

THE BRIDGETOWN READER

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Dec. 6,

2024

VOL. 16

Issue 48



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14 Wing, Community Decks the Mall

Festival of Trees December 7

The Valley is invited to view – and win! – a selection of festively-decorated trees Saturday, December 7, as 14 Wing Combined Charities hosts its annual Festival of Trees event at the Greenwood Mall.

Combined Charities is the 14 Wing Greenwood National Workplace Giving Campaign, comprised of events and challenges held for military and civilian members of 14 Wing and the community. Each year, Combined Charities raises funds and divides the results between local and regional charities identified by members (including school programs, food banks, minor sports, animal care, health services, youth organizations, veterans and military families and more). In 2023, Combined Charities raised and donated over \$40,000 in cash and in-kind collected food and supplies to non-profits in our community. As an example, nine \$1,000 donations were made to school food programs between Berwick and Middleton.

The Festival of Trees is the major campaign fundraising event, at which tabletop trees are decorated, adorned with gifts and raffled by ticket sales. Trees are decorated and donated by both units and squadrons at 14 Wing Greenwood and by interested local businesses and organizations. The event also features a random prize tree, with a selection of donated items raffled off in hourly draws. If you would like to enter a tree or donate a prize, contact Sara White, sara.white@forces.gc.ca.

The event will be held at the Greenwood Mall, 963 Central Avenue. Tickets are 10 for \$5, in numbered envelopes corresponding to the purchaser's name and phone number. Two ticket-selling tables will be set up in the mall, at either end of the displayed trees, with tickets on sale between 11am and 2:45pm. The same tickets will be used for both the trees and the random prize draws. All decorated trees will be raffled at 3pm; with prize draws on the hour from noon to 3pm.

Winners do not have to be present to win. They will be contacted between 3 and 4pm, with pick up options.

The Bridgetown Reader is published weekly on Friday by TAR Publishing. The deadline for submissions to our next issue is noon Monday Dec. 9.

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4PM SUNDAY DECEMBER 15

St. Lukes Anglican Church 340 St. George St. Annapolis Royal, NS

Tickets \$40

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2025 Valley Waste Calendars

Next year's calendar and waste collection sorting and collection guides are now available at various locations including The Municipality of the County of King's and, County of Annapolis, offices Town Halls in Wolfville, Kentville, Berwick, Middleton and Annapolis Royal, Village offices in Canning, Port Williams, New Minas, Aylesford, Kingston, and Greenwood, libraries, and Valley Waste site and office while quantities last. Many local businesses have them as well. You can also download the calendar and find much more info at <https://www.vwrm.com/> Note, the calendar will not be mailed to residents.

WASTE MANAGEMENT CALENDAR 2025



Help us meet our goal of 300kg of garbage per person annually
Reduce the amount of waste going to landfill by rethinking what you take, make, and throw away



Valley Waste Resource

Symbols used in our calendar



Follow us for updates on storm cancellations, upcoming events, and recycling program changes.



www.vwrm.com

Mixing garbage bins with...



Not Recycle Here



Community Calendar

Tues. Dec. 3, through Sat. Dec. 7, 7:30pm nightly Doors open at 6:30pm The Greenwood Players Theatre Company proudly presents **Pygmalion**: The Original My Fair Lady by George Bernard Shaw. Recommended age 13+. For reservations or special needs call Rene at 902-824-2435 or e-mail rendoucet@gmail.com \$5 at the door. At the Greenwood Military Family Resource Centre, Building 83, 24 School Rd., Greenwood.

Thur. Dec. 5 and Fri. Dec. 6, 10am-4:00pm The Carousel Gift Shop at Soldiers Memorial Hospital in Middleton is having **their Annual Christmas Sale**. 15% off, and tax free!

Fri. Dec. 6, 9:30-11:30am Family Matters (the Annapolis County Resource Center) in conjunction with Dawn Scott is offering a free, confidential, adult **Mental Wellness Peer Support Group** on Friday mornings at the Family Matters main Center (10 Middle Road, Lawrencetown). Childcare will be available. Please contact dawnscott61@gmail.com or jencfamilymatters@gmail.com for more information. Everyone is welcome.

Fri. Dec. 6, 10-11:30am **Community Coffee** @ Lower Granville Hall (3551 Granville Rd., Port Royal). Come out and enjoy a cup of coffee or tea and bring a snack to share if you are able. Meet a neighbour, make a new friend. Everyone is welcome. \$2/person donation for the Hall.

Fri. Dec. 6, 6-7:00pm **Yoga with Esme Endres** every Friday night from 6-7 at Brickton Community Hall, 12062 Hwy 1.

Fri. Dec. 6, 7:00pm **Jam Session** every Friday Evening at the Youngs Cove Community Hall, 5407 Shore Rd.

Sat. Dec. 7 **Trees and Treats**. Swing by the tree lot at Annapolis Home Hardware to say Hello and enjoy cookies and hot drinks, compliments of the Annapolis Lions Club. You can even pick out and/ or tag a special tree before they are gone. See you there

Sat. Dec. 7, 8-10:00am **Bridgetown Lions Big Breakfast**. We will have a special guest! Pancakes, sausages, ham, eggs, toast, coffee, tea and juice. FREE WILL OFFERING. Come have breakfast before you set off on your holiday shopping! 20 Jeffery Street, Bridgetown.

Sat. Dec. 7, 8-11:00am **Annual Christmas Breakfast** at the Inglisville Community Hall. Pancakes, scrambled eggs, beans, hashbrowns, sausage, ham, toast, tea and coffee. Adults-\$8 - under 12 free.

Sat. Dec. 7, 9am-12pm **Annapolis Royal Farmers and Traders Winter Market** at the Annapolis Royal Legion, 66 Victoria Street. Indoors weekly until Spring.

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Foodbank Fridays
We collect food items or cash for
food banks during the month of December

Bear River
1890 Clementsvalle Rd

Annapolis Royal
262 St George St

The Annapolis Basin
Community Band

PRESENTS

A Christmas Carol

Featuring The Paradise Brass & special
guest Simon Bonnington

7 PM, Thursday, December 5

\$15 adult, \$5 student, kids free
Tickets available at the door

Port Royal Legion, Auditorium
66 Victoria St., Annapolis Royal

Join us for a fun evening
of holiday music, a hot
cup of cocoa and some
special treats. Cash bar
available.

Donations to the
Annapolis Food bank will
be collected at the door

Bridgetown	Friday December 6th
<p style="font-size: 1.2em; font-weight: bold;">"Your Hometown Values & Savings Store"</p>	<p style="font-size: 1.2em; font-weight: bold;">10am to 9pm 20% Off Regular Priced Items</p> <p style="font-size: 1.2em; font-weight: bold;">5pm to 9pm 30% Off Selected Craft Items Paint, Canvas, Flowers and more.</p> <p style="font-size: 0.9em;">14 Queen St. Bridgetown 902-665-4301 Mon-Sat 10-5 Closed Sunday</p>

Season's Greetings!

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Fri. Dec. 6, 10:00am **Weekly Tai Chi** classes at the Centrelea Community Hall, 3495 Highway 201. Bring indoor slippers or shoes. Drop ins welcome. Good for balance, posture and relieving stress. Instructor Jamie Edwards of Empty Hand Martial Arts. \$75 for 10 week pass that does not expire. More info @ 902-448-2483 *

Fri. Dec. 6, 10-11:00am **Brickton Senior Exercise Classes** at Brickton Hall. \$3 drop-in. All welcome. Please bring water bottle, weights, bands. For more info call 902-309-0326.

Fri. Dec. 6 **Bridgetown's Light Up the Town** Come join us downtown Bridgetown for the annual Light up the Town!! Free Family Skate at the arena from 4-5pm. Free Elf Run/ Walk-register at the Legion from 5-5:45. Start at 5:55 and follows the Parade route. Light up the Town Parade at 6:00. Starts at arena parking lot, to Queen St., then to Brickyard Rd. Tree Lighting at Old Town Hall, after the parade, with caroling by the Bridgetown Baptist Church Choir. Queen Street Festival from 6-8:30pm with food vendors, Santa's Workshop, Teddy Bear Clinic at the Bridgetown Animal Hospital, local shopping specials and Prize Wheel. Also, Light up Jubilee Park with free hot chocolate and s'mores then fireworks at 8:30. Later, the Legion will host a Dance starting at 9pm.

Sat. Dec. 7, 9am-3:00pm **BRCS O2 Craft & Market Expo** at Bridgetown Region Community School (BRCS). This student run show is now in its 12th year and the students are busy planning for another great year. If you are interested in booking a table, please email: j_marshall@gnspecs.ca. Pricing: \$3

Sat. Dec. 7, 9am-3:00pm **Olde Fashioned Christmas Craft Fair** at the Annapolis Royal Legion Branch 21, 20 Victoria Street. Over 65 vendors. \$1 admission. Food, live entertainment plus Santa and his elves.

Sat. Dec. 7, 9-3:00pm **ARVFD Christmas Market** at the Annapolis Royal Fire Hall, 5 St. Anthony Street. \$2 admission. Over 50 vendors.

Sat. Dec. 7, 9am-3:00pm **Annapolis Royal Farmers and Traders Holiday Market** at the Academy/Community Hub, 590 St. George Street. 50+ vendors. \$2 admission.

Sat. Dec. 7, 9am-5:00pm **Holiday Shopping Party** at the Annapolis Royal Historic Gardens. As part of the Christmas Craft Show Extravaganza in Annapolis Royal, we will have a Courtyard Bonfire and cider as we invite shoppers to check out the great selection available in the Gardens Shop.

Sat. Dec. 7, 10am-2:00pm **Christmas Market** at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Christmas crafts, baked goods, craft and cookbooks, Christian calendars, DVBS crafts & costumes. Lots of Christmas gift ideas. Call 825-6179 for more info. All sales go to Wilmot Baptist Church.

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Decorating, too. Bake some holiday cookies or squares. Bring 1/2 dozen to swap and 1/2 dozen to sell. Proceeds go to the Hall for heat to keep the Hall open this winter and the water on. If you don't t bake, just come buy cookies, enjoy a cup of tea or coffee with your neighbours and help decorate our tree. If you have any extra ornaments, bring them along for the tree. See you there

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www.amazinggracebridgetown.ca
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Sat. Dec. 7, 11am-3:00pm 14 Wing Greenwood Combined Charities hosts its fabulous **Festival of Trees** at the Greenwood Mall. Base units and community businesses and organizations will decorate and prize table-top trees - all up for raffle (envelope of tickets is 10 for \$5). All tree draws at 3pm. There is also an hourly prize draw tree. You do not have to be present to win. All proceeds support 14 Wing's workplace giving program, which contributes between \$26,000 and \$40,000 of cash and collected donations to local and regional food, youth, health, family, veterans, animal welfare and community programs and services. To enter a tree or donate an hourly prize draw item, contact Sara, sara.white@forces.gc.ca, or visit FB @14 Wing Combined Charities.

