

THE BRIDGETOWN READER

23 February
2024
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Issue 7

FREE

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Serious MVI in Litchfield

Annapolis District RCMP is investigating a serious motor vehicle crash that occurred in Litchfield. On February 15, 2024, at approximately 7:36 p.m., Annapolis District RCMP, fire and EHS responded to a motor vehicle crash on Shore Rd. RCMP officers learned that a White 2018 Hyundai Elantra with multiple occupants left the roadway and ended up in the ditch.

A passenger, an 11-year-old child was airlifted to Halifax by Life Flight with serious injuries. Two passengers, a 4-year-old and a 9-year-old child were transported to hospital by ambulance with serious injuries. The driver, a 37-year-old Litchfield man, was transported to hospital with serious injuries.

From information and evidence gathered at the scene, investigators believe alcohol was a factor in the collision. The investigation is ongoing

New central appointment booking telephone line replaces after hour clinic phone lines in Annapolis Valley

A new toll-free telephone number for booking same day appointments replaces the former numbers for the after-hours clinics at Eastern Kings Memorial Health Centre (EKM) in Wolfville and Western Kings Memorial Health Centre (WKM) in Berwick.

Same day appointments should be for urgent issues that do not need to be seen in an emergency department but do need attention on that day. People who have a primary care provider (doctor or nurse practitioner), and are attached to a family practice, should call their office first to see if any same day appointments are available. If you are unable to get an appointment with your primary care provider, or if you do not have a primary care provider, you can call the new number to book an appointment at one of the same day clinic locations in the Annapolis Valley. **The new number is: 1-833-710-0110** - Telephone lines open starting at 8am, Monday to Friday and will remain open until filled.

Most family practices have same day appointments. Appointments are also available weekly at four locations: EKM in Wolfville, Annapolis/Kings Primary Care Clinic in Kentville, WKM in Berwick and Annapolis/Kings Primary Care Clinic in Middleton.

"We expect this new central booking line will allow patients to have better access to care at these clinics," said Jen Kelday, Manager, Primary Health.

The Urgent Treatment Centre (UTC) at Annapolis Community Health Centre should continue to be accessed as usual by calling the UTC at 902-532-4011 or visiting the UTC in person on Mondays, Wednesdays or Fridays, from 9 a.m. to 4 p.m. More information on the Annapolis Urgent Treatment Centre is online.

People who require non-emergency level of care are asked to consider one of the options below:

- Mobile Primary Care Clinics | Nova Scotia Health (nshealth.ca) for information on mobile clinic dates, times, and locations in the region. <https://www.nshealth.ca/mobileprimarycareclinics>
- Community pharmacy primary care clinics (CPPCC's) offer many free primary health care services, and are located in Aylesford, Berwick, Greenwood, and Digby. To find a pharmacy in your community, visit: www.pans.ns.ca/cppcc
- At times when your local emergency department is closed, call 911 if you experience a medical emergency. For general health advice and information call 811, which is a service offered 24 hours a day, seven days a week by experienced registered nurses.
- The Mental Health and Addictions Crisis Line can also be reached 24/7 by calling 1-888-429-8167. Visit: <https://mha.nshealth.ca/en>
- Nova Scotians who are on the Need a Family Practice Registry may access VirtualCareNS, which provides free, temporary access to primary health care. <https://www.nshealth.ca/virtual-care>

Where to go for health care - Kings and Annapolis is a helpful guide to accessing health care services in Annapolis and Kings counties. <https://www.nshealth.ca/documents-and-reports/where-go-health-care-kings-and-annapolis>

YourHealthNS helps Nova Scotians navigate the healthcare system. Download the app for your own one-stop shop to book services and find information easier and faster, right from a mobile device or computer. Nova Scotians without a mobile device can access YourHealthNS online: <https://www.yourhealthns.ca/>

The Bridgetown Reader is published weekly on Friday by TAR Publishing. The deadline for submissions to our next issue is noon Mon. Feb. 26 (although we prefer to have items sooner). Community Events, news and Bulletin Board items are free. Email us at readerpublishing@outlook.com call 902-824-0412, or use the contact forms at www.bridgetownreader.news

THE LAWRIE GROUP
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YARD SALE EVENT
FEB 20-29

ANNAPOLIS Home hardware building centre
BRIDGETOWN Home hardware building centre
GREENWOOD Home hardware
KINGSTON Home hardware building centre
METEGHAN Home hardware building centre
MIDDLETON Home hardware
MIDDLETON Home furniture

Spring Bear Hunt Proposal

Nova Scotians are invited to provide feedback on a spring bear hunt pilot, proposed to start this May and June, at: <https://novascotia.ca/spring-bear-hunt-engagement/>. The consultation ends on February 24.

Currently, bear hunting is permitted only in the fall. The Department is proposing a five-week bear season this spring as it considers whether there should be a spring bear season every year.

Details of this year's proposed spring bear season include:

- open only to Nova Scotia residents
- only male bears and females with no cubs could be taken
- no hunting on Sundays.

MIDDLETON CHORAL

COME TO OUR
SING SOCIAL!

Wed Mar 6, 7pm
Holy Trinity Anglican Church,
Middleton (45 Main St.)

Love to sing?
Interested in joining a choir?
Want to meet new people?
Like to eat?

Middleton Choral society
invites you to attend their
SING SOCIAL on March 6!

ALL ARE WELCOME to join in or
observe one hour of singing.

Rehearsal to be followed by
social time... *with snacks!*

Facebook.com/MiddletonChoral
MiddletonChoral@gmail.com

Community Events

Fri. Feb. 23, 11:30am-1pm St. James Lenten Chowders (Haddock). 3 dates: Feb. 23, March 1, & March 8. Cost \$12. Take out/delivery or pick-up only. Call Hilda Connell, 902-665-4627 or the Church Hall on Friday morning at 902-665-4734. St. James Anglican Church Hall, Bridgetown.

Fri. Feb. 23, 6:00pm Pub Night at the Bridgetown Legion. Good food with burgers, fries, wings, etc. Live Music 7 - 11. Open to all

Fri. Feb. 23, 7:00pm Jam Session every Friday Evening at the Youngs Cove Community Hall, 5407 Shore Rd.

Fri. Feb. 23, 7-9:00pm or later Weekly Music - The Annapolis Royal Legion, Branch #21 will host **The Taproom Growlers**. Join us for some great music weekly with no cover charge! Don't forget that we have Happy Hour each Friday from 5:30-7:00pm and cocktail specials each Friday and Saturday! Chase the Ace is Back! The Chase the Ace Draw on behalf of the Annapolis Royal Community Centre will be held each week at 8pm. Please check the Annapolis Royal Legion Facebook site for updates. All members and guests are welcome!

Sat. Feb. 24, 9am-12:00pm Annapolis Royal Winter Farmers and Traders Market is indoors at the Annapolis Royal Legion, 66 Victoria Street, Saturdays until Spring.

Sat. Feb. 24 and Sun. Feb. 25 Bridgetown Open Bonspiel at the Bridgetown Curling club, 333 Granville St. 12 teams max; Teams are guaranteed 3 games. Teams can be men's, ladies', mixed teams of 4 players. Team registration \$240. Bar will be open and kitchen available for snacks, coffee, tea, or light lunch. To register contact Adam Lewis at 902-955-1196, adam.lewis1968@gmail.com.

Sat. Feb. 24, 10 am-2 pm - WORKSHOP: Art Journaling, facilitated by Art Therapist, Jaime Lee Lightle BA, DTATI, RCT-C. A creative practice for mental wellness. This art-based technique elicits personal insight and increases self-understanding. Uncover your creative side in a variety of art mediums, Explore art-journaling technique within a supportive network. | \$55 (\$50 for ARCAC Members).. Learn more and register at www.arcac.ca/art-journaling.html

Sat. Feb. 24, 1:30pm The Great Chocolate Caper Someone has kidnapped Mable the cow. Without her, the small family-owned company cannot make their famous candy and will be forced to close. Someone has also stolen all the money from the chocolate candy business. It's all up to you. Can you save Mable and the business, by solving the clues and catching the culprit? Join us at Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road for a fun afternoon and a light brunch. Feel free to call 698-9467 for more information.

