THE BRIDGETOWN RELADER

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April 5, 2024. VOL. 16 Issue 13



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The AVRL Seed Library is back for 2024!

The AVRL (Annapolis Valley Regional Library) Seed Library began in 2016 with donations of seeds from local growers at the Lawrencetown branch. Since then, it has expanded to all eleven AVRL locations. Anyone is welcome to drop by their local library and choose from the seeds available, free of charge. This year, seeds have been generously provided by NSCC's Horticulture and Landscape Technology Program. Supplies are limited, so to ensure there's enough for everyone, please take only one package per variety, per household. Gardening is known to have substantial health benefits in terms of physical activity and mental well being. It's also a great family project that can lead to healthy food choices and sustainable communities. On top of all that, it's just plain fun!

Visit your local AVRL branch beginning early April and pick up some free seeds.



<u>Public Sessions to Discuss</u> Recreation

Annapolis County Recreation Services will be hosting meetings in each district to get your opinions and ideas on recreation services and programs. Please spread the word.

Can't make it to a meeting? No problem, an online survey is available as well. Complete the survey for a chance to win one of three prize packs. Prize pack includes a \$75 gift card and a county hat! Find the survey and the meeting schedule at

https://annapoliscounty.ca Questions? Email recreation@annapoliscounty.ca

Concert at St. James, Bridgetown

Nova Scotia singer Ruth Manning and the Prospectors, Sun. April 28, 2:00pm. Tickets: \$20.

Ruth Manning and the Prospectors formed as a band in the fall of 2016 and have been playing dances, festivals, and shows ever since. Band members include Joel LeBreton on lead guitar and vocals, Bob Gerard on bass and vocals, Scott Redden on drums and Ruth Manning headlines the band and also plays acoustic guitar and piano. The group has a tight sound with three-part harmony and plays a variety of country, rock and 50s &/60s music as well as many of Ruth's original songs.

Ruth has been involved in music for over 40 years and has been recording her own music since 2008. Her current single "Almost Home" =just topped the Worldwide Country Music Charts!

In 2022 Ruth was inducted into the Nova Scotia Country Music Hall of Fame! Tickets available from Hilda Connell at 902-665-4627. **10-week Yoga Session** starts Monday and Wednesday April 8th and 10th at St. Luke's Parish Hall in Annapolis Royal, 340 St. George Street, 10 am. \$130 for one class per week, \$195 for two classes per week. With Julie Palmer. To register email inalmerhaba@gmail.com. Come on out to

jpalmerhaha@gmail.com. Come on out to breathe, stretch, strengthen and relax.

The **Clarence 4H club** is asking for donations of Lego for their Lego club kids to build and compete with. Reach out if you have any! Email clarence@4hnovascotia.ca Thanks!

The <u>Lawrencetown and District Swimming</u> <u>Pool Society</u> is looking for new members to join their committee. Our pool is a huge and important part of our village during the summer and without volunteers it won't be successful. Can you help? Email lawrencetownpool@gmail.com

The Emergency Department at Soldiers Memorial Hospital (SMH) in Middleton will provide regular consistent hours in April. Open hours will be from 7:30am to 1:30pm, Monday to Friday each week in the month. At times when your local emergency department is closed, call 911 if you experience a medical emergency. For general health advice and information call 811, which is a service offered 24 hours a day, 7 days a week by experienced Registered Nurses.

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The Bridgetown Reader is published weekly on Friday by TAR Publishing. The deadline for submissions to our next issue is noon Mon. April 8. Community Events, news and Bulletin Board items are free. Email us at readerpublishing@outlook.com call 902-824-0412, or use the contact forms at

www.bridgetownreader.news





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Community Calendar

Fri. April 5, 7:00pm Jam Session every Friday Evening at the Youngs Cove Community Hall, 5407 Shore Rd.

Fri. April 5, 7-9:00pm or later! Weekly Music. The Annapolis Royal Legion, Branch #21 will host **The Fog**. Join us for some great music weekly with no cover charge! Don't forget that we have Happy Hour each Friday from 5:30-7:00pm and cocktail specials each Friday and Saturday! Chase the Ace is Back! The Chase the Ace Draw on behalf of the Annapolis Royal Community Centre will be held each week at 8pm. Please check the Annapolis Royal Legion Facebook site for updated info. All members and guests are welcome!

Sat. April 6, 8-10:00am Lions Big Breakfast.

Pancakes, eggs, hashbrowns, ham, sausages, toast, coffee or tea, juice. And community spirit. Free will offering. All welcome. Bridgetown Legion, 20 Jeffery Street.

Sat. April 6, 8:30-11:30am Annapolis PC Association is having a **Pancake Breakfast** at the Granville Ferry Community Hall. Price \$15. MLA's will be on hand.

Sat. April 6, 8-10:00am Monthly Breakfast.

The first Saturday of every month from April 6th to October 5th the Margaretsville Firehall will be holding a monthly breakfast. It is a full breakfast including eggs, bacon, sausage, homemade potato hash, beans and pancakes, fruit, toast, juice tea and coffee. Prices are \$15 adults, \$7.50 12 and under, 5 and under are FREE! Call 902-825-4327 or 902-825-4067 if more info is required! *

Sat. April 6, 9am-12:00pm Annapolis Royal **Winter Farmers and Traders Market** is indoors at the Annapolis Royal Legion, 66 Victoria Street, Saturdays until Spring. *

Sat. April 6, 9am-2:00pm Giant Used Book **Give Away** at the Kingston Lions Hall. Assorted hardcovers, novels, some children's books. Free books but we will accept donations and all donations will be given to the Kingston Library to support their many programs. 1482 Veterans Lane (Union St.) Kingston.

Sat. April 6, 1-3:00pm Come to an Easter **Bonnet Tea** at All Saints Anglican Church, 521 Pleasant St. Kingston. Admission: \$5.00. Sandwiches, sweets and refreshments will be served. Prizes for the best bonnets and fascinators will be awarded!

Sat. April 6, 1-3:00pm The Greenwood Skating Club presents **The Golden Ice Show** at Gardens Arena, Ward Road, CFB Greenwood. Our talented skaters will take you on a nostalgic journey through the past 50 years; starting in 1973 when it all began for our club. Skating through each decade, skaters will be

showcasing their impressive skills and performing to some of your favorite songs, alongside professional figure skater and social media sensation, Elladj Balde! Get ready to sing along and dance to the music! This show is sanctioned by Skate Nova Scotia. Pricing: \$25 plus fees and Tax

Sat. April 6, 7:00pm Jam Sessions, every Saturday night at the Litchfield Hall. Come out for an evening of music, fun and refreshments and support the hall. *

Sun. April 7, 8-10:00am Monthly Breakfast at the Port George Rec Centre, first Sunday of each month, April through to December, 12256 Shore Rd., Port George. Bacon, sausage, eggs, hash browns, pancakes, toast, tea, coffee, juice. \$12 per person. \$6 per child (12 to 6) and children under 5 free. *



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Sun. April 7, 10am-2:00pm Bear River

Jumble Sale: Community Yard Sale, at 1913 Clementsvale Road, Bear River. Find a wide variety of collectables, antiques, functional, and novelty items. Contact

BearRiverEvents@gmail.com

Mon. April. 8, 1-4:00pm Monday Life **Drawing Sessions**. Fun, welcoming, nonteaching environment. Bring your own materials (no oils or solvents). Easels, tables, chairs, water available for use. \$14 per session. Contact applecart61@aim.com with questions. Upstairs at ARTSPLACE, 396 St. George Street, Annapolis Royal.

Mon. April 8, 1:30 pm Lawrencetown and Area Seniors Assoc (LASA), Seniors 55+,

Annual Meeting at the Lawrencetown Legion, 490 Main St (parking lot entrance). Come and hear about the programs offered, followed by entertainment and light refreshments.

Mon. April 8, 7:00pm Valley Lions **Radio Bingo** (VLRB) is a Media Bingo broadcast on Annapolis Valley Radio, AVR 97.7FM and other AVR stations from Digby to Windsor, every Monday night from 7-8pm. Bingo Cards are sold through valley retail locations. Info at www.vlrb.ca

Tues. April 9, 10am Yoga For All Ages and **Levels** every Tuesday at Clarence Community

Hall, 3337 Clarence Road, 10 to 11am. There will be a free will offering to cover heating costs for the hall. Bring your mat or if you are a chair yoga person they will be available. Also, if you are able a few items for the food pantry that Annapolis Valley Folk School runs in Lawrencetown would be greatly appreciated. Email avfolkschool@gmail.com or call Maureen at 902-825-3070.

Tues. April 9, 1-3:30pm Seniors' Cards at the Farm Café at NSCC, Middleton, every Tuesday. All seniors welcome.

Tues. April 9, 1:30pm Jam Sessions every Tuesday afternoon at Parker Hall, Victoria Vale, across from the church. Come out for an afternoon of music, fun and refreshment and support the Hall.