Sat. Dec. 7, 2:00pm GO TELL by Phil Williams and the church family, Christmas Tour 2024. A Joy filled Southern Gospel Musical Presentation & Dramatic scriptural recitations of the Christmas Story at Annapolis Royal United Baptist Church, 762 St George Street. Free Will offering. Fellowship after.

Sat. Dec. 7, 3:00pm Lessons and Carols. To be held at St. Mark's Anglican Church, 2553 Perotte Rd, Perotte Settlement. Come for a wonderful combination of Hymns and Readings. Musicians will be playing fiddle, flute, organ and more.

Sat. Dec. 7 Middleton Christmas Parade and Tree Lighting The Parade begins at NSCC Middleton Campus at 6pm and goes south on Commercial Street then east on Main and north on School Street. It will end at Centennial Park where the Tree Lighting will take place. Lots of fun for all with hot chocolate and cider, hot dogs, a light show and bonfire, face painting, laser tag, a dance party tent plus a mailbox for Letters to Santa. Frugal Moms will have a table to receive donations of food and toys for their food hampers.

Sat. Dec. 7, 7:00pm Christmas Show at the Port Wade New Horizon Hall. \$10 admission. A night of Christmas music with various performers. Fundraiser for the hall.

Sat. Dec. 7, 8:00pm Terra Spencer will perform at Evergreen Theatre. Terra will be touring her fourth solo album Sunset this fall with a full band performing the signature heart-charged songs that have endeared Terra to audiences and fellow artists alike. Tickets: Adults \$35, Members \$25, Military \$30, Students \$20; available at www.evergreentheatre.ca or 902-825-6834. 1941 Stronach Mountain Rd, Margaretsville.

Sun. Dec. 8, 10am-4pm Christmas Craft Market at the Inglisville Community Hall. Local vendors, Community Bake Table. Canteen available.

Sun. Dec. 8, 11:00am Bridgetown Baptist continues to meet weekly at the Royal Canadian Legion, 20, Jeffery St. Join us for a joyful time of worship during this Advent season. 902-665-2506 bridgetownbaptist@gmail.com.

Sun. Dec. 8, 11:00 am Worship Service. Celebrate God's presence with us at St. George & St. Andrew United Church, 393 St. George St. Annapolis Royal 902-532-7954. Open Doors, Open Hearts, Open Minds. *

Sun. Dec. 8, 1:00pm Christmas Potluck Lunch at the Granville Centre Community Hall. Folks are asked to bring items such as toothbrushes, toothpaste, soap and soap holders, combs and brushes, deodorant or any other items that can be donated to Family Matters for distribution to needy local children and families. We will sing a few Christmas carols after lunch and there will be a special prize for the lucky person who sits in a secretly marked chair. So dig out your favorite Pot Luck recipe and join your neighbours at the Hall. A free will offering will be taken, the proceeds used for Hall up-keep.

Sun. Dec 8, 1-3:00pm Port Lorne Hall Coffee Social, Cookie Exchange and Sale. Tree

Sun. Dec 8, 2:30-4:30pm United Against Racism: Building Community with Migrant Workers in the Valley. You're invited to an interactive workshop hosted by the Centre for Migrant Worker Rights Nova Scotia to learn how to be in solidarity with migrant workers in the Annapolis Valley. Free to attend. The workshop will be in person at Paradise Community Hall, 10300 Hwy 1. Call 902-329-7056, or <https://www.migrantjusticencs.ca/events/> for more info.

Sun. Dec. 8, 3:00pm Annapolis Voices Community Choir presents their Holiday concert, "**Light and Gold**" - a concert of joyful and rhythmic holiday repertoire (with some surprises!) at St. George and St Andrew United Church, Annapolis Royal. Special guest instrumentalists are Heidi Fewster, Jolene Buchholz, Cindy Sherman and John Stacey. Tickets \$20, \$5 for youth. Get yours from choir members, request them via our Facebook page (Facebook.com/AnnapolisVoices) or call 902-526-3609.

Sun. Dec. 8, 3:00pm December's Makers Swap at 1963 Clarence Road, Clarence, an Annapolis Valley Folk School event. For those who are new to the Makers Swaps, this is a simple community gathering where all ages and abilities are welcome, and the concept is simple: bring anything you have made with your hands and trade for treasures from others. There is no money exchanged, and PERFECTION IS NOT REQUIRED! Just a willingness to share your talents and passion projects with others in the community. If you have any questions, reach out to us on facebook @annapolisvalleyfolkschool or on facebook messenger, or email avfolkschool@gmail.com

It is also greatly appreciated if you can bring a few pantry items to the swap. Our pantry is increasingly active with many people using it. A few suggestions are crackers, beans, canned pasta, meats, and veggies, apple sauce, fruit cups, macaroni and cheese, pastas and sauces. We were gifted a fridge so milk, cream, margarine, yogurt, cheeses can all be dropped off as well.

Sun. Dec. 8, 6:30pm Christmas Hymn Sing at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Refreshments to follow. Free will offering. Call (782)492-0265 for more information.

Sun. Dec. 8, 7-9:00pm Fun Darts, every Sunday evening at the Bridgetown Legion, 20 Jeffery Street. \$3 entry returned in prizes.

Sun. Dec. 8, 7:00pm Games Night @ Lower Granville Hall (3551 Granville Rd., Port Royal). Last Games night of the year! Join your friends and neighbours for an evening of fun and fellowship. Some games provided or bring your favourite and a snack to share. Coffee and tea provided. Starts at 7pm. \$2 donation for the Hall/person.

Mon. Dec. 9, 1-4:00pm & 7-9:00pm Monday Life Drawing Fun, welcoming, non-teaching environment. Bring your own materials (no oils or solvents). Easels, tables, chairs, water available for use. Afternoon session \$20, Evening session \$10. Afternoon and evening times are separate sessions. Contact appcart61@aim.com with questions. Upstairs at ARTSPACE, 396 St. George Street, Annapolis Royal.

Tues. Dec. 10, 7-9:00pm Caregiver Connections Virtual Peer Support Group The emotional toll of supporting someone with a mental illness or substance use disorder can be significant, and having a peer support group can provide much-needed connection and understanding. Caregiver Connections is a weekly, virtual peer support group that provides caregivers with a safe and friendly place to connect with others, feel heard and hear from others who understand. Discussion topics include self-care, boundaries, conflict resolution, communication styles, active listening, the WIN formula, grief, the mental health continuum, and values.

Caregiver Connections is appropriate for parents, grandparents, siblings, partners, and children of Nova Scotians living with a mental illness or substance use disorder. *Group members must reside in Nova Scotia and be over the age of 16. This group meets every Tuesday from 7 to 9:00pm on Zoom. This group runs until December 11. To register contact tracy.hiltz@novascotia.cmha.ca

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❖ Buy One Get One 1/2 Off Storewide ❖
(Second item equal or lesser value. Any Reg. priced item/ excluding Blundstone)

If you missed the **Blue Owl** Closing Sale or just want to stop by Dec. 7th and say Hi!, I have Lindsay here with me all day, set up with some great deals and gifts. One last time!



BACK TO OUR ROOTS will be set up this day as well with lots of gift ideas, even introducing **Primitive in Lequille** to Lockhart's Casuals & Workwear.

Check our In-Store Deals All Week Long



Discover our delightful Holiday Bundle, now available in-store! Embark on your festive baking adventures with beloved treasures from Valley Kitchen, includes:

- 400g Gold Flax Flour
- 400g Pancake Mix
- 500g Bread Mix
- 500g All Purpose Flour
- 2024 Holiday Recipe Book
- All for just \$39.50, tax-free!

Throughout December, enjoy a 10% instore discount off all products.
Visit us at 188 Marshall Street, Middleton, Nova Scotia.
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Wishing you a joyous holiday season from our hearth to yours!

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Fine Art to Whimsical

Hand-Painted Canvas Ornaments

Annapolis Royal Parade of Lights – Nov 29 – Open until 8pm

158 St George Street Annapolis Royal 902-532-7066



The Annapolis Lions will once again be selling Christmas trees from the Home Hardware lot Mondays to Saturdays ONLY. Beginning Saturday, Nov. 30th. While supplies last. Come early and tag a tree to avoid disappointment.



Come on out and show your support, and get into the spirit!

Tues. Dec. 10, 7:15-10:15pm Middleton Legion Bingo
Tuesdays at 205 Marshall Street, Middleton. *

Wed. Dec. 11, 10:00am NS Walks Annapolis Royal
Wednesdays at 10am. Are you interested in getting some exercise, at your pace, with friendly people, and in picturesque surroundings? Join our Walk Group! We meet every Wednesday at 10:00am at the Annapolis Royal Farmers' Market parking lot. Walkers of all ages and abilities are welcome. For further information, call (902) 250-0429.

Wed. Dec. 11, 10:00am NS WALKS BRIDGETOWN a walking group for all levels and abilities If you are looking for motivation to get out for a bit of exercise and to socialize come join us. Walkers meet at the Library every Wednesday at 10:00 am. All are welcome Registration is not required. For more information check our Facebook Group NS WALKS BRIDGETOWN

Wed. Dec 11, 10-11:00am Lawrencetown & Area Senior Fitness Classes, (no class on Monday, Dec 9). Classes continue up to and including Dec 18 and will resume in January, at the Lawrencetown Legion, 490 Main St (main entrance). All Seniors 55+ are welcome to come and join in for fitness, flexibility and fun. Head-to-Toe exercises with stretching, cardio, balance and strength. Classes are ongoing Mondays & Wednesdays. Thanks to the support of the Municipality of the County of Annapolis and the New Horizons for Seniors Program for making these Classes possible.

Wed. Dec. 11, 3-5:00pm Farmers and Crafters Market, every Wednesday at the Lions Club at 948 Hwy 1, Deep Brook. Local vendors and farmers. New vendors always welcome. *

Wed. Dec. 11, 7-8:00pm Drop-in Mindfulness Meditation Group, Wednesdays at Catalpatee Wellness Studio in Lawrencetown. Teacher, Heron Payne will offer basic meditation instruction and lead a 15-20-minute guided meditation followed by time for questions and community discussion. Whether you have a meditation practice or are just curious, this group is open to anyone. Pay what you can to attend. Email info@embodiment.co with any questions!



