

THE BRIDGETOWN READER

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FREE

**Feb. 27
2026**

**VOL. 18
Issue 8**



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Avian Influenza in the Province

According to CBC News, a suspected case of avian influenza in Nova Scotia's Lunenburg County is under investigation by the Canadian Food Inspection Agency. Earlier this month, cases of bird flu were confirmed in backyard flocks in the Pictou and Yarmouth areas.

Amy VanderHeide, chair of Chicken Farmers of Nova Scotia, which represents commercial chicken farmers in the province, told CBC Radio's Maritime Noon that it's not surprising to see avian influenza at this time of year, because it's the peak migration season for the Atlantic Flyway.

"The backyard flocks being often kept outside or allowed outside, it just allows for the commingling of the wild birds with our domestic birds and that increases the risk of them contracting avian influenza," she said.

Though commercial chicken farms remain unaffected, VanderHeide said farmers are maintaining strict biosecurity protocols to protect the industry because avian flu among commercial chicken farming means an automatic cull.

"CFIA does cover some costs of things like depopulation and disposal, but it is mentally taxing you," she said.

"We care for our folks, we care for our birds, and we want them of course to go into the food system as they were meant to be. So dealing with all of that is definitely a strain for mental health." VanderHeide said it's also vital for the public to understand that avian influenza is a threat to backyard flocks and commercial farms.

She urges backyard owners to isolate domestic birds from wild populations, and to disinfect coops, boots and clothing. "A positive test of this means that you lose your flock," she said. "So putting some of these biosecurity measures in place is a great idea."

Both Federal and provincial departments are monitoring avian flu. If you see sick or dead birds, stay away - do not touch them. Please report them to the appropriate department.

•Wild Birds (i.e. not in captivity) - report to the Department of Natural Resources at 1-800-565-2224.

•Domestic Birds (i.e. farm and backyard flocks) - report to the Department of Agriculture 902-893-6540 and the Canadian Food Inspection Agency 902-536-1010.

Learn more about avian flu here: <https://novascotia.ca/avian-influenza/>

70th Anniversary Lions Big Breakfast

Sat. March 7, 8-10:00am Come and join the Bridgetown Lions Club in celebrating 70 years of service to the surrounding community. It will be a very special occasion. Get a great breakfast for a Free Will offering as always. At the Bridgetown Legion, 20 Jeffery Street.

Third Annual Local History Conference

At the Paradise Heritage Center, May 22 and 23. Stories Are All We Have: The Shape of our Footprints. Spaces are limited. To register and for more information about the weekend and its leaders please go to <https://paradisehistoricalsociety.ca/event/history-conference-2026/>

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Open Letter Regarding Crosskill Court

I am the concerned daughter of a resident living at Crosskill Court in Bridgetown. My mother was assessed for the need for admission to Crosskill and was placed on a long wait list and was finally admitted to Crosskill Court just over a year ago. Crosskill is an Assisted Living facility as stated on the Mountain Lea website. I realize that Mountain Lea is opening its beautiful new facility in the coming months, but is this at the expense of the 26 residents who require assisted living at Crosskill? It has been our understanding that Mountain Lea would continue to have CCA coverage for 8 hours a day, bi weekly housekeeping services, and one meal a day served from Mountain Lea all of which my mother pays for to Mountain Lea in addition to her rent paid the Western Housing for her apartment. Now we are being told these services will end as of May 1st.

As a retired nurse who has worked in long term my entire career, I see the need for these assisted living facilities to help resident age well with reassurance of assistance with minimal care as needed. I do not understand how the province can close 25 assisted living beds when we are in dire need of these beds across the entire province.

My mother remains pretty self-sufficient, but we rely on her receiving her dinner every day so she does not need to cook a big meal every day and more importantly she relies on the CCA, not for care, but for the wellness checks, the socialization and overall well-being she provides that is so important to the elderly. My mother enjoys her independence of living in her apartment at Crosskill but also relies on the services provided through the assisted living program.

I realize "home care" is available to help meet these residents' needs. From my experience with other family members, home care is unreliable and I do not live in the Valley if home care is not able or other concerns arise.

I hope you consider my concerns regarding this decision. This one decision affects every one of the residents and their families of Crosskill Court. I am concerned for all their well-beings. Crosskill is a real "home" for these residents. They look after each other, enjoy activities together which are initiated by the staff and volunteers. As you know, the elderly can become very lonely even if living in a facility. The staff ensure this does not happen and encourages residents attend activities and social encounters. When I visit, I see how the residents interact with each other and the staff. I feel reassured my mother is in a good place and is happy in her new home. Kim Wright

This letter was sent to local and provincial representatives,
Note: Deadlines have been extended for existing tenants. May 31 for food service and a CCA on duty until July 2. New tenants will not be eligible for services.

The Bridgetown Reader is published weekly on Friday by TAR Publishing. The deadline for submissions to our next issue is noon Monday March 2.

Community Calendar

Fri. Feb. 27, 10:00am Lessons from the Wilderness: Bible Study, St. Luke's Church, Annapolis Royal, in collaboration with the Annapolis Royal Ecumenical Council, Fridays in Lent at 10:00 AM. All are welcome. very Friday until March 27.

Fri. Feb. 27, 10:00am Weekly Tai Chi classes at the Centrelea Community Hall, 3495 Highway 201. Bring indoor slippers or shoes. Drop ins welcome. Good for balance, posture and relieving stress. Instructor Jamie Edwards of Empty Hand Martial Arts. \$75 for 10 week pass that does not expire. More info @ 902-448-2483 *

Fri. Feb. 27, 10-11:30am Community Coffee, every Friday @ Lower Granville Hall (3551 Granville Rd., Port Royal). Come out and enjoy a cup of coffee or tea and bring a snack to share if you are able. Meet a neighbour, make a new friend. Everyone is welcome. \$2/person donation for the Hall.

Fri. Feb. 27, 6:00pm Music with Guy Paul Thibault at Spurr Brothers Farm Market. Join us for a fun evening of live music with a crowd favourite, Guy Paul Thibault. \$8 per adult, 18 years and under free. 14145 Hwy 1, Wilmot.

Fri. Feb. 27, 7:00pm Jam Session every Friday Evening at the Youngs Cove Community Hall, 5407 Shore Rd. *

Fri. Feb. 27, 7-9:00pm or later! Weekly Music - The Annapolis Royal Legion, Branch #21 will host **The Basement**. Join us for some great music weekly with no cover charge! Don't forget that we have Happy Hour each Friday from 5:30-7:00pm and cocktail specials each Friday and Saturday! The Chase the Ace Draw on behalf of the Annapolis Royal Community Centre will be held each week at 8pm. Please check the Annapolis Royal Legion Facebook site for updated info. All members and guests are welcome!

Sat. Feb. 28, 8-10:00am Community Breakfast (scrambled eggs, sausage, hash browns, pancakes, toast, juice, tea and coffee) served at Holy Trinity Anglican Church, 45 Main Street, Middleton. Freewill offering. The next breakfasts are the last Saturdays of March and April.

Sat. Feb. 28, 9-11:30am Another BIG fabric sale! Cotton in lots of colours and prints, perfect for quilts! This time we will be at the Wilmot Community Centre, cash only please.

Sat. Feb. 28 BIG CHILL Snowshoe Event
The BIG CHILL offers three challenging distances - 5kms, 15kms & 30kms - set in the beautiful Annapolis Valley. The event, on North Mountain, just outside Middleton, fundraises to support youth-at-risk in Annapolis County and other local endeavours, and is sponsored by GIVETOLIVE.ca. All event facts & sign up link are at www.givetolive.ca/chill

Sat. Feb. 28, 9am-1:00pm Annapolis Royal Winter Farmers Market indoors at St. Luke's Parish Hall (340 St. George St, Annapolis Royal, accessible from both St George St and Victoria St)!

Sat. Feb. 28, 10:30am Mickey Hill Nature Walk and Bioblitz Join Annapolis County Recreation and Southwest Nova Biosphere Region for a short hike around the park. Download the iNaturalist app if you'd like to participate in the Bio Blitz. Kids and adult snowshoes will be available to borrow. Meet at the Mickey Hill parking lot, 7956 Hwy 8, Annapolis Royal.

Sat. Feb. 28, 12:30pm T & D Kitchen Jam Saturdays, 1407 Inglisville Road, Lawrencetown at the Community Hall. All are welcome! Doors open 12:30, music from 1:30-4:30. \$2 for entry. Snacks, tea /coffee are included in the price. *

Sat. Feb. 28, 2:00pm Barter Based Session: Spoken Word Afternoon with Author's Ink, an Annapolis Valley Folk

School event at 3337 Clarence Road. Come on out to welcome our local writers group: Author's Ink! Grab a friend and bring a cup of java to the School House on Clarence for an afternoon of Spoken Word from our very own local Author's Inc group. Get tickets at <https://www.eventbrite.ca> Author's Ink is a group of local writers that are going to come and read excerpts of their writing to us. It will be a great way to spend a winter's afternoon while getting to experience our local talent!

Sat. Feb. 28, 2-3:00pm ARTSHARE with Sally Davies. Share newly completed or in-progress artwork for supportive, constructive, and helpful feedback. Open to ARCAC members. Bring one newly completed or in-progress artwork to show. Free to participate. ARTSPLACE Studio, 396 St. George St., Annapolis Royal.



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Sat. Feb. 28, 3-8:30pm Crokinole Social & Tournament, at Lunn's Mill Beer Company, 515 Carleton Rd., Lawrencetown. Kingston Crokinole is hosting another Social and tournament! Social Play, 3-4:30pm. Tournament, 6-8:30pm. Reserve by email, kingstoncrokinole@gmail.com There is a \$10 tournament entry fee.

Sat. Feb. 28, 7-11:00pm Happy Singles Karaoke - Are you single (or not) and love Karaoke? The Annapolis Royal Legion will host Theresa Porter for a fun evening of Karaoke. Everyone welcome to attend (and you don't have to be single!). \$7 cover at the door.

Sun. March 1 The Anglican Parish of Bridgetown welcomes you to join us for Sunday Holy Eucharist Service. 9:30am - St. Mary's (Hwy 1 in Belleisle). 11:00am - St. James (289 Granville St in Bridgetown.) May you have a blessed season of Lent.

