <https://evergreentheatre.ca/> or 902-825-6834. 1941 Stronach Mtn. Rd., East Margaretsville.

Wed. Aug. 12, 1-3:00pm Senior's Day

at the Bear River & Area Community Health Clinic, 1112 River Rd. This recurring monthly event falls on the second Wednesday of each month and is intended as a time to catch up with old friends and meet new ones! Enjoy light refreshments and rotating activities through the year. Free will donation at the door. *

Wed. Aug. 12, 2-4:00pm Annapolis Basin Tidal Beach Exploration & BBQ

Help clean the beach, then kick back with a BBQ! Spend the day giving back to the shore, enjoying fresh air, refreshments, and a relaxed community vibe. 14 Parrdeberg St. off Atlantic Ave. in Cornwallis Park,

NOVA SCOTIA

Not all abuse leaves bruises.

NSDomesticViolence.ca

Wed. Aug. 12, 2-4:00pm Genealogy Coffee Club

Join us for an afternoon of socializing and storytelling at the O'Dell House Museum & Genealogy Centre. All are welcome. Donations Appreciated. The event takes place on the second Wednesday of each month, except for December.

Thur. Aug. 13 The Champlain Garden Club's August 13th meeting involves a road trip to Summerland Nurseries. The topic will be on ground covers including grasses. Details will be sent out to members for this exciting tour and talk at the beautiful Summerland Nurseries. Tour you won't want to miss!

Thur. Aug. 13, 7:00pm The Clarence 4-H Club meets at the Clarence Hall on the second Thursday of each month at 7pm. New members and leaders are always welcome! For more information call Shanda at 902-824-2835

August 15-16 Paint the Town Fundraiser. Dozens of artists converge on Annapolis Royal to produce fresh artworks and raise vital funds for the Annapolis Region Community Arts Council. Witness the creative process firsthand. Bid online to collect new treasures and support the work of ARCAC and ARTSPLACE. Throughout the town of Annapolis Royal, headquartered at ARTSPLACE Gallery, 396 St. George St, Annapolis Royal. www.arcac.ca/paintthetown & www.32auctions.com/PaintTheTown2026

Mon. Aug. 17-Sat. Aug. 22 The 2026 Annapolis Valley Exhibition takes place at 570 Main Street, Lawrencetown, Annapolis County. Kick off the week with Community Day on Monday—free admission for everyone, featuring the Main Street Parade as it makes its way through the grounds and into the Main Ring. Grab a seat in the stands and take it all in.

Spend the day exploring market vendors, agricultural displays, the Farm Museum, 4-H activities, and live music happening across the grounds. Families can also take part in our Youth Passport program, encouraging kids to explore, learn, and try something new at stops throughout the exhibition.

At 6:00pm Mon. Aug. 17, the Main Street Parade kicks the week off with a high-energy burst of floats, music, and community spirit – a colourful, can't-miss tradition that brings the whole community out to celebrate.

From hands-on agriculture to evening entertainment, AVEY is a full week of experiences for all ages. Children 12 & under are FREE all week. Includes all exhibition events & concerts (midway rides excluded). Explore the schedule and buy tickets at <https://valleyex.ca/> or <https://go.valleyex.ca/#/> Download the App or keep up with updates on [Facebook.com/Annapolisvalleyex](https://www.facebook.com/Annapolisvalleyex)

Sat. Aug. 15, 11am-3:00pm The Peace and Friendship Medicine Trail Presents: **Peace and Friendship - Gathering on the Land.** Join us in Celebrating our Connection to the Land and Each Other through Art, Food, Knowledge Sharing, Stewardship and Gratitude. Enjoy - homemade Chili and Luskini (bannock), a Traditional Plant Walk, Art Exploration with Lorne Julien, help with Indigenous plant restoration and much more. Meet at Corbett Lake in the proposed Goldsmith Lake Wilderness Area (from Morse Rd. turn West onto Neaves Rd. Follow signs to the Lake). All welcome! All celebrated! We Are All Treaty People

Sat. Aug. 22 The Fort to Fort Experience is back for the first time since 2019, inviting participants to walk, run, or cycle a stunning 25 km route connecting two of Canada's oldest National Historic Sites, Fort Anne and Port-Royal. Along the way, enjoy interactive historical experiences, live demonstrations, scenic views, and welcoming communities before celebrating your accomplishment at the Good Cheer After Party at the Oqwa'titek Amphitheatre.

Whether you're in it for the history, the challenge, or simply a memorable day outdoors, this is an experience you won't want to miss. Registration is now open at <https://annapoliscounty.ca/community/events-calendar>

“When I was ten, I read fairy tales in secret and would have been ashamed if I had been found doing so. Now that I am fifty, I read them openly. When I became a man, I put away childish things, including the fear of childishness and the desire to be very grown up.”

— C.S. Lewis, On Stories: And Other Essays on Literature



COMING EVENTS



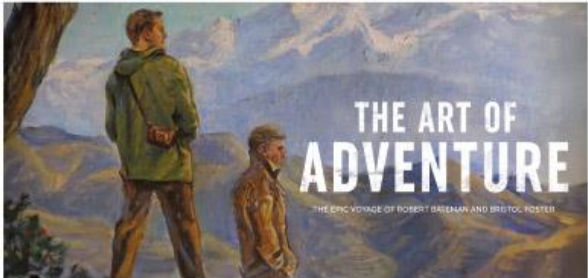
DISCLOSURE DAY

Captivating Sci-Fi blends suspense and human drama in a way that only Steven Spielberg can
FRIDAY JULY 24 @ 6:30 PM



SUPERGIRL

Supergirl reluctantly joins forces with an unlikely companion on an epic journey
SUNDAY JULY 26 @ 6:00 PM



THE ART OF ADVENTURE

The epic voyage of Robert Bateman and Bristol Foster
WEDNESDAY JULY 29 @ 7:00 PM



TOY STORY 5

The battle for playtime between toys and tech begins!
SUNDAY AUGUST 2 @ 6:00 PM



TAMAR ILANA + VENTANAS

Woman-led Flamenco/ Mediterranean Fusion dance & music group from Toroto
SATURDAY AUGUST 8 @ 7:30 PM



AQUAKULTURE PRESENTS: 1783 LIVE

Celebrating African Nova Scotian history & culture
SATURDAY AUGUST 15 @ 7:30 PM



CONSTELLATIONS

From Icarus Theatre, a play about quantum multiverse theory, love, and beekeeping
SATURDAY JULY 25 @ 7:30 PM



DANCE CAMP FOR YOUTH

5 days of dance creation with Wendy Goudie. Ages 7 -12
JULY 27 - 31, 10-2



JAH'MILA

Jah'Mila and her 9-piece reggae band return to King's Theatre!
SATURDAY AUGUST 1 @ 7:30 PM



THE INVITE

It'll be fun. Seth Rogan, Olivia Wade, Penelope Cruz, Edward Norton
WEDNESDAY AUGUST 5 @ 7:00 PM



THE AUDIENCE

Stage to Screen. Starring Helen Mirren as Queen Elizabeth II. Directed by Stephen Daldry
WEDNESDAY AUGUST 12 @ 6:00 PM



THE FINAL RECORDINGS OF AN ALMOST EXTINCT BIRD

Zuppa Theatre, Starring Stewart Legere
SATURDAY AUGUST 22 @ 7:30 PM

📞 902-532-7704
📍 209 St George St., Annapolis Royal
🌐 kingstheatre.ca
📱 [kingstheatreannapolisroyal](https://www.kingstheatreannapolisroyal.com)
📷 [kings.theatre](https://www.kings.theatre)



Join our
E-Newsletter!