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NOVA SCOTIA UTILITY AND REVIEW BOARD

NOTICE OF PUBLIC HEARING

IN THE MATTER OF AN APPLICATION by the **VILLAGE OF LAWRENCETOWN**, on behalf of its **Water Utility**, for approval of amendment to its Schedule of Rates and Charges for Water and Water Services and amendments to its Schedule of Rules and Regulations. This matter will be considered in a public hearing as follows:

Hearing starts: Wednesday, February 26, 2025
10:30 am

Evening Session: Wednesday, February 26, 2025
7:00 pm

Hearing Location: Nova Scotia Community College, 50 Elliott Road, Lawrencetown, Nova Scotia

THE DATE AND LOCATION OF THE HEARING MAY CHANGE

If any Intervenor in this proceeding intends to file evidence, the timeline will be extended to accommodate this, and the hearing date will be rescheduled.

Depending on the circumstances, all or part of this public hearing may be held virtually, by video conferencing.

THE DATE, TIME AND LOCATION FOR THIS HEARING MAY BE CONFIRMED BY VISITING THE BOARD'S WEBSITE OR BY CONTACTING THE CLERK OF THE BOARD.

Board Hearings are open to the public and you may participate as follows:

- You may speak at the hearing. You must notify the Board by Friday, January 24, 2025.
- You may make written comments by sending a letter to the Clerk of the Board at P.O. Box 1692, Unit "M", Halifax, NS B3J 3S3, or by email at: board@novascotia.ca, or by fax at (902) 424-3919 by **Friday, January 10, 2025.**
- You may request formal standing as an Intervenor, subject to Board approval. This will allow you to present evidence or cross-examine witnesses. Your request must be received by the Board by **Wednesday, December 18, 2024**, and a copy of your written evidence by **Friday, January 24, 2025.**

Additional information about the matter is as follows:

- For unmetered service, based upon quarterly consumption of 68 cubic metres, the current quarterly water bill is \$128.72, and it is proposed to increase to \$149.81 (16.4%) in 2025/26; \$157.48 (5.1%) in 2026/27; and \$160.97(2.2%) in 2027/28.
- For a 5/8" meter, residential customer, the average current quarterly water bill is \$114.72, and it is proposed to increase to \$134.95 (17.6%) in 2025/26; \$141.00 (4.5%) in 2026/27; and to \$144.27 (2.3%) in 2027/28.
- The Utility is also requesting increases for other metered services ranging from 14.2% to 17.9% in 2025/26; 3.8% to 5.8% in 2026/27; and 2.2% to 2.4% in 2027/28.
- The annual fire protection charge to be paid by the Village of Lawrencetown, currently \$64,747, is proposed to increase to \$67,666 (4.5%) in 2025/26; \$69,297 (2.4%) in 2026/27; and to \$70,366 (1.5%) in 2027/28.

Upon reviewing the Application, the Board, in its Decision, may determine that the proposed amendments should be as requested, higher, or lower.

A copy of the Application and any timetable applying to this matter may be viewed on the Board's website at <http://nsuarb.novascotia.ca/>, by clicking on "Matters & Evidence", "Go To Files & Documents", and in the "Go Directly to Matter" search box, enter Matter No. **M11940**, or at the offices of the **Village of Lawrencetown**, 491 Main Street, Lawrencetown, Nova Scotia.

The Annapolis Royal Lions Present

Trees and Treats ...at Home Hardware Tree Yard

Come and enjoy cookies and hot drinks on **Sat., Dec. 7th**. This might be a good time to choose and tag your tree before they are gone.



Wed. Dec. 11, 7:00pm Brickton Community Hall Jam Sessions-

Every Wednesday @ 7. Free will offering. All welcome. *

Wed. Dec. 11, 7-9:00pm Fun Cribbage

every Wednesday evening at the Bridgetown Legion, 20 Jeffery Street. \$6 entry returned in prizes. All welcome. *

Wed. Dec. 11, 7:30pm Bridgetown Pickleball

Wednesdays at BRCS. Newcomers welcome; come when you can. Some equipment available if you want to give it a try. No charge. Change of footwear required. North entrance to the gym. Questions? Phone 902-665-4308 or 902-665-4353. *

Wed. Dec. 11, 8:00pm Al-anon Meeting

for relatives and friends of alcoholics, at the First United Baptist Church at 762 George Street, Annapolis Royal, every Wednesdays at 8pm. Please enter through the front door.

Thur. Dec 12, 11:30am-1:30pm Best Years Fellowship for Seniors

- Hillsburn United Baptist Church, 3686 Shore Road West, Hillsburn. Theresa Porter will be providing the entertainment. Everyone welcome.

Thur. Dec. 12, 12-4:00pm Greenwood Mall Farmers Market.

Every Thursday. Our mission is to promote healthy living by eating, drinking and shopping local! Greenwood Mall.

Thur. Dec. 12, 2-3:00pm Nova Scotia Works Job Search Club

Embarking on a job search journey? Join our dynamic Job Search Club! Connect with like-minded individuals, share insights, and gain invaluable support and resources to ace your career transition. Let's navigate the job market together and land your dream job! Weekly at PeopleWorx, 298 Marshall Street, Middleton.

Thur. Dec. 12, 6:00pm Awkward Acres Craft Night

at Lunn's Mill Beer Co. Create your own Fresh Candle Wreath! A variety of natural materials will be provided along with bits of finery, to build a fresh mini wreath on a hand-woven willow hoop, and 3" pillar candle. For the last time this year, gather friends, your creativity and get your craft on with a good beer. Tickets \$33. Contact awkwardacres@gmail.com to inquire or register.

Thur. Dec. 12, 7:00pm The Clarence 4-H Club

meets at the Clarence Hall on the second Thursday of each month at 7pm. New members and leaders are always welcome! For more information call Shanda at 902-824-2835

Thur. Dec. 12, 7:00pm

There will be a **Christmas Carol Concert** at All Saints Church, Kingston. Frank Dobbin from Country Generations and organist Cheryl Van Der Pryt will once again hold an evening of Christmas Songs & Carols. There will be a free will offering. All are welcome!



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Happy Holidays

Fri. Dec. 13, 4-7:00pm

West Dalhousie Community Hall **Christmas Farm, Maker and Flea Market**; 4868 West Dalhousie Rd, Free admission; for December it's pay what you can for a table, please contact Debbie, d.giffin@bellaliant.net or call 902-665-2355, or Sindy, sindyschofield@gmail.com There will be a 50/50 draw and a cash canteen with goulash and hot dogs. Takeout is an option. Stop by, grab your supper, browse at the market and stay for the jam (6-8 pm). It's worth the drive!

Fri. Dec. 13, 7:00pm Fiddle & Harp Concert

Festive tunes on the fiddle & harp, featuring Adrianna Ciccone & Ellen Gibling- The Pear Tree album launch show! At St. Luke's Anglican Church, 340 St. George St. Annapolis Royal. Tickets are \$20, or PWYC. Available at tix.to/ThePearTree

Current and recent issues of The Reader are available night and day, 7 days a week at www.bridgetownreader.news

Fri. Dec. 13, 7:30pm Listen, Listen! is the annual Christmas concert presented by Middleton Choral Society in Middleton Baptist Church, 111 Commercial Street, Middleton. Special guests will be Paradise Brass. The choir's artistic director is Andrew Cranston with Beth Cranston as collaborative pianist. Tickets (Adults \$15, Youth 12 and under \$5) are available from choir members or by phone at 902-825-9433. This 43-voice choir is celebrating its 50th anniversary year in 2024, so come hear the choir sing appropriate secular and sacred selections at this joyous time of the year.

Sat. Dec. 14, 11am-1:00pm Family Day at ARTSPLACE: Paint like Cortney Cassidy. Drop in for 10 minutes or stay as long as you feel creative. We provide materials and guidance for a painting project inspired by Cortney Cassidy's Library Gallery exhibition Open the Sky Doors. Activities are designed and led by early childhood educator Sherry O'Dell. Children must be accompanied by an adult, but no registration required. Free to participate. Everyone is welcome. Upstairs at ARTSPLACE, 396 St. George Street, Annapolis Royal.

Sat. Dec. 14 & Sun. Dec. 15, 4:00pm Concert of Compassion Featuring Remigio & Friends: Come and see world class Juno award-winning tenor, Remigio Pereira, perform at St. Luke's Church (340 St. George St. Annapolis Royal). 100% of all proceeds go to local families in need this holiday season. Tickets are \$40, with VIP Dinner & Meet and Greet Packages available. Get yours at Mad Hatter Bookstore, 213 St. George St, Annapolis Royal!

Sun. Dec. 15, 11:00am Bridgetown Baptist will mark the Advent and Christmas season with a special service of worship through MUSIC. Join us for a joyful celebration. 902-665-2506 bridgetownbaptist@gmail.com.

Sun. Dec. 15, 6:30pm Community Carol Sing at Hillsburn United Baptist Church, 3686 Shore Rd. West, Hillsburn. With the Hillsburn Worship Band & friends, Bob Curtis, Joe Steele and special guest Josh Marshall. Come help us celebrate the Christmas season in the wonderful community. Free. No offering will be taken. During the intermission we will be having Hot Chocolate and Christmas Cookies.

Mon. Dec. 16, 1:30-3pm Care Givers Support Group (for people who care for loved ones with dementia) The group meets the 3rd Monday of the month, except July and August, from 1:30 - 3:00pm, at St George & St Andrew United Church, 393 St George St, Annapolis Royal, (at the lights), Office Door, side entry. Contacts: Art Jones - 902-532-0784; Lou Fletcher - 902-532-2377

Tues. Dec. 17, 1:30-4pm Jam Session at Parker Hall, Victoria Vale, across from the church. Doors open at 1:00. This week, Christmas Music, please. This is the last Jam of 2024. Come out for an afternoon of music, fun and refreshment and support the Hall. Next Jam Jan. 7. *

Tue. Dec. 17, 7:00pm Festival of Short Films, part 2, at ARTSPLACE. A selection of the best 8 short films from the Toronto International Film Festival. 2 nights x 4 shorts! Ranging from comedy, drama, animation, fantasy to documentary. Stories from Iran and Mongolia to Canada and Quebec. Visit www.arcac.ca/calendar for titles and descriptions. Follow up discussion. Entry by donation: \$10, Upstairs at ARTSPLACE, 396 St. George St., Annapolis Royal.

Fri. Dec. 20, 7:00pm Community Carol Sing at St. Luke's: Come out for our annual Christmas Carol Sing, followed by cider and cookies in the church hall! St. Luke's Church 340 St. George St. Annapolis Royal. We have changed the date due to a scheduling conflict. Please bring a small, unwrapped toy or Christmas treat. These will be put in the Blessing Box outside the church for those who in need who have children but cannot afford many extra things at Christmas. Hope to see you there!