Sat. Feb. 24, 4:30-6pm Take - Out Supper at All Saints' Anglican Church, 521 Pleasant St. (just off Bridge Street), Kingston. Ham, Potato Scalloped, baked beans. Dessert - Gingerbread. Adults: \$15. Children: \$10. You must call to book your take-out meal: Lorrie: 902-760-0729

Sat. Feb. 24, 7:00pm Jam Sessions, every Saturday night at the Litchfield Hall. Come out for an evening of music, fun and refreshments and support the hall.

Mon. Feb. 26, 1-4 pm - Monday Life Drawing Sessions Resume at ARTSPPLACE. Mondays, Feb. 5-Mar. 25, \$14 per session. Block pricing available for ARCAC Members: \$96 for 8 sessions. Contact appcart61@aim.com with questions. 396 St. George Street, Annapolis Royal.

Mon. Feb. 26, 7:00pm Valley Lions Radio Bingo (VLRB) is a Media Bingo broadcast on Annapolis Valley Radio, AVR 97.7FM and other AVR stations from Digby to Windsor, every Monday night from 7- 8pm. Bingo Cards are sold through valley retail locations. Funds raised benefit Lions Club projects. Find where to buy cards & info

Mon. Feb. 26, 7-8:00pm Annapolis Lions Community Radio Bingo at Annapolis Royal Firehall. Doors open at 6:00 pm. Bingo cards sold at the door \$6 each, 50/50 draw and canteen also. There is lots of amazing prize money to be won as well as double prize amounts on all regular games. Gather some friends and come on out for a fun evening and show your support for your local Lions Club. If you can't make it, then be sure to pick up some cards from local retailers and play from home at avrnetwork.com every Monday night.

Tues. Feb. 27, 10am Yoga For All Ages and Levels every Tuesday at Clarence Community Hall, 3337 Clarence Road, 10 to 11am. There will be a free will offering to cover heating costs for the hall. Bring your mat or if you are a chair yoga person they will be available. Also, if you are able a few items for the food pantry that Annapolis Valley Folk School runs in Lawrencetown would be greatly appreciated. Email avfolkschool@gmail.com or call Maureen at 902-825-3070.

Tues. Feb. 27, 11:30am-1pm Fireflies Luncheon at the Middleton Fire Hall. Corn Chowder, \$10; Hamburger Soup, \$11; Chicken Pot Pie, \$12. Along with Sue's Chocolate Cake, Cranberry Cake, Pineapple Delight and tea/coffee. Take out or eat in. For Middleton deliveries call and leave a message at 902-825-3062 by Feb. 23.

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for more info and to register visit www.risingrootsns.com

Tues. Feb. 27, 1-3:30pm Seniors' Cards at the Farm Café at NSCC, Middleton, every Tuesday. All seniors welcome.

Tues. Feb. 27, 1-4:00pm Walk Leader Training at the Nictaux & District Firehall, 9349 Hwy 10. Do you like to walk and are looking to help less active adults in your community enjoy the benefits of walking? Hike Nova is looking for volunteers interested in leading gentle, fun, and friendly walks! This training session will give you the skills and confidence to lead these walks. Call 902-483-2813 for more info and to register.

Tues. Feb. 27, 7:15-10:15 Middleton Legion Bingo Tuesdays at 205 Marshall Street, Middleton.

Wed. Feb. 28, 10:00am NS Walks Annapolis Royal Wednesdays at 10am. Are you interested in getting some exercise, at your pace, with friendly people, and in picturesque surroundings? Join our Walk Group! We meet every Wednesday at 10:00am at the Annapolis Royal Farmers' Market parking lot. Walkers of all ages and abilities are welcome. For further information, call (902) 250-0429.

Wed. Feb. 28, 10:00am NS WALKS BRIDGETOWN a walking group for all levels and abilities If you are looking for motivation to get out for a bit of exercise and to socialize come join us. Walkers meet at the Library every Wednesday at 10:00 am. All are welcome Registration is not required. For more information check our Facebook Group NS WALKS BRIDGETOWN

Wed. Feb. 28, 10:00am CMHA NS Peer Support Group - Circle of Friends Connections are important for overall mood enhancement and can help us through 'blue' periods as well as during times of isolation. If you'd like to improve your communication skills and improve your ability to connect or just broaden your circle, join Circle of Friends! This virtual peer support group is a safe, confidential place for peers to connect and share their journeys as they offer peer support to one another. Sessions are held each Wednesdays via Zoom. Newcomers are welcome! To register, visit www.novascotia.cmha.ca

Wed. Feb. 28, 12-1:00pm Squeegie Art Create fun heart-themed art at the Annapolis Royal Library! Ages 16+. Registration is required- call the library or go to <https://annapolisvalley.librarycalendar.com/event/squeegie-art-9794> to sign up!

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Wed. Feb. 28, 3-5:00pm Farmers and Crafters Market, every Wednesday at the Lions Club at 948 Hwy 1, Deep Brook. Local vendors and farmers. New vendors always welcome.

Wed. Feb. 28, 7:00pm Brickton Community Hall Jam Sessions-Every Wednesday @ 7. Free will offering. All welcome.

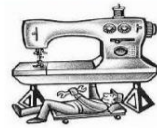
Wed. Feb. 28, 8:00pm Al-anon Meeting, for relatives and friends of alcoholics, at the First United Baptist Church at 762 George Street, Annapolis Royal, every Wednesdays at 8pm. Please enter through the front door.

Wed. Feb. 28, 7:00pm CMHA NS Men's Peer Support Group Unrealistic expectations based on gender and a lack of suitable mental health options can prevent those who identify as men from honouring their mental health and reaching out for support when they need it. CMHA NS Division's virtual Men's Peer Support group provides a safe, confidential space for those who identify as male to connect without judgement. Sessions are held each Wednesday via Zoom. Newcomers are welcome! To register, visit www.novascotia.cmha.ca Questions? Contact Keith Anderson, Provincial Lead - at keith.anderson@novascotia.cmha.ca

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UPCOMING EDS TRAINING

INTRODUCTION TO EDS
Friday March 1, 2024
6:00pm-10:00pm

DISASTER FOOD SERVICES AND CANTEEN OPERATIONS
Saturday March 2, 2024
9:00am-4:00pm

EMAIL JAN.KEATS@SALVATIONARMY.CA TO REGISTER



Training will take place at
Bridgetown Community Church
DEADLINE: Friday February 23rd



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Jennifer Brereton
Registered Massage
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902-825-2323

Wed. Feb. 28, 7:00pm SHORT FILMS: Arts for Life in Annapolis Royal

King's Theatre & ARTSPLACE. A special evening celebrating the cultural renaissance of Annapolis Royal in the '70s-'80s, the 40th anniversary of ARCAC, and local artists. RURAL RENAISSANCE: How Canada's Oldest Town Reinvented Itself (2021, 48 min.), Arts at the Centre: Four Decades of Community Artistry (2022, 13 min.), Deb Kuyzk & Ray Mackie: The History of Us (2023, 6 min.), and Ken Flett: It's All About Love (2023, 3 min.). | FREE by donation basket (Suggested \$10). General seating at the door. King's Theatre, 209 St George St, Annapolis Royal.