Sun. March 1, 10am-1:00pm Pancake Breakfast! At the Port Lorne Hall, 557 Port Lorne Road. By donation, suggested \$10-\$15, all proceeds in support of the Port Lorne Hall. All are welcome, hope to see you there

FITNESS CLASSES

4 WEEK TERM Starting Monday March 9th
Granville Ferry Hall (Please use the back door)

MONDAY:

BODYBLAST 6:00pm-6:45pm

PILATES WITH PROPS 7:00pm-8:00pm
(Pilates is to help strengthen and lengthen your muscles without adding bulk to the muscles, lots of stretching, deep breathing and strengthening the core all levels welcome)

TUESDAY:

BODYBLAST EXPRESS 11:30am-12:00pm
(Aerobics with light hand weights)

PILATES WITH PROPS 12:10pm-1:10pm

WEDNESDAY

PARTY MIX 10:00am-10:45am
(Combination of some Zumba styles, and Good Old Fashion Aerobics)

CHAIR PILATES 11:00am-12:00Noon
(Great for those who don't or can't get down on a mat or for those that just want a change)

THURSDAY

BODYBLAST 10:00am-10:45am
(Aerobics and light hand weights)

PILATES WITH PROPS 11:00am-12:00pm

PRICE LIST... 4 Week Term

Pilates with props \$52.00
BodyBlast \$32.00
BodyBlast Express \$24.00
Party Mix \$32.00
Chair Pilates \$52.00

*Do 2-4 classes get an additional \$4.00 off.

*Do 5 or more classes get an additional \$8.00 off.

*Classes must be made up within the term.

*All equipment is supplied, so just bring your water bottle and indoor shoes. Pilates is done barefoot.

*Drop-In Rates Also Available!

If interested please send me an email to...

Susanthefitnessroom@gmail.com

Let's Have Fun & Get Fit Together! 😊

You are Invited to Help Celebrate
Marguerite Hirtle's
90th Birthday
(Birthday Wishes Only)

Sunday, March 1
2:00 - 4:00 p.m.
at the
Bridgetown Volunteer
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ANNAPOLIS VENTURES



Sun. March 1, 11am-2:00pm Rudolf Steiner Reading Group A reading and discussion of "The Spiritual Hierarchies and the Physical World - zodiac, planets and cosmos " The Collected Works of Rudolf Steiner is held on Sundays until April 12 in Barton, Hwy 101. Details contact Shirley 902-837-1030 email bello.bees@gmail.com *

Sun. March 1, 11:00am Bridgetown Baptist continues to worship weekly. Join us on Sundays at the Royal Canadian Legion, 20 Jeffery St., for a joyful time of worship. 902-665-2506. 10:30 for prayer and 11am for worship! bridgetownbaptist@gmail.com.

Sun. March 1, 11:00 am Worship Service. Celebrate God's presence with us at St. George & St. Andrew United Church, 393 St. George St. Annapolis Royal 902-532-7954. Open Doors, Open Hearts, Open Minds. *

Sun. March 1, 11am-2:00pm Farmers and Crafters Market, every Sunday at the Lions Club at 948 Hwy 1, Deep Brook. Local vendors and farmers. New vendors always welcome.

Sun. March 1, 1:00pm Snowshoe / Winter Walk at Kejimikujik National Park, sponsored by Annapolis county Recreation. Meet at Mill Falls Parking lot (right after Visitor Centre). Join us for refreshments and a fire after the walk. Contact winteractive@annapoliscounty.ca or 902-532-2142 for more info and updates.

Sun. March 1, 2:00pm The Centrelea United Baptist Church is holding weekly worship services at the Centrelea Hall for the winter months. Services are at 2pm, except on February 15th and March 15th, as these are SOOF Sundays at the Hall. On those Sundays, please join us for worship at 3:30pm. Everyone is welcome. For more information about the church, services or our beliefs, please text or phone Pastor Elizabeth Legassie (D.Min.) at 902-526-2493.

Sun. March 1, 3:00pm Classical Concert featuring Mateo Ronderoz-Zerpa (cello) and Ria Kim (piano) playing works by Bach, Elgar, Monti, Debussy, and Rachmaninoff. Reception to follow in the rectory. Admission by donation. St. Luke's Anglican Church, Annapolis Royal.

Sun. March 1, 7-9:00pm Fun Darts, every Sunday evening at the Bridgetown Legion, 20 Jeffery Street. \$3 entry returned in prizes.

Mon. March 2, 10-11:00am Indoor Fitness Walking @ Lower Granville Hall (3551 Granville Rd., Port Royal) . Drop in every Monday and/or Thursday for an indoor walk. These basic low-impact cardio walking videos exercise the whole body (We usually walk 2-3 miles which is 30 or 45 minutes). These videos incorporate walking in place, knee raises, kicks, side and back steps, arm movements and so much more. \$2 Donation Suggested. *

Mon. March 2, 10am-12:00pm Memoir Writing Group meets every Monday morning in the music room at the Annapolis Library to share chapters of their memoirs for friendly discussion. No workshops. Everyone welcome. In the event of inclement weather/ library closure, classes will not be held.

Mon. March 2, 10am-2:00pm CVITP Free Tax Prep Clinics at Upper Clements Community Hall, 2951 Hwy 1, Upper Clements, Mondays in March and April. (Cancelled if school buses are cancelled due to weather) For Drop-Offs/Pick-Ups, bring all your papers and slips and we'll prepare and E-file for you. We'll call with any questions and let you know when your return is ready. If you have general questions about the clinic, please contact: Gail Wilson, Coordinator, 902-247-0545

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CENTRELEA COMMUNITY HALL

Join Guest Speaker Bev Wigney for a hands-on workshop and learn how to use trail cams in your own backyard!

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Registration Required
saveouroldforests.ca/events

Bev Wigney

Mon. March 2, 1-4:00pm Monday Life Drawing Sessions. First life drawing session of 2026! Quick gesture poses leading to longer studies. Quiet, engaging, and welcoming atmosphere. Nude model. \$20, payable at the door (Save 20% by signing up for all five Spring 2026 sessions in advance). ARTSPLACE, 396 St. George Street, Annapolis Royal. www.arcac.ca *

Mon. March 2, 1:00pm Chair Yoga with Esme at the Bridgetown Legion (20 Jeffery St, Bridgetown). Join us for chair supported yoga suited for seniors and limited mobility. For more information contact Esme at (604) 537-5665 or esmeendres@gmail.com *

Mon. March 2, 7:00pm Young Adult Bible Study Are you a young adult (age 18-40ish) interested in meeting other young adults in the area and studying God's word together? This is the group for you! The Young Adult Group will meet weekly for Bible Study at 7pm at the new home of the Bridgetown Baptist Church, (7 Park St.) in Bridgetown. Light refreshments will be provided. All are welcome! Bring a friend! Questions, please email Carrie at bridgetownbaptistyoungadults@gmail.com

Mon. March 2, 7:00pm Valley Lions Radio Bingo (VLRB) is a Media Bingo broadcast on Annapolis Valley Radio, AVR 97.7FM and other AVR stations from Digby to Windsor, every Monday night from 7-8pm. Bingo Cards are sold through valley retail locations. Info at www.vlrb.ca *

Mon. March 2, 7-9:00pm Craft Club @ Lower Granville Hall (3551 Granville Rd., Port Royal). Now EVERY Monday night! Calling all Fibre artists. Join us at the Hall for a Stitch'n'Bi*ch. All skill levels welcome. Knit, crochet, embroider, felt, mend, sew, quilt, spin, weave, needlepoint, rug hooking... We will put the kettle on. Bring your project and \$2 Hall donation. *

Tues. March 3, 9:30-10:30am Yoga with Esme at Brickton Community Hall (12062 Hwy 1, Brickton) Mats provided. For more information or to register, contact Esme at 604-537-5665. *

Tues. March 3, 10-11:00am Senior Exercise Class at the Bridgetown Legion. Certified instructor. Work to your own comfort and ability level. Please bring resistance bands and hand weights if you have them. \$4 per class. Come for fun while being active! Newcomers always welcome. *

Tues. March 3, 11:15-12:15pm Hatha Flow Yoga @ Lower Granville Hall (3551 Granville Rd., Port Royal). Build strength and flexibility with a flowing practice that links breath with movement, including standing poses and floor stretches. This new 4-week session (Feb 17th - Mar 10th) has expanded to 2 days per week (Tuesdays and Thursdays)! Register in person at the first class. 1 class per week is \$40 or 2 classes per week is \$80 or drop in for \$15 per class. No experience needed - all levels welcome.

Tues. March 3, 12:30-1:30 pm Chair Yoga @ Lower Granville Hall (3551 Granville Rd., Port Royal). Perfect for those with hip, knee, or balance concerns. Gentle, supportive, and accessible. This new 4-week session (Feb 17th - Mar 10th) has expanded to 2 days per week (Tuesdays and Thursdays)! Register in person at the first class. 1 class per week is \$40 or 2 classes per week is \$80 or drop in for \$15 per class. No experience needed - all levels welcome.

Tues. March 3, 1-3:00pm The Annapolis East Seniors Card Group, meet at NSCC Middleton campus every Tuesday.

Tues. March 3, 1:30-4pm Jam Session at Parker Hall, Victoria Vale, across from the church, every 2nd Tuesday. Doors open at 1:00. Come out for an afternoon of music, fun and refreshment and support the Hall. Next Jam March 17.*

Tues. March 3, 7:00pm Full Moon Snowshoe Trek at the French Basin Trail. Join Annapolis County Recreation at the Skatepark (112 Prince Albert Rd., Annapolis Royal) for snowshoeing, kicksledding, hot apple cider and a bonfire! All free. A community event celebrating recreation and the full moon.

Tues. March 3, 7:00pm Bridgetown Area Garden Club monthly meeting. Hey, BAGC gardeners! It's a double header this month: a Club Seed Swap and a presentation by Moschelle resident, Mike McKinley, on Growing Onions. For the seed swap, package your give-away seeds in small envelopes and label them. We meet at St. James Anglican Church hall, 289 Granville St., Bridgetown. It's the perfect time to join up. Find us on Facebook. Bring a friend!