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Dec 6-12th In-Store Flyer Deals PLUS our Holiday Savings Calendar is Back!

Friday Dec 6th is Light Up the Town - Get 20% Off Front Store Purchases All Day!
Excludes lotto, gift cards, prescriptions, and clearance items. We will also be doing a raffle for **OKN Electric Scooter** valued at \$649.99. Spend \$50 before taxes & get a ballet, one ballet per purchase. Winner will be drawn on Monday Dec 9th

Sunday Dec 8th is DOUBLE STAMP DAY with our Pharmasave Card

Monday Dec 9th - Get Pharmasave Cough & Cold combo packs BOGO, of equal or lesser value

Tuesday Dec 10th & Wednesday Dec 11th - 25% Off Winter Hats, Mitts, Gloves & Throws

Thursday Dec 12th is Bonus Seniors' Day

Hours: Mon. to Fri. 9 am - 7 pm Sat. 9 am - 5 pm
Sun. and Holidays 12 noon - 5 pm



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MON - TUE CLOSED
WED - THU 4-9
FRI - SAT 12-9
SUN - 12-5

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To make a reservation taproom@lunnsmill.beer

DECEMBER EVENTS

\$11 WINGS EVERY WEDNESDAY 4-9PM

- EXCLUSIVE BEER CLUB EVENT 6PM-8PM

WED
DEC 11TH
- CRAFT NIGHT W/ AWKWARD ACRES FESTIVE CANDLE WREATH 6PM - 8PM

THU
DEC 12TH
- UGLY SWEATER PARTY & KARAOKE W/ ALEXANDRA 7PM - 10PM

FRI
DEC 13TH
- NEW NEIGHBOURS ANNAPOLIS VALLEY MEET NEW FRIENDS RESERVE A SEAT RSVP RON: RONAJFUNNELL@GMAIL.CO 5PM - 9PM

THU
DEC 19TH
- TEACHERS APPRECIATION DAY FOOD & DRINK SPECIALS ALL DAY SUPER SWAG SALE

FRI
DEC 20TH
- TIBBS EVE PARTY & OPEN MIC WITH DOUG HINES NEW MUSICIANS WELCOME 6PM - 8PM

MON
DEC 23RD
- PATIO POLAR DIP COSTUMES & PRIZES HOT DRINKS 1PM - 3PM

SUN
DEC 29TH

Holiday Hours
Mon Dec 23rd 12-9
Tue Dec 24th 11-3
CLOSED Dec 25th & Dec 26th
Fri Dec 27th 12-9
Sat Dec 28th 12-9
Sun Dec 29th 12-5
Mon Dec 30th 12-9
Tue Dec 31st 11-3
CLOSED Jan 1st & 2nd

HAPPY HOLIDAYS



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Nosh & Co Potato Chips 130g ... 25% OFF	Nosh & Co Candy, 125-375 g... 25% OFF

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Page 7

HAPPY TAILS DOG PARK PRESENTS...

Dog-Wise: Tips for Preventing Conflicts Between Dogs

Learn how to introduce dogs safely, recognise red flags, and prevent conflicts in this free seminar featuring Cathy & Doug Teeft and their working dogs Rifle and Caliber!

Date: December 10, 2024
Time: 7:00pm
Location: Bridgetown Fire Hall (31 Bay Road)
Cost: Free. Donations welcome.
Note: Humans only, please leave your dogs at home!



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To better serve you this holiday season, we will reopen on Tuesdays.

Tuesday - Friday 10:00 - 4:00,
 Saturday 10:00 - 3:00
 Or by appointment:
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But that's not all! Drop by and enter to win one of two \$100 Tallulah FreeLove Gift Certificates.

First draw Saturday Dec 14th
 Second draw Saturday 21st.
GOOD LUCK!



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 Jordan D. Armstrong, B.Sc.(Hons), B.A., J.D.
 Nick Knutson, B.Sc., J.D., M.Sc.

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Sat. Dec. 21, & Sun. Dec. 22, 12-4:00pm
 Join us for **Christmas at the Station** at the Middleton Railway Museum. Enjoy our model railway that depicts railways in the Annapolis Valley from Windsor to Torbrook to Deep Brook. Watch for our special Christmas Train as it traverses the Valley. Evening visitors will enjoy the illuminations on our full-size steam locomotives and caboose. Groups are encouraged to call ahead for reservations. 61 School St., Middleton.

Sat. Dec. 21, 1-3:00pm Meet Andy Tolson, local author of the new middle-grade fantasy series, The Quests of Tiny Wilde, about a young giant who joins forces with a mermaid and a gnome to rescue their stolen magic. Andy will be signing copies of book one of the series, How to Kidnap a Mermaid, and he loves to talk to young readers about writing and stories. Endless Shores Books, 279 Granville St., Bridgetown.

Sat. Dec. 21, 6:30pm Blue Christmas Service at Wilnot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilnot. A service of hope and healing for those who struggle to find joy and peace at Christmas. Call 782-492-0265 for more information.

Sun. Dec. 22, 11:00am Bridgetown Baptist meets weekly at the Royal Canadian Legion, 20, Jeffery St. Join us for a joyful time of worship during this Advent and Christmas season. 902-665-2506 bridgetownbaptist@gmail.com.

Sun. Dec. 22, 4:00pm Choral Evensong: An Evening Prayer service from the Book of Common Prayer with traditional hymns, chanted psalms, and choral anthems by Palestrina, Byrd, Victoria, & Tallis featuring the St. Luke's chamber choir, taking place at St. Luke's Anglican Church (340 St. George St., Annapolis Royal). All Welcome!

Mon. Dec. 23, 7-9:00pm Craft Club @ Lower Granville Hall (3551 Granville Rd., Port Royal). Enjoy a relaxing evening of crafting before Santa climbs down the chimney and chaos ensues. In this special evening of crafting, we will have some light snacks and tea to share. Calling all Fibre artists. Join us at the Hall for a Stitch'n'Bi*ch. All skill levels welcome. Knit, crochet, embroider, felt, mend, sew, quilt, spin, weave, needlepoint, rug hooking... Bring your project and \$2 Hall donation.

Tues. Dec. 24, 4:00pm Christmas Eve Eucharist at St. Edward the Confessor Anglican Church, 1650 Hwy. 1, Clementsport. All welcome.

Tues. Dec. 24, 7:00pm Bridgetown Baptist celebrates the birth of the Saviour, Jesus Christ with joyful song. Begin your Christmas celebrations by worshipping with us! 902-665-2506 bridgetownbaptist@gmail.com.

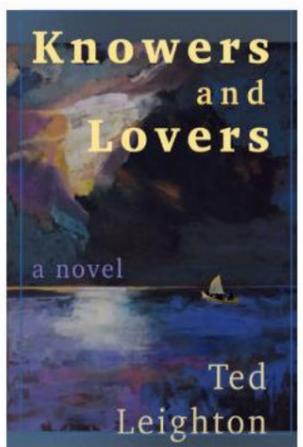
Tues. Dec. 24, 7:00pm Christmas Eve-Holy Eucharist at St. Luke's: We will celebrate Christmas Eve with a beautiful choral Holy Eucharist service at St. Luke's Anglican Church, 340 St. George St, Annapolis Royal at 7:00pm. Merry Christmas!

Wed. Dec. 25, 10:00am Christmas Morning Service: We will gather at the church Christmas Morning to celebrate Christ's birth! A Holy Eucharist service from the Book of Common Prayer. St. Luke's Church (340 St. George St. Annapolis Royal).

Want us to run a display ad for you? You can pay for and upload your file at www.bridgetownreader.news. Click on "Shop" to get started.

Knowers and Lovers

What's going on at that Digby Neck fish farm?
 In the second Rick Robichaud adventure, Rick finds himself in the eye of a storm of events that plays out in Digby County, in board rooms in Russia and situation rooms at NATO, and in piracy on the high seas.



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All proceeds to local charities.

AGD-345086-24

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Fri. Dec. 27, 6:00pm Fifth Annual In Between Potluck at 1963 Clarence Road, Clarence, an Annapolis Valley Folk School event. Bring some leftovers or your favorite thing to share with everyone, As well as a favorite memory or two for sharing, and if any of you loves to make music do bring your instrument to share as well! You can get your tickets here:
<https://www.eventbrite.ca/e/fifth-annual-in-between-potluck-tickets-1087132987029>

Please bring some food for the community pantry, it has been in very high demand as of late and anything is appreciated to help keep the shelves stocked!

Sun. Dec.29, 11:00am Bridgetown Baptist continues to meet weekly at the Royal Canadian Legion, 20, Jeffery St. Join us for a joyful time of worship. 902-665-2506
bridgetownbaptist@gmail.com.

Thur. Jan. 2, 2:15-4:15pm Caregiver Support Group meets at the Kingston Library, 671 Main St. Do you give unpaid care to a parent, spouse, child, friend, or relative due to frailty, advanced age, chronic illness, mental illness, or disability? You are not alone! The NS Caregivers Support Group meets on the first Thursday of each month. It is facilitated by trained staff members who offer a confidential, friendly atmosphere for you to discuss your experiences and receive helpful information in a supportive environment. For more information and to register, call Jennine Wilson, 1-877-488-7390 (toll-free).

Sun. Jan. 5, 11:00am Bridgetown Baptist continues to worship weekly at the Royal Canadian Legion, 20, Jeffery St. Join us as we celebrate the start of a new year. 902-665-2506
bridgetownbaptist@gmail.com.

Tues. Jan. 7, 1:30-4pm Jam Session at Parker Hall, Victoria Vale, across from the church, every 2nd Tuesday. Doors open at 1:00. Come out for an afternoon of music, fun and refreshment and support the Hall. Next Jam Jan. 21. *

Mon. Jan. 20, 10:00am The **Annual Meeting of the Bridgetown and Area Community Fund** will be held in the Britespan boardroom at 441 Granville St. Unit 1, Bridgetown. The public are welcome and encouraged to come to learn about their local Community Fund and how it serves needs in our area.

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Sunday December 8, 10:00am
 St. Luke's Anglican Church,
 Annapolis Royal
 Celebrant & Preacher:
 Rev. Julia Ford
**Holy Eucharist Service/
 Second Sunday of Advent**
 All Welcome!

Wednesdays 10:30am
 Said Eucharist will resume
 on Dec. 11, 2024
 at St Luke's, Annapolis Royal

Wednesdays 6:00pm
BCP Evening Prayer
 at Christ Church in Karsdale
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 We will resume in Spring 2025!