Sat. Aug. 22, 9am-1:00pm Community Market
@ Lower Granville Hall in Port Royal. (3551 Granville Rd., Port Royal) Vendors inside and out will be offering a unique mix of items you didn't know you needed but can't live without! From handmade crafts to antiques, books to local goods – there's truly a little of everything. Questions or want to be a vendor? More info on our website: LowerGranvilleHall.com , or Email LowerGranvilleHall@gmail.com.

Sat. Aug 22, 10am-6:00pm SOOFSTOCK 2026!
Join Save Our Old Forests (SOOF) at the Beaver Creek Vineyard as we celebrate old forests at our 4th annual music festival! SOOFSTOCK 2026 is a family friendly day of fun with a market, kids crafts & games, BBQ & Food, and the annual SOOFSTOCK Forest Walk and Forest Talk with Nina Newington and Donna Crossland. This year's line-up includes live performances from the Black Rock Buoys, Scott Henderson, Zakary Miller, Res-O-Matics, Lorne Allan, She The Archer, Alex & Autumn and Permanent Resonance. Many thanks to all the performers for Giving Nature A Voice. Thanks to the Valley Credit Union, Municipality of the County of Annapolis and the Nova Scotia Festival & Community Grant for their financial support. Details: Saturday, August 22, 2026 from 10am - 6pm at the Beaver Creek Vineyard (496 Carleton Road, Lawrence), Pay What You Can (\$20 suggested), Kids 16 and under always free. Find and follow us on Facebook @saveouroldforests or check our website for more information: saveouroldforests.ca/soofstock

Sat. Aug. 22, 7:00pm Live Music in the Orchard with Alex Meisner, an Annapolis Valley folk School event at 1963 Clarence Rd. Hailing from the Annapolis Valley, Alex Meisner has spent the last 15 years putting his own stamp on the country, folk, and traditional tunes we all love. Get ready for a great night of familiar tunes with a fresh twist! Barter Items for this event: Food would be amazing, fresh/frozen, preserves, honey, meats, cheeses etc. anything in that realm would be greatly appreciated.

If you happen to have a few extra cans or non-perishables hiding in your pantry, please bring them along! The Community Pantry would be incredibly grateful for any donations to help support our neighbors This is an outdoor event, so dress for the weather and get ready for some fresh air and great tunes. Please bring your lawn chairs or a cozy blanket to sit on. Come for the music, stay for the community. We can't wait to see you there! Got questions? Hit us up on Facebook @annapolisvalleyfolkschool, shoot an email to avfolkschool@gmail.com, or give Maureen a call at 902-309-0224.

Sun. Aug. 23, 10am-2:00pm The Medway Community Forest Co-op's 10th Annual Forest Market at the Annapolis Royal Market Square. Join us for a day filled with music, food, and forest-themed local vendors including wood workers, basket weavers, textile artists, nature-based art, jewellery, environmental groups, textile artists and more! The aim of the Forest Market is not only to feature our amazing vendors, but also to increase awareness of non-timber forest goods and value-added wood products. If you are a someone who works with forest products and would like to showcase your work, tables are still available for interested vendors. Reach out at info@medwaycommunityforest.com for more info on vending at or attending the Forest Market.

Mon. Aug. 24, 6:30pm August Makers Swap, an Annapolis Valley Folk School event at 1963 Clarence Rd. Pop your chairs back in the car and grab your tickets on Eventbrite—the Makers Swap is back this August! If you're new to the swap, it's a simple, money-free community gathering where all ages and skills are welcome. The concept is easy: bring anything you've made, grown, or a service you can offer, and trade it for treasures from others. Perfection is definitely not required—just a willingness to share your passion projects! Got questions? Hit us up on Facebook @annapolisvalleyfolkschool, shoot an email to avfolkschool@gmail.com, or give Maureen a call at 902-309-0224. See you there!



Vacation Bible School
July 27-31 at 6:30 pm
Ages 5-12
Amazing Grace Baptist Church

REGISTER ONLINE
www.amazinggracebridgetown.ca

DENTAL HYGIENIST POSITION

Bridgetown Family Dentistry is growing!

We are looking for a part-time dental hygienist 1-2 days per week (Monday, Thursday). No evenings. Send resume and cover letter in confidence to Emily.Wallace@dal.ca

St. Mary's Anglican Church
6772 HWY 1, Belleisle

We welcome you to an inclusive, faith-based space, to worship without judgement, in fellowship with an embracing, caring and supportive community.

Open Doors
Open Arms
Open Hearts

Please join us every Sunday at 9:30 to find the touch of God.
(Last Sunday of the month, joint service with St. James Anglican at St. Mary's.

Attention!

Senior Hubby For Hire

I didn't get this old by being stupid, & I do know a few things
(When I remember them)
What was I saying
Oh yes...If you're looking for help with:

- . Stacking wood
- . Yard work
- . An extra hand helping around the house, etc..

Give me a call or text

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Hours of Business
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Tue 8-5
Wed. 8-5
Thurs 8-6
Fri 8-6
Sat 8-5
Sun Closed



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Lawrencetown
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EVENTS

HOURS
MON - TUE CLOSED
WED - THU 4-9
FRI-SAT - 12-9
SUN - 12-5

HAPPY HOUR
3PM-5PM
\$6.25 PINTS
10% OFF NACHOS

\$11 WINGS
WEDNESDAYS
EAT IN ONLY
4-9PM

JULY

YAPPY HOUR PATIO PUPS POOL PARTY 3PM-5PM	SAT JULY 4TH
KARAOKE PARTY W/ ALEXANDRA DAWN RODGERSON 7PM-10PM	SAT JULY 4TH
FAMILY FRIENDLY KARAOKE PARTY W/AR KARAOKE & MUSIC EVENTS 2PM-4PM	SUN JULY 5TH
YAPPY HOUR NAIL TRIMS FOR PUPS ON THE PATIO 3PM-5PM	SAT JULY 11TH
LIVE MUSIC ON THE PATIO W/ OUR HOUSE BAND -MIC'ED UP 7PM-9PM	SAT JULY 11TH
BEER CLUB EVENT NIGHT -BEER-B-Q 10% FOOD FOR MEMBERS 6PM-8PM	THU JULY 16TH
RESCUE PURRS DAY W/ CATS FOR KEEPS ADOPT•FOSTER•VOLUNTEER 6PM-8PM	THU JULY 16TH
YAPPY HOUR PUPPY PRIDE FEST ON THE PATIO 3PM-5PM	SAT JULY 18TH
FAMILY FRIENDLY KARAOKE PARTY W/AR KARAOKE & MUSIC EVENTS 2PM-4PM	SUN JULY 19TH
NEW NEIGHBOURS ANNAPOLIS VALLEY MEET NEW FRIENDS - RESERVE A SEAT RSVP ROB: ROB@ROBSHELLENBERGER.CA 530PM - 9PM	THU JULY 23RD
LIVE MUSIC ON THE PATIO W/ MICHAEL ROBERTSON & JEFF BARTEAUX 7PM-9PM	SAT JULY 25TH

Family Fun AT THE Fair!