Tues. April 9, 6:00pm Brickton Community **Hall's Annual General Meeting**. All are welcome to attend.

PUBLIC MEETIN SCHEDULE

Join us to discuss **Recreation** in Annapolis

County

All meetings are from 7:00 pm to 9:00 pm

WE WANT YOUR
FEEDBACK

APRIL 122 Shore Rd., Port George

Port George Regional Recreation 23 West Dalhousie Community Hall 4868 West Dalhousie Rd., West

Bridgetown Legion, Br. 33 APRIL 20 Jeffery St., Bridgetown

24 Three Rivers Community Centre APRIL 41 Messenger Rd., Torbrook Mines

Nictaux Fire Hall 9349 Highway #10, Nictaux **APRIL**

🕄 🕕 Bear River Legion, Br. 22 APRIL 1877 Clementsvale Rd., Bear River

Granville Ferry Community Hall 5352 Granville Rd., Granville Ferry **APRIL**

Springfield Fire Hall MAY 986 Highway #10, Springfield

Lower Granville Community Hall 3551 Granville Rd., Port Royal APRIL

Melvern Square Community Hall 165 Bridge St., Kingston

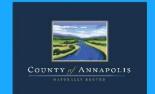
Felker Hall

Lawrencetown Fire Hall 734 Broadway Ave., Cornwallis Park MAY 549 Main St., Lawrencetown



Can't make a meeting? No problem! Use this QR code to complete the survey and a chance to win a prize!







The Bridgetown Dog Park Association is excited to share that we're working on creating a safe off-leash space for

the canine citizens of Annapolis County (and beyond) to mingle, play and learn to socialize. The dog park will be located in Bridgetown behind the baseball field on Jeffrey

Name the Park:

Help us choose a name for the dog park! Send an email to btowndogpark2024@gmail.com with your top choice from the following options:

1) B-Town Hounds

Happy Tails Park

3) Canine Corner

Voting ends 5:00pm on Friday, April 12th

FITNESS CLASSES

Granville Ferry Hall (Please come in the back door of Hall)

4 WEEK TERM Starting Mon. April 8th to Thur. May 2nd. **MONDAY:**

Zumba Gold (Beginners) 5:30pm - 6:15pm Pilates 6:30pm-7:30pm

TUESDAY:

BodyBlast Express 11:30am-12:00pm Pilates 12:10pm-1:10pm

WEDNESDAY

Zumba Gold (Beginners) 10:00am-10:45am Pilates 11:00am-12:00pm

THURSDAY

Bodyblast 10:00am-10:45am Pilates 11:00am-12:00pm **Pilates** 1 class for 4 weeks - \$52

Zumba Gold

1 class for 4 weeks - \$32 **BodyBlast**

1 class for 4 weeks - \$32

BodyBlast Express 1 class for 4 weeks - \$24

(If you do two or more classes you receive an additional \$4 off)

I supply mats and any other equipment we may use so just bring yourself a water bottle and your indoor sneakers. Pilates is done barefoot or sock foot.

If you have any questions please feel free to send me an email. I will be happy to answer.

TO BOOK YOUR SPOT please send me an email to susanthefitnessroom@gmail.com

HOPE TO SEE YOU THERE! LET'S HAVE FUN & GREAT FIT TOGETHER!

Wed. April 10, 7:00pm West Nova Bee Club

A Meeting of the West Nova Beekeepers will be held at the Upper Clements Community Hall, 2951 Highway 1. At this time of year, honeybees are flying, building their "workforce", and begin collecting the nectar that will be transformed into the honey crop for 2024. Current beekeepers and any others who would like to learn more about beekeeping are welcome to attend. There is no charge, but a toonie donation to the Hall would be welcomed. Call Roy or Judy Austin 902-638-2005 for further information.

Wed. April 10, 7:00pm Brickton **Community Hall Jam Sessions**-Every Wednesday @ 7. Free will offering. All welcome.

Wed. April 10, 7:00pm CMHA NS Men's **Peer Support Group** Unrealistic expectations based on gender and a lack of suitable mental health options can prevent those who identify as men from honouring their mental health and reaching out for support when they need it. CMHA NS Division's virtual Men's Peer Support group provides a safe, confidential space for those who identify as male to connect without judgement. Sessions are held each Wednesday via Zoom. Newcomers are welcome! To register, visit www.novascotia.cmha.ca Questions? Contact Keith Anderson, Provincial Lead - Peer Support and Community Suicide Prevention at

Wed. April 10, 8:00pm Al-anon **Meeting**, for relatives and friends of alcoholics, at the First United Baptist Church at 762 George Street, Annapolis Royal, every Wednesdays at 8pm. Please enter through the front door.

keith.anderson@novascotia.cmha.ca

Thur. April 11 Best Years Seniors Fellowship Seniors Luncheon at Hillsburn United Baptist Church, 3686 Shore Rd W., Hillsburn. Come, bring your friends and neighbours. Enjoy the music and sing along to the songs by David

Page 3 ONE STEP AT A TIME **BASIC, ADVANCED AND DIABETIC NURSING FOOT CARE** Nail Trim/File Callus/Corn Removal Care of Dry/Cracked Heels Treatment of Ingrown Nails Lower leg and Foot Assessment And more! 902-708-3259 OSAATfootcareclinic@gmail.com 3255 Granville Road Port Royal, NS



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Thur. April 11, 12 4:00pm Greenwood Mall Farmers Market. Every Thursday. Our mission is to promote healthy living by eating, drinking and shopping local! Greenwood Mall.

Thur. April 11, 2-3:00pm Nova Scotia Works Job Search Club Embarking on a job search journey? Join our dynamic Job Search Club! Connect with like-minded individuals, share insights, and gain invaluable support and resources to ace your career transition. Let's navigate the job market together and land your dream job! Weekly at PeopleWorx. 298 Marshall Street, Middleton.

Bingo Tuesdays at 205 Marshall Street, Middleton.

Tues. April 9, 7:15-10:15 Middleton Legion

Wed. April 10, 10:00am NS Walks Annapolis

Royal Wednesdays at 10am. Are you interested in getting some exercise, at your pace, with friendly people, and in picturesque surroundings? Join our Walk Group! We meet every Wednesday at 10:00am at the Annapolis Royal Farmers' Market parking lot. Walkers of all ages and abilities are welcome. For further information, call (902) 250-0429.

Wed. April 10, 10:00am NS WALKS **BRIDGETOWN** a walking group for all levels and abilities If you are looking for motivation to get out for a bit of exercise and to socialize come join us. Walkers meet at the Library every Wednesday at 10:00 am. All are welcome Registration is not required. For more information check our Facebook Group

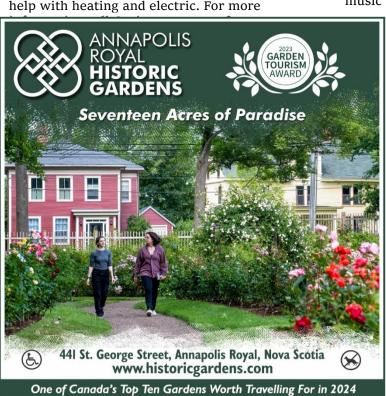
Wed. April 10, 10:00am CMHA NS Peer **Support Group - Circle of Friends**

NS WALKS BRIDGETOWN

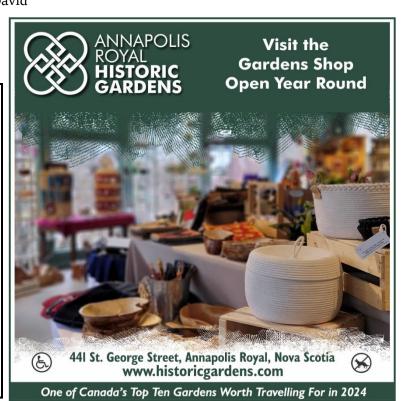
Connections are important for overall mood enhancement and can help us through 'blue' periods as well as during times of isolation. If you'd like to improve your communication skills and improve your ability to connect or just broaden your circle, join Circle of Friends! This virtual peer support group is a safe, confidential place for peers to connect and share their journeys as they offer peer support to one another. Sessions are held each Wednesdays via Zoom. Newcomers are welcome! To register, visit www.novascotia.cmha.ca

Wed. April 10, 3-5:00pm Farmers and Crafters Market, every Wednesday at the Lions Club at 948 Hwy 1, Deep Brook. Local vendors and farmers. New vendors always welcome.

Wed. April 10, 7-9:00pm Crafting Evening at Round Hill Hall every 2nd Wednesday. Bring what you enjoy crafting and show everyone what you know. Drop a donation in our can to help with heating and electric. For more







Thur. April 11, 7:00pm The Clarence 4-H **Club** meets at the Clarence Hall on the second Thursday of each month at 7pm. New members and leaders are always welcome! For more information call Shanda at 902-824-2835

Thur. April 11, 7:30pm Champlain Garden **Club Meeting** at the United Church Hall (by the red light), 393 St. George Street, Annapolis Royal. Always wanted to attend the Chelsea Flower Show in the UK? This is your chance to get a glimpse of what it's like! Club President Garry Freeman will be doing a presentation with beautiful pictures of his trip to the famous flower show! Spectacular shots of beautiful orchids will also be included.