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everettandsmith@eastlink.ca

The Bridgetown Reader Publication Schedule

The Reader will take a two week break over the holidays. Our last issue of 2024 will publish on December 20. Submissions for that issue need to be in by noon on Monday December 16. The Reader returns on January 10, 2025 with a submission deadline of noon Monday January 6. You can still call or email us during the break, and we will gladly answer your questions or accept items for inclusion when we resume. Thank you and best wishes.

Edelweiss Inn & Restaurant

NOVA SCOTIA

Join Barbara, Joerg & friends
to celebrate the holidays

Sunday Sing Along

Join us Sunday December 8th & 15th at
5:00 pm with pianist Wendy Hardman.
Savour hearty soup or a four course
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Receive a complimentary sample
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COUNTY of ANNAPOLIS
NATURALLY BEGOT

Employment Opportunity

Open Gym Physical Activity Leaders

Seasonal Part Time - \$17.41/Hour

The County of Annapolis is currently seeking Open Gym Physical Activity Leaders to join our Recreation team! This is an opportunity to work amongst the breathtaking natural beauty of the Bay of Fundy shoreline and the lush Annapolis River, where you will be captivated by coastal communities, towns, village, historic properties and stunning parks that are the pride of our county. Annapolis County is an ideal location to live, work and play.

The Open Gym Physical Activity Leader is responsible for creating open gym sessions at their associated school. These open gyms must be an all-inclusive space, that is safe and welcoming for all individuals and families. Open gym sessions provide opportunity for youth play and family engagement, through a balance of structured and unstructured physical activity. Food elements will be added to open gym sessions, this will vary depending on school. Leaders will be responsible for set-up, supervision and clean up, ensuring that gym space is left as it was prior to session.

Qualifications:

- Candidates for this position must be an energetic individual with experience in planning and delivering outdoor/indoor recreational/physical programs & activities to children/youth (ages 4-14years). Experience leading outdoor nature programs & activities are considered an asset with academic experience in Recreation or Early Childhood Education preferred.

A complete Job description can be found on our website: www.AnnapolisCounty.ca

This employment competition will close on December 13, 2024 at 4:00PM

Kate McLean, Human Resources Coordinator
(902) 532-0890

Email: employment@annapoliscounty.ca

Municipality of the County of Annapolis

PO Box 100 (752 St. George St)

Annapolis Royal, NS BOS 1A0

Applications will not be accepted via Social Media (Facebook)

The County of Annapolis thanks all those for applying but only candidates selected for an interview will be contacted.

www.AnnapolisCounty.ca



COUNTY of ANNAPOLIS
NATURALLY BEGOT

Employment Opportunity

After School Program Leaders

Seasonal Part Time - \$17.41/Hour

The County of Annapolis is currently seeking After School Program Leaders to join our Recreation team! This is an opportunity to work amongst the breathtaking natural beauty of the Bay of Fundy shoreline and the lush Annapolis River, where you will be captivated by coastal communities, towns, village, historic properties and stunning parks that are the pride of our county. Annapolis County is an ideal location to live, work and play.

The After School Program Leaders (2) are responsible for creating a safe, fun and inclusive environment for all participants. The position requires individuals who enjoy physical activity, sport and/or recreation. Leaders will plan and deliver of a variety of mainly outdoor and some indoor physical and recreational activities for to elementary and junior high school-aged children (ages 4-14).

The positions are ongoing, casual opportunities for individuals interested in working as After School Physical Activity Program Leaders at the following County of Annapolis locations:

- *Bridgetown Regional Community School*

Programs will be run 3/4 days per week school, from approx. 2:00-5:00pm, times may vary throughout the school year. Leaders are in groups of two and may be assigned more than one school.

Qualifications:

- Candidates for this position must be an energetic individual with experience in planning and delivering outdoor/indoor recreational/physical programs & activities to children/youth (ages 4-14years). Experience leading outdoor nature programs & activities are considered an asset with academic experience in Recreation or Early Childhood Education preferred.

A complete Job description can be found on our website: www.AnnapolisCounty.ca

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Kate McLean, Human Resources Coordinator
(902) 532-0890

Email: employment@annapoliscounty.ca

Municipality of the County of Annapolis

PO Box 100 (752 St. George St)

Annapolis Royal, NS BOS 1A0

Applications will not be accepted via Social Media (Facebook)

The County of Annapolis thanks all those for applying but only candidates selected for an interview will be contacted.

www.AnnapolisCounty.ca

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FRI DEC 13, 2024
7.30pm

Middleton Baptist Church, 26 School St.

With Special Guests
PARADISE BRASS

Tickets \$15 Youth 12 & Under \$5
Available from members or call 825-9433

Andrew Cranston, Artistic Director
Beth Cranston, Collaborative Pianist



[facebook.com/
MiddletonChoral](https://www.facebook.com/MiddletonChoral)

A Tangible Christmas Memory

(shared by a reader)
I was just talking to you recently about the 47-year-old popcorn trim on my 8-foot Christmas tree. I had planned on waiting until it was 50 years old, but I am soon to be 86 years old and who knows if I can wait until then. 47 years ago, when my 2 sons, Craig and Michael, were 10 and 12 years old they helped me pop corn, string it on nylon thread and helped to put it on our tree. I have used it every year since, and it looks like it was done yesterday.

That is not only my opinion but several friends of mine saw it the other day were so impressed that it has lasted so long.

We lived in Carleton Corner for 36 years when my late husband, Don Merriam, taught at the Bridgetown High School for 28 years and where we brought up our family. I also worked part time for 12 years at the late Mike Turner's clothing store in Bridgetown. Betty Merriam



Community Christmas Dinner

Free Eat In Christmas Dinner with all the fixings. Come Join the Community for a free Christmas Dinner December 25th at 1:00pm at the Bridgetown Fire Hall. Great home cooked food with caroling and entertainment, laughter and conversation all in the same great place. To put your name on our guest list please call Maureen and Jerry Publow at 902-840-3559 by December 21st or to be an elf and help with the vegetable preparation Christmas Eve at 11:00am at the fire hall, please let Maureen and Jerry Publow know at 902-840-3559. Hope everyone books early cause our capacity is 120 and we don't want anyone to be disappointed. Come and enjoy.

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The Centrelea Community is Working Hard to Build an Inclusive and Resilient Community Hub. A Place We Can Meet to Celebrate or Find Comfort When in Need.

Can You Help?

We are selling locally made and inspired "Naturally Centrelea" 2025 Calendars and Boxes of Delicious Homemade Holiday Cookie Boxes to help raise funds to become a certified community comfort station.

You can order your 2025 Calendars by calling: 902-665- 5113 or at these wonderful stores: Endless Shores (Bridgetown), Bee's Knees (Lawrencetown) or Arch & Po and Crown & Anchor (Annapolis Royal).

Please bring cash if purchasing from these stores. Holiday Cookie Boxes and Calendars will be available at the Centrelea Hall on Sat. Dec.15th between 1-3pm.

Calendars: 1 for \$18 or 3 for \$45. Cookie Boxes \$15 each. Delivery available for both Calendars and Cookies. For more info. or to pre-order cookie boxes call: Rhonda: 902-665 -5113.

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"Breads" Word Search Answers

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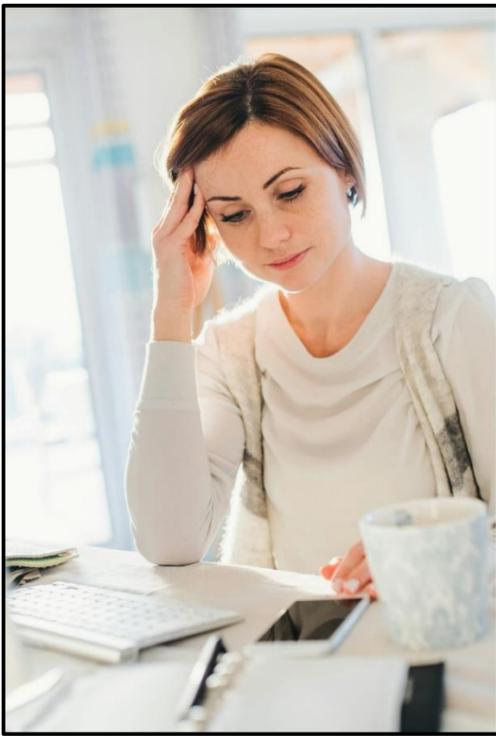
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Want to advertise? We distribute print copies from Middleton to Annapolis Royal, plus we post the entire contents of each issue here to our web site and on our Facebook page. Reach us through the contact form at www.bridgetownreader.news, through Facebook/ Bridgetown Reader, email readerpublishing@outlook.com or call or text 902-824-0412. Submissions are due by noon Monday for that Friday's issue.



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caring and sharing**
Enjoy good company and home cooked food

**FREE
Sit Down
Christmas Dinner**

**Bridgetown Fire Hall, 31 Bay Road
Wednesday, December 25th**

Dinner Served at 1:00pm Sharp!

**Turkey
With All of the Trimmings**

Please call Maureen & Jerry Publow
by December 21st, at 902-840-3559
to have your name on the guest list

to volunteer to help with vegetable preparation
on December 24th in the morning, call Maureen
& Jerry Publow at 902-840-3559

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(902) 526-2779
hello@bushelandbarrow.ca

New Spring & Summer Hours:
10:00am to 5:00pm Tuesday to Saturday
Sunday & Monday - CLOSED

Town of Middleton Holding Public Hearing

The Council of the Town of Middleton will hold a Public Hearing at the Middleton Town Hall at 6:00pm on Monday, December 16, 2024 to consider:

1. Application for text amendments to the Town of Middleton Land Use Bylaw for the addition of Craft Food and Beverage Production as a definition and permitted use in the Commercial Downtown (CD) zone, Commercial General (CG) zone, and Industry and Commercial Enterprise (ICE) zone.

The proposed amendment includes adding the following definition of Craft Food and Beverage Production:

“31 Craft Food and Beverage Production means the use of a building or part thereof for the production of:

- specialized food products intended for retail sale;
- not more than 150,000 hectolitres of beer, wine, mead, premixed cocktails, kombucha, or non-alcoholic beverages in a year; or
- not more than 75,000 litres of distilled spirits in a year;

and may include public tasting and retail sales of the product but does not include a restaurant or licensed liquor establishment unless those uses are permitted as a main use in the applicable use zone.”

A copy of the Planning Report, providing more detailed information on the proposed amendments, may be inspected at the Town Hall, Middleton, from 10:00 am to 4:00 p.m., weekdays, except public holidays. Town planning documents and additional municipal information may be found at www.discovermiddleton.ca/planning/.