2026

Nova Scotia Agricultural Exhibitions & Community Fairs

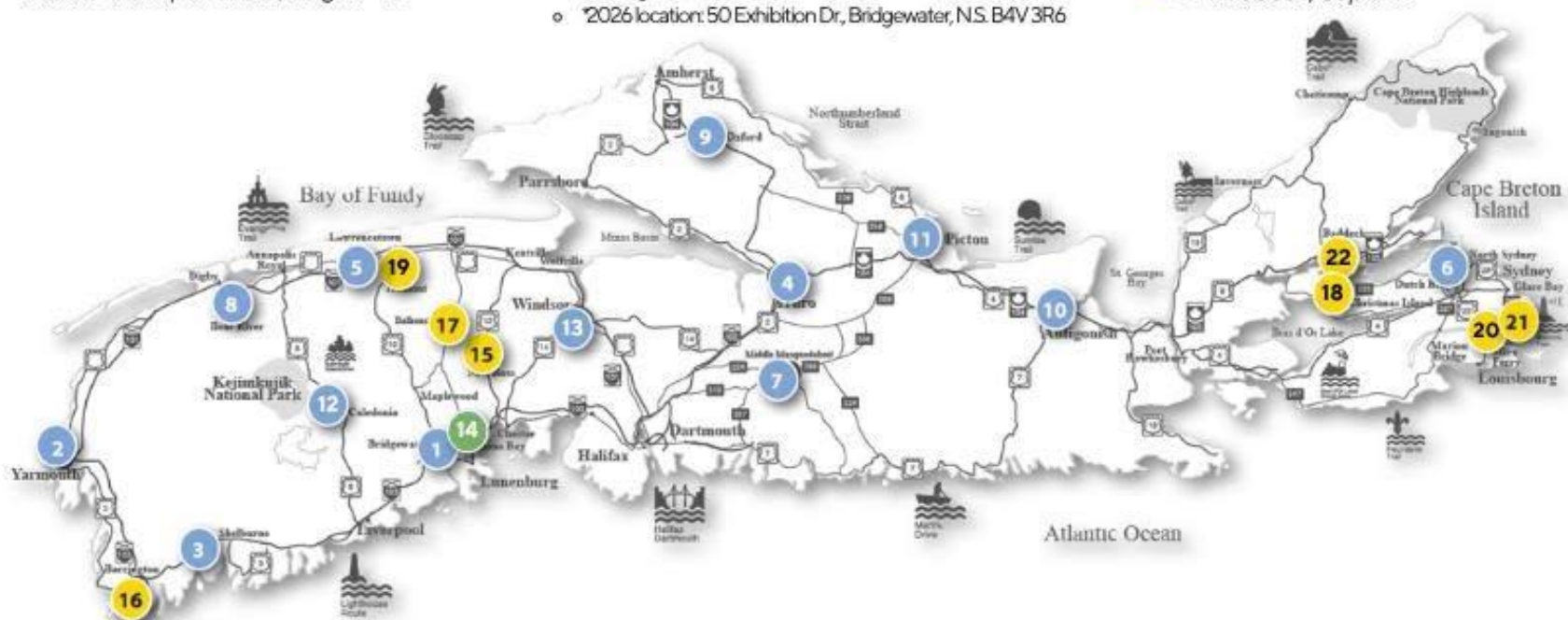


Agricultural Exhibitions

- 1 South Shore Exhibition**
 - Bridgewater, July 27-Aug. 2
- 2 Western Nova Scotia Exhibition**
 - Yarmouth, Aug. 5-8
- 3 Shelburne County Exhibition**
 - Shelburne, Aug. 11-16
- 4 Nova Scotia Provincial Exhibition**
 - Truro, Aug. 12-16
- 5 Annapolis Valley Exhibition**
 - Lawrencetown, Aug. 17-22
- 6 Cape Breton County Exhibition**
 - North Sydney, Aug. 19-22
- 7 Halifax County Exhibition**
 - Middle Musquodoboit, Aug. 19-22
- 8 Digby County Exhibition**
 - Bear River, Aug. 26-29
- 9 Cumberland County Exhibition**
 - Oxford, Aug. 31-Sept. 6
- 10 Eastern Nova Scotia Exhibition**
 - Antigonish, Sept. 2-6
- 11 Pictou/North Colchester Exhibition**
 - Pictou, Sept. 9-13
- 12 Queens County Fair**
 - Caledonia, Sept. 15-19
- 13 Hants County Exhibition**
 - Windsor, Sept. 18-20 / 25-27
- 14 *Nova Scotia 4-H Show**
 - Bridgewater, Oct. 2-4
 - *2026 location: 50 Exhibition Dr., Bridgewater, N.S. B4V 3R6

Community Fairs

- 15 New Ross Community Fair**
 - New Ross, Aug. 20-22
- 16 Barrington Municipal Exhibition**
 - Barrington, Aug. 27-30
- 17 East Dalhousie Community Fair**
 - Dalhousie, Aug. 29
- 18 Christmas Island Fair**
 - Christmas Island, Sept. 5
- 19 West Kings Community Fair**
 - Tremont, Sept. 5
- 20 Mira Ferry Community Fair**
 - Mira River, Sept. 12
- 21 Port Morien Fair**
 - Port Morien, Sept. 12
- 22 Victoria County Fair**
 - Baddeck, Sept. 12



Sat. Aug. 29, 3-7:00pm and 9pm-1:00am The Royal Canadian Legion Celebrates 100 years in 2026. Join the Bridgetown Legion for a **Pig Roast & Fundraiser**. 5 to 7pm, live music by Alec Crawford. **Dance** from 9pm to 1:00am with Jokers Right. \$12 Pig Roast plate. \$15 members \$12 non members for the dance.

Sun. Sept. 27 Paradise Apple Fun Run 5K A family-friendly 5km run/walk through the orchard, plus a free 1km kids run for children under 12. Enjoy a scenic route, apple-themed fun, and tasty treats at the finish line! Early-bird pricing is available until July 31st. Get more info at paradiseshall.ca or register on <https://raceroster.com/> (search for "Paradise Apple Fun Run")

The Bridgetown Reader is published weekly on Friday by TAR Publishing. The deadline for submissions to our next issue is noon Monday July 27.

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FOR GOD SO LOVED THE WORLD, THAT HE GAVE HIS ONLY BEGOTTEN SON... JN. 3:16

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SUNDAY AM WORSHIP - 11AM
SUNDAY PM WORSHIP - 5PM

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Hall available for public events.

Input Sought

The Town of Middleton is inviting residents, landowners, businesses, and community members to share their thoughts on a future area for residential growth.

The Northlands Comprehensive District Area, located between Junction Road and Victoria Street presents an important opportunity to plan for Middleton’s future growth in a way that reflects community needs and priorities. Public feedback will help the Town better understand perspectives on housing, transportation connections, parks and open space, servicing, environmental features, community character, and the types of development that may be appropriate over time.

Feedback collected through the survey will help us plan for future growth. Find the link to complete the survey at <https://www.discovermiddleton.ca/SurveyBegins>: July 20 and ends August 10. For questions, or more information, contact: DO@town.middleton.ns.ca

2026 Library Service Changes

Update, July 14 A special meeting of the AVR​L Board was held on July13 at the Wolfville Council Chambers. The Library Board approved the use of over half of AVR​L’s remaining reserve funds to extend service at the Lawrencetown, Middleton, Kentville, Port Williams, and Hantsport branches until September 30, 2026.

Update, July 15 We have received confirmation from our municipal units that we will be extending service until at least September 30th at the following locations: Middleton, Kentville, Port Williams, and Hantsport.

The Village of Lawrencetown has chosen to not extend their partnership with AVR​L past the original closing date of July 18. We wish the Village all the best with their plans for the building.

Town of Annapolis Royal: Statement on Annapolis Valley Regional Library (AVRL) Closures

Libraries are vital to our rural communities, providing access to learning, technology, programs, and important community connections.