Not a member, not a problem! Come enjoy this evening as a guest and discover a friendly group of like-minded gardeners. Membership is \$20, offering Club activities, and discounts for Nurseries. What more could you ask for! Hope to see you there!

Fri. April 12, 1-3:30pm Seniors Fun **Afternoon** Kingston Area Seniors Association (KASA) welcomes you to an afternoon of cards, games, easy conversation, and light refreshments. Cost \$2. Royal Canadian Legion. 1472 Veteran's Lane, Kingston.

Sat. April 13, 8-10:00am Community Breakfast. Holy Trinity Anglican Church, 45 Main Street, Middleton, is hosting a Community Breakfast where all are welcome! Free will offering. Known as the breakfast that buys local and buys fresh because when you buy the best you serve the best. Reviews: "Best Eggs east of TOFINO", Anon.

Sat. April 13, 9-11:00am Pancake Breakfast at St. Luke's! There will be a pancake breakfast in the St. Luke's Church Hall, 340 St. George St, Annapolis Royal. We will serve coffee & tea, pancakes, sausages, fruit sauce, real maple syrup and whipped cream. Cost \$12. Children under 12 are \$5 and free for the under 5's. See you there!

Sat. April 13, 9:00am The Riverside Cemetery is holding its annual **Spring Clean-Up** starting at 9:00am. We are always seeking volunteers. Any helpers will be greatly appreciated. Please meet at 1 Chipman Avenue and bring your own rake, work gloves and appropriate footwear.

Sat. April 13, 12-2:00pm Opening **Receptions.** You are invited to join us in celebrating the opening of April exhibitions in all four galleries at ARTSPLACE. Light refreshments. Everyone welcome. Free admission (donations welcome). 396 St. George Street, Annapolis Royal.

Sat. April 13, 1-3:00pm Book Launch and **Signing** with Steve Skafte at Lazy Daisy Café, 222 St. George Street, Annapolis Royal. "Light in the Darkhouse" is his latest full-colour coffee table book of photos and prose! Featuring stunning images captured under starlight, moonlight, and even some of the northern lights. Steve is a well-known local artist, with a monthly column in Rural Delivery, regular appearances on TV and radio, and a daily journal he's been sharing online for 16 years. Support the café by grabbing a coffee or snack when you stop by!

Sat. April 13, 2:00pm Carson Fullerton in **Concer**t at Annapolis Royal Baptist Church. Free will offering with proceeds going to community outreach. Refreshments to follow.

Sat. April 13, 4:00pm Choral Evensong featuring joint choirs of the St. Luke's Chamber Choir & The Kings' College Chapel Choir. Choral Evensong is the sung evening worship service of the Anglican Church based on the monastic tradition. This service will include choral works by Thomas Tallis. St. Luke's Anglican Church (340 St. George St, Annapolis Royal). Free Admission.

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Weekly Specials.

Sat. April 13, 8:00pm JP Cormier, Canada's legendary multi-instrumentalist, singer, songwriter, producer and teacher makes a return visit to the Evergreen Theatre. Tickets: Adults \$40, Members \$30, Military \$35, Students \$20. Available at www.evergreentheatre.ca or 902-825-6834. 1941 Stronach Mountain Rd., Margaretsville.

Sun. April 14, 4:00pm Classical Second Sundays at St. Luke's. Come and hear some beautiful music by concert pianist Cindy Thong. Doors will open at 3:30pm, 340 St. George St, Annapolis Royal. Admission by donation, all welcome!

Mon. April 15, 1;30-3pm Care Givers Support Group (for people who care for loved ones with dementia) The group meets the 3rd Monday of the month, except July and August, from 1:30 - 3:00pm, at St George & St Andrew United Church, 393 St George St, Annapolis Royal, (at the lights), Office Door, side entry. Contacts: Art Jones - 902-532-0784; Lou Fletcher - 902-532-2377

Mon. April 15, 7:00pm Annual General Meeting at Fort View Golf course to review business of 2023 and have a glance of the upcoming 2024 golf season. All members and prospective members are welcome.

Wed. April 17 National Canadian Film Day at

ARTSPLACE: Project Grizzly at 12pm, I Like Movies at 1:45pm, and Hey Viktor! at 4pm. #CanFilmDay has grown into the largest annual celebration of Canadian culture. A day to gather and celebrate the incredible achievements of the nation's filmmakers. Presented by REEL CANADA. Pay What You Can. Upstairs at ARTSPLACE, 396 St. George St., Annapolis Royal. View trailers at www.arcac.ca/calendar.html

Wed. April 17, 3-5:00pm National Canadian Film Day -"All My Puny Sorrows". A free screening of "All My Puny Sorrows" at the Annapolis Royal Library. Based on the 2014 best-selling novel by Miriam Toews, All My Puny Sorrows is the moving and poignant story of two sisters estranged from their Mennonite community who return home following the death of their father. Featuring outstanding performances and a strong emotional core, Michael McGowan's incredible adaptation explores the depths – and limits – of familial love in sealing the cracks of tragedy and trauma. Registration is required. Contact the Annapolis Royal Library or visit



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340 St. George St. Annapolis Royal

Sunday April 7th, 10:00am

Holy Eucharist Service Celebrant & Preacher: Rev. Julia Ford Second Sunday of Easter All Welcome

Monday April 8th, 6:30pm

Parish Council Meeting in the Rosette Room

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gangasroomtherapy.com

Wed. April 17-Fri. April 19, 7:00pm nightly and Sat. April 20 and Sun. April 21, 2:00pm **each day** The Theatre at West Kings presents **Anne of Green Gables**. This is the first time Anne has been performed in the Annapolis Valley in over a decade. It is also the 50th anniversary of its first performance. Tickets: Adult \$17, Student \$12. Available at http://westkings.ednet.ns.ca or at the door. West Kings District High School, 1941 Hwy 1, Auburn.

Thur. April 18, 7:00pm Paradise Cemetery **Company Annual General Meeting** at the Paradise Heritage Centre (formerly the Paradise School/Jack and Jill Pre-School), 10307 Highway 1, Paradise. Everyone who owns a plot and family of the same are members and are urged to attend if possible. For further questions or information contact Bob Bishop, Secretary-Treasurer at bobbishop79@gmail.com or 902-825-8046

Fri. April 19, 1:30-3pm Crafty Connections: **Collage Art Journal**. Make a small journal for daily musings or drawings. We'll start with a blank journal, and add paper, rubber stamps, and stickers to keep you inspired on every page. All materials supplied. For ages 18+. No experience necessary. Registration is required. Contact the Bridgetown & Area Library or visit https://annapolisvalley.librarycalendar.com/e vent/crafty-connections-collage-art-journal-10063 to register.

Fri. April 19, 7:00pm and Sat. April 20, **2:00pm and 7:00pm** The Digby Area Theatre Society Proudly Presents Who Killed Henry?, written by Carol Libman and directed by Verilea Ellis, at the Digby Region High School Community Theatre. Advance Tickets of \$15 Each on sale right now at: Conway Quick Stop (7-11), Digby Convenience, Busy Bees Hair Salon, Weymouth Mercantile, and Bear River Grocery. At the Door: \$17 Each. It's a Murder Mystery with Twists and Turns that you won't want to miss.

Sat. April 20 Maplefest at the Milford & Area Community Hall, 5439 Hwy 8, South Milford. Two sittings - 12 noon to 2:00pm and 4 to 6:00pm. Adults \$18. Children under 12, \$9. Take Out Available. Sorry, No Reservations. Menu: Pancakes with Robyn Warren's Local Pure Maple Syrup: Roasted Old-Fashioned (Armstrong's) Bone-in Ham; Homemade Baked Beans, Potato Salad, Rolls, Pickles and Assorted Pies; Beverages - Tea, Coffee or Juice. For details call 902-532-5606. Proceeds for the Milford & Area Community Assn.

Sat. April 20, 2-3:30pm Speaker Claire **Jimmison** provides an opportunity to learn about dementia and how to reduce your risk of vascular dementia by reducing your risk of stroke. Part of the 2024 Speaker series by the Friends of the Annapolis Royal Library in the Dugua Room at the Annapolis Royal Library, 143 Ritchie Street. All sessions are free. Free will gratefully accepted.

Sat., April 20 Roast Turkey Dinner - West Dalhousie Community Hall, 4868 West Dalhousie Road. Roast Turkey with all the fixings along with homemade dessert. \$17 Adult; \$8.50 Youth (5 to 16 yrs); under 5 free. We will be doing 2 settings, one at 4:30 pm and one at 5:45 pm. Takeout available. Please call Julie (902-665-2493) or Cecile (902-665-2197) to reserve your table or takeout order. If you are unable to keep your reservation, please call Julie or Cecile. At door by chance! We will be accepting reservations until April 14th. Proceeds to Annapolis County Ground Search and Rescue.