Members of the public who would like to provide written or oral submissions (in favour/ opposition) concerning the above are welcome to attend.

“Family Life” Cryptoquote Answer:
She remembered home as a place where there were always too many children, a cross man and work piling up around a sick woman.
Willa Cather (from My Antonia)

**Cram the Cruiser
Food Bank Drive**

Fri. Nov. 29, 3-7pm- Independent, Annapolis Royal
Fri. Dec. 6, 3-7pm- Graves, Bridgetown
Fri. Dec. 13, 3-7pm-Independent, Middleton
Fri. Dec. 20, 3-7pm- Foodland, Middleton



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Email: dwyoung24@hotmail.com

Bulletin Board

Looking for something? Buying, selling, giving away, renting? Listings are free and we run for a month, if needed.
 Email readerpublishing@outlook.com
 call or text 902-824-0412 or use the contact forms at www.bridgetownreader.news

For Rent: Bridgetown 1 bedroom apartment available Dec.1. Employed tenant. No smokers no pets and why moving. Apt number 4 Captain Crosskill Apartment Suites FB page for pics. \$1050 monthly includes stove, fridge, heat, water, parking. 902 665 2030.

For Rent: 1 bedroom Apartment in Granville Ferry. This dual story 1 bedroom apartment awaits a respectful tenant. Wood floors, garden, private entrance, and off-street parking. Would suit one person. Located in the centre of the historic village of Granville Ferry making it walkable to Annapolis Royal. Tenant will pay own electric bill and heating. No Smoking and no pets. References. Email only; russellnf@gmail.com

Room for Rent: Ladies, a lovely room in a lovely house. 2 minutes from downtown Annapolis Royal. Includes: a furnished bedroom, a private bathroom, shared kitchen and living space, laundry facilities, heat and water, WiFi, parking, snow removal and garden upkeep. Sorry, no smoking and no pets. Available now. If interested please call 902-532-5837

For Sale: \$75 - Pair (plus one) Goodyear Nordic Winter 235 / 65 / 16 M+S Tires... Nice condition with lots of life left in them. Have been stored inside. Selling because I no longer have the vehicle. One good pair + a 3rd tire thrown in with some edge scalloping (still usable - or a good spare). Located in Lawrencetown 1-902-584-3894.

For Sale: Hanging carved wooden fishing rod holder with drawer and artist's painting on it, \$50. Swivel rocker chair, like new, dull rose colour. \$50. 902-824-3440

For Sale: Signal electric dryer, stainless steel interior. 26" wide x 24" deep x 3' high. Never been used. \$100. 902-308-9503

For Sale: Black futon frame only with side round table, removeable. \$50. Pickup New Albany, or delivery to Middleton area for total of \$75. 902 825 3681, Bill.

For Sale: Four snow tires 245/70R17- \$150. Phone 902-825-3313

For Sale: Coeey Single Shot, 22 cal, w/rabbit pattern on stock, great youth or trapper's rifle. \$250. Iver Johnson, Champion 410 Single Shotgun, made in Canada. \$225. Ph: 802-824-1849

For Sale: Steel trailer. 4-1/2ft wide x 6ft long with 20" side boards. Comes with jack and spare tire. \$1200. 902-584-3094.

Looking For: Good used Christmas tree stand. 902-665-2247.

For Sale: China cabinet, \$170. Treadmill (only used a few times) \$350. Large horse blanket box (cedar lined with a history) \$50. Wooden bookcase \$20. Washer/dryer (working) \$150 for the pair. Many other items. Call 902 532-0320

For Sale: Coronation Street: The 60s Collection. 1960-69. 10 DVD set, Volumes 1-5. Never opened, still in original wrapping. New \$97. Asking \$75. ApexCam Action Camera M90 Pro. Underwater/land camera. Never opened, still in original packaging. \$65. 902-309-0034.

Looking For: Small apartment size dryer in good condition. 902-308-9503

For Sale: Top quality new machetes W/18" blade. Ideal for bait or brush. Best defense against Big Foot. \$30. PH. 902-824-1849

Moving Sale: Freezer 5.5 cu ft, Air conditioner 9000 BTU, New work bench, Electric leather recliner, Office chair, Dining table and chairs, New exercise boxing bag and gloves, Desktop computers, Office/study desk, New iPad, cell phones, Electric bed, Wooden storage shelves, Various art and more. Call or text for details. 902-237-3286

For Sale: "Oxford Men and Their Colleges" by Joseph Foster. Published in 1893. 686 pages with illustrations. \$50. "Webster's Imperial Dictionary" More than 2000 pages with gazetteer and illustrations. \$50. Call 902-286-2021

For Sale: Three pairs of like new cowboy boots, size 7. Two food blenders. Lightly used Yamaha keyboard with stand. 902-825-4523

For Sale: Crate Acoustic Amp with stand, 2 channels, CD input, 3 mics, 4 mic stands. Only serious inquiries, please. Best offer. Call 902-825-3295

For Sale: GE clothes washer. Runs well, good condition. \$175. 902-665-4380.

For Sale: Antique washstand, complete with basin, pitcher and mirror. 52" high. Freestanding 5-tier corner shelf, with shelves. 57" high. Coffee table on casters, 28" long and 19" high. 902-584-3094.

For Sale: New 15 hp engine with electric start, still in shipping crate \$350. Farm cart, self dumping, no hydraulics required \$1875. Tractor cab, removable doors \$450. Phone 902-584-3471.

For Sale: 2015 Cherokee Limited by Forest River, 39' long. Has shower. Stereo and TV inside and out. Like new. Only moved twice, everything works good. \$48,000 firm. 902-824-0282

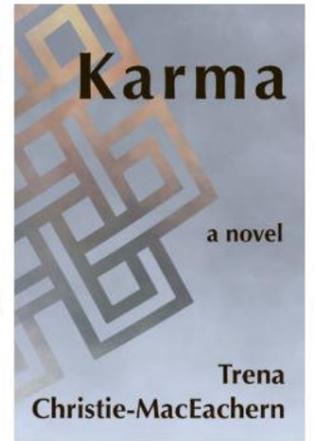
Epiphone Guitar For Sale: Like new, Epiphone guitar (Les Paul II) purchased a year and a half ago and only played once. Black carrying case, shoulder strap, and plugin cables. \$300. Bridgetown. 604-879-0390

Help Wanted: Older couple currently living in Phinney Cove (Shore Road West) is looking for a person able to tackle domestic chores/activities. Flexible hours. Remuneration by the hour and person to provide own transport to and from our house. If interested call Diane at (902) 665-4821 to arrange interview.

Karma

A young mother falls down a deep well of trouble after a night of indiscretions. Can she climb back to the life she wants?

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 - Penelope Jackson



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Town of Annapolis Royal



Casual Position Available for a Public Works Labourer

The Town of Annapolis Royal Public Works Department is seeking to hire a casual labourer starting this Winter

This position reports to the Director of Municipal Operations and Development and duties may include: snow plowing/salting (valid driver's license and experience required), manual labour, and other maintenance duties as required.

The successful candidate must provide their own safety boots. The Town will provide other safety equipment including a safety vest and pair of work gloves.

Those interested are invited to apply via email, fax or deliver a cover letter and resume by the deadline of 3:00pm on Friday, December 13th, 2024. Please note that The Town of Annapolis Royal reserves the right to fill the position before the deadline should a suitable candidate be found. Interested individuals are encouraged to apply early. Send applications to:

Attention: Confidential – Director of Municipal Operations and Development
 Town of Annapolis Royal
 285 St. George Street
 P. O. Box 310
 Annapolis Royal, NS B0S 1A0
 Telephone: 902-532-2043
 Fax: 902-532-7443
 Email: kknnox@annapolisroyal.com

CCA Offering Private Home Care: I am a certified Continuing Care Assistant with 20+ years of experience working in health care in the home and long-term care setting. I am now offering private home care in the area of Kingston, Greenwood and Middleton, NS. I currently have Wednesday and Thursdays open I will be offering the following services: respite care, meal prep, personal care. light tidy. \$25/hr. I am comfortable around pets as long as they are calm. Text or Call: (902)-848-6342. Email: lindahatt101@gmail.com

For Sale: 2009 Silverado 1500 reg cab long box 4x4, 4.3, v.g. tires, trailer hitch, no rust holes in cab or box. Engine and running gear work well. Frame bad. Not inspected. For parts or repair. Asking \$1000. 902-665-4515.

"Being Assertive" Cryptoquote: Each letter in the phrase has been replaced with a random letter.

Answer next week.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
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Bridgetown Commercial Space

for Rent: 10 Queen St., Bridgetown is available to rent on January 1, 2025. Centrally located, high profile location, large display windows, bright interior, with heat pump. Ideal for retail, office, commercial, storage, or workspace. Contact Alyn How (902) 532-8650 for more information.

WEASY'S HAIR SALON**4730 Hwy #1 Granville Ferry/902-532-2273**

Thank YOU for all the purchases and shopping local for your professional hair products.

I'll have the names of the prize winners next week. GIFT CERTIFICATES are Coming...

Friendly Reminder...if the weather is not good for us to be here, we will call you if we are NOT going to be here. Please call and leave a message if you cannot make it at any time, it all goes to the answering machine after hours. It frees up that spot for someone else.

Please Don't assume there are snow flurries, and we are closed.

- Don't delay...call Today if you are hoping for a 2025 Atlantic provinces Calendar.

Craft Market at the Fire Hall Sat Dec 7th. Selling creations. Mentioning this info for those that wanted to check out The Upper Clements Castle that was created with paint & egg cartons on canvas, it'll be for sale (plus others) Check out my table as I'll have some giveaways including prizes for the kiddos to put their name in for. Plus, some odds and ends for sale ... 2 back drops for pictures (\$15 ea. New/ used once). I'll have my debit machine for purchases, as well as cash. Heads up...on Dec 20th will be the last issue of the Reader until Jan 2025. Just think how small the community events section will be in January. Enjoy your read.

Anna/Royal - Don't forget, AR Fire Dept. & HH have joined forces to coordinate a Toy Drive on Sat Dec 14th 1-3. If you want to help and don't feel you can make it on the 14th, you can drop off your donation at Anna/HH anytime, or at The Fire Dept. Wed nights 7 - 9. Letters to Santa mailbox is located outside the Firehall by the BIG doors.

Anna/Royal - Annapolis Blaze Volleyball Club Tryouts @ AWEC Gym \$20 fee. To preregister and more info go to annapolisblaze@gmail.com, send name, age & date of birth.