Tues. March 3, 7:15-10:15pm Middleton Legion Bingo Tuesdays at 205 Marshall Street, Middleton. *

Lequille Country Store Ltd Chick Days 2026



18-20-Week-Old Pullets

Order	Order Date Deadline	Pick up Date	White & Brown
#1	March 9th	April 9-23	\$15.95
#2	May 6 th	June 1-14th	\$15.95

*Payment in full is due when order is placed *

Limit of 100 birds per person/premises

Pick up dates are subject to change; we will contact everyone by phone/ email a few days before picking up

No refund on birds not picked up

Day Old Layers

Order	Order date deadline	Pick up date	White & Brown	Bovan Black
1	April 12th	May 21-22	\$4.95	\$5.60
2	June 3rd	July 13-14th	\$4.95	\$5.60

*Payment is due when order is placed *

Pick up dates are subject to change by a day

No refund on birds not picked up

Day Old Meat Kings

Order	Order Date Deadline	Pick up date	Price
#1	April 1st	May 7-8th	\$2.45
#2	May 7 th	June 15-16th	\$2.45

*Payment is due when order is placed *

Included in price is .10cent NSCF fee

Pick up dates are subject to change by a day

Limit of 100 birds per premises, per year

No refund on birds not picked up

902-532-5362

Wed. March 4, 9am-8:00pm Still Life Studio at ARTSPPLACE Gallery, 396 St. George Street, Annapolis Royal. A non-teaching, drop-in, open studio. Stay from beginning to end, or drop-in according to your availability and interest. Feel free to bring objects to add your personal touch. No cost to participate. Donations are always welcome. Photos permitted. No solvents or oils, please. Coffee/tea/baked treats available. Tables, easels, and chairs available for use. Contact: Elaine Bergen, applectart61@aim.com

Wed. March 4, 10:00am NS Walks Annapolis Royal Wednesdays at 10am. Are you interested in getting some exercise, at your pace, with friendly people, and in picturesque surroundings? Join our Walk Group! We meet every Wednesday at 10:00am at the Annapolis Royal Farmers' Market parking lot. Walkers of all ages and abilities are welcome. For further information, call (902) 250-0429.

The Bridgetown Reader is available night and day, 7 days a week at www.bridgetownreader.news

Wed. March 4, 10:00am NS WALKS BRIDGETOWN a walking group for all levels and abilities If you are looking for motivation to get out for a bit of exercise and to socialize come join us. Walkers meet at the Library every Wednesday at 10:00 am. All are welcome Registration is not required. For more information check our Facebook Group NS WALKS BRIDGETOWN

Wed. March 4, 1-4:00pm Annapolis Valley Career Fair Are a job seeker looking to connect with employers and find your next career? Well come out to the Annapolis Valley Career Fair! Hosted by Nova Scotia Works at the NSCC Middleton campus! 295 Commercial St. www.peopleworx.ca

Wed. March 4, 2:00pm The Clements Historical Society will be holding its regular monthly meeting at the Royal Canadian Legion, Clementsport, NS, Hwy #1, in the Upper Hall. Local author and history buff Brenda Thompson will be presenting her latest book: "Tragedies, Scandals and Divorces: Gossip From the Annapolis Royal Area from 1713 to the 1970s". It's sure to have many tidbits to keep everyone entertained on a cold winter day. Join the Clements Historical Society for an annual Membership fee of \$10 per person. Refreshments welcomed and served. Everyone Welcome.

Wed. March 4, 6:00pm Lower Granville Hall AGM (Annual General Meeting) @ Lower Granville Hall (3551 Granville Rd., Port Royal). Lower Granville Hall Association will hold its AGM on March 4th. Everyone living on Granville Road is an automatic member of the Association and is welcome to attend the meeting. We will be reporting an overview of last year's events and financial standings as well as the exciting things in our future. Are you looking for a place to volunteer? If you would like to get involved, we have lots of opportunities available including general board members, events planning/staffing, building maintenance, baking for upcoming events, etc... We look forward to seeing you there. Please email LowerGranvilleHall@gmail.com for more information or if you have questions.

Wed. March 4 You are most welcome to join the Anglican Parish of Bridgetown for our **Wednesday Lenten Study sessions**. We will be exploring Lent through fine art, prayer, discussion and ending with a brief Evening Prayer service. St. James Anglican Church - 6:30 to 7:30pm (289 Granville St in Bridgetown.) Sessions continue March 11, 18, and 25. Come to one or all!

Wed. March 4, 6:30-8:30pm Monthly Women's Gathering at the Cornwallis Recreation Center, 180 Atlantic Avenue. A monthly women's gathering for relaxed connection, new friendships, and showing up as yourself. March's theme is Living In Balance. More info at: nswomencircle.com

Wed. March 4, 7:00pm Middleton Choral Society's first rehearsal of the Spring is at Holy Trinity Anglican Church, 45 Main St., Middleton. All are welcome! For more information, visit facebook.com/MiddletonChoral or email MiddletonChoral@gmail.com.

Wed. March 4, 7:00pm Brickton Community Hall Jam Sessions Every Wednesday @ 7. Free will offering. All welcome. *

Wed. March 4, 7-9:00pm Fun Cribbage every Wednesday evening at the Bridgetown Legion, 20 Jeffery Street. \$6 entry returned in prizes. All welcome. *

Contact The Reader: Call or text 902-824-0412, email us at readerpublishing@outlook.com message us on Facebook or use the contact form at www.bridgetownreader.news.

Wed. March 4 and Fri. March 6, 7:30-9:30pm
Bridgetown Pickleball at BRCS. Entrance on north end of school (NOT the main entrance). Please bring a change of footwear. \$2 per night. Newcomers always welcome! Questions? 902-665-4353 or 902-665-4308.

Wed. March 4, 8:00pm Al-anon Meeting, for relatives and friends of alcoholics, at the First United Baptist Church at 762 George Street, Annapolis Royal, every Wednesdays at 8pm. Please enter through the front door.

Thur. March 5, 10-11:00am Indoor Fitness Walking @ Lower Granville Hall (3551 Granville Rd., Port Royal). Drop in every Monday and/or Thursday for an indoor walk. These basic low-impact cardio walking videos exercise the whole body (We usually walk 2-3 miles which is 30 or 45 minutes). These videos incorporate walking in place, knee raises, kicks, side and back steps, arm movements and so much more. \$2 Donation Suggested. *

Thur. March 5, 2:15-4:15pm Caregiver Support Group meets at the Kingston Library, 671 Main St. Do you give unpaid care to a parent, spouse, child, friend, or relative due to frailty, advanced age, chronic illness, mental illness, or disability? You are not alone! The NS Caregivers Support Group meets on the first Thursday of each month. It is facilitated by trained staff members who offer a confidential, friendly atmosphere for you to discuss your experiences and receive helpful information in a supportive environment. For more information and to register, call Jennine Wilson, 1-877-488-7390.

Thur. March 5, 6:30-8:30pm Craft & Chat at the Paradise Community Hall. Join us for a cozy and creative gathering held on the 1st and 3rd Thursday of each month at the Paradise Community Hall (10300 Hwy #1, Paradise). Whether you're into knitting, painting, diamond art, scrapbooking, or any other craft - bring your project along and we'll put the kettle on! \$5 per person with all proceeds to help support the hall.

Fri. March 6, 9:30-11:30am Veteran's Lodge Buddy Check coffee. This event is open to all Annapolis Valley Veterans and serving members. This is a FREE event for Veterans. Register by emailing theveteranslodge@gmail.com. At the 7Arts Centre 619 Central Ave, Greenwood. *

Fri. March 6, 3:00pm World Day of Prayer. Bridgetown Salvation Army, 17 Rink Street. Please join us for this Ecumenical Worship Service, written this year by the Christian women of Nigeria. This is the 99th year for this world wide prayer movement that invites us to enrich our faith experience through the life events of Christians from other countries and cultures, and to bring hope to women touched by injustice. Organized by the women of the Bridgetown Baptist Church, the Salvation Army and the United Church. More information is available from Marian E Ward, 902-665-4006.

Sat. March 7, 8-10:00am 70th Anniversary Lions Big Breakfast. Free Will offering as always. Come and join us in celebrating 70 years of service to the surrounding community. As you can see it will be a very special occasion at the Bridgetown Legion, 20 Jeffery Street.

Sat. March 7, 1:30pm Meat Bingo; West Dalhousie Community Hall; 4868 West Dalhousie Rd. Doors open at 1:00. There will be 10 prizes (one per game) that will be meat and there will be a \$50 Pampered Chef gift card for a door prize. Bingo cards: book of 6 cards for \$10 - good for 10 games, \$1 per book for the cookie jar. Bingo Jackpot sheets are \$5; winner gets 50% of the take. Canteen will be available with burgers, hot dogs, chips and pop.

Sat. March 7, 3-5:00pm Annapolis Royal Legion Kitchen Party - Theresa Porter will host a number of her musical friends at a Kitchen Party. Join us for some great live music and remember that the Legion Members' "Toonie" Draw is held at 5pm each Saturday. You never know who will show up to play! Something new each week! Attendance is by free will offering.

Sat. March 7, 8:00pm Campbell and Johnston at Evergreen Theatre. Together, Campbell & Johnston bridge the gap between hard rock and intimate roots music, creating a compelling experience that engages audiences in both energetic and heartfelt moments. For fans of Hendrix, Joe Cocker, Chris Stapleton, and Tedeschi Trucks Band, Campbell & Johnston offer a distinctive sound that is both nostalgic and refreshingly original. Tickets: Adults \$35, Members \$25, Military \$30, Students \$20, available at 902-825-6834 or www.evergreentheatre.ca. 1941 Stronach Mountain Road, Margaretsville.

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Sun. March 8, 10am-2:00pm Home Town Makers Mart at the Brickton Community Hall. Door prize, Art, crafts, homemade goods, Canteen, Kid's corner, Herb gardening demo, 3D Printer demo and giveaway, SPCA wish list drop off, and more. Free will offering at the door- not mandatory but appreciated! 12061 Hwy. 1.

Sun. March 8 Doubles Cribbage Tournaments at the Annapolis Royal Legion Sign in at 11:30am with play starting at 12:30pm. The cost is just \$20 / team with a maximum of 24 teams. Prizes for 1st, 2nd and 3rd place depending on participation.