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BOOK VIA EMAIL OR WEBSITE TO SECURE YOUR SPOT! HTTPS://TOVEYRMT.NOTERRO.COM CONTACT@TOVEYRMT.CA

MASSAGE THERAPY CLINIC IN LAWRENCETOWN

Sore, Achy or Just Plain Tired?

Katherine Tovey, RMT Now open five days/week

Katherine will be operating Tuesday - Saturday at her clinic in the Lawrencetown Community Health Centre on the second floor.

Specializing in myofascial techniques and deep tissue, as well as having been in practice for over four years, she is confident she can aid you in you recovery and overall well-being. Direct Billing available too!

> therapeutic massage 30 minute / 45 minute / 60 minute ayurvedic scalp massage / Cupping / & more

Did you know? In December 2023 the World Health Organization released guidelines for treatment of lower back pain in which it nmends non-surgical interventions, including massage therapy!



NATURAL FARM MARKET

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hello@bushelandbarrow.ca

Goat Island Bread **New Spring & Summer Hours:** 10:00am to 5:00pm Tuesday to Saturday

Creamy Bubbles Homemade Goat Milk Soap

Seven Acres Farms & Ferments

Locally Baked Outlet - Keto Crib

12:00pm to 5:00pm Sunday

Goldhawk Farms (Granola)

Hutchinson's Maple Syrup

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Jeanette's Jams

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06

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26

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Sun. April 21, 8:00pm The Once, at Evergreen Theatre. The Once is a folk trio based in St. John's, Newfoundland, Canada. The group features Geraldine Hollett on lead vocals and vocalist-instrumentalists Phil Churchill and Andrew Dale playing a variety of instruments. The group performs a mix of original and traditional material and is noted for their three part harmonies, which are sometimes performed a cappella. Tickets: Adults \$40, Members \$30, Military \$35, Students \$20. Available at www.evergreentheatre.ca or 902-825-6834. 1941 Stronach Mountain Rd., Margaretsville.

Thur. April 25, 7-9:00pm Annapolis Basin **Outdoor Adventures Society (ABOA**) is

having its **AGM** at the Upper Clements Hall. ABOA is a group of dedicated volunteers who in conjunction with Annapolis County and the Province have developed the Upper Clements Trails. Come out and meet the directors, get updated on developments and get an insider's scoop on new trail development (it's way more than Swear Jar!). Two general director's positions need to be filled. Buy your \$20 membership online at aboatrails.com and help us cover the cost of insurance and get enfranchised. Connect with us on Instagram or Facebook.

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Sat. April 27, 10am-3:00pm Craft Supply

De-Stash Sale and Tea at Paradise Community Hall, 10300 Hwy 1, Paradise. Calling all Crafters! Looking to reduce your surplus craft supplies? Book a very reasonably priced table (\$7.50, \$10, or \$15 depending on size) to sell your extras!

Quilting fabric and supplies, buttons, card making, scrapbooking, rug hooking, knitting and crochet yarn, stamping, Cricut, and more! Please note: This is a cash event and intended for supplies, not finished items. Tables for selling must be reserved and paid in advance and are first come first served. For table rental & more information, email Carrie at paradisevillagequilters@gmail.com

Sat. April 27, 1:30pm Arts & Crafts Show at the Wilmot Christian Fellowship Centre, 208 Dodge Road. Book a free table no later than April 19 to display your crafts. The public is invited to view the crafts, meet the crafters, & enjoy a fun afternoon of fellowship and refreshments. Call 698-9467 to book a table or for more information.

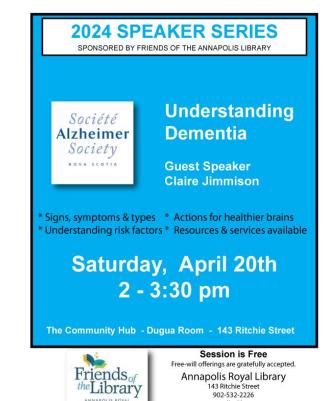
Sun. April 28, 2-4:00pm Ruth Manning & **The Prospectors Concert** at St. James Anglican Church, Bridgetown. Tickets \$20, available from Hilda Connell at 902-665-4627

Thur. May 2, 6:30pm The Bridgetown Area **Chamber of Commerce Society** is having their AGM at Junction 16.

Sat. May 4, 10am-4:00pm Mother's Day **Market and Fundraiser** at the Kingston Royal Canadian Legion. Lots of local venders, artisans, crafts

people, bakers and more. Door prizes, kid's activities and Silent Auction for 2024 Kidney Walk. Free will at door. To register as a vender email Julie at blackcrowsj@gmail.com 1472 Veteran's Lane, Kingston.

Sat. May 18, 6:00pm Annapolis PC Association is having a **Roast Pork Dinner** at the West Dalhousie Community Hall. Price \$25. Silent Auction, 50/50 and cash bar. There will be a guest speaker and MLAs on hand. Tickets call 902 665-2019 or 902 825-





NATURALLY ROOTED

Low Income Property Tax **Reduction Application** 2024/25 Tax Year

The Council of the Municipality of the County of Annapolis has directed, by policy, that an exemption from taxation will be granted for the taxation year April 1, 2024-March 31, 2025, pursuant to Section 69 of the Municipal Government Act in an amount up to \$400.

TO QUALIFY:

- You must be a resident of Annapolis County in the Province of Nova Scotia; and
- Own the assessed property and occupy it as your principal residence; and
- ANNUAL income from all sources for the 2023 calendar year for yourself, spouse, common-law spouse and other persons over the age of 18, that resided in the same household, was equal to or less than \$30,000 (based on line 15000 of the income tax Notice of Assessment).

- The exemptions provided will be based on the following income levels:
- If the residential property taxes are less than the exemption value, then the exemption will equal the full amount of the tax invoice.

Annual Income	Tax Exemption	
Equal to or under \$30,000	Up to \$400	

Where such property is jointly owned, only one tax exemption shall be provided per property and the sharing in such exemption shall be on the basis of proportion of ownership in such joint property.

TO APPLY:

- After you have filed your personal income tax for 2023, AND received your Notice of Assessment from Canada Revenue Agency, complete the Low Income Property Tax Reduction Application
- Attach copies of the 2023 Canada Revenue Agency (CRA) Notice of Assessment for each adult residing in the home (see sample below)
- Tax exemptions will only be approved for those applicants who provide copies of their CRA Notice of Assessments for 2023



- If you do not have your CRA Notice of Assessment, you can call 1-800-959-8281.
- Applications must be received by the Municipality no later than December 31, 2024. Applicants must re-apply

Application forms are available at the Municipal Office, 752 St. George Street, Annapolis Royal, NS, BOS 1A0 or visit our website www.annapoliscounty.ca

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Seasonal Job Opportunities - Training Provided!

The Annapolis Heritage Society (AHS) seeks interested individuals to work as Interpreter/Archive Assistants.

Positions have variable start dates between May 13th and July 2nd 2024

These positions are perfect for graduating high school students, responsible senior high students, students returning to full time post secondary studies in the Fall and non-students between the ages of 15-30. AHS supports equity, diversity and inclusion in the recruitment and staffing for these positions and encourages applications from all interested individuals.

Job Types: Seasonal, full time; 35 hours weekly Language Required: English (French is an asset) Fee: \$15.20 hourly

Duration: Various start dates between May 13th and July 2nd, 2024. Positions run from 8-16 weeks to be completed by Aug. 31st, 2024.

Locations: *The O'Dell House Museum*, Archive and Research Centre, 136 St. George Street, Annapolis Royal; *the Sinclair Inn Museum*, 230 St. George Street, Annapolis Royal.

Job Description: The main tasks and responsibilities for the positions include: historic interpretation of permanent exhibition rooms; customer service; care of collections; processing of archival materials; exhibition and event support; and records management.

<u>No experience necessary</u>. All training provided. All you require is a positive attitude and a willingness to share what you learn with interested visitors to our museums and archive.

If you are interested in these positions, please email a resume and cover letter explaining your interest and suitability for the role:

rmbuchanan2@gmail.com or annapolisheritage@gmail.com

Annapolis Heritage Society (AHS) https://annapolisheritagesociety.com/

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Fri. April 5, 7:30pm Epic Eagles: the Definitive Eagles Tribute (live performance) Featuring the voice of Dean Young – Lead Vocals covering Henley – Drums | Guitar | Percussion; Dean held this position for almost 2 decades with the Canadian tribute 'Hotel California' – 2003-2018 Performing alongside the incredible vocalist | multi-instrumentalist Mike Alonzo, Lead Vocals covering Glenn Frey | Joe Walsh | Timothy B Schmit | Randy Meisner – Guitars | Bass | Keys, with the amazing Jeff Salem on Drums | Percussion, Dan Bohemier Bass | Keys | Backing Vocals and Frank Koren Guitar | Backing Vocals

Providing a masterful presentation of Eagles classic hits and Don Henley favourites with its rock n' roll game-changing song catalogue, Epic Eagles has earned its place among the top drawing tribute acts in North America and is widely regarded as the finest Eagles tribute show in production today. Tickets: Adults \$45, Youth \$15.