Anna/Royal - Tip of the Hat to all who joined in the parade of lights and all the volunteers that helped bring it together. Aroma Mocha(Upper St. George) & Arch & Po(Lower St. Geor)

Anna/Royal - Lions Club Annual Tree Sales at Home Hardware is on every day Except Sundays. They are excited to have Santa's Mailbox again at this location, as another drop-off (in addition to the Fire Hall) for letters to Santa! The Lions Club will be hosting TREES and TREATS...at Home Hardware Tree Yard. Come and enjoy cookies and hot drinks on Sat Dec 7th. Might be a good time to tag your tree.

Anna/Royal - Happy 5th Anniversary to Red Onion Market.(Shopping locally creates this) Annapolis Community Health Centre Auxiliary are once again offering their Christmas Memorial Angels. For a donation of your choice, share a message of remembrance on an angel. Angels will be at their table at the Dec 7th Craft Fair, at the Port Royal Legion location. Your donation will help them refurbish the Palliative Care units at the Health Centre.\$10 or more will get a receipt.

Anna/Royal - don't wait to purchase Gift Certificates Gifts from The Fort Anne Cafe, they will be closing around Dec 20 or 21st for the Holidays but as well Kitchen renovations.

Go support Jeff and ask him the timeline he needs to do the upgrades.

Belle Isle Market - #6748 Hwy #1, Belleisle, Have you checked out her little shop, all decked out with crafts and baked goods, even Seeds. Great stocking stuffers.

Bridgetown - 15 days of shopping Starts Dec 6th ends Dec 21st 4 draws of \$250 in local Gift Cards.

Get a stamp for every \$10 at participating businesses.

Bridgetown - The Post Office can only accept letters to Santa and would love to help out.

Bridgetown - Thank You to the "Mode de Vie Actif" class at Br'town Reg Com. School for creating the great winter games for our young visitors at the Annapolis Historic Gardens. These activities will be available for families every Saturday until Christmas. GREAT Job Laura Sherman and her creative class. Hats off to you!

Bridgetown - Delivery of Trees arrived. \$30 each at C.J Nob's Farm Market. A small quantity of Lion's wreaths are available while supplies last, \$25.

Bridgetown - Light up The Town- Fri Dec 6th Free Family skate from 4-5, parade starts at Arena parking, to Queen and then Brickyard Rd. @ 6 parade, free prize wheel at 7, Mrs. Claus Bakery, Dance At the Legion @ 9 pm(19+) Fireworks @ 8:30 at Jubilee Park. Face Painting, Lighting town tree.15 days of shopping starts!

Pharmasave & V & S are open until 8:30.Shopping Local.

Canadian Cancer Society - Double your impact, Donations will be Matched until Dec 31st, 2024. Go to cancer.ca/holiday

Centrelea Com. Hall - needs your help to bake cookies, drop off Dec 14th 6-7 pm or Dec 15 by 9 am. Also need volunteers to help pack & sell cookie boxes. Dec 15 9 - 2, (come when you can) Packing from 9 - 10, selling from 10 -2 pm.

Contact Rhonda 665-5113. Leave a message what type and how many you are making.

Concert in Anna/Royal - Annapolis Voices will be presenting 'Light and Gold' Sun Dec 8th at 3 pm. Located at St. George & St. Andrew United Church. The price is \$20 by calling 902-526-3609 or from members. Youth tickets are \$5. Director Beth Cranston.

Co-ed, Indoor, Pick-up soccer, all skill levels welcome. Age 14 + Wed's 7-9, Fridays 5-7. Cost is \$60. Season per night. Drop-in rate available too. Academy Gym, Anna/Royal

Cram/Cruiser: Fri Dec 6th from 3-7 Br'town Graves. Dec 13th 3-7 Middleton Independent. Dec 20th 3-7 pm Middleton Foodland. Monetary and Non-perishable.

Do you like Donkeys? - Festival on the Farm is Sun Dec 15th from 1-4 @ 4762 Granville Rd. Join our 9 donkeys at a Free Family-Friendly outdoor event with music, refreshments and a visit from Santa. Donations accepted for the Annapolis Valley Cat Rescue.

- NO Treats for the animals please ** NO toilet facilities **NO dogs allowed(sorry!)

Kingston - Chrismaria Family Restaurant coming soon! 902-680-4444.

Lawrencetown - in the village- Sat Dec 7 from 4-6, Exhibition Youth Arena. Skating, hayrides, hot dogs, Chili & Hot chocolate+ much more.

Loose Ends in Anna/Royal - Share the Joy of Giving, Give a Little Food Drive, another location you can drop off Food Bank Donations in support of the Annapolis Royal Food Bank until Dec 18th @ 195 St. Anthony Street.

Middleton - Happy Holidays @ the Railway Museum. Christmas Open House on Sat Dec 21st & Sun 22 Noon 'til 4. Please come/check out our Christmas train & decor

Middleton - Soldiers Memorial Hospital have a Fundraising Campaign on the go. They welcome your financial support on this, donation online at www.middletonsmhf.ca

Municipality of Annapolis - Event submission into their 2025 Events Guide, deadline is Feb 12, 2025. Local community events and/or festivals. www.annapoliscounty.ca

Parkers Cove- Blessing Pantry - located at #4841 Shore road West opened Sept 2024. Food insecurity here is not just about finances. Being a mostly senior community, It's about mobility issues, losing a spouse or an illness. Getting off the shore in inclement weather also exacerbates the issue. Thank You for your consideration, Call Deborah for more info @ 532-0123. References are Councillor Lynn Longmire. We appreciate anything you can donate. IF you can't get over there...bring it into Weasy's Hair Salon, we have a connection that will do pick ups.

Port Wade - A Night of Christmas Music, being held at New Horizon Hall, Sat Dec 7th @ 7 pm. # 1771 Granville Rd \$10 admission, 50/50 draw, Canteen cash only, Door Prizes. Starring David Graves, Angela Hudson, Lewis & Heather Hodgson, Betty Crouse & Lucy Flemming, Mike Donnelly, Harold Clapp & Theresa Porter.

Round Hill Hall - Selling tickets on a Christmas dinner basket. Turkey and all fixings \$5 each, draw will be Dec 19th. E-transfer roundhillhall@gmail.com

The Wooden Spool - Granville Ferry Hwy #1, HUGE SALE Store Wide until - Dec 7th.

Upcoming Craft Sales: There may be an admission fee at some, but not listed here.

There is a shuttle provided so you can park and ride picking up at the Comfort Station.(lower St. George St, Farmers Market parking lot.)JUMP on JUMP off.

@ Anna/Royal Fire Dept- Dec 7, 9 - 3, \$2 ad. Bring your cash and purchase your Hot Dog/ French Fries lunch from your Volunteer Fire Fighters.

@ Bridgetown- Sat Dec 7, BRCS craft market Expo 9 - 3, gifts, crafts, food

@ Historic Gardens - Anna/Royal- Open Dec 7th 9 - 5. (open 7 days a week)

@ # 59 Parker Mtn Rd- Dec 7th, Cindy's Christmas 10 am - 3 pm, in the shop

@ # 79 Parker Mtn Rd - Dec 7th, Candice's, 9 - 4. (like 8 th house up)

@ The Academy -Sat Dec 7th 9 am - 2 pm The Hub (Anna/Royal Farmers Market)

@ The Annapolis Legion - Sat Dec 7, 9 am - 3pm, \$2

Tip from Internet: Yell out exactly what you want for Christmas near your partners cell phone & wait for FB to send pop-up ads.

Help Others...Even when you know they can't help you back.

About 511 Nova Scotia

511 Nova Scotia is a free traveller information service, operated by the Government of Nova Scotia, which may be accessed via phone, mobile device, or computer. The information covers highway conditions, roadwork, major incidents, weather alerts, availability of ferry services, and park information.

Users within Nova Scotia may access the information via phone or toll-free by simply calling 5-1-1, like the way they would call 9-1-1 for emergencies or 4-1-1 for directory assistance. Dial 1.888.780.4440 when outside of Nova Scotia. Computer and mobile device users may also visit the 511 Nova Scotia website at 511.novascotia.ca. Having both phone-in and website components ensures 511 Nova Scotia is available to the widest range of users. You can also create an account and receive notifications of road conditions.



**Now accepting applications for
Volunteer Board Members**



Volunteering provides:

- an opportunity to help your community
- leadership experience
- resume building
- networking opportunities
- learning opportunities

The Annapolis Community Health Board (CHB) is a committed group of volunteers who are working together to improve the health of communities in Annapolis County. The CHB focusses on community well-being, helping to support many community-based projects and partnerships. This includes providing grants and advocating for everyone to be able live a healthy life in our community.

For more information visit
www.communityhealthboards.ns.ca/get-involved
 or contact Anjeanette.LeMay@nshealth.ca / 902-824-6762

The Community Health Boards are committed to being groups that are free of discrimination, value diversity and are representative of all our communities. Nova Scotia Health's Priority Populations are defined as follows: Indigenous Peoples; People of African Descent; Persons with Disabilities; immigrants; and persons belonging to 2SLGBTQIA+.



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Annapolis Royal | www.kingstheatre.ca

Fri. Dec. 6 & Sat. Dec. 7, 7:30pm and Sun. Dec. 8, 3:00pm Dick Whittington and His Cat (live performance) Performed by the Annapolis District Drama Group; written by Terry R. Francis, directed by Simon Bonnington. Join our hero, Dick Whittington, as he embarks upon an adventure to seek his fortune in Ye Olde London Towne, where "the streets are paved with gold".

With Terry R. Francis' hilarious and fast-paced script, Dick and his faithful cat must thwart the wicked schemes of King Rat ("Boo! Hiss!") and his Rodent Army, to save the Londoners from tyranny, and bring 'happiness ever after' to his friends and family. This well loved folk-tale has been adapted for Panto many, many times - and Terry's script rollicks along at a ripping pace, with gags and laughter, and songs and dance galore. Directed by Annapolis District Drama Group stalwart Simon Bonnington, and starring many of your best loved local actors, you are sure to be right royally entertained! Tickets: Adult \$20, Youth \$5.

Sat. Dec. 7, 10:30am The Polar Express (film) Santa will be present for our annual FREE Christmas movie! Tom Hanks and director Robert Zemeckis ("Forrest Gump"; "Cast Away") reunite for "Polar Express," an inspiring adventure based on the beloved children's book by Chris Van Allsburg. When a doubting young boy takes an extraordinary train ride to the North Pole, he embarks on a journey of self-discovery that shows him that the wonder of life never fades for those who believe. Free admission. No advance tickets-first come, first served. Children under 12 must be accompanied by a guardian when attending a King's Theatre event. Doors open 45min. before showtime.