Sun. March 8, 2-4:00pm SOOF Winter Adventure at Four Mile Stillwater Save Our Old Forests (SOOF) is excited to team up again with Medway Community Forest Co-op (MCFC) and Annapolis County Winter Recreation team another Winter Adventure at the Four Mile Stillwater Trail. Join Angelika and Ashlea for a guided walk/snowshoe through the beautiful mixed forest to learn about the work being done to protect hemlock trees in Kespukwitk. Snowshoes will be available to try out... if there's snow! The winter adventure is for humans only - please leave your four-legged friends at home! Free event. Registration is required: saveouroldforests.ca/events

Wed. March 11, 1-3:00pm Senior's Day at the Bear River & Area Community Health Clinic, 1112 River Rd. This recurring monthly event falls on the second Wednesday of each month and is intended as a time to catch up with old friends and meet new ones! Enjoy light refreshments and rotating activities through the year. Free will donation at the door. *

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Wed. March 11, 2-4:00pm Genealogy Coffee Club Join us for an afternoon of socializing and storytelling at the O'Dell House Museum & Genealogy Centre. Explore the Annapolis Heritage Society genealogical resource library and learn about our offerings. Engage with other genealogy enthusiasts and family historians in the community. Ask your burning questions or share research roadblocks you've encountered. Tell us about your favourite family history discoveries. Light refreshments will be provided. We hope you drop by and join the conversation! 136 St. George Street, Annapolis Royal.

Wed. March 11, 6:30-8:30pm March Sound Circle - Inner Harmony at the Cornwallis Recreation Center, 180 Atlantic Avenue. This Sound Circle is a guided experience designed to help you slow down, release tension, and reset your nervous system through soothing sound. Learn more at: circlewithmelly.com

Wed. March 11, 7:00pm Barter Based Session: Song Writing, an Annapolis Valley Folk School event at 1963 Clarence Road. We all have a song inside us. Come on out and learn how to bring it out onto paper. Tickets available here: <https://www.eventbrite.ca/e/barter-based-session-song-writing-tickets-1983766088773>

Always wanted to write a song but weren't sure where to begin? Join this session to explore group and individual song writing. Exploring several prompts, blues, fill in the blank we will explore different styles of songs. If this is your first time attending a barter-based skills-trade class, note that attendees are encouraged to bring an item(s) to offer in exchange for the knowledge shared in addition to any supplies required for the class. Our facilitator's preferred items are preserves, jams, bread, anything homemade.

There is no fee associated with this ticket but please do not just indicate "coming" on the event - we've found this is not an accurate capture of attendees. If you have any difficulty registering, you can send us an email at avfolkschool@gmail.com or message us on Facebook.

Thur. March 12, 7:00pm The Clarence 4-H Club meets at the Clarence Hall on the second Thursday of each month at 7pm. New members and leaders are always welcome! For more information call Shanda at 902-824-2835.

Fri. March 13, 6-10:00pm Saint Patty's Day Youth Dance at the Lawrencetown Legion, 490 Main Street, Lawrencetown. Ages 5-12 are from 6pm-8pm. Ages 13-18 are from 8pm-10pm. \$3 entry at the door. Snacks and drinks are available for purchase. Music by DJ Cole.

Sat. March 14, 7:00pm Country Spring Fling with Live Music by Big Country Ramblers and The McMillan's Camp Boys. Doors open at 6:45pm. At the Royal Canadian Legion, 1877 Clementsvalle Road, Bear River. Come shake off the Winter blues with a wild dance to welcome in Spring. Two country bands will be showing us a good time.

Sun Mar 15 SOOF Soup Sunday Come join Save Our Old Forests at the Centrelea Community Hall (3495 Highway 201) for our March SOOF Soup Sunday! Doors open and lunch is served starting at 12 pm. Shortly after 1pm, Guest Speaker Keith Egger will host a talk about Postfire Mushrooms and what role fungi play in the postfire ecosystem. Ray Mackie's "Seconds" will be available for purchase by donation (proceeds to SOOF). Free lunch. All Welcome. Donations to the Hall appreciated. saveouroldforests.ca/event/20260315-soupsunday/

March 16-20, 9:30am-12pm ART CAMP with Becky Thompson Looking for a fun and creative way to keep your kids inspired this March Break? Register your 8-12 year-olds for an energizing ART CAMP at ARTSPPLACE! Ages: 8-12, \$150*, ARTSPPLACE Studio (upstairs), 396 St. George St., Annapolis Royal. Register at www.arcac.ca/artcamp (*If cost is a barrier to participation, contact admin@arcac.ca to discuss supports such as bursary or payment plan.)

Mon. March 16, 1:30-3pm Care Givers Support Group (for people who care for loved ones with dementia) The group meets the 3rd Monday of the month, except July and August, from 1:30 - 3:00pm, at St George & St Andrew United Church, 393 St George St, Annapolis Royal, (at the lights), Office Door, side entry. Contacts: Art Jones - 902-532-0784; Lou Fletcher - 902-532-2377.



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Mon. March 16, 7-9:00pm Scottish Country Dance Classes begin at the Wilmot Community Centre, then every Monday for 9 weeks. Taught by Susan Van Horne, with over 40 years of Dance experience. Fun for all, no partner required. Fee depends on attendance \$5 - \$10 per night. Wilmot Community Centre, 13972 Hwy 1, Wilmot. Call 902-825-4600 or 902-765-0906 for details.

Tues. March 17, 9:00am Success Sisters Networking Breakfast at the Digby Irving Big Stop Restaurant. Start your week with meaningful connection, great conversation, and a relaxed networking experience alongside fellow local business women. Each attendee is responsible for her own meal. Learn more at successsisters.ca

Sat. March 21, 1-1:45pm Monthly Death Cafe in the Dugua Room at the Annapolis Royal Library. Sponsored by the Friends of the Library. Come to One or Come to All. *

Sat. March 28, 9am-1:00pm Join us at the Annapolis Royal Legion for our Easter Craft & Collectables Sale. We will have all sorts of vendors selling an assortment of art, crafts, jewelry, baked goods, chocolate, knitted items and lots of collectables, with so much more! Lunch available at the canteen. \$1 admission.

Sat. March 28, 1-3:00pm Trail Camera Workshop with Bev Wigney Join Save Our Old Forests and Guest Speaker Bev Wigney at the Centrelea Community Hall (3495 Hwy 201) for a hands-on trail camera workshop. Bev has been using trail cams around her property in Round Hill for the past several years to document the wildlife passing through. Her

recent exhibit ReWild: The Art & Science featured artwork and video clips from the trail cameras. In this workshop, Bev will share her tips and tricks for getting the best results from your trail camera – including camera settings and best placement. Free event. Registration is required: saveourolddforests.ca/events

Sat. March 28, 2:00pm Join Elephant Grass Printmakers for our Annual General Meeting 2026. If you are interested in becoming involved in a local Printmakers group or finding out about which type of membership may suit you, come for the chatter and some printing! Hang out with members and print something yourself before the meeting. Elephant Grass Printmakers Society is a non-profit society committed to supporting the practice of handmade printmaking in NS by providing facilities, education and a community space for all who are interested regardless of expertise. 240 St. George Street, 2nd floor, Annapolis Royal. Follow EGPS at [@egpcprintmakers](https://www.facebook.com/egpcprintmakers) and Elephant Grass Printmakers Society (fb)

Sun. March 29, 2:30-4:00pm March's Makers Swap, an Annapolis Valley Folk School event at 1963 Clarence Road. Start making plans for what you will bring for the table! For those who are new to the Makers Swaps, this is a simple community gathering where all ages and abilities are welcome and the concept is simple: bring anything you have made with your hands and trade for treasures from others. There is no money exchanged and PERFECTION IS NOT REQUIRED! Just a willingness to share your talents and passion projects with others in the community. GET A TICKET ON EVENTBRITE. <https://www.eventbrite.ca/e/marchs-makers-swap-tickets-1983766780843>

Some popular trade able items (to get your creative juices flowing): preserves, pickles and jam, kombucha and shrubs, soaps and beauty care items, plants, baked goods, jewellery, leather crafts, wooden carvings, dog toys and treats, paintings and drawings, vouchers for service trades like haircuts, massages, and prepared meals... Everything under the sun! If you have any questions at all, feel free to post in this event on Facebook or email to avfolkschool@gmail.com It is also greatly appreciated if you can bring a few pantry items to the swap. Our pantry is increasingly active with many people using it.

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- Thank you to those using the online purchases of retail products, weasyshairsalon.coastalbeauty.ca

Anna/Royal - Annapolis Nursing Home is looking for donations: seeking craft items, yarn, and puzzle books. If anyone is downsizing and unsure of where to donate their items, we would be delighted to put them to good use. They can be dropped off at the nursing home Mon - Fri 7:30 - 3:30 or 10 - 5 on Sat & Sun in the activity room. Also looking for musicians willing to share an hour of their time to perform, please reach out to Kim 532-2240 Ext 238 or visit Nursing home Mon - Fri 7:30 - 3:30pm.

Anna/Royal - St. Patrick's Day Irish Stew Takeout, Tues March 17th, pick up at St. Louis (blue) Church (upper St. George St) between 4:30 pm and 6:00 pm: Call Kay 902-532-0746 or 526-0688 or email kaywhe@gmail.com to order. Cost \$18. Gluten free option.

Anna/Royal - Mark your calendars The Annapolis Community Pool AGM is happening Mon, March 9th 6:00 pm at the Dugua Room Com. Hub #143 Ritchie St. (library entrance)

For more info please email: annapoliscommunitypool@gmail.com

Anna/Royal - Tues March 3 @ 7 pm is the Full Moon Snowshoe Trek @ the skatepark # 112 Prince Albert Rd.

Anna/Royal - Music Bingo at Taproom, Thurs March 5 @ 7 pm. Karaoke Night is Fri 13th

Anna/Royal - This Sat Feb 28th is 'Seedy Saturday' at the Farmers & Traders Market, held at the Anglican Church parish, from 9 - 12.

Anna/Royal - Arch & Po- are hiring a dishwasher, (but lost all the other information)

Centrelea - SOOF Free Lunch /Soup Sunday @ 12 clock, is planned for Sunday March 15th @ 3495 Hwy 201 at the community hall. (donations to the hall appreciated) All are welcome. 1 clock Special guest: Keith Egger will host a talk about postfire mushrooms & what role fungi plays on the postfire ecosystem.