Wed. Feb. 28, 7-9:00pm Crafting Evening at Round Hill Hall every 2nd Wednesday. Bring what you enjoy crafting and show everyone what you know. Drop a donation in our can to help with heating and electric. For more information call Geri 902-532-2948

Thur. Feb. 29, 12- 4:00pm Greenwood Mall Farmers Market. Every Thursday. Our mission is to promote healthy living by eating, drinking and shopping local! We're also helping to grow the local economy by having a venue for farmers, chefs, wineries, local producers and artisans to have a place to sell healthy products! Greenwood Mall, Greenwood.

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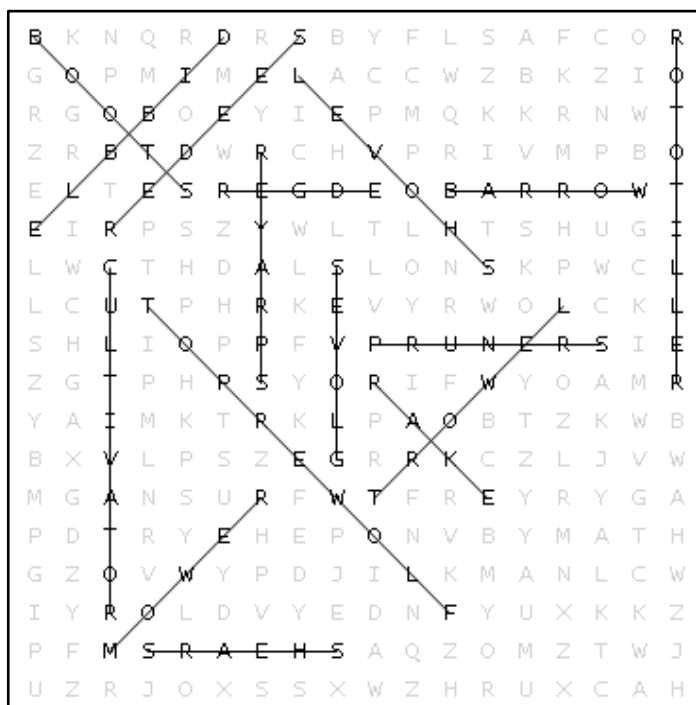
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STONETILLYSTONE@GMAIL.COM

Fri. March 1, 10-11:30am Come out for the first **Community Coffee** at the Lower Granville Hall in Port Royal, 3551 Granville Road. This new event will be held the First Friday of each month through May, featuring a Book & Magazine Exchange. Come out and enjoy a cup of coffee or tea and bring a snack to share if you are able, along with books and magazines you'd like to donate (optional). Everyone is welcome. \$2/person donation for the Hall.

Fri. March 1, 11:30am-1pm St. James Lenten Chowders (Haddock). 3 dates: Feb. 23, March 1, & March 8. Cost \$12. Take out/delivery or pick-up only. Call Hilda Connell, 902-665-4627 or the Church Hall on Friday morning at 902-665-4734. St. James Anglican Church Hall, Bridgetown.

Fri. March 1, 2:00pm World Day of Prayer Service 2024 will be hosted by the Bridgetown United Church Women, at St. Alphonsus Roman Catholic Church, 93 South Street, Bridgetown. Storm date will be Sun. March 3rd at 2pm All welcome.

Sat. March 2, 8-10:00am Lions Big Breakfast, 20 Jeffery Street, Bridgetown: pancakes, eggs, hashbrowns, sausage, ham, toast, coffee or tea, juice and the warmth of the community. Free will offering.

Sat. Mar. 2 10am-4:30pm WORKSHOP: The Art of the Mobile with Andrew Maize. A hands-on crash course in the basics of how to design, build and balance mobiles. Explore elements of movement, balance and light. Create your own dynamic structure to hang at home. | \$75 (\$70 for ARCAC members) Upstairs at ARTSPACE Studio. Learn more and register at www.arcac.ca/the-art-of-the-mobile.html

Wed. March 6, 7-9:00pm Sing Social! sponsored by Middleton Choral Society with director Andrew Cranston and accompanist Beth Cranston, will be held in Holy Trinity Anglican Church, 45 Main Street, Middleton. This will be a chance for anyone in the community to join in or simply observe the singing. The rehearsal will be followed by a social time with snacks. The choir will soon be celebrating its 50th anniversary - come and learn about it!

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Thu. Mar 7, 6:30pm Outdoor Sports Hub - Public Consultation at the Bridgetown Legion. Can I still walk for free? Do I need to wear special shoes? Where are dogs allowed? Is it closed for the winter? Can my group reserve time to offer an activity? A new volunteer group (ACOSS) has taken over management of this world class facility in our backyard. ACOSS needs your involvement. With your help, we can make this the most open, active and community-oriented facility of its kind anywhere on the globe. Everyone is welcome. No need to have attended previous public consultations. | Public consultations will be livestreamed and archived at www.youtube.com/@AnnapolisCounty OutdoorSports / Contact acoss.society@gmail.com

Fri. March 8, 11:30am-1pm St. James Lenten Chowders (Haddock). 3 dates: Feb. 23, March 1, & March 8. Cost \$12. Take out/delivery or pick-up only. Call Hilda Connell, 902-665-4627 or the Church Hall on Friday morning at 902-665-4734. St. James Anglican Church Hall, Bridgetown.

Sat. March 9, 8-10:00am The next **monthly community breakfast** at Holy Trinity Anglican Church, Middleton. FREEWILL OFFERING. Known as the "Buy Local-Buy Fresh" breakfast 'cause when you buy the best you serve the best! Best eggs east of TOFINO!

Sun March 10 Holistic Tracking adult class series, Annapolis and Digby Counties on the second Sunday of each month. Learn to read the stories on the land and how you can activate your full human potential through the ancient art and science of tracking. Sign-up for a single class or the whole series. More information and registration at connectionpathways.com/in-person-events

Sun. March 10, 7:00pm Second Sunday Games Night at Lower Granville Hall in Port Royal. Everyone is welcome! Refreshments provided, along with games and cards. Like Scrabble or Mexican Train Dominoes? Those are local favourites. Other games welcome too, so you can bring something you'd like to play. \$2/person donation for the Hall. Lower Granville Hall is at 3551 Granville Road, in Port Royal. We look forward to seeing you there. [Facebook.com/lowergranvillehall](https://www.facebook.com/lowergranvillehall) LowerGranvilleHall.com LowerGranvilleHall@gmail.com,

Sun. March 10, 8:00pm Evans & Doherty at Evergreen Theatre. Our first show of 2024 is going to be a fun one! Evans & Doherty are an accomplished musical duo. They can start toes tapping with a rousing drinking song or bring a tear to the eye with a lament on the futility of war. Adults \$35, Members \$25, Military \$30, Students \$20. Available at www.evergreentheatre.ca or 902-825-6834. 1941 Stronach Mountain Rd., Margaretsville.

Thurs. March 14 11:30am-1:30pm Best Years Fellowship for Seniors at Hillsburn Baptist Church, 3686 Shore Rd West, Hillsburn. St Patrick's Day Pot-Luck Luncheon and Irish Sing-along with Teresa Porter Bring a little and we can feed many.

Thur. March 14, 7:00pm The **Clarence 4-H Club** meets at the Clarence Hall on the second Thursday of each month at 7pm. New members and leaders are always welcome! For more information call Shanda at 902-824-2835

Sat. March 16, 2-3:30pm Come spend the afternoon with **Ken Maher** and discover the quirks and queries of the Annapolis Royal Sinclair Inn. Part of the 2024 Speaker series by the Friends of the Annapolis Royal Library in the Dugua Room at the Annapolis Royal Library, 143 Ritchie Street. All sessions are free. Free will gratefully accepted.

