THE BRIDGETOWN READER

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FREE

Issue 40



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Community Connection at the Heart of Kingston Farmers Market Finale

As the colours of fall settle over the Valley and the final harvests are gathered in, the Kingston Farmers Market is preparing to wrap up its 2025 season with a celebration that's about more than just good food — it's about community.

On Thursday, October 16th, from 3 to 7pm, the market grounds at the Aurora Inn will fill once again with the sounds of laughter, live music, and neighbours reconnecting for the Grand Finale Market.

This year's closing event will feature a re-enactment of the classic folk tale Stone Soup — a story that reminds us that when everyone contributes a little, something extraordinary can be created together. Local chef Fiona will bring that message to life by preparing a real community soup, served free to all at 6pm.

"The story of <u>Stone Soup</u> really captures what the Kingston Farmers Market is all about," says market coordinators, Sarah and Lauren. "Every Thursday, people brought what they had — whether that was their produce, their talent, or their time — and together we created something special."

The evening will also feature over 50 local vendors, food trucks, live music, and children's activities. Guests are invited to share their memories on the Gratitude Tree, take part in a community puzzle, and enjoy simple games that encourage laughter and connection.

As dusk approaches, the market will end with its traditional balloon and light send-off at 6:45pm, where we dance with glowing balloons in the evening sky — a gentle reminder of the light that community brings, even as the days grow shorter. "It's a moment of joy and reflection," says Sarah and Lauren. "We say goodbye to the market season, but we also celebrate the friendships, the shared meals, and the sense of belonging that carry us through the winter months."

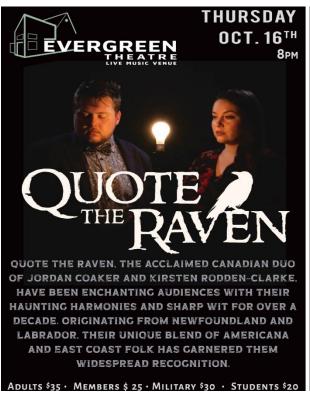
The Kingston Farmers Market has become a cherished weekly tradition for many residents — a place not just to shop, but to gather, share stories, and feel connected to the heart of the Valley. The final market of the season offers one last chance to experience that sense of togetherness before the quiet of winter sets in.



Calling All Community Champions!

Do you have a knack for debating big ideas, a love for the great outdoors, or a passion for the arts? Annapolis West Education Centre is looking for volunteers to help guide our After-School Debate Club, Outdoor Club, and Art Club. Whether you're a seasoned expert or simply someone who wants to share your enthusiasm with students, we'd love to have you join our Wolfpack family. A couple of hours of your time could spark a lifelong interest for our students. Interested? Reach out to Principal June Brown at jbrown@gnspes.ca and help us grow the next generation of thinkers, adventurers, and creators.





New Online Service for Road Test Bookings

Drivers can now schedule and pay for their road test online. Using the new online system, people can also cancel, reschedule or make changes to an already scheduled road test for a standard driver's license.

In the past, road tests could only be booked by calling Access Nova Scotia during regular business hours. Any changes to a booking required another call. The new service streamlines the process, allowing people to book, pay and manage their driving test in one place, at:

https://novascotia.ca/book-a-road-test/

Inktoberfest

Southwest Nova Scotia's first-ever body arts convention at the Digby Pines Resort, where you can get tattooed by some of the Maritimes' most reputable artists, take in live music, browse handcrafted work from local vendors, and more. Admission: \$5 or free under 12. Digby Pines, 103 Shore Road, Digby.

Fri. Oct. 10, 12- 9pm Sat. Oct. 11, 11am- 9pm Sun. Oct. 12, 11am- 6pm





InSync Books Presents

Spyglass Secrets by Jane Baskwill

A ghostly mystery set in Harbourville-where pirate legends, Isle Haute folklore, and friendship collide in a gripping middle grade adventure adults love, too.

Available locally at:

Bees Knees General Store & Bakery
Beavercreek Vineyard
Mad Hatter Books
MareGold Bookstore
The Inside Story
Chisholms

Find out more:

www.janebaskwill.com

Facebook: Jane Baskwill, Author

The Bridgetown Reader is published weekly on Friday by TAR Publishing. The deadline for submissions to our next issue is noon Mon. Oct.13th.