Granville Ferry - SHOP LOCAL RAFFLE FUNDRAISER ✨ Tickets are now on sale! \$2 each or 3 for \$5. Enter for your chance to win ONE of THREE Local Gift Card Bundles. Each bundle is valued at \$300! This fundraiser will help raise money for: Playground equipment Class trips Grade 5 June Celebrations

👩 Tickets available at Weasy's Hair Salon 🏧 Cash only please 📅 Get yours before Friday, March 6th! Buy as many as you like and support our amazing school community!

A HUGE thank you to all the wonderful local businesses supporting the CES Home & School fundraiser. Your generosity helps enrich the lives of our youth.

Keijimkujik National Park - Beech Grove Winter Walk/Snowshoe: Sunday March 1st @ 1 pm. Meet at Mill Falls Parking Lot (right after Visitor Centre) Join us for refreshments and a fire after the walk. Contact: winteractive@annapoliscounty.ca

Middleton - Macdonald Museum has advertised their heART of the Valley Artists & Artisans Show & Sale date of May 1st - July 18th, 2026. The theme is: 'Water is Life', Early discounts to enter until March 20, (all youth 18 and under are Free), deadline to apply is April 5th. 4 categories, and NEW-longer exhibit and voting time. Awards reception is July 11th. Check them out www.macdonaldmuseum.ca/heartshow.

Middleton - Career Fair is being held at the NSCC Valley Campus Wed. March 4th from 1 - 4 pm is at #295 Commercial St. Open to the public and free to attend, it is designed to connect you directly with Nova Scotian Employers.

Upper Clements - Gather your papers! Free Tax clinics at the hall #2941 Trunk #1. File your taxes to get your benefits and credits. In-Person clinic (drop off only) Mondays in March and April, 10 am - 2 pm. For general info call Gail 902-247-0545. Go to canada.ca/taxes-help or call 1-800-959-8281 for more information.

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Sun. March 29, 3:00pm The Fundy Three presents their first recital at St. Luke's Anglican Parish in Annapolis Royal. With Cindy Sherman-Hudson on flute, Jolene Buchholz on oboe and Beth Cranston on piano, you will hear selections written by Arcangelo Corelli, Jacques Ibert, Johann Joachim Quantz and William Grant Still. Admission is on a pay-what-you-can basis at the door and all proceeds will go to support St. Luke's and the wonderful work they do in our community.

Fri. May 22 (evening) and Sat. May 23 Third Annual Local History Conference at the Paradise Heritage Center. Stories Are All We Have: The Shape of our Footprints. A weekend of stories that matter. We invite you to join us and hear from these consummate storytellers. Keynote Speaker and Session Leader: Amanda Peters, author of The Berry Picker. Jane Baskwill: Together in Time: Remembering the Children of Roxbury. Annapolis Heritage Society: Isreal Delap: An Annapolis County Sea Captain tells his own story of life in the Age of Sail. Spaces are limited. To register or more information about the weekend and its leaders please go to <https://paradisehistoricalsociety.ca/event/history-conference-2026/>

Coming to King's Theatre

902-532-7704 209 St. George Street, Annapolis Royal www.kingstheatre.ca

Fri. Feb. 27, 7:30pm Girls Nite Out (live performance) Returning to King's Theatre with another hilarious night of comedy and improv, Girls Nite Out is the all-female, all funny comedy extravaganza starring some of Canada's best comedians – including the extraordinary Elvira Kurt – for one night only!

Skillful standup and improv created from audience suggestions mean that no two shows are the same. The talented comics are Canadian Comedy Award Winners, CBC darlings and Second City alums, including Elvira Kurt, Jennine Profeta, Diana Frances, Karen Parker, and Jordan Armstrong. Laugh your heart out as they re-imagine daily routines and weave in just the right touch of absurdity, often set to catchy, off-the-cuff tunes. This will be a night of original comedy that you'll never forget! Intended for mature audiences. Tickets: Adults \$45, Supported \$25. HST additional.

Sun. March 1, 2:00pm Banff Mountain Film Festival (Rescheduled from an earlier date due to weather) The Banff Mountain Film Festival is one of the largest and most prestigious mountain festivals in the world. The best in outdoor storytelling and filmmaking. Tickets: \$25.00 Adult, \$15.00 Youth (under 18).

Sat. March 7, 7:30pm Women Sing the Blues! Theresa Malenfant & Kim Doolittle (live performance) Theresa Malenfant & Scott Medford- ECMA winner Theresa Malenfant and renowned guitarist Scott Medford have become one of the most popular blues duo acts in the Atlantic Provinces. They have been performing together in a band for years but decided to work as a duo only 6 years ago. In that short time, they managed to win second place in an International Blues Challenge (IBC) held in Memphis Tennessee.

Kim Doolittle & John Ebata- Kim Doolittle is an Original Artist born in rural Nova Scotia and did her first paid gig as a child. She was a fixture in the Toronto Music Scene for many years playing Festivals and Events, competed in the International Blues Challenge in 2016 and 2020 & has shared the stage with Jeff Healey, Downchild Blues Band, Suzie Vinnick, Ken Whiteley and many more. She's travelled the Globe with her Guitar in hand and feels like a Road Scholar –sharing her Muse through song and will be dropping her 10th album in 2026. John Ebata is respected in all the extended categories of musician, song writer, producer, musical director, arranger and recording engineer. Equally versatile in all musical styles from jazz to world folk songs to rock and R&B, he has become the first-choice accompanist of many great singer songwriters and acclaimed to be of the very top Canadian piano-keyboardists and continues to work with artists from all parts of the world. Tickets: Adults \$35, Youth \$10.

Sun. March 8, 2:00pm Thalea String Quartet (live performance) The Thalea String Quartet brings their signature vibrancy and emotional commitment to dynamic performances that reflect the past, present, and the future of the string quartet repertoire while celebrating diverse musical traditions from around the world. Fueled by the belief that chamber music is a powerful force for building community and human connection, the Thalea String Quartet has performed across North America, Europe, and China, and has appeared at the Kennedy Center, Massey Hall, and Weill Hall at Carnegie Hall. Tickets: Adults \$45, Youth \$10.

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Notice of Approval

Bylaw 11 Building

TAKE NOTICE that at their regular session on February 17, 2026, Municipal Council passed final reading to amend *Bylaw 11 Building*.

This bylaw updates and replaces *S2 Building Bylaw* adopted by the County of Annapolis on November 18, 2025.

This bylaw becomes effective as of the date of this advertisement.

The bylaw is available on the bylaws page of the website (annapoliscounty.ca), by request through email (skucharski@annapoliscounty.ca), or in person at the Administration Building located at 752 St. George St., Annapolis Royal, between 8:30 a.m. and 4:30 p.m., Monday through Friday (excluding holidays).

Sarah Kucharski
Municipal Clerk

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Sunday, March 8, 2026
2PM - 4PM

Winter Adventure, 2025

Winter Adventure, 2025

Winter Adventure, 2025

March 2026 Events at 7Arts

619 Central Ave., Greenwood

Sun. March 1, 1-3:00pm Not Your Grandma's Doilies. Learn how to use a non-toxic, professional art medium to "petrify" your Grandmas doilies. All doilies will be a brown tone; however, once dry it can be painted or decorated further. Safe to put outside. No experience necessary. \$40 per person with doily provided, \$35 if you bring your own doily (Sorry, no larger than 12 inches at this time). Limited Number of participants. Please look at event for more pictures and demonstrations what can be done with these. Email info@7Arts.ca to register.

Wednesdays March 4, 11, & 25, 1-3:00pm Coffee & Colouring (drop in). Let the stress of the day melt away! Come enjoy a relaxed atmosphere at the 7Arts gallery with a warm beverage, colouring, and conversation. All ages welcome! Pay what you can.

Fridays March 6, 13, 20, & 27, 9:30-11:30am Veteran's Coffee. This event is open to all Annapolis Valley Veterans and serving members. This is a FREE event for Veterans. For more information, email info@7Arts.ca.

Saturdays March 7, 14, 21, & 28, 12:30-3:30pm Makers Space. Bring a project to work on, start something new, or purchase one of our kits. Drop-ins welcome and encouraged! Cost starts at \$10. Caregivers are free.

Sun. March 8, 3-4:30pm Intermediate Watercolour Series with Sarah. In this watercolour series, we will be exploring intermediate watercolour techniques, tools, and colour theory. Class dates for this series are: March 8, 15, & 22nd. Cost is \$150 per person. This is an adult class for ages 16+. Registration is required by emailing info@7Arts.ca.

Tuesdays March 10, 17, & 24, 10-11:30am Weekly Watercolour Classes with Jenna. A fun, low-pressure introduction to watercolour painting. Learn basic techniques, try new ideas, and build confidence at your own pace. No experience necessary! Cost is \$35 per class. Register by emailing info@7Arts.ca.

Thur. March 12, 1-2:00pm HealthRHYTHMS Community Drum Circle, free to seniors! Reserve your seat by emailing mindfullymore@gmail.com.

Thur. March 12, 6:30-8:00pm Textured Acrylic Series. Over 3 sessions (March 12, 19, & 26), participants will learn the basics of acrylic painting while working on their own 18x24" canvas. Cost is \$150 per person for the series. Space is limited. Register by emailing info@7Arts.ca.

Mon. March 16, 10am- 12:00pm Paint Pour Gilded Tree with Jane. Come on out to 7Arts to create your own unique gilded image on canvas in this 2-part class. 1st class create your background by pouring acrylic paint. 2nd class (Mar 20th) stencil your tree silhouette onto your canvas and then apply glue and leafing to complete your own art. \$45 per person for 8 x 8, \$80 for 11 x 14 or two 8 x 8s. Please contact 7Arts at info@7arts.ca to register. Variety of colours of paint and sparkly leafing available. Limited number of participants.

Mondays March 9, 16, 23, & 30, 5:30-7pm Youth Art Lessons (ages 8+). If you are ages 8+, join us at the studio on Mondays (5:30-7pm) to experiment with various art media. We will be exploring sketching, texture art, painting with acrylics and watercolours, and clay. All supplies are included! Only \$25 per class or \$80 for all four March classes. Space is limited. Registration is required. Register by emailing info@7Arts.ca.