FITNESS CLASSES

Granville Ferry Hall
(Please come in the back door of Hall)

4 WEEK TERM
Starting Mon. March 11th
to Thur. April 4th.

MONDAY:
Zumba Gold (Beginners)
5:30pm - 6:15pm
Pilates 6:30pm-7:30pm

TUESDAY:
BodyBlast Express
11:30am-12:00pm
Pilates 12:10pm-1:10pm

WEDNESDAY
Zumba Gold (Beginners)
10:00am-10:45am
Pilates 11:00am-12:00pm

THURSDAY
Bodyblast 10:00am-10:45am
Pilates 11:00am-12:00pm

HOPE TO SEE YOU THERE! LET'S HAVE FUN & GREAT FIT TOGETHER! 😊

Pilates

1 class for 4 weeks - \$52

Zumba Gold

1 class for 4 weeks - \$32

BodyBlast

1 class for 4 weeks - \$32

BodyBlast Express

1 class for 4 weeks - \$24

(If you do two or more classes you receive an additional \$4 off)

I supply mats and any other equipment we may use so just bring yourself a water bottle and your indoor sneakers. Pilates is done barefoot or sock foot.

If you have any questions please feel free to send me an email. I will be happy to answer.

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The Bridgetown Regional Outdoor Sports Hub has new managers.

PUBLIC CONSULTATIONS:

Thursday, February 15 and Thursday, March 7
6:30 PM at the Bridgetown Legion (20 Jeffery)

MEETINGS LIVESTREAMED VIA
www.youtube.com/@AnnapolisCountyOutdoorSports

Learn about the facilities – Discuss the future
Tell us what you care about – Join a volunteer team

Meet members of the Annapolis County Outdoor Sports Society

Come with questions on February 15. Bring your ideas (and a friend!) on March 7.

Everyone is welcome to attend and speak on either or both nights.
Warm drinks and light refreshments provided.

Contact acoss.society@gmail.com

**Postcards of Paradise /
Janice Leonard**

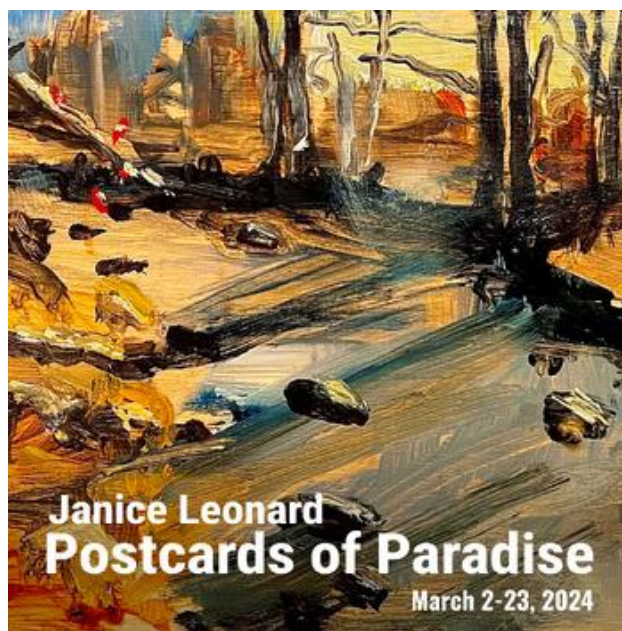
Library Gallery Exhibition, March 1-23 at
Artsplace Gallery, 396 St. George Street,
Annapolis Royal

A series of postcards of Paradise, Nova Scotia
since 2016. These pieces are small 5” by 7”
paintings on board, referenced from iPhone
photos, memory and sketches.

The time of day, place and date are noted on
the back as well as an excerpt, from my
journal on that day, placed so as to mimic a
postcard, an archaic form of communication
in this day of technology.

Viewers are invited to handle the work, to
read the back of each piece.

Janice Leonard is an artist living in Nova
Scotia. Janice holds a BFA from NSCAD.



Janice Leonard
Postcards of Paradise
March 2-23, 2024



Did you drive a **RIDE THE LOBSTER**
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SQUEEGEE ART

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Saturday, February 24 | 12:00 – 1:00pm

This event is for ages **16+**
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March 2 - 23, 2024

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Sat. March 16, 8:00pm Campbell & Johnston at Evergreen Theatre. Halifax Blues-Rock power duo, Christine Campbell & Blake Johnston have been building a name for themselves, entertaining audiences with their soulful tone, 60's and 70s rock style guitar riffs and bewitching vocal harmonies; and opening up for some big names, like Burton Cummings, Steve Earle & Bob Seger. Tickets: Adults \$35, Members \$25, Military \$30, Students \$20. Available at www.evergreentheatre.ca or 902-825-6834. 1941 Stronach Mountain Rd., Margaretsville.

Mon. March 18, 1:30-3pm Care Givers Support Group (for people who care for loved ones with dementia) The group meets the 3rd Monday of the month, except July and August, from 1:30 - 3:00pm, at St George & St Andrew United Church, 393 St George St, Annapolis Royal, (at the lights), Office Door, side entry. Contacts: Art Jones - 902-532-0784; Lou Fletcher - 902-532-2377

Fri. March 22, 1:30pm Craft Connections: Junk Art Jewellery- A perfect way to upcycle- using scraps of fabric and found objects, we'll make wearable art! All materials supplied, but if you have a few bits and bobs you want to add, bring them along. Hand-sewing is required, all experience levels welcome. For ages 18+. No experience necessary. Registration is required. This event is sponsored by the Bridgetown & Area Friends of the Library. Visit <https://annapolisvalley.librarycalendar.com/event/crafty-connections-junk-art-jewellery-10061> to register.

Sat. March 23, 1:30pm The Good Samaritan Circle will be hosting an Easter-themed time of fellowship and fun. There will be games, puzzles, refreshments, and lots of fellowship. Bring a friend, make some new ones. Everyone is welcome. You can call 902-698-9467 for more information. Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road.

Sat. April 20, 2-3:30pm Speaker Claire Jimmison provides an opportunity to learn about dementia and how to reduce your risk of vascular dementia by reducing your risk of stroke. Part of the 2024 Speaker series by the Friends of the Annapolis Royal Library in the Dugua Room at the Annapolis Royal Library, 143 Ritchie Street. All sessions are free. Free will gratefully accepted.

Sat. April 27, 10am-3:00pm Craft Supply De-Stash Sale and Tea at Paradise Community Hall, 10300 Hwy 1, Paradise. Calling all Crafters! Looking to reduce your surplus craft supplies? Book a very reasonably priced table (\$7.50, \$10, or \$15 depending on size) to sell your extras! Quilting fabric and supplies, buttons, card making, scrapbooking, rug hooking, knitting and crochet yarn, stamping, Cricut, and more!
Please note: This is a cash event and intended for supplies, not finished items. Tables for selling must be reserved and paid in advance and are first come first served. For table rental & more information, email Carrie at paradisevillagequilters@gmail.com

Community Events, News, Business Notes, Rentals, and Bulletin Board items are all FREE. Call or text 902-824-0412, email us at readerpublishing@outlook.com message us on Facebook or use the contact form at www.bridgetownreader.news.

Want us to run a display ad for you? You can pay for and upload your file at www.bridgetownreader.news Click on "Shop" to get started.

**"Garden wisdom" Cryptoquote Answer:
In the spring, at the end of the day, you
should smell like dirt. Margaret Atwood**

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February 28th 6:30 - 9:00 PM

To Register:

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Dear Valued Customers,

We would like to inform you of a change in our operating hours at Hutchins Pharmacy, effective from Sunday, February 18th, 2024.

As part of our ongoing efforts to provide you with the best possible service, optimal patient care and to ensure patient safety we have made the decision to adjust our schedule. Starting on February 18th, 2024, Hutchins Pharmacy will be closed on Sundays due to a shortage of Pharmacists.

We want to assure you that this will be temporary until we find enough qualified people to go back to regular hours.

We understand the importance of accessibility to your healthcare needs, and we apologize for any inconvenience this change may cause.