Sun. April 7, 3:00pm Perfect Days (film, PG) Hirayama seems utterly content with his simple life as a cleaner of toilets in Tokyo. Outside of his very structured everyday routine he enjoys his passion for music and for books. And he loves trees and takes photos of them. A series of unexpected encounters gradually reveal more of his past. A deeply moving and poetic reflection on finding beauty in the everyday world around us. Directed by Wim Wenders. Tickets: Adults \$10.95, Youth \$6.95.

Wed. April 10, 7:00pm One Life (film, PG) Based on the book 'If It's Not Impossible...: The Life of Sir Nicholas Winton' by Barbara Winton, One Life tells the incredible, emotional true story of Nicholas 'Nicky' Winton (Johnny Flynn), a young London broker who visits Prague in December 1938. In a race against time, Winton convinces Trevor Chadwick (Alex Sharp) and Doreen Warriner (Romola Garai) of the British Committee for Refugees in Czechoslovakia to rescue hundreds of predominantly Jewish children before Nazi occupation closes the borders. Fifty years later, Nicky (Anthony Hopkins) is haunted by the fate of the children he couldn't bring to safety in England. It's not until the BBC show "That's Life!" re-introduces him to some of those he helped rescue that he finally begins to come to terms with the guilt and grief he carried — all the while skyrocketing from anonymity to a national hero. A TIFF Film Circuit Pick. Tickets: Adults \$10.95, Youth \$6.95.

Fri. April 12, 7:30pm Altar (live performance) Created and performed by Santiago Guzmán. Eugenio is a queer young immigrant living in St. John's, Newfoundland & Labrador. Since moving from Mexico less than a year ago, he has experienced deep love and even deeper heartbreak when Benjamin, his new boyfriend, inexplicably "ghosts" him. Looking to the traditional Mexican holiday Día de Muertos and his father's previous experience with paranormal activities, Eugenio decides to build an altar in the hopes that he will be able to summon his boyfriend's 'ghost' and gain the closure he so desperately desires. Through the altar, Eugenio realizes that he has been something of a ghost himself to those left behind in Mexico. Will setting up an altar be enough to heal these relationships or is there more to find out? Tickets: \$30 adults, \$10 youth.

Santiago Guzmán (he/they) is an award-winning playwright, dramaturge, performer, and director originally from Metepec, Mexico, now based in St. John's, NL. He is the Artistic Director of TODOS Productions & the Interim Artistic Director for Playwrights Atlantic Resource Centre. Santiago's work as a writer aims to put local, under-represented narratives and characters on the frontlines, whilst inviting audiences to appreciate the vibrancy of Newfoundland and Labrador from a diverse perspective.

Sun. April 14, 3:00pm Kung fu Panda 4 (film, PG) After three death-defying adventures defeating world-class villains with his unmatched courage and mad martial arts skills, Po, the Dragon Warrior (Golden Globe nominee Jack Black), is called upon by destiny to... give it a rest already. More specifically, he's tapped to become the Spiritual Leader of the Valley of Peace. That poses a couple of obvious problems.

First, Po knows as much about spiritual leadership as he does about the paleo diet, and second, he needs to quickly find and train a new Dragon Warrior before he can assume his new lofty position. Even worse, there's been a recent sighting of a wicked, powerful sorceress, Chameleon (Oscar® winner Viola Davis), a tiny lizard who can shapeshift into any creature, large or small. And Chameleon has her greedy, beady little eyes on Po's Staff of Wisdom, which would give her the power to re-summon all the master villains whom Po has vanquished to the spirit realm.

So, Po's going to need some help. He finds it (kinda?) in the form of crafty, quick-witted thief Zhen (Golden Globe winner Awkwafina), a corsac fox who really gets under Po's fur but whose skills will prove invaluable. In their quest to protect the Valley of Peace from Chameleon's reptilian claws, this comedic odd-couple duo will have to work together. In the process, Po will discover that heroes can be found in the most unexpected places. Tickets: Adults \$10.95, Youth \$6.95.

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ALTAR

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PERFECT DAYS

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KUNG FU PANDA 4

Po the Dragon Warrior is called upon once more. Jack Black, Awkwafina, Viola Davis SUNDAY, APRIL 14th @ 3:00 PM



THE OLD OAK

Legendary Director Ken Loach's final film about community, acceptance and hope.

WEDNESDAY, APRIL 24th @ 7:00 PM



ONE LIFE

Based on the true story of humanitarian Sir Nicholas Winton who rescued children in WWII @ 7:00 PM WEDNESDAY, APRIL 10th



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Total Solar Eclipse April 8, 2024

On Mon. April 8, 2024, a spectacular and rare celestial event is set to unfold over Canada, the United States and Mexico - a total solar eclipse. As the Moon aligns perfectly between Earth and the Sun, temporary darkness will sweep across parts of the country, captivating countless spectators.

Quebec, for instance, hasn't witnessed a total solar eclipse in over 50 years (1972), and it will be over 80 years before the next one (2106). However, partial solar eclipses, as well as total and partial lunar eclipses, take place regularly in Canada.

In Canada, the solar eclipse's path of totality will pass through some cities and towns in Ontario, Quebec, New Brunswick, Nova Scotia, Prince Edward Island and Newfoundland, plunging them into darkness for a few minutes. People outside the path of totality will be able to observe a partial solar eclipse, during which the Sun is not hidden in totality.

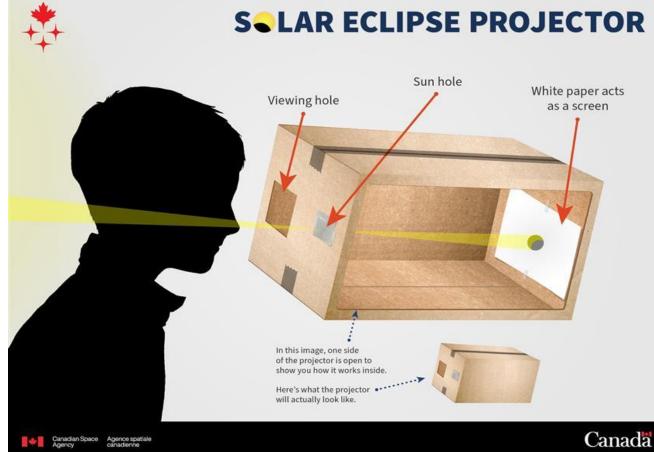
Looking directly at the Sun, without appropriate protection, can lead to serious problems such as partial or complete loss of eyesight. Viewing any part of the bright Sun through a camera lens, binoculars, or a telescope without a special-purpose solar filter secured over the front of the optics will instantly cause severe eye injury.

If you are looking directly at the eclipse, you must always look through safe solar viewing glasses ("eclipse glasses") or a safe handheld solar viewer. You can also use an indirect viewing method, such as a pinhole projector. Be wary of eclipse glasses or viewers purchased online. Recent news stories report that some eclipse glasses or viewers purchased through Amazon, may not be safe. Buyers should put on their glasses and look at a bright light, like a flashlight. If the light is "extremely dim," or doesn't appear at all, the glasses are safe, Susannah Darling, of NASA's Goddard Space Flight Center, said in an instructional video. Viewers should be able to see the filament of the lightbulb, not the glow surrounding the bulb.

All will be for nought if it's cloudy, but we can hope. (Information and images courtesy Canadian Space Agency and MSN)

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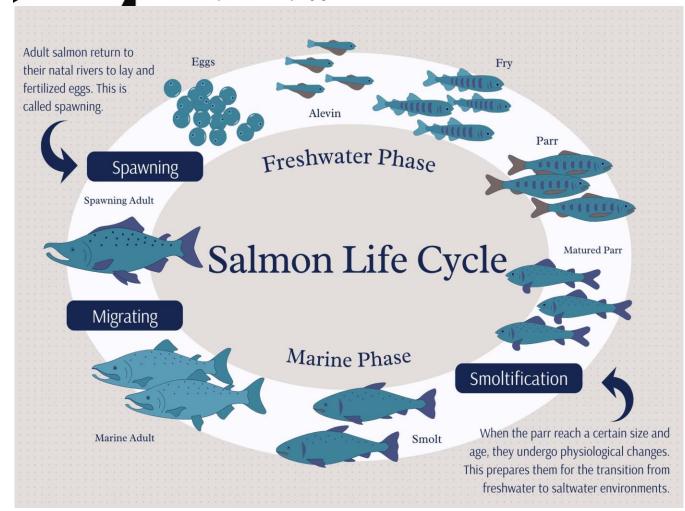
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Wanted: St. James Anglican Church, Bridgetown, is looking for an **organist and/or pianist**, paid, full-time or part-time position, to assume duties ASAP. Contact: Thane Bent: 902 665-3044

The **Paradise Heritage Centre is looking for someone** to work for a few hours each month to help with light cleaning tasks, taking our garbage, clearing snow at entrance. Pay would be around \$80.00 each month. If you are interested please contact at barbarabishop84@gmail.com

The Aroma Mocha Café is featuring artwork

from a collective of Bridgetown and area artists. This display of art for sale will be ongoing and new works will be added frequently.