Tues. March 17, 1-3:00pm Gouache for Beginners with Jenna. Join artist Jenna for this fun and informative Gouache for Beginners class. Gouache is an opaque, water-based medium that shares characteristics of both watercolour and acrylic paints. No experience necessary. Cost is \$35. All supplies included. Registration required by emailing info@7Arts.ca.

Tues. March 17, 4-6:00pm Watercolour & Mixed Media Workshop. Experiment with watercolour and mixed media techniques. This is a guided workshop with artist Jenna. No experience necessary. \$35 per person. Registration is required by emailing info@7Arts.ca.

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Rug Hooking for Beginners

at the Paradise Heritage Centre, 10307 Highway 1, Paradise. The coveted Rug Hooking for Beginners workshop at the Paradise Heritage Centre is back! Monica and Linda will welcome you and get you on your way to enjoying one of Nova Scotia's most cherished heritage crafts.

This year we are adding a second day to each rug hooking course, by popular demand. The first day covers rug hooking instruction, designing, transferring your pattern to linen, color selection, and the hands-on hooking portion of the course. You will then have a week to complete your hooked piece at home and return 7 days later with your piece fully hooked and ready to learn blocking and finishing techniques.

The first one this year will be Sun., April 26 and Sun., May 3 from 10am to 3pm. The next course will be Sun., June 7 and Sun., June 14. The fee is \$100. You will be hooking your first Mug Rug (coaster), and have use of a frame, hook, and scissors, and you will be given the yarn and fabric needed to complete your project.

Fun and camaraderie are part of the package. To register and/or have more information please send an e-mail to barbarabishop84@gmail.com. Please indicate which class you wish. Once the list is full, we will send you payment details and other information about the day.

Registration is first-come, first-serve. Please do not send a message to the facebook page as it will not count as a place in the course.

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Why Mapping Matters

Documenting Annapolis County in Story, Place, Time. History is more than dates in a book – it is lived experience embedded in land, buildings, and communities. Mapannapolis brings history to life by combining story, place, and time through interactive storymaps of Annapolis County.

Each location is not simply a point; it is a story waiting to be discovered – from Acadian settlements and Black Loyalist communities to churches, wharves, cemeteries, and other heritage sites.

Time adds depth. Mapannapolis shows how communities evolved, how buildings were built, rebuilt, or disappeared, and how events unfolded across decades. History in both space and chronology transforms abstract knowledge into something tangible, letting visitors, students, genealogists, and researchers trace the flow of events as they actually happened.

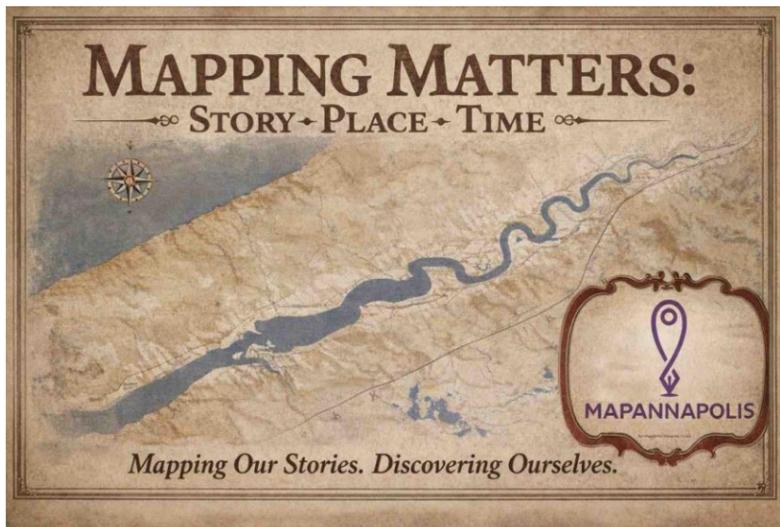
Place grounds memory. Locating a story on a map – knowing exactly where a family lived or an event occurred – gives history context and meaning. This accessibility, combined with free online resources, allows anyone to explore and engage with the county's past.

Mapping also preserves underrepresented narratives. Acadian and Black Loyalist histories, Indigenous perspectives, and everyday community life gain visibility through storymaps, supporting research, verification, and personal discovery.

Finally, mapping inspires curiosity and stewardship. Stories tied to place and time invite questions: Who lived here? What happened? How did events ripple through the county? By making history interactive, Mapannapolis encourages exploration and fosters responsibility toward preserving heritage.

Mapannapolis shows that mapping matters because it brings stories to life, roots them in place, situates them in time, and invites every visitor to engage, explore, and preserve the rich history of Annapolis County.

About Mapannapolis: Mapannapolis, a self-organized group of volunteers, creates Storymaps depicting Annapolis County history in both time and place, allowing visitors, researchers, historians, students, and genealogists a free, online resource. Subjects include Acadian and Black Loyalist history, built heritage, churches, cemeteries, wharves, and many other topics. Visit Mapannapolis at <https://www.mapannapolis.ca/>



Local Provincial Grant Recipients

Growth and Renewal for Infrastructure Development Program grants for 2025-26. Grants cover up to 50 per cent of eligible project costs.

The **Town of Annapolis Royal** received \$280,000 for the Annapolis Royal Shoreline Restoration Project which includes restoring a salt marsh shoreline, planting native salt marsh species, and establishing a foundation for flood resilience adaptation while creating vital habitat for invertebrates, fish, and bird species.

\$14,860 to the **Municipality of the District of Digby** for accessibility upgrades to the Municipal Office staffroom and kitchen, creating a safe, usable, and welcoming environment for all employees regardless of ability.

\$738,903 to the **Village of Weymouth** for sidewalk accessibility upgrades throughout the village, including assessment of existing barriers, resurfacing and levelling, curb ramps and tactile surfaces at crossings, and widening where feasible.

The **Village of Lawrencetown** also received funds for Accessibility Upgrades totaling \$16,171.

Grants to Support Equity, Anti-Racism Initiatives.

Grants support community-driven projects that address systemic hate, inequity and racism.

Annapolis Valley Historical Society will receive \$10,000 to create an exhibition at the Macdonald Museum in Middleton on John Mitchell, a Black man who was wrongfully convicted of murder in Bridgetown in the 1800s.

The **County of Annapolis** previously received \$1,252,266 in the 2024-25 GRID cycle for upgrades to the Bridgetown wastewater treatment plant.

2026-27 Wellness Funds

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deadline April 15th



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FOR GOD SO LOVED THE WORLD, THAT HE GAVE HIS ONLY BEGOTTEN SON... JN. 3:16

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EVENTS

TAPROOM & KITCHEN HOURS
MON - TUE CLOSED
WED - THU 4-9
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SUN - 12-5

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TRIVIA NIGHT W/ DOUG HINES TEAMS OF 6 PRIZES FOR WINNERS 6PM-8PM	THU FEB 5TH
CHARESE'S ANNUAL POLAR DIP PRIZES FOR BEST COSTUME/SWIMSUIT HOT MULLED BEER 12PM-2PM	SUN FEB 8TH
I ♥ KARAOKE PARTY W/ ALEXANDRA DAWN RODGERSON 7PM-10PM	SAT FEB 14TH
PINTS & PURRS FOR THALIA BARN CAT RESCUE BRUNCH FOR 2/ BEER FLIGHT/PHOTO SHOOT \$100/COUPLE TICKETED EVENT SEE FACEBOOK PAGE/WEBSITE FOR MORE INFO	SUN FEB 15TH
BEER CLUB SOCIAL MEET UP 6PM-8PM	THU FEB 19TH
RESCUE PURRS DAY CATS FOR KEEPS ADOPT • FOSTER • VOLUNTEER 6PM-8PM	THU FEB 19TH
LIVE MUSIC W/ MIC'D UP NO COVER 7PM-9PM	THU FEB 21ST
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Centrelea Hall Fundraiser

Centrelea Community Hall is holding a raffle for a chance to win an original painting by celebrated local artist Cluny Maher. Tickets are \$8 ea. or 3 for \$20 with a draw date of May 9th. All proceeds support the drilling of a new well for the Community Hall and Comfort Centre. For tickets call Rhonda at 902 665-5113, email centreleacommunityhall@gmail.com or find the Hall on Facebook for more info.

A weekly 50/50 draw



Rotary Club of Middleton



All proceeds support Rotary projects and local charities.

HOW IT WORKS

Register at a Vendor.

Play before noon Friday by either:

- 1) Placing a yellow sticker on a toonie with your registration number and depositing it in the Rotary box at the Vendors location.
- 2) Placing a cash bill (min. \$10) or a cheque in an envelope provided by the Vendor. Include your name and registration number on the envelope and place the completed envelope in the Rotary Box.

Note: \$10 will cover you for the upcoming 5 draws (a "prepayment").

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- EssoGo! Store (at Hwy101 Exit)

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- CRIA Gas & Store

Wilmot

- Gouchers Farm Market
- Spurr Brothers Market & Cidery

Middleton & area

- Heather's 'Your independent Grocer'
- Pharmasave
- Fundy Spray Kwik-Way
- Needs (Nictaux & Middleton)
- Home Hardware
- PetroCan
- Foodland

Kingston/Greenwood

- Pharmasave
- Needs (Central Ave)
- Scotiabank
- Needs (Kingston)
- Greenwood UltraMar

Aylesford

- Needs

Auburn

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www.rotaryclubofmiddleton.com

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Bulletin Board

Looking for something? Buying, selling, giving away, renting? Listings are free.

For Sale: Yamaha PSR 299 full keyboard with stand. Great condition. Paid \$800, asking \$500 or best offer. Three pairs men's cowboy boots, size 7.

For Rent: One bedroom apartment available in Annapolis Royal April 1. Close to shopping, schools and restaurants. Laundry and parking included. Water is included. References are necessary. \$800 per month. Call 902-340-4388

I am offering my services as a **Home Support Worker** in the Bridgetown, Middleton area. Services Provided: Meal preparation, grocery shopping, laundry, general cleaning and tidying, Errands, transportation to/from appointment, respite care and overnights. Credentials: completed Criminal Records check, Vulnerable Sector check and extensive experience supporting Seniors. I am a retired teacher (38 years) I charge \$25.00 per hour; two hour minimum. I can supply transportation to and from appointments at a rate of \$.50 per km. Available between Middleton and Annapolis Royal. Please call Crystal to discuss your needs whether short or long term; 902 824 3515.