Our updated operating hours starting Monday, February 12, 2024, will be:

Monday to Friday: 9 am – 6 pm
Saturdays 9 am-5 pm
Sunday: Closed

We appreciate your understanding and support as we make this adjustment. If you have any questions or concerns, please feel free to reach out to us.

Sincerely,
Danny & Krista McClair
Owners, Hutchins Pharmacy
Annapolis Royal, NS (902) 532-2356



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FRIDAY, MARCH 1st @ 7:30 PM



WE HAVE OVERCOME

Sparkle Dance Academy and AWEC students dive into the challenges and triumphs of today's youth

SAT, MARCH 2nd @ 3PM & 7:30 PM



AMIR AMIRI

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FRIDAY, MARCH 8th @ 7:30 PM



RUMOUR HAS IT:

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SATURDAY, MARCH 9th @ 7:30 PM



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SATURDAY, MARCH 16th @ 7:30 PM



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FRIDAY, FEB 23rd @ 7:00pm



SOUL

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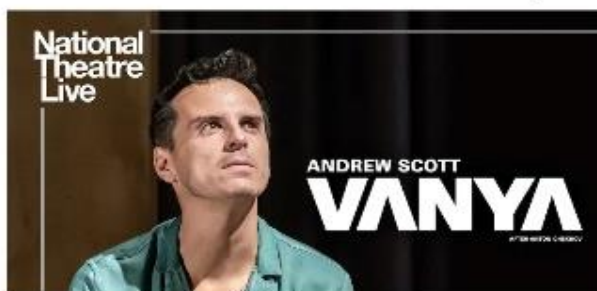
SUNDAY, FEB 25th @ 3:00pm



ARTS FOR LIFE IN ANNAPOLIS ROYAL

Films celebrating the 40th anniversary of ARCAC & ARTSPPLACE & Annapolis Royal's 'Rural Renaissance'

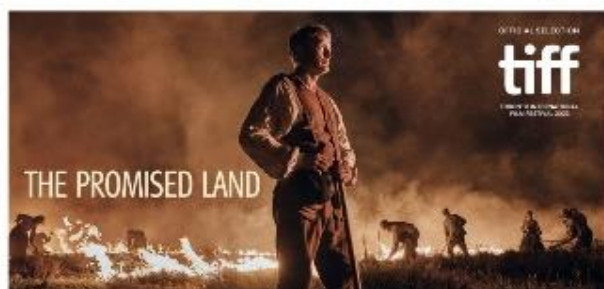
WEDNESDAY, FEB 28th @ 7:00pm



VANYA - STAGE TO SCREEN

Andrew Scott brings multiple characters to life in a radical new version of Chekhov's Uncle Vanya.

SUNDAY, MARCH 3rd @ 3:00pm



THE PROMISED LAND

In 18th century Denmark, a proud, ambitious war hero (Mads Mikkelsen) sets out to tame a vast, uninhabitable land

WEDNESDAY, MARCH 6th @ 7:00pm



BOB MARLEY: ONE LOVE

A film about how reggae icon Bob Marley overcame adversity, and the journey behind his revolutionary music

WEDNESDAY, MARCH 13th @ 7:00pm

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Spring means....a **Beginners Rug Hooking workshop** at the Paradise Heritage Centre! Four talented instructors will be available to give you personal attention: many thanks to Monica Bailey, Linda Hankinson, Jackie Holborn, and Stephanie Duggan-Haggan.

Date: Sat. April 6

Time: 10am-3:00pm

Address: 10307 Highway 1

Cost: \$55 fee includes materials as well as instruction. Learn either yarn or wool hooking. Bring your lunch. Pre-payment required. Spots are limited so check your calendars and register to reserve one of the 12 spots. For registration and payment information contact Barbara Bishop at 902-825-9198 or barbarabishop84@gmail.com

The **Paradise Heritage Centre is looking for someone** to work for a few hours each month to help with light cleaning tasks, taking our garbage, clearing snow at entrance. Pay would be around \$80.00 each month. If you are interested please contact at barbarabishop84@gmail.com

FREE Workshop for CAF Members, Veterans

Starting on 4 March, 4-6 PM. Life Through a Mask, a 4-week, peer-led Mask Sculpting workshop. Explore strengths and resiliency in a confidential, non-clinical setting. Hosted by 7Arts, 619 Central Ave in Greenwood and funded by Veterans Affairs Canada. Email to register: lifethroughamask@mail.com. No art experience necessary.

The **Middleton District Arena is having an auction**. There are already a ton of great items to bid on. And all for a good cause! You can join the auction group here.

<https://www.facebook.com/groups/760223029337412/>

Hand Made Papermaking classes at Oakdene Community Centre, 1913 Clementsvale Rd., Bear River. Sat. Feb. 24, 2-4:00pm or Sat. March 2, 2-4:00pm. \$40 per class or \$65 for both. Anyone taking both classes will be able to experiment with sculptural/mask making. Contact kenflett@gmail.com

Did you Know? **Comeau Refrigeration**, just outside Bridgetown at 9347 Hwy 1, recently installed **2 level two EV chargers** at the shop and they are available to the public at no cost.

April 7, 2024 - Bear River Jumble Sale: Community Yard Sale, 10am - 2pm at 1913 Clementsvale Road, Bear River. Sell your rummage before clean-up week, contact [BearRiverEvents@gmail.com](mailto: BearRiverEvents@gmail.com)

Anglican Church Of Canada Parish Of Wilmot

On Line (www.parishofwilmot.ca)

Please check online in case of time changes, weather, etc.

Parish Office - 902-825-2326 -Has Answering Machine

Service Times and Locations

Holy Trinity (Middleton), 45 Main Street

Worship Service 1100 hrs Sunday

All Saints' Kingston, 521 Pleasant Street

Worship Service 0930 hrs Sunday

The **Annapolis Folk School pantry**, located at 43 Lawrencetown Lane, is increasingly active with many people using it. Donations are always welcome. A few suggestions are crackers, canned pasta, meats, and veggies, rice, macaroni and cheese, pastas and sauces. We were given a fridge so milk, cream, margarine, yogurt, and cheeses can all be dropped off as well. Thank you!



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Open Hours Month of February

Monday	9:00 - 5:00
Tuesday	9:00 - 5:00
Wednesday	9:00 - 5:00
Thursday	9:00 - 5:00
Friday	9:00 - 5:00
Saturday	Call for appointment
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Tues-Sat 10-4
Closed Sunday, Monday

EGPS

Elephant Grass Printmakers Society

Open House & Print Circle



Feb 25th 1-3pm

240 St. George St. 2nd floor. Annapolis Royal

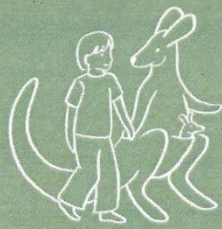
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**Nova Scotia RCMP Recruiting
Youth for its Youth Advisory
Committee (YAC)**

The YAC is a great opportunity for young people to get involved in the conversation about community youth topics such as social media safety, police and youth interactions, and potential solutions in Nova Scotia. YAC members from across the province will meet online three times a year and discuss important issues they face in their respective communities; they will provide meaningful input into RCMP policies, programs and strategies. This initiative also aims to build trust among police and youth, celebrate cultural diversity and empower youth in advocating for effective crime prevention and public safety policies.

YAC members are eligible to receive reference letters and volunteer hours, and most importantly, they will have an active role in shaping what the RCMP offers young people. The committee will include up to 18 diverse, inclusive and community-minded people, ages 14 to 17 years old, from across Nova Scotia. To request an application form, email HDiv_YouthAdvisoryCom@rcmp-grc.gc.ca or inquire through your local School Safety Resource Officer.

The deadline to apply is February 29, 2024.