The Tupperville School Museum is requesting the donation of a serviceable, **ice cream maker**. Must be hand operated. Reply to tuppervillemuseum@gmail.com or call 902-719-8566.

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CVITP Tax Clinics Starting Wed. Mar. 6, 2024, every Wed. in March and April from 10am to 2pm at 2951 Hwy #1 Upper Clements, BoS 1Ao (water side). Please call Norma at (902) 526-2515 for info or to book a time. Or e-mail to upperclementshall@gmail.com.

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For Sale: Beautiful purebred golden retriever puppies. Ready to go home May 5 at 8 weeks old. Puppies will come home with a vet check, health certificate, deworming and first set of vaccinations. \$1250, with a \$250 deposit to hold your pup. Delivery between Annapolis Royal and Halifax is included, or you are welcome to come to the farm, pick up your puppy and meet the parents! Text or call 306-250-9875 or join our Facebook group Windstille Golden Retrievers for more information.

For Sale: Centre Point 4 x 32 mm Cross Bow scope with plex reticle \$25. Barnett 4x32 mm Cross Bow scope with five crosshairs & rings \$30. Fujinon 3x9 x42 mm hunting rifle scope with plex reticle. Comes with lens covers & Weaver rings \$80. If interested, contact hloegler@outlook.com

For Sale: Three fiddles, a 700 Kentucky mandolin, an electric bass guitar and a Pevey Amp with 6 inputs. Call 902-584-3094

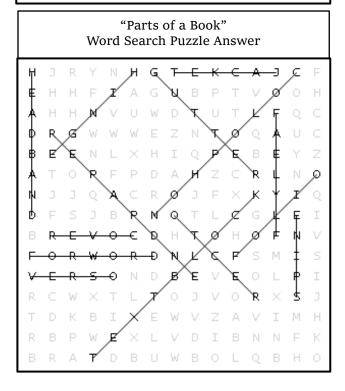
Looking to Buy: Used golf carts - Yamaha, Club Car, EZ-Go. 902-245-2475

For Sale: Used tires, still good condition. Variety of types and sizes. \$10 each. 902-309-1299

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For Sale: No Netflix, No Prime, No problem. I have the answer. 150 action DVDs and DVD cabinet. All in good condition, the works for

For Sale: Dish cabinet with contents, 74" H x 50" W, \$450. Large glass top deck table with 4 chairs and cushions. Like new, \$250. Wooden picnic table, \$80. 902-825-4655 (no voice mail or text, please)

\$50.Phone 902-665-2558.

For Sale: Burial lot, Wadeville Cemetery, Granvile Centre. Price \$350. 902-532-5900

For Sale: Four pairs cowboy boots, size 7. 12 country & western LP's. Yamaha keyboard, like new. Christmas village display with a number of buildings. Pair size 8 work boots with carbon fibre toes. 902-825-4523

For Sale: Table, three feet by two feet, about 39 inches high, wooden top, cream colour, black metal legs, has a shelf under the top, solid, excellent shape. Being sold as a fund raiser for local hall. \$50.00 OBO. Call 902-955-0535.

For Sale: Divan, rose flower pattern on beige background, roll cushion, curved back, slanted at one end with vertical armrest at the other, four-inch legs, solid, very good condition. Being sold as a fund raiser for local hall. \$100.00 OBO. Call 955-0535





Councillor

District 3

PO Box 100, 752 St. George St. Annapolis Royal, NS BOS 1A0 AnnapolisCounty.ca

(902) 824-0171 denslow@annapoliscounty.ca



For Rent: Room for rent. Includes use of house. \$400/ month. Mt. Hanley. 902-824-2321

For Sale: Various antiques including Kerosene Lamps, Clocks, Crocks, small spinning wheel, and a three-piece Victorian Grape Back Parlor Set. Please call 902-765-3467 for appointment to view at a Private Home in Kingston Area.

<u>For Sale</u>: Champion front tine tiller, 1 year old 212 ohv. \$500. 902-765-6463

Recycle Your Bicycle: Do you have a bike, or bikes, in your shed or garage that you don't use anymore? If so, I'll take it and get it to someone who can use it, at no cost. Bikes should be in good condition, needing no more than minor repairs. Call Steve at 902-824-1645 to make arrangements for pick-up or delivery.





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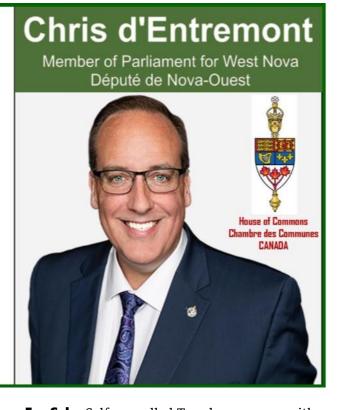
The Art of Mindfulness: An Introductory

Course, at the Granville Ferry Hall, April 21, 28/May 5, 12 from 3-4:30pm each day. \$60 with sliding scale available. Mindfulness involves maintaining a moment-by-moment awareness of various aspects of our experience, including thoughts, body sensations and feelings.

Practicing mindfulness can help you find freedom amidst difficult experiences and cultivate deeper connections with yourself and others. In this four-week course, you'll be introduced to the fundamental skills of mindfulness meditation and get tools that can help you:

- Learn to observe your thoughts without getting caught up in them
- Develop awareness of unhelpful patterns, emotions, and reactions
- Improve focus and concentration while reducing stress
- Become more attuned to bodily sensations so you can learn from them.

This workshop will be practical and experiential—with a focus on helping you put the tools of mindfulness to work in your life immediately. It will be offered in a highly inclusive environment that considers people of all ages, genders, sexual orientations, abilities, ethnicities, and other identities. Tickets for this event are offered on a sliding scale. If you'd like to pay a reduced price, please use one of the following discount codes: Pay50, Pay40, Pay30, Pay20, Pay10, PayZero. Visit embodymind.co/classes or email info@embodymind.co to get more information and register.



For Sale: Self-propelled Toro lawnmower with Honda engine. Needs tune-up but works great. I am going electric I paid 800\$ 5 years ago. Asking 300\$. 902 765 1898 or joeben699@gmail.com. photo available. Pick up in PARADISE.

For Sale: 2011 Ram 1500 4x4. It has a new computer, new wipers and undercoated. Inspection good to May 2025. 169700 kms. Asking \$12,000. Phone 902-584-3554

For Sale: Set of summer tires, 205 55 R15. Good condition. \$100. 902-584-7296

For Sale: 30 Country Western vinyl record albums. Willie, Johnny, Merle, Dolly, Tammy, Hanks Sr & Jr, Wilf and more. All used and in good condition \$60.00 for all. 902-824-2771

For Sale: 32" RCA flat screen TV with remote. Works fine, just do not need anymore. Not a smart tv. \$65. 902.824.2771

Page 13 EXPLORE THE WORLD! WORLD! WITH ANGELA (902) 665-4842 (902) 665-4842 46@MARITIMETRAVEL.CA

Looking For a short section of corrugated HDPE culvert - exact dimensions not required, but about 4'-6' long and between 24" and 36" in diameter. situationiste@gmail.com

For Sale: Savage Mod. 99, lever rifle with new scope. Excellent condition. \$495. Winchester pump, 12 ga. Shot gun with rifle sights. \$350. Browning Pat., Ranger, 12 ga. Pump. Good condition. \$225, as is. Hopkins & Allen Falling block rifle, 32 rim fire. Good condition. Pat. Date 1895. \$195. Hopkins & Allen 16 ga., Falling Block shot gun. Pat. Date 1888. Very good condition. \$195. Phone or text 902-824-1849

For Sale: Gun parts; shot gun beed sights; tube mags; kits for 64B-22, S; iron sights; rings & bases; scopes; stocks; slings & swivels; Bushnell Bore sighter with three arbors, in case. Phone or text 902-824-1849

For Sale: Savage rifle, mod. 99, Cal. 300 Sav. With new scope, \$495. Winchester pump 12 ga. Shot gun w/rifle sights, \$350. Phone or text 902-824-1849

For Sale: Several pieces of art: 5 deGarthe, all framed, 1 signed plus a book about deGarthe; 3 Lincolns; 1 Frank Carson; plus other assorted pieces. Collector books, mostly military history. 1Royal Dalton figurine. Tempo Fold-away treadmill, hardly used, great machine. Several hand braided mats left. Handmade canes and walking sticks. Email w2maceachern@gmail.com