Wanted: A graduate student looking to rent a private workspace in Bridgetown. Please leave a message at 902-955-0602.

For Sale: Car cover with storage bag. Only used twice so like new. Fits Hoda Civic or similar vehicles. Blue 100% polyethylene. Asking \$110. 902-309-1632.

Wanted: Hard shell dog carrier appropriate for a large breed dog (German shepherd). Call 902-532-8301

Looking For: Winter dog vest for large dog. Also wanted woman's winter boots, size 10 or 11. Annapolis Royal area. 902-532-8201

For Sale: Knit Afghans, Rippling Waves pattern, 4' x 5'. Also, several handmade quilts for double bed. 902-825-6826

For Sale: 4 winter tires mounted on rims with low mileage. Includes the sensors. They fit a Ford Ecosport car. I would like \$400 for them. (902) 824-0089.

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Another BIG fabric sale! Sat. Feb. 28, 9-11:30am. Cotton in lots of colours and prints, perfect for quilts! This time we will be at the Wilmot Community Centre, cash only please.

For Sale: King size bed, box spring and bed form. Call 902 824-0426.

For Sale: DeWalt 192-piece mechanic's socket tool set, new in case. Includes 72 tooth, 8" swing ratchet. \$200 firm. 902-824-3440.

For Sale: Oak pedestal dining table with 4 matching chairs, \$275. Ceiling crystal chandelier, \$100. Oak spool stand, antique, \$250. Pedestal ribbon mahogany drum stand with inlaid leather inserts, \$300. 902-825-4606

For Sale: Fujitsu heat pump Model #AGU9RLF. Used, 10 yrs old but still in excellent condition. \$1000. Text 780-815-0611.

Community of Clarence Bottle Drive: The Community of Clarence continues to ask people to donate their refundable bottles behind the Meeting House, 2659 Clarence Road or in front of the barn across from 2847 Clarence Road. All proceeds go towards continued restoration of community buildings and community activities.



Estimates Sought: The Annapolis Heritage Society is currently seeking estimates for repairs to the O'Dell House and Sinclair Inn Museums, including carpentry and masonry work. A detailed scope of work will be provided upon request. Please contact ahs.curator@gmail.com if interested.

For Sale: Ceramic tools incl notched trowels and grout floats and various Schluter trims \$45. (902)825-8311

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For Sale: 2 pair snowshoes, old fashioned webbing style. One pair with harnesses, \$100. Second pair without for \$75. All about 42" long. 902-824-1886

For Sale: CDs 107 discs with 1404 songs and 2 music videos. One CD is an import from Italy (not available here Guns n Roses) never opened with original price tag \$34.28. Excellent condition. \$50 for all, (only \$0.04 a CD) OBO. Call 902-955-0535.

For Sale: Hot air popper Popcorn Maker, oil-free with cup to measure kernels and melt butter, convenient countertop design, durable & see through chute directs popcorn into serving bowl. Convenient on \ off switch. \$10 OBO Call 902-955-0535.

For Sale: 1999 Sunfire convertible, auto. Never driven in winter 88,000 km. Excellent condition. Asking \$6,000. 902-245-3697

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BANFF MOUNTAIN FILM FESTIVAL

A selection of short films from the world's premiere mountain film festival

SUNDAY, MARCH 1st @ 2:00 PM



WOMEN SING THE BLUES

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SATURDAY, MARCH 7th @ 7:30 PM



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FRIDAY, MARCH 13th @ 7:30 PM



WUTHERING HEIGHTS

Emerald Fennell's bold adaptation of Brontë's classic. Margot Robbie, Jacob Elordi

SATURDAY, MARCH 14th @ 7:00 PM



2026 OSCAR-NOMINATED SHORT FILMS - LIVE ACTION

Check out the standout films before the telecast!

SUNDAY, MARCH 15th @ 3:00 PM



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WEDNESDAY, MARCH 18th @ 6:00 PM



BILLY JOEL: MY LIFE

Elton Lammie returns to King's Theatre with his sensational tribute to Billy Joel!

THURSDAY, MARCH 19th @ 7:30 PM



HOW TO MAKE A KILLING

\$28 billion inheritance. 7 relatives standing in the way.

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SATURDAY, MARCH 21st @ 7:00 PM

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AVFS Community Pantry The Annapolis Valley Folk School is helping those in need of food. It is located at 51 Lawrencetown Lane, Lawrencetown. The pantry offers food items to help carry people through to their next check or trip to the food bank. Or, perhaps you need something for a recipe but are out, well, you can switch it up at the pantry. Food can be dropped off at 51 Lawrencetown Lane or at 1963 Clarence Road.

Community Pantry: St. George and St. Andrew United Church, 393 St. George St. in Annapolis Royal (by the traffic lights) has set up a Community Pantry for those who may be in need. Please, take what you need, or leave what you can. Food, toiletries, outerwear, pet food, and/or cleaning supplies may be available

Belles Blessing Community Pantry is always open! We have a LOT of fresh produce, please help yourselves. The frozen soup freezer is full as well. If anyone can donate to the nonperishable pantry we need cereal, toilet paper, Kraft dinner, stove top stuffing, gravy and packaged potatoes. 4841 Shore Road West, Parker's Cove

Looking to Buy: Used golf carts - Yamaha, Club Car, EZ-Go. 902-245-2475

For Sale: Various antiques including Kerosene Lamps, Clocks, Crocks, China Dolls and a three-piece Victorian Grape-back Parlor Set. Please call 902-765-3467 for appointment to view at a Private Home in Kingston Area.

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CCA Offering Private Home Care: My name is Linda Hatt and I'm an in-home private caregiver, I am a certified CCA. I have amazing references, who speak highly of the work I do. So if you have a loved one you want to keep at home rather than put in a nursing home, I would love to help with that. I'm looking for work in the area between Middleton-Greenwood and prefer respite, personal care and meal prep. Maybe you're the full-time caregiver and you just need a break. I absolutely have no problem coming into your home and sitting and just keeping your loved one company, Days only. Starting at \$25 an hour. Please call 902 848-6342 or email: lindahatt101@gmail.com

Annapolis County Council Highlights

February 17, 2026

Appointment of Building Official/Fire Inspector – Municipal Council appointed David Wright as Building Official and Fire Inspector for the Municipality of the County of Annapolis.

Temporary Borrowing Refinancing Resolution – Municipal Council authorized the submission of a temporary borrowing refinancing resolution (TBR) to the Minister in the amount of up to \$325,000 for water capital refinancing.

Annapolis REMO and King's Transit – Municipal Council approved the Memorandum of Agreement between Kings Transit Authority and the Annapolis Regional Emergency Management Organization (REMO).

Funding for Tidal Transit Authority (recently renamed from Kings Transit) – Municipal Council directed the Warden to support the Tidal Transit Authority budget at the upcoming Intermunicipal Services Board meeting.

Rescind motion: Munro Lake Land Acquisition Municipal Council rescinded the motion made at the December 16, 2025, Council Meeting – “To approve the donation of property located at Munro Lake, Annapolis County as a future public park and access to the lake; contingent on the ability to create two approved lots located north and south of the donated property.”

Revised: Munro Lake Land Acquisition – Municipal Council approved the donation of property located at Munro Lake, Annapolis County, as a future public park and access to the lake as described within the request for decision.

Funding for Annapolis Valley Regional Library (AVRL) – Municipal Council approved to provide a one-time bridge payment of \$16,991 for the AVRL for the 2026-2027 fiscal year to the total amount of \$147,691.

Shared Economic Development Position – Municipal Council approved the development of an inter-municipal service agreement with the Towns of Annapolis Royal and the Town of Middleton, for the provision of a shared Economic Development Officer, as presented, pending budget approval.

Second Reading – East End Area Secondary Planning Strategy and Land Use Bylaw – Municipal Council gave second and final reading to consider their intention to adopt the proposed East End Planning Area Land Use Bylaw, Secondary Planning Strategy documents and maps, as amended on February 17, 2026.

Policy: Amend

- Policy 135 Fees

Bylaw: Final Reading

- Bylaw 11 Building

Please note that these highlights are intended to provide a summary only. The official record of the meeting is reflected in the approved minutes. If you would like to view the session in its entirety, it is available on our YouTube channel. Agendas and minutes are available at www.annapoliscounty.ca

Welcome to CORAH!
Centre of Rural Aging and Health (CORAH) is a community hub and active living centre for older adults (55+):

- A place to **connect** with others, **exercise** the mind and body, and **empower** oneself!
- Social, cultural, educational, & recreation programs: weekly **fitness classes**, creative **art groups**, **presentations** and more!
- Free or low-cost programs focused on **healthy living and wellness**

Location: CORAH at NSCC Middleton Campus
Contact: corah-avc@nsc.ca or 902-825-5215



Women's Safety At Home, Online, and On the Go
 Join RCMP Sharon Elliott of the Annapolis County Seniors Safety Program to learn about:

- Secure your space, stay aware of risks, and use simple tools to boost home and personal safety.
- Stay safe on social media and digital platforms.
- Gain practical strategies for staying alert and safe while commuting, traveling or running errands.
- Learn how to recognize unsafe situations and respond effectively if you feel threatened.

THURSDAY March 05 *10:00am-11:00am*
Location: CORAH at NSCC Middleton Campus
Register: corah-avc@nsc.ca OR 902-825-5215



Love Where You Live: Community Mapping With Purpose
 Join NSCC Geomatics Instructor Ed Symons, NSCC students & CORAH for an exciting project:

- Map local assets like green spaces, health resources, cultural and community hubs.
- Identify local challenges and reframe them for positive change.
- Your participation supports student learning and community development.

THURSDAY March 12 *9:30am-11:30am*
Location: CORAH at NSCC Middleton Campus
Register: corah-avc@nsc.ca OR 902-825-5215



Safe and Secure: Wheels of Justice & Police Governance
 Join Dane Berringer for the first of a 'Safe and Secure Community Series' to learn about:

- How does the Canadian Justice system work? What pressures face the system and police forces?
- Police Governance: What does the Administration of Justice look like, including police contracts and governance?
- Why are Police Advisory Boards important?