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The recent winners of a new Moroccanoil Hand lotion will go to Goldie Thibodeau & (I'll think of her name)

By the time you read this, we will have the new hand cream in stock to purchase, it is a considerably calmer fragrance than the original Moroccanoil.

Did you know that we have a large retail section of all professional hair products & a large selection of Hempz lotions? Our next retail SALE will be prior to Easter.

(March 25th - 28th) Mark your calendars.

Did you know we have Sarah Rhoddy with us on Fridays & Saturdays,
Penny on Mon, Wed & Thursdays. Helen on Tues - Friday

AWEC (Anna. High School)- U14 Girls Volleyball, Congratulations on WINNING SILVER!

Annapolis Royal Robots- Congratulations on WINNING THE TROPHY !!

Blue Jays Fans (Baseball, not the birds)- when they start up their season in March, Nova Scotians can now play the 50/50 that they have. (% if you win..?, asking for friend)

Easter Eggstravaganza- needing folks that want to take part in filling some of the '15,000 eggs' for the hunt. (March 30) The eggs need to be done by Wed, March 27 because of Good Friday that week, plus our contact needs to get them picked up. If you are interested in filling eggs or volunteering for that day to distribute them over the Fort Anne grounds, the morning of Sat March 30th. Leave your name and phone # at our salon, we are just a drop off place for the eggs & a contact person.

For those wanting to help a local family in Litchfield, family of the 11 yr. old boy Kingston, who was airlifted, from Middleton. He needs a lot of rest, calm activities for the next month. Karsyn his younger brother will be restricted because of a back brace for 3 months. Kinzley, their younger sister is home, bruised, but doing great, with Koen, the little baby brother. I have no information on the dad. The mother, Karley, is overwhelmed by the generosity of the people in the community. She says it's hard to accept donations. In Ontario she would not see this type of outpour of support. Karley.lynn@hotmail.com She is speechless, but Thanks each and everyone. **Have you been to the Red Onion in Anna. Royal?** - Have you noticed their new QR codes in the shop? Snap a photo with your smartphone and you 'll be taken directly to their FB, Instagram, or Online shop. They are close to a big number on FB. Once they reach that number, they will be giving away a \$20 gift Card to one of the followers. Could be YOU?

Heart & Stroke TV Bingo - can NOW be bought at Hutchins Pharmachoice in Annapolis Royal.

Men's Clothing & Suit Rental in Clarence?- Yes, New to you men's clothing to buy or men's rental clothing, vintage gift shop & crafts at 955 Clarence Rd in Bridgetown.

Middleton- Discover Driving having a March Break course on March 9, 10, 11th & 12th Register Call 902-665-2831 or PM Ellen Haley on Bridgetown Forum.

St Paddy's Day- Irish Stew Take out Supper with gingerbread dessert, Gluten free options available. Order in advance at 532-0764 or 526-0688. Sun, March 17. Pick up between 4:30 and 6:00. Bring your own bags. St Louis Church Hall 540 St George St, Annapolis Royal. Adult \$18, under 12 \$5.00

Valley Frugal Moms Society- looking for anything else you can think of to make a child's Easter. Everything from bubbles to potatoes, chocolate bunnies, skipping ropes to cranberry sauce. If you don't have a contact drop donation to the salon.

**Let's Get Serious About Falling:
The Costs, Losses, & the GOOD NEWS!**

Join Belinda Tupper to learn about:

- Why staying on your feet means a longer and healthier life!
- The risks and costs of falling
- How to fall-proof yourself and your home
- Tips & tricks for 'staying on your feet'

Location: CORAH - NSCC Middleton (AVC) Campus
WEDNESDAY February 28 *10:00am - 11:30am*
Register: corah-avc@nsc.ca OR 902-825-5215

Annapolis Valley Folk School Events

The following is a barter-based event. If this is your first time attending a barter-based skills-trade class, note that attendees are encouraged to bring an item(s) to offer in exchange for the knowledge shared in addition to any supplies required for the class. Preferred items are noted for each session. Registration and a ticket are required. For more info and link to Eventbrite find Annapolis Valley Folk School on Facebook. There is no fee associated with this ticket but please do not just indicate "coming" on the event - we've found this is not an accurate capture of attendees. If you have any difficulty registering, you can send us an email to avfolkschool@gmail.com or Annapolis Valley Folk School on Facebook.

Thur. March 7, 6:30pm Homesteading 101: Garden Planning Question and Answer Session

at 1963 Clarence Road, Bridgetown. Gardening 101 Join us for a discussion where we will cover a number of topics including sourcing and selecting seeds, planning garden spaces, companion planting, soil health, pest management, cold frames and greenhouses, and more...if we have time! Some of the questions we will attempt to answer include: What grows best and where. Common pests and management solutions. Where to get the seeds you want/need, and at a decent price. To till or not to till. Do I need a greenhouse or cold frame, and why. Checking and maintaining soil health.

Get your tickets here:

<https://www.eventbrite.ca/.../homesteading-101-gardening...>

Preferred barter items - the facilitator requests that people bring any seeds they may have to share/exchange with each other as well as items for the pantry, such as pasta, rice, canned veggies, meats, meals, soups, crackers, cereal, milk, eggs, bread.

Sun. March 17, 2:00pm Homesteading 101: Should We Get A Dairy Cow?

at 1963 Clarence Road, Bridgetown. Wondering about getting a cow? Cows are amazing and easily earn their keep converting sunlight into milk and are not as difficult as you may think! Come learn all about what it takes to own a cow and manage a lot of milk -- what it costs here in Annapolis Valley and what/how/where to find the necessary resources in our area. Learn about feeding, housing, fencing, breeding, calving and handling cows and how to get the milk out of the cow and into the house. We will also explain how to manage the milk in the kitchen to make and use the many dairy products -- milk, cheese, butter, whey and so much more.

Get your tickets here:

<https://www.eventbrite.ca/e/homesteading-101-should-we-get-a-dairy-cow-tickets-840940364267?aff=>

Our facilitator's preferred items are: Local foods, natural fibres products, new, used or for re purposing, outdoor plants and seeds.

February's Makers Swap

Fri. Feb. 23 6:30pm at 1963 Clarence Road, Clarence. GET A TICKET ON EVENTBRITE-
<https://www.eventbrite.ca/e/februarys-makers-swap-tickets-811868158517>

For those who are new to the Makers Swaps, this is a simple community gathering where all ages and abilities are welcome and the concept is simple: bring anything you have made with your hands, grown or a service you have to offer and trade for treasures from others. There is no money exchanged and PERFECTION IS NOT REQUIRED! Just a willingness to share your talents and passion projects with others in the community.

If you have any questions reach out to us on facebook @annapolisvalleyfolkschool or at avfolkschool@gmail.com or call Maureen at 902-825-3070.

From Farm to Tableau

7Arts Centre (Greenwood) together with Friends of Agriculture Nova Scotia (FANS) are teaming up to bring two groups of amazing hardworking people together - Nova Scotian Food Providers & Artists! Each year FANS hosts it's annual April Flavors Dinner and Auction located in the beautiful Annapolis Valley. This popular event highlights the amazing food grown and served right here in our own province. We want to shine a light on the importance of our vital food systems and the hard working individuals who help to sustain them. So what better way to do this than with the creative touch only an artist can bring!

We are inviting local artists to meet with our local food providers to help share their stories through various artistic mediums. Participating food vendors/operators will show and tell their operation to a local artist who will then create a piece inspired by their meeting/tour.

Here are some examples of food providers: farming operations, restaurants/cafes/bistros, breweries/wineries/cideries/coffee roasters, general stores, farmer's markets, food trucks, preserve/sauces/grain productions, bakeries, butchers, natural food shops, the list goes on!...

The artists art will then be sold at the silent auction as part of the April Flavors event (Date and location TBD). This gives the artist an opportunity to display and sell their work while showcasing a local business. Artists may do more than one piece if they choose to, along with providing a brief write up (roughly one paragraph) about the operation(s) that they researched and visited.