The Town of Annapolis Royal recognizes the challenges facing the Annapolis Valley Regional Library (AVRL) and the concerns surrounding recent library closures. We understand the disappointment felt by residents and communities affected by these decisions.

We are grateful to the staff, volunteers, AVR​L Board, and community members for their dedication and hard work in supporting library services across the region. Their commitment continues to make a difference for residents of all ages.

As we move forward, the Town remains committed to working with partners and stakeholders to help find sustainable solutions that support the long-term future of library services. We encourage everyone to continue supporting our libraries and the important role they play in our communities.

Together, we can help ensure our libraries continue to serve residents for generations to come. (July 15)

Action for Libraries Town Hall with NDP leader Claudia Chender

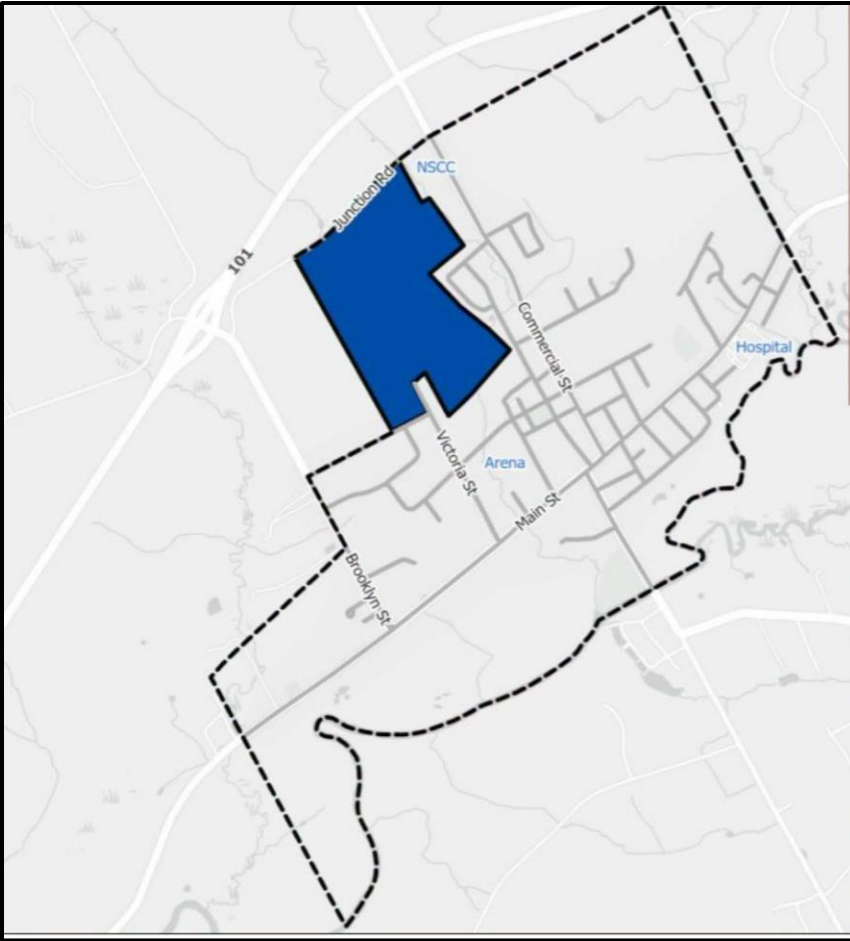
Mon. July 27, 6-8:00pm at the Macdonald Museum, 21 School St., Middleton. Join Leader of the Official Opposition Claudia Chender, on Monday July 27th for an Action for Libraries Town Hall event, doors open at 6:00pm at the Macdonald Museum in Middleton. With the announced closures of five libraries in the Annapolis Valley, community members will be unable to access valuable information and essential services. **You are asked to RSVP at <https://www.nsndp.ca/middletonlibrary>**

Northlands Future Development Survey

July 20-August 10



Town of Middleton
Heart of the Valley



Map showing the Northlands Comprehensive District Area, including Junction Road, Victoria Street, Commercial Street, Main Street, and Brooklyn Street. The development zone is highlighted in blue.

Northlands Comprehensive District Future Development Area

Town of Middleton Boundary

Northlands Comprehensive Development District (RCDD) Zone

0 0.5 1 KM

Data Source: The map data derived from NSTDB, NSCAF database.

Prepared by Brighter Community Planning and Consulting
Last Updated : 10 June 2026

Disclaimer: this map is only a visual representation of the SPS Area. It shall not be used for surveying and determining the exact locations of property boundaries.

Beaming! Double Puzzle Answer

MNUIAGS	A	M	U	S	I	N	G
MOECYD	C	O	M	E	D	Y	
RDLOL	D	R	O	L	L		
CFERA	F	A	R	C	E		
YNUNF	F	U	N	N	Y		
IIDTIOC	I	D	I	O	T	I	C
IGKONJ	J	O	K	I	N	G	
NIWTITDTE	N	I	T	W	I	T	T
SLILY	S	I	L	L	Y		
EILSSWT	W	I	T	L	E	S	S

A	D	A	Y	W	I	T	H	O	U	T
L	A	U	G	H	T	E	R	I	S	A
W	A	S	T	E	D	.				

At the Tupperville School Museum:
All events commence at 1:00pm.
July 25 – Ice Cream Social. Homemade ice cream. Soft drinks. Hamburger and hot dog BBQ. Live entertainment.
Aug. 1 No event. Come and enjoy our ice cream, several flavours, and try one of our bicycles.
Aug. 8 Repeat of our very successful Beading event. Donations to defray cost of the beads will be appreciated.
Aug. 15 Steve Skafte – Stories of Survival from Annapolis Valley
Aug. 22 Children's games
Aug. 29 Season closing BBQ
Watch for our weekly posters in the READER



Encampment Days at Fort Anne Natal Day Weekend!

Step straight into the 18th century this Natal Day weekend as the 84th Regiment of Foot, 2nd Battalion (Royal Highland Emigrants) brings history roaring to life! From Friday evening, July 31, through Sunday, August 2 at noon, wander through a fully recreated military encampment and experience: Black-powder musketry cracking across the parade ground; Outdoor hearth cooking filling the air with campfire aromas; Authentic 18th-century camp life – tents, gear, uniforms, and daily routines; The vivid sights, sounds, and atmosphere of a working military camp from centuries past. Featured Tactical Battle Saturday, August 1 • 2:00–3:00 pm (weather permitting) Watch the 84th Regiment demonstrate real 18th-century battlefield techniques in a dynamic tactical engagement. Musket volleys, manoeuvres, and military precision – a highlight of the weekend. Celebrate Natal Day with History That Lives and Breathes! Bring your curiosity, your camera, and your sense of adventure. Fort Anne becomes a time machine – and you’re invited.

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**Christmas in July
Save 25% Off!
Plus 25% off All Clothing.**

Community Events, News, Business Notes, Rentals, and Bulletin Board items are all FREE. Call or text 902-824-0412, email us at readerpublishing@outlook.com message us on Facebook or use the contact form at www.bridgetownreader.news.

WEASY'S HAIR SALON

4730 Hwy #1 Granville Ferry 902-532-2273

- Not much happening at the salon this week, but the ol' girl is still plugging away! 🧑 looking after wonderful clients, answering the phone whenever I can, and returning calls as soon as possible. Sorry the walk-in hair times don't seem to be very often, I appreciate that the the ole' chair stays busy.
- Thanks so much for your patience and continued support.
- Thank you for all the kind compliments and positive feedback expressed about the community section below. I truly appreciate your encouragement, and I'll keep it up for as long as I can. (Wish it could be a FULL page every week...SEND MONEY. LOL ...not really)

Anna/ Royal - Sunday July 26 is a Clean-up before Natal Day event, meet at the Market. (I forget the time but think its 10 or 11 am)

Anna/Royal- Music at the 'O' (Amphitheatre): Fri July 31st is SoulTides. Friday of Natal Day weekend, that means 4 evenings of music Fri, Sat, Sun, AND Monday.