Community Calendar

Fri. Oct. 10, 10:00am Weekly Tai Chi classes at the Centrelea Community Hall, 3495 Highway 201. Bring indoor slippers or shoes. Drop ins welcome. Good for balance, posture and relieving stress. Instructor Jamie Edwards of Empty Hand Martial Arts. \$75 for 10 week pass that does not expire. More info @ 902-448-2483 *

Fri. Oct. 10, 11:30am St. James Fall Fish Chowders, St. James Anglican Church, 289 Granville St., Bridgetown. It includes 16 oz. container haddock chowder, crusty roll and yummy dessert. Price remains at \$12.00. Delivery or pick up available. Pick up from 11:30-12:30 at church hall Friday morning . To reserve call Hilda Connell at 902-665-4627 or call church hall Friday morning at 902-665-4734

Fri. Oct. 10, 7:00pm Jam Session every Friday Evening at the Youngs Cove Community Hall, 5407 Shore Rd. *

Sat. Oct. 11, 9am-1:00pm Summer Market in the Masonic Hall Church St., Annapolis Royal.
From local handmade live-edge wood products, cards, Jeanette's Jams, & Annette's Waves of Wander apparel; to textiles, Thai clothing, African jewelry, baskets, vintage goods, home decor, collectibles, antiques, books, CDs, LPs and more! Rain or shine. Cash & e-transfer.

Sat. Oct. 11, 9am-1:00pm Annapolis Royal Farmers & Traders Market outside in Market Square, across from the Wharf. Live music, food, artisans and locally grown food-a Saturday tradition.

Sat. Oct. 11, 9am- 3:00pm Craft & Bake Sale and 50/50 draw at Upper Clements Hall, 2951 Hwy 1.

Sat. Oct. 11, 11:00am Celebration of Life held for Audrey Bent at West Paradise Evergreen Chapel, 5247 Hwy. 201.

Sat. Oct. 11, 12:30pm T & D Kitchen Jam Saturdays, 1407 Inglisville Road, Lawrencetown at the Community Hall. All are welcome! Doors open 12:30, music from 1:30-4:30. \$2 for entry. Snacks, tea /coffee are included in the price. *

Sat. Oct 11, 12:30-3:30pm Makers Space. Bring a project to work on, start something new, or purchase one of our kits. Drop-ins welcome and encouraged! Cost starts at \$10. Caregivers are free. At the 7Arts Centre, 619 Central Ave, Greenwood. *

Sat. Oct. 11, 1- 4:00pm Bottle Drive – Help Support the Paradise Community Hall. Please bring your refundable bottles and cans to the hall at 10300 Hwy #1 in Paradise and support a great cause. All proceeds go directly toward fundraising for the community hall. Your recyclables can make a difference—thank you for your support!

Sat. Oct. 11, 5:00pm Monthly Potluck at the Round Hill Hall, second Saturday of the month. Everyone is welcome to attend. *

Sat. Oct. 11, 7-8:00pm Learn to Country Line **Dance** at the Bridgetown Legion. 4 weeks for
\$20 or \$7 drop-in. Oct. 4, 11, 18, and Nov. 1. 20

Jeffrey Street.

Sat. Oct. 11, 7:00pm Barnyard Cabaret Dance in Bear River at The Bear River Legion with live music from Miranda Ceara & the Odd Fellows Orchestra, Joe Abbott & the Flying J's, and the Volunteers. \$15, 19+. 1913 Clementsvale Rd.

Sat. Oct. 11, 8-11:00pm Dance at the Annapolis Royal Legion BC and Burning Love is an Elvis Presley Tribute Band! Get ready to shake, rattle, and roll with classics from the '50s, '60s, and '70s — including hits like Hound Dog, Burning Love, and more! Come dressed to impress or just bring your dancing shoes — it's going to be a night of hip-swiveling nostalgia and rock 'n' roll magic. Admission \$10 at the door. Advance tickets are available at the Legion bar.

Sat. Oct 11, 9:00pm Yuk Yuks Comedy is coming to the Bridgetown Legion!! Only \$10 a ticket. Starring veteran comedians from Just For Laughs, CBC The Debaters, Winnipeg Comedy Fest and Halifax Comedy Fest. Tickets will move fast. Get yours today online or at the Legion, 20 Jeffrey St.

https://facebook.com/events/s/bridgetown-yuk-yuks-comedy-nig/1411567423271942/

Sun. Oct 12, 10am- 2:00pm The Clarence Country Market, every Sunday to October at 3337 Clarence Rd. Last regular market of the season. Join us for the Christmas Market on Nov. 16.