Art sales of a sold piece will be divided at an 80/20 split - 80% to the Artist, 20% to the Food Provider they worked with.

Finished art pieces are not required until April (due date will be confirmed soon and sent out to registered participants).

If you are an artist or food provider and would like to participate for free please register below. We will be happy to connect you!

For more information please call 7Arts at 902-765-7278 or you can email info@7arts.ca or Alice at littlebluenose640@gmail.com

Want to advertise? We distribute print copies from Middleton to Annapolis Royal, plus we post the entire contents of each issue here to our web site and on our Facebook page. Reach us through the contact form at www.bridgetownreader.news, through Facebook/ Bridgetown Reader, email readerpublishing@outlook.com or call or text 902-824-0412. Submissions are due by noon on Monday before that Friday's issue.

WINTER FUN
FREE , PRIZES, REFRESHMENTS, AND EQUIPMENT PROVIDED

- FEB 10** Upper Clements Trails, 2958 Evangeline Trail . Join the Winter Active team and Hike NS for a free guided hike. 1:00 pm start Register: Raceroster.com or winteractive@annapoliscounty.ca
- FEB 20** Valleyview Provincial Park, 960 Hampton Mountain Rd. Join the Winter Active Team for a morning walk with an amazing view. 10:00 am start. Register: Raceroster.com or winteractive@annapoliscounty.ca.
- FEB 21** Riverside Park, Bridge St., Middleton. For older adults, join the Winter Active team and CORAH for a guided snowshoe walk. 10:30 am start. Register: corah-avc@nsc.ca or (902)825-5215
- FEB 22** Upper Clements Trails, 2958 Evangelline Trail. For older adults, join the Winter Active Team and CORAH for a guided nature walk. 1:00 pm start. Register: corah-avc@nsc.ca or (902)825-5215
- FEB 24** Mill Falls/Beech Grove, Kejimikujik National Park, 3005 Main Parkway. Join the Winter Active team and Hike NS for a guided hike and a social afterwards. 1:00 pm start. Register: Raceroster.com or winteractive@annapoliscounty.ca.
- MAR 5** South Shore Annapolis Valley Trail, 8827 Highway 10, Nictaux Station parking lot. Join the Winter Active team for a walk and scenic view of the Nictaux River. 10:00 am start. Register: Raceroster.com or winteractive@annapoliscounty.ca.
- MAR 7** Upper Clements Trails, 2958 Evangelline Trail. For older adults, join the Winter Active team and CORAH for a guided snowshoe walk. 10:30 am start. Register: corah-avc@nsc.ca or (902)825-5215

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EXCLUSIVE BEER CLUB EVENT 6PM - 8PM	WED FEB 14
RESCUE PURRS DAY W/CATS FOR KEEPER 6PM - 8PM	THUR FEB 15
FUNDRAISING DANCE FOR ZEKE W/MARK BEZANSON TRIO 9PM - 12AM	FRI FEB 16
BREWS & BOTTLES KIDS MOVIE & TOT TIME 3PM - 5PM	SUN FEB 18
KARAOKE WITH MAURICE 7PM - 10PM	SAT FEB 24
DUNGEONS, DRAGONS & DRAUGHTS NEW PLAYERS WELCOME 12 - 5PM	SUN FEB 25
OPEN MIC WITH JORDAN 7PM - 9PM	WED FEB 28

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Coming to King's Theatre

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Fri. Feb. 23, 7:00pm American Fiction (film, 14A) Cord Jefferson's hilarious directorial debut confronts our culture's obsession with reducing people to outrageous stereotypes. Jeffrey Wright stars as Monk, a frustrated novelist who is fed up with the establishment profiting from "Black" entertainment that relies on tired and offensive tropes. To prove his point, Monk uses a pen name to write an outlandish "Black" book of his own, a book that propels him to the heart of hypocrisy and the madness he claims to disdain. With: Jeffrey Wright, Tracee Ellis Ross, John Ortiz. Tickets: 10.95 adults, 6.95 youth.

Sun. Feb. 25, 3:00pm Soul (film, animated, PG) Joe is a middle-school band teacher whose life hasn't quite gone the way he expected. His true passion is jazz — and he's good. But when he travels to another realm to help someone find their passion, he soon discovers what it means to have soul. With: Jamie Foxx, Tina Fey, Phylicia Rashad. Tickets: 10.95 adults, 6.95 youth.

Fri. March 1, 7:30pm Guy Davis (live performance) Guy Davis is a two-time, back-to-back Grammy nominee for Best Traditional Blues, a musician, Actor, Author, and Songwriter. Guy uses a blend of Roots, Blues, Folk, Rock, Rap, Spoken Word, and World Music to comment on, and address the frustrations of social injustice, touching on historical events, and common life struggles. His background in theater is pronounced through the lyrical storytelling of songs "God's Gonna Make Things Over" about the 1921 Tulsa Race Massacre, "Welcome to My World", and "Got Your Letter In My Pocket". His storytelling is sometimes painful, deep, and real, an earthy contrast to modern-day commercial music, meant to create thought, underlined by gentle tones from his guitar or banjo fingerpicking.

A self-taught "Renaissance Man", he first heard the banjo at a summer camp run by John Seeger, the brother of the American Folk Musician, Pete Seeger, and soon after, asked his father for one. Tickets: \$35 Adults, \$5 Youth.

Sat. March 2, 3:00pm and 7:30pm We Have Overcome (live performance) A youth dance show led by Wendy Goudie with Sparkle Dancers, joined by AWEC students. Dive into the challenges and triumphs of today's youth. Sparkle Dance teams each selected social issues they feel deserving of attention - bullying, being brave, mental health, the strength of friends - this dance show has all the feels! There is a power to bringing awareness to meaningful topics from a stage, and we are so grateful for Kings Theatre to give our community's youth this platform.

Join us celebrate our local youth dancing and speaking on everything from hard losses to uplifting resilience. Sparkle Dance is happy to have a special addition from AWEC. As an in-school project, a group of high school students will also be contributing a presentation. Tickets: Adults \$15, Youth \$5.

Sun. March 3, 3:00pm Vanya (a National Theatre Stage to Screen presentation) Andrew Scott (Fleabag) brings multiple characters to life in Simon Stephens' (The Curious Incident of the Dog in the Night-Time) radical new version of Chekhov's Uncle Vanya. Hopes, dreams, and regrets are thrust into sharp focus in this one-man adaptation which explores the complexities of human emotions. Filmed live during its sold-out run in London's West End. Presented by Wessex Grove, Gavin Kalin Productions and Kater Gordon. Tickets: \$15.95.



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For Sale: Set of summer tires, 205 55 R15. Good condition. \$100. 902-584-7296

For Sale: 30 Country Western vinyl record albums. Willie, Johnny, Merle, Dolly, Tammy, Hanks Sr & Jr, Wilf and more. All used and in good condition \$60.00 for all. 902-824-2771

For Sale: 32" RCA flat screen TV with remote. Works fine, just do not need anymore. Not a smart tv. \$65. 902-824-2771

For Sale: Quality Vintage linen collection, featuring table clothes, embroidered, hand crochet items all pressed and ready to go. Quilt collection, antique and new at cost, all cotton, hand quilted and hand pieced. Cotton batts. Call 9022455344 to arrange viewing.

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For Sale: Inglis clothes dryer for sale for \$25. Basic model (Super capacity IP82000). It works perfectly. Please email appelby2013@gmail.com or send text to 902-298-7615.

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For Sale -Electric Cordless Snow Shovel. Mastercraft 20V Single Stage Electric Cordless Snow Shovel is designed to make snow clearing easy. Powered by POWER POD, Canada's Ultimate Universal Battery System. Used only a couple of times. \$250. New was \$299. Contact 902-955-1258.