Felker Hall Community Center Regular Weekly Activities 734 Broadway Ave, Cornwallis Park

Sunday - Darts 2:00-4:00 pm. Jim @902-638-3175 **Monday - Keep Fit and Healthy Classes** 8:45 - 9:45am

Carole @ 902-638-3373

Line Dancing at 10:00 – 11:00am Carol @ 902-249-0609 **YOGA** – 11:30am – 12:45pm Sridhara @ 250-228-3848

Tuesday - Library open 1-3pm. Jackie @ 902-340-0007

Zumba 6:30 – 7:30 \$5 per session Wendy @ 902-532-7736

Wednesday - Keep Fit and Healthy Classes 8:45-9:45am

Carole @ 902-638-3373

Thursday - TOPS (Take Off Pounds Sensibly) 8am weigh in and 8:30 meeting. Contact Pam @ 902-308-2095

Cribbage at 1pm Pete @ 902-376-2007

Friday - Keep Fit and Healthy Classes 8:45-9:45am

Carole @ 902-638-3373

Line Dancing at 10:00-11:00am Carol @ 902-249-0609

Chair YOGA – 11:30am - 12:45pm Sridhara @ 250-228-3848 Meat Bingo 7pm – doors open at 6pm Gina @ 902-526-2694

Meat Bingo 7pm – doors open at 6pm Gina @ 902-526-2694 Second Saturday of the Month – Breakfast 8-10am \$12 for adults



Annapolis Royale Boutique Lash and Nails is now open to the public and accepting new clientele 403-809-4793 Insta@ royaleboutiquespa

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"Timely Observation" Cryptoquote
Answer: Here cometh April again and as
far as I can see the world hath more
fools in it than ever. Charles Lamb



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New Hempz Body Lotions: Rosemary & Mint plus Glow Getter (Warm Vanilla/ Pink Raspberries) Did you know we have loads of Silver shampoo & Conditioners to help tone down any brassiness. New Biolage Oil Balancing Serum- a lightweight leave-in that rebalances an oily scalp by absorbing and reducing excess oil, preventing sebum from traveling down the hair strand with continued use. Biolage Anti-dandruff is BACK!! Redken's Dandruff Control is BACK too! Biolage Calming Shampoo- it's a shampoo for dry & sensitive scalps.

Get your name entered in a draw for MOROCCANOIL FRIZZ CONTROL products PLUS local Gift Cards, your donation into the jug for The Grant Potter Memorial Park or The Pool gets you entry. Thank You for all the new likes, messages & followers on Facebook.

Annapolis Royal- Farmers Market are hiring (sorry, no contact # at this time)

Annapolis- Tom's Kool Bus on the Causeway, is looking for a cook/cashier. Planning on end of April opening. Call 902-532-8256 or 1-780-241-0307

<u>Annapolis</u> - Congratulations on your retirement Brown Dog Cafe & getting new owners so quick. Wishing success to them as well. April 3rd announcement open.

Annapolis- Home Hardware is hiring a store Manager plus other positions.

<u>Annapolis County Spring Cleanup is</u> between April 9 - 19th, have your stuff to the road by Sunday of your regular garbage day/week. Clear bags only.

<u>Annapolis - The Hub</u> Comfort Centrre need volunteers to help with the Comfort Centre at the gym when it is open for an emergency. Could be couple hours but never over night. More questions: <u>kdunning@annapolisroyal.com</u>

Annapolis- in need of a few pieces of furniture for our upcoming production in May. "The odd couple Female Version" 1 small writing desk with drawers, Love seat or small couch with armchair, an old style TV and stand, wall mirror, old swag lamp on a chain, old glass door stereo cabinet, If anyone would be willing to loan or donate these items, much appreciated. Won't require until mid April but wanted to save them from going in Spring Clean up. Contact The Director: Miles Leahey 902-499-6333 Annapolis- Lazy Daisy Cafe Opens Mon, April 8th

Annapolis- Sissiboo Coffee Cafe hiring a Coffee Roaster Assistant FT- https://bit.ly/3VJC0F5, & a Barista/baker https://bit.ly/3VtWvFo send resume to sissiboocoffee@gmail.com NONE will be considered via social media.

<u>Belle Isle Bees-</u> Introduction to Beekeeping seminar/includes a live hive inspection at the Belle Isle Acadian Centre (16 Little Brook Lane) April 27 @ 12 noon. Cost is \$120 Preregistration is required Message FB or <u>Belleislebees@gmail.com</u> or more details.

Belle Isle Market-#6748 Hwy #1 Bellisle 9 - 9 daily. Yes, she makes sourdough.

Bridgetown- The Dog Park is a GO! The name of the park has been narrowed down to #1 B-Town Hounds #2. Happy Tails Dog Park, #3 Canine Carner, Voting will remain open until April 12. You can send an email to btowndogpark2024@gmail.com with your choice of names. We will also be reaching out to people to help get the park up and running.

Bridgetown- Back to the 80's Dance, #20 Jeffrey St @ the Legion. Sat April 6 from 9 - 1 Doors open @ 8 pm. 50/50 draws Entry \$10 includes 1 50/50 ticket, DJ High Energy!

Bridgetown- Tallulah Freelove is opening on Wed, April 3rd 10 - 4pm/closed on Sat 6th). Then open Wed - Fri 10 - 4 pm, Sat 10 - 3pm 10 Queen Street.

Bridgetown- Shout out to Jim at Snore's Floors n More for helping the Foodbank with flooring.

Carson Fullerton Fans- Sat April 13th @ 2 pm. The First Annapolis Baptist Church (by the Municipal bld). Free Will Donation at the door.

Cat's For Keeps- call 1-888-837-2714 ext 2 before discarding any cat or kittens.

Champlain Garden Club meeting is April 11th @ 7:30 pm United Church "Tour the Chelsea Flower Show of 2023" with Gerry Freeman. Regular meetings are the 2nd Thursday of the month. PLUS -on April 13th @ 11 am, You can meet us at the 'O' to clean up the gardens, just 1 of the many that the club maintains around Anna/Royal. Bring your own tools. 902-532-0647 J. Medill. See you there. Craft Supplies Stash Sale - Craft supply/ De-Stash Sale & Tea Sat April 27 10 - 3 pm Paradise Com. Hall #10300 Hwy #1. Bring cash 4 lunch: sandwiches and sweets plate, Tea/ Coffee

Scent free please. Email <u>paradisevillagequilters@gmail.com</u> Bring Bags.

<u>Clarence- The 4H Club is asking for donations of Lego for their Lego club kids to build and compete with. Reach out if you have any! Thanks! (B'town Community Forum)</u>

Cornwallis- Frank n Dora's Take out opens April 19th.

FREE Tax clinic -Carman Kerr Office Tues & Thurs 9 - 12 until April 25 Call 309-3158
FREE -Clothing giveaway, April 27 9 - 4 @ Port Williams Baptist Church. Frugal moms.

Hearts for Hospice-Digby Pines Resort on Sat April 27 . Call 902-532-8148

<u>Lawrencetown-</u> Ebb Tide is hiring part time waitress & kitchen staff. 584-2030 or bring in resume. <u>Lawrencetown-</u> Consolidated School Annual Spring Bingo on Friday May 3rd . Doors and Canteen open at 5:00 for a 6:00 start-time! \$7 a book, 15 games, 50/50 & daubers.

<u>Middleton-</u> District Arena has an Online Fundraising Auction on the go, deadline for bidding is midnight April 9th. Go to www.facebook.com/groups/76022302933741

Middleton- CORAH - in person Tax clinics for 55+ Middleton . Mondays 9:15 - 2:15 April 8th/ 15th/ & 22nd Book appt 825-4291 with murielwoodmfw@gmail.com

Middleton-Prime's Marshalltown Market will be opening very soon /if not already.

<u>Mudcreek Rotary Club players</u>- attention players, vendor boxes for the Mud Creek Rotary are located Berwick to Windsor. Many toonies are being played in the Middleton Rotary Club Draw, check the vendor before you play your 'Toonie for life'

Neily's Greenhouse and Gardens-Opening Sat April 27.

Pancake Breakfast- St Lukes Anglican Church Hall- Sat April 13, 9 - 11 Adults. \$12.

Quick reminder- of the Bottle Drive Sat April 20, for the Pool, from 10 - 2

Anna/Royal Fire Hall Call 902-526-0045 4 pick up or annapoliscommunitypool@gmail.com

Round Hill- Hall Fundraiser 100 blocks will be sold at \$20 per block, lucky winner will receive \$1000.

Megan Williams if interested. E-transfer to roundhillhall@gmail.com (please include name and block # in the message Draw Date April 8(or before if all sold)

SOOF - Thank You to all the generous donors for your contributions- we raised a total of \$1605. We'll be sending Ashlea Viola & Lisa Proulx to Maine to attend a seminar about stubble lichens.