WEDNESDAY March 04 *10:00am-12:00pm*
Location: CORAH at NSCC Middleton Campus
Register: corah-avc@nsc.ca OR 902-825-5215



From Clutter to Closing: Downsizing and Home Sale Essentials
 Join Karyn Hovey, REALTOR® to learn about:

- Tips for decluttering
- Owning vs. renting your next home
- What is your current home worth?
- Choosing the right REALTOR®

WEDNESDAY March 11 *10:00am-11:00am*
Location: CORAH at NSCC Middleton Campus
Register: corah-avc@nsc.ca OR 902-825-5215



Crime Prevention: Target Hardening & Community Policing
 Join Dane Berringer for the 2nd presentation of a 'Safe and Secure Community Series':

- Removing opportunities for crimes such as break-in, theft, and more!
- Learn how to deter petty theft and increase home and personal safety.
- Community responses and problem solving
- The 5 W's and how of Community Policing

WEDNESDAY March 18 *10:00am-12:00pm*
Location: CORAH at NSCC Middleton Campus
Register: corah-avc@nsc.ca OR 902-825-5215



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Community Calendar and Bulletin Board items, News, Business Notes, & Rentals, are all FREE.

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BAR 2pm to 10.30pm
KITCHEN 5.30pm to 8pm



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#1003	Horizontal 2" H x 5" W	\$10.00
#1004	Vertical 4" H x 3-1/4" W	\$14.00
#1005	Square 4" H x 4" W	\$16.50
#1006	Horizontal 4" H x 6" W	\$24.00
#1007	Vertical 6" H x 4" W	\$24.00
#1008	Vertical 8" H x 6.5" W	\$52.00
#1009	Horizontal 3-1/4" H x 4" W	\$14.00
#1010	Horizontal 2" H x 4" W	\$8.00
#1011	Vertical 4" H x 2-1/2" W	\$10.00
#1012	Vertical 6" H x 3-1/4" W	\$19.50
#1013	Horizontal/Vertical 4" x 5"	\$20.00
#1014	Square 5" x 5"	\$25.00
#1015	Quarter Page 8" H x 5" W	\$40.00
#1018	Ex. Business Card 3" H x 3-1/4" W	\$10.00
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 Annapolis Royal, NS

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Sunday, March 1
 10:00AM
 Holy Eucharist

Wednesday, March 4
 10:00am
 Holy Eucharist

St. Luke's Anglican Church,
 Annapolis Royal
 Celebrant & Preacher:
 Father Jordan Draper
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 at our affirming Church.

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 annapolis.parish@eastlink.ca

"If an optimist had his left arm chewed off by an alligator, he might say in a pleasant and hopeful voice, "Well this isn't too bad, I don't have a left arm anymore but at least nobody will ever ask me if I'm left-handed or right-handed," but most of us would say something more along the lines of, "Aaaaaa! My arm! My arm!"
 — Lemony Snicket, from *Horseradish: Bitter Truths You Can't Avoid*

SOOF SOUP SUNDAY
 Spring 2026




SAVE OUR OLD FORESTS

SUNDAY, MARCH 15, 2026
 LUNCH SERVED @ 12PM
 CENTRELEA COMMUNITY HALL
 3495 HWY 201

Lunch followed by a talk about
Postfire Mushrooms: What roles fungi have in the postfire ecosystem
 featuring Guest Speaker Keith Egger

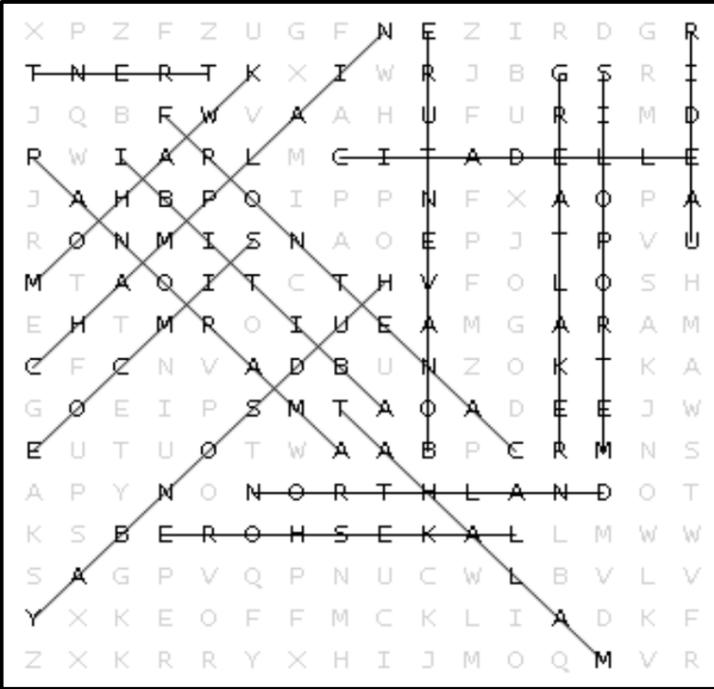
What is an "AN ORAL EDICT"?
Answer: DECLARATION

For many, this area of the USA might be "HOT SUN OR LIFE IN A CAR"
Rearrange the letters to form a TWO word answer.

"Dose of Humour" Cryptoquote
Answer:
 Not living in fear is a great gift, because certainly these days we do it so much. And do you know what I like about comedy? You can't laugh and be afraid at the same time – of anything. Stephen Colbert

Anagrams Answers Puzzle 7
 Rearrange all the letters of each word to form another common English word.
 Chairman - Harmonic
 Haunter - Unearth
 Idolator - Tailored
 Incognito - Cognition
 Milestone - Limestone
 Moonstone - Monotones
 Ragtime - Migrate
 Reactive - Creative
 Transpose - Patroness
 Turbine - Tribune

"Some Named VIA Rail Trains"
Word Search Answer



"From Gordon Lightfoot's Canadian Railroad Trilogy"
Word Search Puzzle

Bridges	Bunkhouse
Eastern	Future
Hammers	Majestic
Navvies	Plains
Prairies	Railroad
Rockies	Seaboards
Silent	Tracks
Trails	Western

Find the word or phrase in the puzzle. Words can share letters as they cross over each other. Answer next week.

S	E	I	K	C	O	R	P	B	V	P	T	S	P	T
Z	U	W	F	Y	Q	K	U	L	A	P	K	Q	R	N
O	Z	D	E	T	Q	N	B	F	A	C	W	I	A	E
S	D	Z	B	S	K	T	H	P	A	I	R	F	I	L
N	D	H	R	H	T	F	P	R	K	R	N	C	R	I
N	V	R	O	N	R	E	T	S	A	E	I	S	I	S
J	I	U	A	E	C	C	R	I	R	T	D	Z	E	I
G	S	Y	Y	O	A	V	L	N	S	B	F	B	S	I
E	R	P	M	L	B	R	Y	E	W	V	B	T	O	J
G	E	E	T	W	O	A	J	X	G	I	R	O	F	F
W	M	J	R	A	D	A	E	T	R	A	I	L	S	N
B	M	P	D	U	M	G	V	S	Q	L	D	O	O	H
E	A	S	U	I	T	A	O	O	D	W	G	F	P	W
S	H	Y	Y	E	W	U	D	L	H	R	E	A	X	E
N	A	V	V	I	E	S	F	Y	Y	M	S	I	U	A

Anagrams Puzzle 8
 Rearrange all the letters of each word to form another common English word.
 Answers next week.

Erasures - _____
 Fats Waller - _____
 Fidget - _____
 Finder - _____
 Licenses - _____
 Migrants - _____
 Smartened - _____
 Spiking - _____
 Transept - _____
 Vowels - _____

"Tis the Season" Cryptoquote: Each letter in the phrase has been replaced with a random letter.
Answer next week.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
						14								21	26							15	1	20	

0 0 0 0 0 0 X
 19 10 24 21 21 5 7 21 5 21 17 6 10 21 21 10 16 5 16 22 9 1 16 7

0 W
 19 10 13 9 5 2 4 6 4 9 6 13 21 10 6 4 21 25 15 19 10 24

X W W
 9 10 24 6 9 1 16 7 6 4 16 15 19 10 24 15 19 22 22

P Y P P X
 26 5 16 7 16 10 6 22 20 24 19 7 9 26 26 16 9 5 6 4 16 6 9 1 16 7

Y O G
 22 9 7 6 17 7 9 22 22 6 4 16 20 16 9 5 21 14 24 16 10

10 9 7 4

Community Health Boards call for Wellness Fund Applications

Community health boards across Nova Scotia are now accepting applications for the 2026 wellness fund, which provides up to \$3,500 for community-led health and wellness projects.

From Millbrook's athlete-to-citizen program – in which student athletes grow as peer leaders and engaged citizens – to a circular food solution at St. Francis Xavier University that cuts food waste and provides meals to the community, the wellness fund supports projects across Nova Scotia that help people live healthier lives.

If you know of an innovative non-profit initiative that would benefit from financial assistance and has not been previously supported by a wellness fund, now is the time to apply through your local community health board (CHB).

The wellness fund awards \$500 to \$3,500 to eligible community projects, which last year included music-and-motion programs for seniors in Kings County, to a knowledge keeper initiative in Upper Big Tracadie that shares cultural history.

“Every year we are privileged to help make a difference in the health of our community through the awarding of wellness grants,” said Beth MacIsaac, co-chair of Northside the Lakes CHB. “Seeing the enthusiasm and commitment of our successful applicants is inspiring. From exercise programs for people with disabilities to skills training for women in recovery and supports that help disadvantaged youth join new sports and activities, these projects are strengthening the health and well-being of communities and truly making a difference.”

There are 34 community health boards across the province. You can apply to more than one community health board if your project crosses more than one CHB area; however, a separate application is required. It is possible not all projects submitted will receive funding, as CHBs frequently receive more applications than available funds. But all eligible groups are encouraged to apply.

Applicants are strongly encouraged to reach out to their local CHB co-ordinator to discuss their idea prior to submitting their application.

Applications and additional information are available at www.communityhealthboards.ns.ca/wellness-funds. The deadline for applications is Wednesday, April 15 at 5:00pm.

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