Anna/ Royal Baptist Church Hall- Join us for afternoon of Cards, Fun & Friendship Every Thursday 1:00 - 3:00 Cost \$2 Plus 50/50, snacks. Beside the Municipality Building.

Anna/Royal-Lunch Time Music at the Annapolis Royal United Church (Brick church at the lights), Fridays: 12:15 - 1:00 until Aug 28th.Friday July 24th is Syd/ Piano & Songs. July 31st is Alex & Mike, Scottish and Cape Breton Music. Adm: \$10. Children/students are free. For a \$50 season pass call 902-340-7778.

Anna/Royal -Part of Natal Day weekend is the play by Young Company Productions presents 'The Mermaid Kingdom' written by Aaron Leblanc, Directed by Laura Cooper-Wagner. Being held at the 'O' Amphitheatre, Sat August 1st at 1:00pm & 2:15pm. Shows are 40 minutes. We look forward to seeing you at the 'O'. (Sorry for last week's OOPs, the word 'Theatre' was in the same sentence which was confusing).

There is no cost to attend. Cheer on the many Youth that are involved in this performance. Hats off to George behind the scene, encouraging & enriching the youth.

Anna/Royal - On Sat Aug 1st the Anna/ Royal Volunteer Fire Dept. will be holding their Natal Day Pancake Breakfast from 7:30 - 10 am. Bring Cash please. Fireworks are at dusk on Sun Aug 2nd Queens Wharf. Bring cash to purchase glow sticks being sold by the Fire Dept. near Town hall. (not sure at the time of printing what the burn ban report will be by then).

Anna/Royal- Natal Day Weekend Fri July 31st - Mon Aug 3rd. Youth (no cost) DJ dance Fri 31st 5:30 - 8 pm @ the Market. Also, Music & Opening ceremonies at the 'O' @ 6pm. Schedule of events will be placed at various places around town & paper copies. Parade day is Mon @ 1 clock, so Know-before-you-Go, try to be at your favorite parade watching place early so you won't be disappointed. It is a rain or shine event! Expect delays at the Intersection and different places for the parade.

St. Lukes Anglican Church Hot dog & Cold drinks Sale is BACK (across from Fort Anne)! Before & during the parade. NEW: Crafts for kids, watch for where to sign up. NEW this year: Picnic & Games. New this year at the 'O' is A Play at the Theatre that is totally run by the Youth. NEW Car Show & BBQ Sat @ The Legion, Victoria St. NEW Glow Bingo!

Many Volunteers are needed this Weekend, perhaps you could spare an hour or two? Contact Julia at juliasandrahall@gmail.com to chat about where you'd be most comfortable. Call Weasy's Salon (prior to Fri July 31st) if you'd like to help out but do not email, we will get you connected.

Middleton- ACTION for PUBLIC Libraries! With Claudia Chender Monday July 27th Doors open @ 6:00. Macdonald Museum (#21 School Street.)

Moschelle- Pancake Breakfast Sat July 25th 8 - 10 am. Cost \$10.

Round Hill- Craft & Yard Sale Sat July 25th starts @ 9

Upper Clements- ☺Join us at the Upper Clements Community Hall Summer Art Festival for a weekend celebrating local artists and creativity! Saturday, July 25 | 10:00 am – 4:00 pm Sunday, July 26 | 10:00 am – 4:00 pm 🎟 Free Admission

🍷 Free Community BBQ 🎤 Live Entertainment ☺ Artist Demonstrations

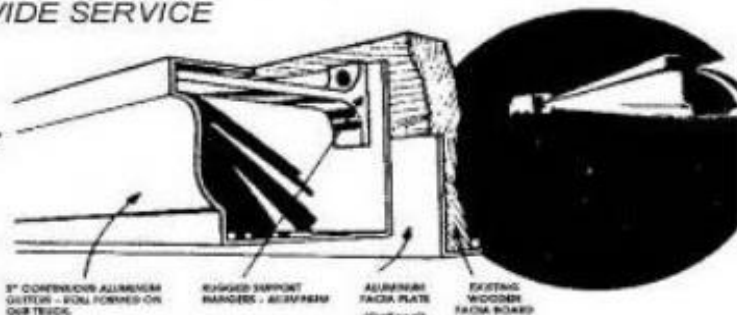
🗳 Vote for your favourite artist in the People's Choice Award! Come explore a beautiful collection of artwork from talented local artists. All pieces will be on display and available for purchase, giving you the opportunity to find that perfect piece to take home and enjoy for years to come. Bringing artists and communities together—we look forward to seeing you there!

Youngs Cove- Did you know you can get a free meal every Thursday if you live between Port Lorne and Delaps Cove and Victoria Beach. All you need to do is Pre-register each week before 8 pm the Wednesday before the delivery date. All we need is your address and how many meals you would like that week by emailing. foodforshore@gmail.com We do not need your name. We deliver right to your door! You can also eat in or pick up your meal(s) at the Youngs Cove Community Hall between 4:00 and 5:00.

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louiseobrienfootcare@icloud.com
1-250-217-7561

Bio Blitz Event

Sat. July 25, 11am-1:00pm Join Medway Community Forest for a day of bug-hunting and fun at the Four-Mile Stillwater Trail with Entomologist Cody Chapman! All ages are welcome! Cody Chapman is a Biologist, Naturalist, and lover of wild things and wild places in the Maritimes - we are excited to have him guide us through all of the wonderful insects that we can spot on this excursion. Four-Mile Stillwater Trail 2032 NS Trunk 8, South Milford. Register at www.medwaycommunityforest.com/

Bulletin Board

Looking for something? Buying, selling, giving away, renting? Listings are free; please let us know when an item sells, etc. Email readerpublishing@outlook.com or call 902-824-0412.

For Sale: 2002 Dodge truck, 4WD. Asking \$4,500 or nearest offer. Phone 902-665-2866.

For Rent: Desirable top floor corner unit at the Annapolis Academy condo complex, available now. 2 bedrooms, 2 baths (1 is handicap equipped). Extra-large deck, 6 appliances incl. Indoor access to library, café, and gym at the Community Hub. Monthly rent \$1600 plus electricity. Call 902- 340-1099 or email kachidoki35@gmail.com for viewing.

Wanted: a person with experience to putty and paint a number of old wood windows. Contact Alan at 902-448-0586. Reasonable rates paid.

For Rent: A bright and charming ground floor apartment available August 1st in the heart of historic Granville Ferry, just a short walk to Annapolis Royal. This unit is best suited to quiet, respectful tenants, as it is part of an older home with original features and limited soundproofing. The apartment features: Hardwood floors and decorative tin ceilings; Heat pumps for efficient heating and cooling; In-unit laundry; Generous storage; and On-street parking. Tenant is responsible for electricity. No smoking. No pets. Maximum occupancy: 2 people. We require solid references from previous landlord(s) and current employer. A one-year lease is required. Thank you for your interest – email Russell at russellnf@gmail.com for call 709-689-2794

Looking For: Good used whipper snipper and/or lawn mower, cheap round pointed shovel, a steel bow rake and bush clippers. For free or low cost. 902-523-8301

Looking for Odd Jobs in Annapolis Royal or Bridgetown areas. Yard work, painting, walking dogs, etc. Please feel free to call anytime. 902-532-8301.