South Milford-# 5439 Milford Com. Hall They have a Crib tournament Sat April 6th. Reg, opens at 11 Cost \$10 Runs from 12 - 4 pm Contact Jennifer Lohnes Freeman for more details.

PLUS- Maplefest is happening on Sat April 20, sittings 12-2 & 4-6. Take out available. Questions? Call 532-5606 Not taking reservations for Maplefest.

The Eclipse- is happening on Mon April 8th 2-4 pm. Please leave pets indoors with blinds, curtains closed on the day of for the safety of animals. This came from a groomer . Protect yourself too! Valley Regional Hospital Foundation 'Operation Enhancement Campaign' has supplied a 'Rapid Infuser' Thanks to the community of donors for your continued support. This machine is designed to warm & actively administer large fluid volumes quickly, particularly in trauma/ emergency cases of rapid blood loss. This machine can literally be life saving when seconds count. Thank YOU! Follow along for more updates and to learn more about Foundation's goal of bringing an Orthopedic Robot to VPHI

<u>West Dalhousie</u>- A Turkey Dinner/trimmings/dessert Fundraiser for ACGSAR (Search & Rescue.) Sat April 20th Reservations required- Call Julie 665-2493 or Cecile 665-2197 to reserve your spot. 2 sittings 4:30 & 5:45. Adults \$17, youth 5-16 cost \$8.50, under 5 eat free.#4868 W.Del.Com. Hall.

- Apparently you can't use 'beefstew' as a password.....It's not stroganoff.
- Why couldn't the green pepper practice archery?...because he didn't habanero

How to Make the Perfect Pollinator Garden

(From the Canadian Wildlife Federation)
Canada's pollinators are mostly insects, with
some pollination thanks to hummingbirds.
Together these important animals provide us
with so much of the food we need and love
like tomatoes, carrots and blueberries.

We can help Canadian pollinators in all sorts of simple ways by providing food, shelter, water and avoiding pesticides. We can also make a huge impact by supporting organic products which minimizes the spraying of fields and inadvertent harming of these important animals.

Food:

Some pollinators, like hummingbirds and wasps, eat insects. Some butterflies will drink minerals from damp soil, manure, compost or sand. All pollinators, however, need nectar and pollen from flowers.

When choosing plants it is helpful to include a diversity of flowering plants to support our wide variety of pollinators with different shapes, sizes and habits. Consider plants that bloom from early spring to late fall, with flowers of different shapes such as tubular versus open as well as having a variety of colours. Some examples include:

Small open: asters, Yarrow, Thyme, Rosemary, Lavender

Large open: coneflowers, sunflowers, Gaillardia, Zinnia, Bloodroot

Small tubular: Vervain, Great Blue Lobelia,

Joe-pye weed, Lilac, milkweed

Large tubular: Wild Columbine, Jewelweed, Harebell, Petunia, Trout Lily, Lilies (we have some beautiful ones!)

Avoid plants grown with neonicotinoids which remain in the plant and harm insects that feed on their pollen and nectar. Ask your nursery for details before buying or check out CWF's neonic-free Plant Packs sold in stores across the country.

It's also important to avoid plants that spread very quickly as they can take over natural areas, pushing out native plants that our wildlife has co-evolved to feed from. Some examples include Orange Daylilies and some honeysuckles.

Shelter:

Mulch from plant material is wonderful for keeping weeds down and the temperature of roots even. It helps conserves moisture and slowly returns nutrients to the soil. It can also provide overwintering spots for various creatures. But bare soil is beneficial, too. So while it's great to include natural non-dyed mulch in your garden beds, consider also leaving a sunny patch bare for many of our solitary (and peaceful) bees who nest underground.

Some solitary bees nest in hollow upright stems while others will nest in dead wood so consider leaving a portion of a dead tree vertical if it's safe to do so. It can also give a much needed home to an owl, woodpecker, chickadee, nuthatch, wood duck or other cavity nesting bird!

Of course, a variety of trees, shrubs, perennials, and vines naturally provide shelter to so many of our wildlife. They are places to rest and escape the weather or predators and hummingbirds, our only bird pollinator, also use trees for nesting and plant parts, like Dandelion down, for nesting materials.

Water

While pollinators get liquid from nectar, many will also be glad of pure water. You can make an insect dish with a plant saucer with some stones on one end and sand (not sterilized) on the other. Add just enough water for perching insects on the stone side and butterflies on the sand side. You may want to tip the dish a bit sideways to keep the sand from washing all around the dish.

Maintenance

One of the most important things you can do is avoid pesticides so pollinators have a safe food supply as well as not being sprayed directly.

Page 15

Insects are vulnerable to the chemicals. Instead, minimize pest damage by strengthening plants with compost and attracting allies to do the job for you. These include songbirds and woodpeckers, bats, snakes, toads, and beneficial insects.

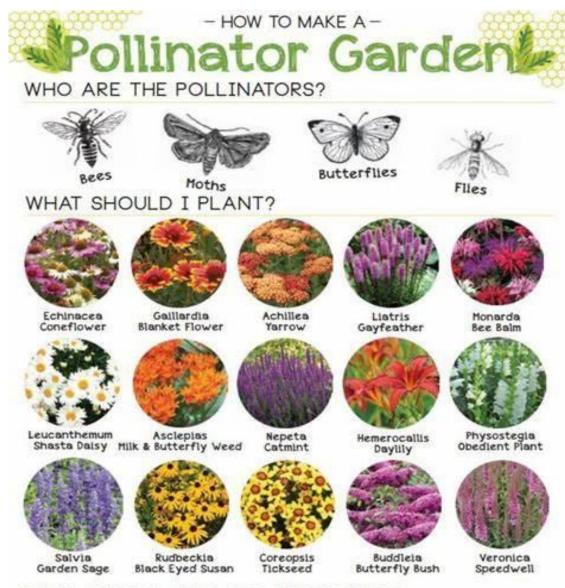
Your consumer power can make a big difference too. When feasible, support safe farming practices by buying products that were grown organically.

Enjoy creating your pollinator garden and remember to visit our Native Plant Encyclopedia and Native Plant Suppliers List to help you on your way.

More Resources:

https://cwf-fcf.org/en/resources/DIY/

(Poster courtesy Horrocks Farm Market)



WHY ARE POLLINATORS IMPORTANT?

BEES, BUTTERFLIES, AND OTHER POLLINATORS NEED OUR HELP TO CARRY ON THEIR GOOD WORK IN OUR GARDENS. WITHOUT THE ASSISTANCE OF POLLINATORS, MOST PLANTS CANNOT PRODUCE FRUITS AND SEEDS.



"Flowers for a Cutting Garden" Word Search Puzzle

Aster Coneflower Cosmos Daffodil Dahlia Delphinium Liatris Gladiolus Marigold Peony Rose Shasta daisy Sunflower Tulip Zinnia Yarrow

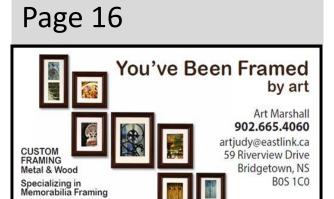
Find the word or phrase in the puzzle. Words can share letters as they cross over each other. Answer next week.

SCOWICDFWDYU 0 U 0 P I L U T L 0 H Q U X S S H 0 K L S R S V Y R D R F N U H T A G вао Q S S К TAG S S I W EGIA RIM D R Ε Ε ZGA RHTRYV CONEF 0 W Ε $S G \times B$ I R G M GUWZJI H E J Ι UUY ELA EKAY Q T F \subset Т K W Q N Y ΤI A T C D H R B E Z J A L G E Q R F U

The Middleton Railway Museum Society, the group reviving the Middleton Railway station and railway equipment is looking for volunteers. There is a need for those who would like to help with restoration and those who can help with administration. Practically any skill you bring will

be of tremendous help. There is an urgent need for people with secretarial, accounting, computer skills and those with Board Member interest.

The Reader is always available, night and day, rain or shine, at www.bridgetownreader.news You can sign up there to receive The Reader in your in box each week. Miss an issue? We also archive recent issues.



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Auditions for King's Shorts, Festival of 10 Minute Plays

The King's Shorts Festival of Ten Minute Plays, is looking for 19 actors/actresses or aspiring actors/actresses (9 females, ages 20 to 70 and 10 males, ages 20 to 65 and 1 extra male or female (no speaking part) age 20 to 50, no roles for children or teenagers, to perform in eight short plays to be staged during the Festival on June 21, 22 and 23, 2024.

Anyone interested in being cast in one of the Shorts is invited to attend auditions at King's Theatre in Annapolis Royal, 6:30pm. Tuesday, April 9 or 11:00 a.m. Saturday, April 13.

Please bring a short (less than 5-minute) prepared piece to read. Additional material will also be available to read to the festival directors.

If you are unable to attend and are still interested in participating or want more information, please contact Verilea Ellis 902-245-2309 or verilea@yahoo.ca

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