Sun. Oct. 12, 10.30am Port Lorne Baptist
Church, join us in worship as we celebrate
Thanksgiving. John Montgomerie will enliven
our service as he plays our heritage piano. All
are welcome! 500 Port Lorne Road.

Sun. Oct. 12, 11:00am Bridgetown Baptist continues to worship weekly. Join us on Sundays at the Royal Canadian Legion, 20 Jeffery St., for a joyful time of worship. 902-665-2506. 10:30 for prayer and 11am for worship! bridgetownbaptist@gmail.com.

Sun. Oct. 12, 11:00 am Worship Service.

Celebrate God's presence with us at St. George & St. Andrew United Church, 393 St. George St. Annapolis Royal 902-532-7954. Open Doors, Open Hearts, Open Minds. *

Sun. Oct. 12, 11am-2:00pm Farmers and Crafters Market, every Sunday at the Lions Club at 948 Hwy 1, Deep Brook. Local vendors and farmers. New vendors always welcome.

Sun. Oct. 12, 2:00pm Weekly Service at Centrelea United Baptist Church, 3495
Highway 201. Services will be led by the Reverend Dr. Elizabeth Legassie on a weekly basis. All are welcome. The historic 245th Anniversary of the Centrelea United Baptist Church is coming in October. Stay tuned for celebration details.



FIRE PREVENTION OPEN HOUSE DATE: OCTOBER 11 TIME: 10AM-2PM ARVFD Meet Your Local Firefighters Climb Aboard the Fire Trucks Live Safety Demos Free Safety Giveaways FREE Admission - All Ag Come learn life-saving fire safety tips in a fun, family-friendly way! Come learn life-saving fire safety tips

FREE



Lost Landscapes: Tales and Forgotten Trails

- Join local author, photographer and trailblazer,
 Steve Skafte for a visual exploration and stories about his adventures along abandoned roads,
 forgotten highways, and crumbling histories.
- Featured widely in national print media, TV and radio, Steve will be selling and signing copies of all his currently available books after the talk.

WEDNESDAY October 29 *1:00pm to 2:00pm* Location: CORAH at NSCC Middleton Campus Register: corah-avc@nscc.ca OR 902-825-5215





Sun. Oct. 12, 3-5:00pm St Luke's Classical Concerts: Peter Allen. As a concert pianist, Peter Allen is well known and loved by audiences in the Maritimes and throughout Canada for his captivating interpretations. He regularly performs solo recitals, concertos with orchestra, and chamber music. He has recorded two solo piano compact discs for CBC, one featuring some of his own very popular Bagatelles, another an all-Haydn disc, and numerous duo CDs with flautist Patricia Creighton.

Sun. Oct. 12, 7-9:00pm Fun Darts, every Sunday evening at the Bridgetown Legion, 20 Jeffery Street. \$3 entry returned in prizes.

Mon. Oct. 13 and Wed. Oct. 15, 10-11:00am

Lawrencetown & Area Seniors Association (LASA)

Exercise Classes at the Lawrencetown Legion, 490 Main St (main entrance) with Head-to-Toe Exercise Class on Mondays with stretching, cardio, balance and strength; and Yoga Class on Wednesdays. Come and join in for fitness and flexibility and fun and hear about all of our activities. Newcomers are always welcome. Classes are ongoing Mondays and Wednesdays.*

Mon. Oct. 13, 7-9:00pm Craft Club @ Lower Granville Hall (3551 Granville Rd., Port Royal). Now EVERY Monday night! Calling all Fibre artists. Join us at the Hall for a Stitch'n'Bi*ch. All skill levels welcome. Knit, crochet, embroider, felt, mend, sew, quilt, spin, weave, needlepoint, rug hooking... We will put the kettle on. Bring your project and \$2 Hall donation. *

Community Calendar and Bulletin Board items, News, Business Notes, & Rentals, are all FREE. We only charge for display ads.

Mon. Oct. 13, 7:00pm Scottish Country Dance classes

starting at the Wilmot Comm. Centre on Oct. 13 running for 9 weeks. No partner required, all ages, no experience needed. Fun and fitness for all under the guidance of Susan Van Horne, with over 40 years of dancing knowledge. Call: 902-765-0906 or 902-825-4600 for further info.



Saturday, October 18, 2025 - 10 a.m. - noon Annapolis Valley Regional Library – Annapolis Royal Branch 143 Ritchie Street, Annapolis Royal, N.S.