For Sale: 2016 Mercedes Benz S-Class. Low mileage, like new. \$17,000. Call 902-665-4024 after 1pm.

For Sale: Husqvarna Hydrostatic ride-on mower. Runs and drives but needs battery and TLC. Clementsvalle area. \$350. 902-467-3462

Free to a good home: An apartment size Minuet piano. The only "strings attached" is that the new owner will be responsible for relocating the piano. For more information please call Janet at (902) 532-7284.

For Sale: 135 Massey Ferguson tractor, gas. 6” back blade, 3 pt. hitch, with new cutting edge. 6’ 6” PTO Lucknow snow blower. 3 pt. hitch scoop. 902-824-1886

Want to support your local school, but not sure how? When you take your recyclables to the Enviro Depot in Lequille, you can now donate your refund to the CES (Champlain Elementary School) Home and School Committee. We use these funds to support things like field trips, new books, Chromebooks, Grade 5 graduation and yearbooks, and we are very close to funding a new playground climber. Thank you for helping our students learn, grow, and play!



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For Sale: Child’s BMW electric ride-on car, with remote radio. Must be seen to be appreciated. Paid \$750, asking \$400. 902-825-4945

For Sale: VAGABOND 2 by Sizzix for crafters, card makers and others. Shape cutting and embossing machine. Compatible with embossing folders: Texture fades, Textured impressions, trades, ShadowPress, and thin dies: Framelits, Thinits, Triplets, Sizzlits, and steel-rule dies: Bigz, Frameworks, On the edge, Movers and Shapers, Originals. It will emboss various papers and other materials, cut lightweight paper and cardstock, clipboard, fabric, and other materials. It has a six (6) inch wide opening, all metal high torque motor gears, overload protection, forward & reverse switch, self-contained cord storage compartment. Included are: thin die adapter for use with Thinlits, Framelits and other thin dies, a main platform, and a pair of standard cutting pads. With manual in original container. Suitcase design. New condition. \$200 or best offer. Call 902-340-0442.

For Sale: Vaughn stone-lined quality 40-gallon hot water tank, good condition. \$175 with owner's manual. A Mercedes Benz GLK rear tonneau cover in excellent condition, \$150. 902-531-2662.

For Sale: Famous, top-quality, indispensable Taylor-made dock whips to keep boats at the dock without hitting it; great system. Paid \$1200 new, yours for \$750. Brand new, still in unopened package. 902-531-2662.

For Sale: Yamaha PSR 299 full keyboard with stand. Great condition. Paid \$800, asking \$500 or best offer. Three pairs men’s cowboy boots, size 7. 902-825-4523

For Sale: 1999 Sunfire convertible, auto. Never driven in winter 88,000 km. Excellent condition. Asking \$6,000. 902-245-3697

For Sale: Braided rug supplies. Call 902-665-2603 and leave message.

Wanted: The Tupperville School Museum is requesting a donation of flat screen monitor suitable for AV presentations. It must be HDMI capable. Or at an affordable cost. Reply to tuppervillemuseum@gmail.com or 902-665-2427. Also, we are planning a yard sale in late August. Any items you wish to donate may be dropped off at the museum - 2663 Highway 201.

Neil C. Mitchell



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Yard Sale: Wed. Aug. 5th, rain date Aug. 6th.
Time: all day starting at 9am at 309 Highway 201 in Moschelle. Moving to a smaller residence and have a lot of items that won't be moving with me. Included are some small pieces of furniture, a wide range of assorted items, and a ladies 10 speed bicycle in exc. condition. Helmet available.

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Hi, my name is Linda and I am a caring, experienced home support worker. Would like to assist you with errands, grocery shopping, driving you to appointments, light housekeeping and meal preparation. Please reach out to me at (902)532-5052 if you have any questions. \$25 hr. and 2 hr. minimum. Annapolis Royal, Bridgetown, Digby.

For Sale. Corner computer unit. 72L x30 D, has a cabinet with doors and cubby holes 59 L x 43 H x 15”D which sits on top of either corner. Other corner extension is 60 D x 24 W. Has a tall matching cabinet 72H x 30 D x24 D. This unit comes with a filing drawer, plus large and small drawers on bottom. Top shelves with closed doors. One beautiful unit. \$1,400 FIRM. Can be seen on Market Place. Loveseat and matching chair. Perfect condition, seats are firm. \$250. Maple table with 2 leaves -opens to seat 12. Silence pad. 2 Bass River chairs. \$200. Entertainment Unit. 54 W x21 D x 54 H. Solid Oak. Glass door to one side, turn table, lots of drawers for all your components. I paid 1,800 for it. Asking \$200. 2 These can be seen on Market Place. Contact: m.prophecy04@gmail.com or cell phone 902 824-6576.

For Sale: 5-amp electric grass trimmer and manual, used once \$20.; Rotating amber yellow beacon lamp, magnetic mount for vehicles, new in box \$25.; Three antique chairs needing reupholstering, one armchair, two dining chairs, with foam padding sheets, all for \$25.; nine 10 inch table saw blades, used but still good, all for \$25.; Drain auger ¼ inch by 15 feet \$10.; Oil tank gauge \$10.; Spare wheel cover, black, 28 inches in diameter by 9 inches wide, new, \$10.;Watts premium reverse osmosis whole house arsenic water filtration system with \$100 of new filters installed, needs one O-ring, first reasonable offer.; Two new 50 pc packages of pegboard hooks, each \$10.; New Husky telescoping (10 inch to 17 inch) basin wrench (for getting up behind sinks to get at bolts) \$25. Call 902-955-0535

To Give Away: 2 windsurfers. Wayler Alpha 180 litre; Bic Hard Rock 110 litre; a variety of boom, mast and sails with various sizes and conditions; also including various universals and mast steps, high wind harnesses and life jackets. Boards could be used for paddle boarding with a kayak paddle (not included) - Wayler for all ages and Bic for kids. Phone: 902-532-5961

Wanted: Standing hay for winter. Call William 450-578-0536.

For Sale: Rug Hooking supplies and equipment. Call 902-665-2603 and leave message.

Felker Hall Community Center
Weekly Activities
734 Broadway Ave, Cornwallis Park.
Email address: cornwallispark@outlook.com

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Keep Fit and Healthy Classes 8:30 - 9:30am
Carole 902-376-2055
Line Dancing Intermediate 10:00 – 11:00am To register, please contact Durline at 902-532-3035 or dance.canada@explorerguide.ca
Hatha Yoga 11:30am – 12:45pm Sridhara 1-250-228-3848

Tuesday–
Library open 1-3pm. Jackie 902-340-0007
Zumba 6:30 – 7:30pm \$7 per session Wendy 902-532-7736

Wednesday –
Keep Fit and Healthy Classes 8:30-9:30am Carole 902-376-2055

Thursday-
TOPS (Take Off Pounds Sensibly) 8am weigh in and 8:30 meeting. Contact Stephen 902-526-2885
Cribbage 1pm-3:00 Pete 902-376-2007

Friday–
Keep Fit and Healthy Classes 8:30-9:30am Carole 902-376-2055
Line Dancing Intermediate 10:00-11:00am To register, please contact Durline at 902-532-3035 or email dance.canada@explorerguide.ca
Chair Yoga 11:30am - 12:45pm Sridhara 1-250-228-3848
For Hall Rental contact Marty @902-638-3164

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For Sale: Attention toy collectors, selling my collection of toys. too many to list. If interested call 902-955-1181.