Tues. Dec. 10, 7:30pm Joel Plaskett (live performance) For over three decades, Joel Plaskett has proven himself a spinning wheel of reinvention. The Nova Scotia songwriter's eclectic body of work reveals a restless and playful spirit, always transforming and expanding. Don't miss his incredible solo show! Tickets: \$50

Wed. Dec. 11, 7:00pm Love Actually (film, 14A) Bring a donation for the Annapolis Foodbank and join us for a FREE holiday movie!! Nine intertwined stories examine the complexities of the one emotion that connects us all: love. Among the characters explored are David (Hugh Grant), the handsome newly elected British prime minister who falls for a young junior staffer (Martine McCutcheon), Sarah (Laura Linney), a graphic designer whose devotion to her mentally ill brother complicates her love life, and Harry (Alan Rickman), a married man tempted by his attractive new secretary. No advance tickets, first-come-first-served. Doors open 45 minutes before showtime.

Thur. Dec. 12, 7:30pm A Tyler Shaw Christmas (live performance) 4x JUNO nominated pop artist Tyler Shaw rings in the holiday season with a sleigh full of Christmas classics and some original music for 'A Tyler Shaw Christmas'. Tyler is a multi-platinum Canadian artist who has toured with the likes of Selena Gomez, Shawn Mendes, Alessia Cara and The Tenors. His JUNO nominated Christmas album 'A Tyler Shaw Christmas' includes the #1 radio hit 'This Christmas' and his most recent Christmas single 'Christmas All Over Again'. This is an all-ages show, perfect for the whole family to get you into the holiday spirit. Tickets: Adults \$45, Youth \$20.

Sat. Dec. 14, 7:30pm Home for the HoliGays (live performance) Our favourite hometown queen Steph Peaks is back with the party of the season! Home for the HoliGays hits the King's stage on Saturday December 14 with an all-star cast that includes Steph Peaks, Anita Landback, Elle Noir, Rachael Lush, Anna Mona-Pia, Queera Bang, Michael Hunter, and Trinity Foxx. Together they'll deliver an unforgettable night of live singing, lip syncs, dance moves, and big laughs. Gather your girlfriends, force your partner, or invite that one co-worker you just can't seem to get to crack a smile. Whoever you bring will leave with stories that will brighten up any awkward holiday dinner. Get those tickets now - you won't wanna miss this! Tickets: \$30 Adults, \$15 Youth (Recommended 16+)

Sun. Dec. 15, 2:00pm and 6:00pm The Colours of Christmas: The Third Annual Sparkle Dance Community Christmas Showcase. Experience 70+ children, teens, and adult performers on stage in this highly entertaining community dance show. Led by Wendy Goudie, the younger Sparkle Dance students will be divided into two groups, one performing in the afternoon at 2pm and the other performing in the evening at 6pm. The older students will perform in both shows. Check with Sparkle Dance for details about which students are on what show. Adults: \$20 for one show/\$30 for both shows (please contact the box office) Youth: \$5 for each show.

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"From Hans Christian Anderson" Word Search Puzzle

Duckling	Emperor
Fir tree	Gerda
Goblin	Karen
Match girl	Mermaid
Princess	Rose Elf
Sea Witch	Snow Queen
Storks	Swans
Thumbelina	Tin Soldier

Find the word or phrase in the puzzle. Words can share letters as they cross over each other. Answer next week.

M	D	M	R	X	X	U	F	G	O	N	K	A	D	B	L
B	T	H	U	M	B	E	L	I	N	A	E	I	M	I	R
Y	I	T	A	Q	C	R	C	R	G	X	A	R	M	C	I
D	U	C	K	L	I	N	G	E	E	M	B	W	A	C	G
T	X	W	G	Q	G	R	R	N	R	M	Y	E	D	K	H
N	I	L	B	O	G	D	O	E	X	C	P	X	F	A	C
N	D	H	W	P	A	J	M	S	U	A	S	E	I	Q	T
L	C	G	T	S	M	G	J	E	E	N	V	K	R	G	A
G	Y	F	E	A	Z	F	B	A	O	E	E	M	T	O	M
P	R	I	N	C	E	S	S	W	S	J	L	M	R	Q	R
S	K	R	O	T	S	O	Q	I	T	N	N	F	E	X	B
Z	H	G	J	S	R	U	K	T	L	K	A	P	E	T	Z
Y	T	B	E	D	E	Q	B	C	L	D	Y	W	F	F	C
K	G	O	V	E	E	W	O	H	U	K	R	D	S	T	F
V	F	R	N	R	E	I	D	L	O	S	N	I	T	S	K
W	V	O	U	U	A	F	D	F	U	R	O	L	C	A	O

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Regular Weekly Activities
734 Broadway Ave, Cornwallis Park

Sunday - Darts @ 2pm New members welcome
Jim @ 902-638-3175 or Marty @ 902-638-3164

Monday - Keep Fit and Healthy Classes 8:45 - 9:45am
Carole @ 902-638-3373
Line Dancing at 10:00 - 11:00am Carol @ 902-249-0609
Hatha Floor Yoga - Restart Dec 16th

Tuesday - Library open 1-3pm. Jackie @ 902-340-0007
Zumba 6:30 - 7:30 \$5 per session Wendy @ 902-532-7736

Wednesday - Keep Fit and Healthy Classes 8:45-9:45am
Carole @ 902-638-3373

Thursday - TOPS (Take Off Pounds Sensibly) 8am weigh in and 8:30 meeting
Contact Pam @ 902-308-2095
Cribbage at 1pm Pete @ 902-376-2007
Vinyasa Flow YOGA with Heather - 6:30 \$12 drop-in. Packages available.

Friday - Keep Fit and Healthy Classes 8:45-9:45am
Carole @ 902-638-3373
Line Dancing at 10:00-11:00am Carol @ 902-249-0609
Chair Yoga - scheduled to restart Dec 20th
Meat BINGO - 7pm Doors open @ 6pm Gina @ ontheshore4@outlook.com

Second Saturday of the Month - Dec 14th, Jan 11th - Breakfast 8-10am \$12 for adults

For events and updates please have your name and email address added to Pam Law's email distribution list- pamlaw9527@gmail.com
Activities can also be found on the Cornwallis Park Community Association Facebook Page
For Hall Rental contact Marty @ 902-638-3164

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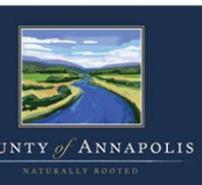
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Friendly greetings from
Dustin Enslow, CD
Councillor for District 3

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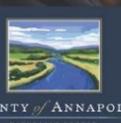
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Kind Greetings from
CHARLES "CHUCK" CRANTON
Your District 4 Councillor

"Let's work together in a respectful, responsible manner towards a future that's both sustainable and prosperous"

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Your Health: Understanding E. Coli

E. coli infection is caused by E. coli bacteria which can be spread through contact with infected people or animals or contaminated surfaces, foods or liquids.

You can be exposed to E. coli by:

Eating-

- raw or undercooked beef, especially ground beef
- unpasteurized milk products, such as raw milk cheese
- contaminated raw fruits and vegetables, such as leafy greens or sprouts

Drinking-

- untreated water
- unpasteurized juices
- unpasteurized (raw) milk

By mishandling or undercooking food contaminated with E. coli

Or by coming into contact with the feces of infected animals or people

Both animals and people can be carriers of E. coli. This means they can be infected with the bacteria and can spread it to others without showing signs of illness.

Adults who have an E. coli infection can infect others for up to a week. However, in some cases, children can infect others for up to 3 weeks.

E. coli are bacteria that live naturally in the intestines of some animals and can be found in their feces. These animals include:

- cattle
- goats
- sheep

Water can become contaminated with the bacteria when feces from infected people or animals, including carriers, enter the water supply.

Food can become contaminated with E. coli in many ways. Some of the most common ways include:

- during the processing of raw meat
- when food is handled by a person infected with E. coli
- during the growing or harvesting of fruits and vegetables. This is possible if the produce comes into contact with contaminated manure or water
- when raw food is handled improperly, which can lead to cross-contamination

People who get infected with E. coli can have a wide range of symptoms. You may not get sick at all. If you do get sick, you may experience:

- nausea
- vomiting
- headache
- mild fever
- severe stomach cramps
- watery or bloody diarrhea

Symptoms appear within 1 to 10 days after exposure to E. coli bacteria. Most symptoms end within 5 to 10 days. While most people recover completely on their own, some people may have a more serious illness that requires hospital care.

If you think you have an E. coli infection, see your health care provider. Avoid preparing food for other people if you think you are:

- sick from E. coli infection
- suffering from any other illness of the stomach or intestines

Severe vomiting and diarrhea can lead to dehydration (fluid loss). To protect against dehydration, drink plenty of fluids. To help replace the nutrients and minerals your body has lost, you can use oral rehydration fluids. You can buy these fluids pre-mixed at your local drug store.

It can be difficult to prevent illness from E. coli infection because contaminated foods look, smell and taste normal. However, you can reduce your risk of becoming ill from E. coli and other food-borne illnesses by following general food safety tips, including:

- washing your hands often
- properly cooking food to a safe internal temperature
- washing raw fruits and vegetables thoroughly before eating
- drinking treated or bottled water from a safe supply
- keeping pets away from food storage and preparation areas. Pets could be carrying bacteria, even if they look healthy.

Info courtesy Government of Canada Public Health Services.

KING'S THEATRE

COMING EVENTS



DICK WHITTINGTON & HIS CAT
THE ADDG's Christmas production.
Directed by Simon Bonnington
DEC 6th & DEC 7th @ 7:30 PM & DEC 8th @ 3 PM



JOEL PLASKETT
Nearly SOLD OUT!
Don't miss his incredible solo show
TUESDAY, DECEMBER 10th @ 7:30 PM



A TYLER SHAW CHRISTMAS
Join 4x JUNO nominated pop artist Tyler Shaw as he rings in the holiday season!
THURSDAY DECEMBER 12th @ 7:30 PM



THE COLOURS OF CHRISTMAS
The 3RD Annual Sparkle Dance Community Christmas Showcase!
SUNDAY DECEMBER 15th @ 2 PM & 6 PM



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FRIDAY DECEMBER 20th @ 7:00PM



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SAT DEC 27th @ 7 PM | SUN DEC 28th @ 3 PM



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SATURDAY DECEMBER 7th @ 10:30 AM



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WEDNESDAY DECEMBER 11th @ 7:00 PM



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Steph Peaks & friends are back with live singing, lip syncs and laughs!
SATURDAY DECEMBER 14th @ 7:30PM



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WEDNESDAY DECEMBER 18th @ 7:00PM



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