For Sale: A queen size bed. Phone 902-532-2683

For Sale: Wooden snowshoes with bindings, \$60. In good condition 902-584-3863.

Looking to Buy: Older Bolens walk-behind tractor. 902-825-3526

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For Sale: Four pairs cowboy boots, size 7. 12 country & western LP's. Yamaha keyboard, like new. Christmas village display with a number of buildings. Pair size 8 work boots with carbon fibre toes. 902-825-4523

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For Sale: Boat, trailer and motor. 15' Princecraft with trailer and motor. Usually stored inside, like new. \$4000 firm. 902-824-0282

For Sale: White spruce trees for planting. Nursery grown in pots; 2 seasons outdoors. About 2 ft. high. Select your own, \$20 each. 902-532-2968, Granville Road.

For Sale: Privacy cover screen, fits 2005 Passat VW station wagon. \$25. Annapolis Royal. 902-532-2968

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7Arts Creativity and Events

1st to 15th March, email info@7arts.ca to register or for further information. 619 Central Avenue, Kingston. www.7arts.ca

Fri. Mar. 1, 1-3pm Easter Egg Felting with Deb Kendall. Learn needle felting in a comfortable and fun atmosphere, adult class. \$30 per guest + an additional \$20 option for take home kit to carry on creating at home.

Mon. Mar. 4, 4-6pm Life Through a Mask. Four weekly sessions with Veteran-Artist James Lightle and Registered Art Therapist, Jaime Lightle. Introducing Expressive Arts Therapy as a healing tool to discover strengths and resiliency. Learn basic sculpting skills and make peer connections. No previous art experience required. Free for CAF personnel and Veterans. This program is made possible with the support of Veterans Affairs Canada. For more information and registration at email lifethroughamask@gmail.com.

Tue. Mar. 5, 1:30-2:30pm HealthRHYTHMS Mindful Drum Circle. Serving Military and Veterans are invited to join the community drum circle. Enjoy a fun relaxing experience while exploring creativity through rhythms and wellness exercises. No previous experience necessary. Made possible through the generous contribution of True Patriot Love. Free

Wed. Mar. 6, 6:30-8:30pm Fibre Crafting Group, drop-in for female identifying, 25+ years old. Calling all fibre crafters, knitting, crochet, cross stitch, embroidery felting rug hooking, etc to share your love of fibre and to chat. Beverages included. Bring your own material and project or purchas a kit from 7Arts. Suggested donation of \$5.

Sat. Mar. 9, 4-6pm ArtBeat Lounge for Teens, an ultimate playground for artistic expression. Whether you are interested in visual arts, music, dance or poetry this is your space for teen artists to share and create, ages 13-18 years. Entry cost by donation.

Mon. Mar. 11, 10am-12pm March Break Madness with Spring Felt Embroidery, for ages 6+. Join 7Arts to create your very own spring felt embroidery project. Several options to choose from. \$15 cost per guest

Tue. Mar. 12, 4:30-5:30pm Youth Art Lessons, YAL. Artful Adventures Edition with Sara is for kids ages 7-12 year. New projects each week, artistic techniques and try different tools. 10 seats available, four sessions at \$25 each or 4 for \$80.

Wed. Mar. 13, 10am-12pm March Break Madness Mid Week Makers Space. Get crafty by creating a clay DIY photo holder. There will be different options available. All ages welcome. Don't want to make a photo holder, bring your own project or purchase a pre-made kit for \$5. Drop in fee is \$5.

Wed. Mar. 13, 6:30-8:30 Fibre Crafting Group, drop-in for female identifying, 25+ years old. Calling all fibre crafters each Wednesday evening to share your love of fibre and to chat. Beverages included. Bring your own material and project or purchase a kit from 7Arts. Suggested donation of \$5.

Thu. Mar. 14, 1-2pm Senior's Drum Circle, helps you feel calm and connected. Explore creativity through rhythms and wellness exercise. This circle is welcoming and inclusive. No musical experience necessary. Free

Thu. Mar. 14, 6-8pm Easter Gnome Felting with Deb Kendall. Create your very own Gnome for the Easter holiday. Learn needle felting in a comfortable and fun atmosphere, adult class. \$30 per guest + an additional \$20 option for take home kit to carry on creating at home.

Fri. Mar. 15, 2:30-5:30pm March Break Madness Mug Rug Traditional Rug Hooking, for ages 7+, space is limited. \$20 cost per guest, all supplies included.

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Things that are
White (not snow)
Word Search Puzzle

- | | |
|-------------|-------------|
| Beluga | Bone |
| Cauliflower | Chalk |
| Cloud | Coconut |
| Marshmallow | Milk |
| Moonstone | Mozzarella |
| Pearl | Rice |
| Salt | Sand dollar |
| Swan | Teeth |

Find the word or phrase in the puzzle. Words can share letters as they cross over each other. Answer next week.

O T Y A C P Q Y S T G A B O M A L H
S C N C E F W V C Q U K L R A P R T
S Q Q C S B T Q S F Z S E Q R J A K
R T I V W N Q V H A D T O B S N E G
E R N F A E N O T S N O O M H N P Q
W D A S N Q V R E K L D N J M J D R
O A Z T M A C S F Y T Q D X A V H I
L A L I E N L C W T B L U O L B K X
F W L L Q I F K O F K A F I L I W R
I K C P E P G X A L B M Z N O L Q M
L T L Q W R H U A C O S C D W D A F
U S N T T B A H G W O Y O N W V A R
A Y P H P M C Z N D C C X D Y W S D
C I A G U L E B Z P A B O M F R Y T
A E G J T R H R U O E X U N L I E D
R O N F R G T B D N M A T M U E B R
Z S L O S A L T D Y A Y S O T T B O
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You can also mail us your submissions (we love Canada Post). The Bridgetown Reader TAR Publishing, Box 576. Bridgetown, NS B0S 1C0



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RE/MAX BANNER REAL ESTATE

MARKET UPDATE!

2023 was a "correction" year in Nova Scotia's real estate market. Volume (number of homes sold) dropped by 17.2% versus 2022; however, prices rose by an average of 2.9%.

The Annapolis Valley market saw an average price increase of 2.6% in 2023 versus 2022.

Assuming this trend continues, home Sellers will continue to benefit from improved equity, whereas home buyers may find it more difficult to achieve the same bang-for-their-buck.

Our analysis and constant attention to market trends goes much deeper than this broad-spectrum view. It is more important than ever to have a knowledgeable agent in your corner.

Speak to a RE/MAX Banner agent today for the best insights into your next move!

STATS AT A GLANCE

Annapolis Valley, 2023


Residential Sales	1,441
Year-Over-Year % Change	-23.3%
Residential Average Price	\$347,610
Year-Over-Year % Change	2.6%

Nova Scotia, 2023

Residential Sales	10,333
Year-Over-Year % Change	-17.2%
Residential Average Price	\$423,804
Year-Over-Year % Change	2.9%

DATA SUPPLIED BY THE CANADIAN REAL ESTATE ASSOCIATION FOR THE PERIOD JANUARY 1, 2023 TO DECEMBER 31, 2023 NOT INTENDED TO SOLICIT PROPERTIES CURRENTLY UNDER CONTRACT

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"Wintery Visage" Cryptoquote: Each letter in the phrase has been replaced with a random letter. Answer next week.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
					4									3				5							

O	S	F	F
14 3 24	12 15 2 19	5 24 6 12	15 4 19 8 26 24 15 26 14
F	O F	F O S	O F S O
4 24 23 23	3 4	4 26 3 5 10	3 4 5 10 3 26 20 15 1 17
O	S S	S	S
6 23 3 24 17 11	1 19 5 5	5 12 15 21 19 5 18 19 15 26 19	