Coming to King’s Theatre

902-532-7704 209 St. George Street, Annapolis Royal www.kingstheatre.ca

Fri. July 24, 6:30pm Disclosure Day (film, PG) If you found out we weren’t alone, if someone showed you, proved it to you, would that frighten you? This summer, the truth belongs to eight billion people. Today is... Disclosure Day. With Emily Blunt, Josh O’Connor, and Colin Firth. Directed by Steven Spielberg. Tickets: Adults \$11.95, Youth \$7.95.

Sat. July 25, 7:30pm Constellations (live performance) A play by Nick Payne. After a stunning run at Tarragon Theatre in Toronto last Summer, Icarus Theatre’s Constellations comes to Annapolis Royal. One relationship. Infinite possibilities. In the beginning Marianne and Roland meet at a party. They go for a drink, or perhaps they don’t. They fall madly in love and start dating, but eventually they break up. After a chance encounter in a supermarket, they get back together, or maybe they run into each other and Marianne reveals that she’s now engaged to someone else and that’s that. Or perhaps Roland is engaged. Maybe they get married, or maybe their time together will be tragically short.

Nick Payne’s Constellations is a play about free will and friendship; it’s also about quantum multiverse theory, love, and honey. Tickets: Adults \$35, Supported \$20, Youth \$15 (Under 18).

Sun. July 26, 6:00pm Supergirl (film, PG13) When an unexpected and ruthless adversary strikes too close to home, Kara Zor-El, aka Supergirl, reluctantly joins forces with an unlikely companion on an epic, interstellar journey of vengeance and justice. Milly Alcock stars alongside Matthias Schoenaerts, Eve Ridley, David Krumholtz, Emily Beecham, with David Corenswet, and Jason Momoa. Tickets: Adults \$11.95, Youth \$7.95.

Wed. July 29, 7:00pm The Art of Adventure (film, PG) The Art of Adventure is an inspiring and deeply human documentary about the extraordinary lifelong friendship between world renowned wildlife artist Robert Bateman and fearless biologist Bristol Foster. Through their epic 1957 journey around the world – armed with a 16mm camera and an artist’s brush – the film opens a vivid window onto a planet once wild and unscarred and a bond formed through curiosity, courage and love of nature.

At it’s heart the film weaves together nature, art and activism showing how two very different men fought to protect the natural world: one through art, the other through science. Now in their 90’s Bob and Bristol still find sanctuary in nature. Their story is a moving reflection on legacy, mortality and the wisdom of our elders – and a reminder that humanity and nature are inseparable. The Art of Adventure invites us to listen, to learn and to embrace life with curiosity, courage and heart. Tickets: Adults \$11.95, Youth \$7.95.

Sat. Aug. 1, 7:30pm Jah’Mila (live performance) Jah’Mila and her 9-piece reggae band return to King’s Theatre! Jah’Mila is a Juno-nominated reggae singer hailing from Kingston, Jamaica, who now calls Nova Scotia home. A beacon for Jamaican music and culture in Atlantic Canada, Jah’Mila’s music embodies the spirit of traditional Jamaican roots reggae music, infused with light elements of jazz and soul.

Her journey has led her to tour with renowned reggae acts like The Wailers, Black Uhuru, and Groundation to name a few. She has also collaborated with the National Arts Centre Orchestra, Toronto Symphony Orchestra and the Symphony Nova Scotia honing her skills as a vocalist and a cultural reggae ambassador along the way.

Her Juno-nominated debut album “Roots Girl”, released in 2022, is a spirited collection of reggae songs that not only honours her cultural roots, but also serves as a platform for social advocacy. Through her music, she champions a vision of a more inclusive, diverse, and supported arts community. With the unwavering support of her musical team, Jah’Mila stands poised to light up every stage, continuing to captivate hearts and share her music and culture all across the world! Tickets: Adults \$45, Youth \$10.

Sun. Aug. 2, 6:00pm Toy Story 5 (film, G) The toys are back in Disney and Pixar’s “Toy Story 5,” and this time it’s Toy meets Tech. Woody (voice of Tom Hanks), Buzz Lightyear (voice of Tim Allen), Jessie (voice of Joan Cusack) and the rest of the gang’s jobs are challenged when they come face-to-face with Lilypad (voice of Greta Lee), a brand-new tablet device that arrives with her own disruptive ideas about what is best for their kid, Bonnie. Will playtime ever be the same? Tickets: Adults \$11.95, Youth \$7.95.

David Bowlby

MLA - Annapolis



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Activities at the Clementsport Legion

Tues. July 28

Moose River Rug Hooking – held on the lower Level from 10-2pm. All crafters welcome (knitting, crocheting). For more information you can contact Toni Gallagher - toni.gall@ns.sympatico.ca

Wed. July 29

Come and join us for our weekly coffee gathering. 9-11:00am in the Upper Hall. Coffee, tea, treats \$1. Open to everyone – come and meet your neighbours. There is a great turnout for this event. If you have any questions please call the Legion – 902 638 3303.

Pool will be held at the Clementsport Legion on Wednesday nights in the lower level for members and guest. Doors open at 6:00pm and open bar from 7pm until 10pm. Come out and enjoy yourself for an evening of socialization.

Thur. July 30

Bridge in the afternoon is finished until the fall.

Fri. July 31

5:00pm, BBQ prime rib hamburgers, cheese dogs, hot dogs, salad, dessert. \$15. Please reserve by Wed. July 29, noon. 902-638-3303. Pool - 9 Ball. Doors open at 6 pm, games start at 7 pm. Everyone is welcome.

Clementsport Legion – 902 638 3303
Email: general.rcl122@gmail.com

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“Telling Tales” Cryptoquote Answer:

We're all made of stories. When they finally put us underground, the stories are what will go on. Not forever, perhaps, but for a time. It's a kind of immortality, I suppose, bounded by limits, it's true, but then so's everything. Charles de Lint

Careless summer fun? With what will we RUB OURSELF ANON? Rearrange the capital letters to form a three word answer.

Do these have enough Vitamin B1 to REPULSE BERIBERI? Answer: RIPE BLUEBERRIES

Anagrams Answers Puzzle 28

Rearrange all the letters of each word to form two other common English words.

- Agnostic – Coatings - Coasting
- Berates – Beaters - Rebates
- Dilatory - Adroitly - Idolatry
- Filets – Itself - Stifle
- Red tape - Predate - Tapered

Give Them a Hug! Double Puzzle Unscramble the words below and use the numbered letters to solve the phrase at bottom. Answer next week.

BIYBSAH 35 11 1 30 28

LLDKIHC 38 39 18 2 42 41 25 4 21

FSREH 44 13

EEGNR 34 16 36

MEUITARM 3 6 20 14 9 19

INALINTEF 40 22 27 23 17 7

LEIEVJNU 15 33 43 24 5

EIURELP 12

NRTEED 31 29 8 37 26 32

GOUYN 10

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

17 18 4 19 20 21 22 . 23 24 25 4 26

27 28 29 6 30 31 32 10 33 34 35 36 37

38 39 40 41 42 43 44 28 .

“Places in Jazz Songs” Word Search Answer

B V S A K A X M A R Y E J R C M

T K L O M P M I E T F H S K H F

D U Z W C E V A I M C K F R I K

K O N N N I N C B O P E Z W N A

G O V I L Q S A P A E H T P A G

D O X O S A C E P N L B I R T E

A M B Z S I N H F I X A D S O N

B E N N D H A D A Y G Y H Q W E

S G A A A C A M A R I L L O N W

O K S G N P U J M E L R A H S O

D A E J A W D R N A G E Q E X R

A N P N H O K K Z R P I S P X L

B L A M A N H A T T A N Y T D E

R M D T F K P L L Z Q S N E O A

A Z W F S A I N T L O U I S Z N

B T P A I N A V L Y S N N E P S

“English Grammar.” Word Search Puzzle

- Adjective
- Article
- Conjunction
- Fragment
- Interjection
- Object
- Predicate
- Pronoun
- Subject
- Adverb
- Clause
- Ellipsis
- Gerund
- Noun
- Phrase
- Preposition
- Sentence
- Tense

Find the word or phrase in the puzzle. Words can share letters as they cross over each other. Answer next week.

E A E E W U T W U Y D U D A N I

T D G S X L G T C E J B O T O N

A J F R A G M E N T O R E V I T

C E I E N R O R R N X N P U T E

I C X T I S H V B U S Y I I C R

D T R Y D X I P L E N W G N N J

E I E L C I T R A E N D O K U E

R V G L R B A A S O S I L S J C

P E Y L A M D J U E T U I M N T

S T K T X V C N L I N S A I O I

U B M U E S B R S T P T E L C O

B Z C R B W U O X I K H E M C N

J N B V R J P P L O E A X N I K

E M J L E E Q L Z S T T V C C E

C O M G R L E P R O N O U N I E

T K O P Z S L H F I T C X I U X

Anagrams Puzzle 29

Rearrange all the letters of each word to form two other common English words. Answers next week.

- Ganders -
-
- General -
-
- Lathering -
-
- Loughs -
-
- Sleeted -
-

“Road Trip” Cryptoquote: Each letter in the phrase has been replaced with a random letter.

Answer next week.

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

22 11 14 16

21 9 2 6 23 23 3 12 W 16 20 3 12 3 5 9 15 W 16 3 21 23 21 9

2 6 23 23 3 12 W 20 9 16 C 6 21 22 8 3 21 23 23 20 3

23 12 6 18 8 23 8 9 21 1 21 9 2 6 23 23 3 12 W 20 9 16

24 12 6 21 18 23 20 3 20 8 1 23 9 12 5 21 9 2 6 23 23 3 12

W W P 20 9 16 6 16 3 8 21 1 14 8 12 8 21 24 23 20 3

C P 19 6 21 18 1 22 6 14 3 23 20 3 12 3 W 16 6 1 6 19 16 6 5 1 6

2 6 12 7 3 23 25 9 12 C P 6 22 20 3 6 14 20 6 14 14 5 2 3 6 19

J 11 9 3 20 8 19 19

Understanding Cyclospora

The recent Cyclospora outbreak in the USA from contaminated lettuce has many concerned about the fresh produce we consume. As of July 17 there have been no reported cases in Canada. The heat-loving parasite infects the bowels and spreads through human waste. In the past, people have been infected by consuming fruits or vegetables that were exposed to feces-contaminated irrigation water.

In the spring and summer, we can sometimes see an increase in Cyclospora infections linked to consuming imported fresh vegetables and fruit from other countries. Cyclospora infection is uncommon in Nova Scotia. Even so, it's important to know how to reduce your risk, and what symptoms to look for if you do start to feel sick. The Cyclospora parasite causes symptoms like diarrhea, abdominal pain and nausea. You can help reduce your risk by:

- Buying local produce when possible.
- Cooking imported vegetables.
- Always following safe food handling practices including washing hands and food prep surfaces, If you want to be cautious, experts advise eating produce that is peelable or that can be cooked. While washing produce doesn't guarantee the parasite will be removed, Emily Jenkins, a professor of veterinary microbiology at the University of Saskatchewan, says there is evidence that how you wash matters.

"The rinsing method with free flowing water is actually the most effective at kind of washing things away," she said.

If you think you might be infected with Cyclospora, consult your healthcare provider or call 811 and speak with a nurse about your symptoms.

Learn more: <https://www.canada.ca/en/public-health/services/diseases/cyclosporiasis-cyclospora.html> (Information from NS Health and the CBC)

RCMP Vehicles Getting Upgrade

After 32 years, RCMP vehicles are getting a new look. In Nova Scotia, the new vehicles are expected to begin entering service in 2027. The new design enhances visibility, safety, and recognition for both officers and the public. In 2027, as our fleet is renewed over time, you'll see both the current and new vehicles serving communities across the province. This gradual rollout ensures public funds are used responsibly. If you're unsure whether an RCMP vehicle is legitimate, contact your local RCMP detachment to verify the vehicle number or licence plate.





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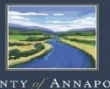
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Safe Food Handling Tips-
Cleaning Fruits and Vegetables

- Wash your hands with soap and warm water for at least 20 seconds.
- Cut away any bruised or damaged areas on vegetables and fruits, since harmful bacteria can thrive in these areas. Cut produce needs to be refrigerated, frozen or eaten right away. Be sure to clean your knife with hot water and soap before using it again.
- Wash vegetables and fruits thoroughly under fresh, cool, running water, even if you plan to peel them. This helps prevent the spread of any bacteria that may be present. This is a general safety tip that may not always apply. For example, you do not need to wash a banana before peeling and eating it. However, if you plan to leave the peel on and cut the banana into pieces, you need to wash the banana first.
- Use a clean produce brush to scrub items that have firm surfaces like oranges, melons, potatoes, carrots, etc. It is not necessary to use a produce wash to clean fresh vegetables and fruits.
- Ready-to-eat, pre-washed leafy greens in sealed containers do not need to be washed again before eating. However, leafy greens sold in unsealed bags or containers should be washed before eating.
- Use one cutting board for produce, and a separate one for raw meat, poultry, fish and seafood.
- Place peeled or cut vegetables and fruits on a separate clean plate or into a clean container to prevent them from becoming cross-contaminated.
- Change kitchen cloths and towels daily or use paper towels to wipe kitchen surfaces to avoid the risk of cross-contamination and the spread of bacteria. Avoid using sponges, as they are harder to keep bacteria-free.
- Sanitize countertops, cutting boards and utensils before and after preparing food. Use a kitchen sanitizer (following the directions on the container) or a bleach solution (5 ml / 1 tsp of unscented household bleach to 750 ml / 3 cups of water), and rinse with water.

(information courtesy Health Canada, <https://www.canada.ca/en/services/health>)

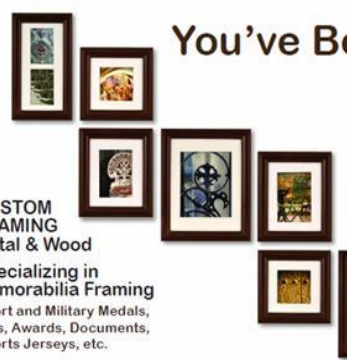
Changes For Local
Alcohol Producers

The Province is making two changes that will support local wineries, cideries, breweries and distilleries and offer consumers more choice. Nova Scotian alcohol producers will soon be able to cross-sell other local alcohol products at their locations. For example, a vineyard in the Annapolis Valley could partner with a Cape Breton distillery to sell each other's products.

The other change will allow local producers to set up secondary retail stores separate from production facilities. Currently, a vineyard, cidery, brewery or distillery can have more than one retail store only if each one is attached to a production facility.

There will be limits on how much product one producer can sell that is made by another local company. Those and other details will be part of discussions the Nova Scotia Liquor Corp. (NSLC) will have with people in the industry this summer to ensure the regulations reflect their feedback.

The Province intends to allow cross-selling by early August and secondary retail locations by fall.



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