You are cordially invited to join End Of Life Doulas Kathryn Murphy and Aleksandra Trajkovic, who will be facilitating this informal, café-style gathering, to talk about all matters death-related. This event will be hosted by the Church In Action women of St. George and St. Andrew United Church in Annapolis Royal.

The most universal human experience is something we rarely talk about. This gathering will provide a completely safe space in which to bring forward your practical and spiritual questions, thoughts, curiosities, concerns and ideas.

All welcome. Tea, and coffee will be served.

Please RSVP to: believe.in.green.2019 @gmail.com or 902-638-3265





Mountains and Meadows Care Group
Would like to extend an invitation to attend
the 2025 Virtual Annual General Meeting
Date: October 21, 2025. 2:00 p.m.
The following link will connect you to our
Facebook Page and allow you to view our meeting.

https://www.facebook.com/acmhc

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October Hours Wednesdays 9-4





Mon. Oct. 13, 7:00pm Valley Lions Radio

Bingo (VLRB) is a Media Bingo broadcast on Annapolis Valley Radio, AVR 97.7FM and other AVR stations from Digby to Windsor, every Monday night from 7-8pm. Bingo Cards are sold through valley retail locations. Info at www.vlrb.ca *

Tues. Oct. 14, 10-11:00am Senior Exercise

Class at the Bridgetown Legion. Certified instructor. Work to your own comfort and ability level. Please bring resistance bands and hand weights if you have them. \$4 per class. Come for fun while being active! Newcomers always welcome. *

Tues. Oct. 14, 1:30-4pm Jam Session at Parker Hall, Victoria Vale, across from the church, every 2nd Tuesday. Doors open at 1:00. Come out for an afternoon of music, fun and refreshment and support the Hall. Next Jam Oct. 28 *

<u>Tues. Oct. 14, 7:15-10:15pm</u> <u>Middleton</u> <u>Legion Bingo</u> Tuesdays at 205 Marshall Street,

Wed. Oct. 15, 10-11:00am Lawrencetown & Area Seniors Association (LASA) Exercise

Middleton. *

Classes at the Lawrencetown Legion, 490 Main St (main entrance). with Head-to-Toe Exercise Class on Mondays with stretching, cardio, balance and strength; and Yoga Class on Wednesdays. Come and join in for fitness and flexibility and fun and hear about all of our activities. Newcomers are always welcome. Classes are ongoing Mondays and Wednesdays.*

Wed. Oct. 15, 10:00am NS Walks Annapolis Royal Wednesdays at 10am. Are you interested in getting some exercise, at your pace, with friendly people, and in picturesque surroundings? Join our Walk Group! We meet every Wednesday at 10:00am at the Annapolis Royal Farmers' Market parking lot. Walkers of all ages and abilities are welcome. For further information, call (902) 250-0429.

Wed. Oct. 15, 10:00am NS WALKS

BRIDGETOWN a walking group for all levels and abilities If you are looking for motivation to get out for a bit of exercise and to socialize come join us. Walkers meet at the Library every Wednesday at 10:00 am. All are welcome Registration is not required. For more information check our Facebook Group NS WALKS BRIDGETOWN

Wed. Oct. 15, 1:00pm Valleyview Guided

Hike Valleyview gate will be open with an area to park, hiking group will meet outside the main employee/check in building. Join the County of Annapolis at Valley View Provincial park for our fall hiking series. Hike is beginner level; refreshments and prizes will be available! 960 Hampton Mtn. Rd. Sponsored by Annapolis County Recreation.

Wed. Oct 15, 7:00pm ARTSHARE with Sally

Davies. A first meeting of a new group for visual artists to share newly completed or works-in-progress. Supportive, constructive and helpful feedback or constructive critique. Or, simply join in for conversation about your art, creative joy and artistic struggles. FREE for ARTSPLACE members. Please bring one piece of art to show (newly completed or in-progress). Upstairs at ARTSPLACE, 396 St. George St., Annapolis Royal / www.arcac.ca

Wed. Oct. 15, 7:00pm Brickton Community
Hall Jam Sessions Every Wednesday @ 7. Free will offering. All welcome. *

Wed. Oct. 15 and Fri. Oct. 17, 7:30-9:30pm Bridgetown Pickleball at BRCS. Entrance on north end of school (NOT the main entrance). Please bring a change of footwear. \$2 per night. Newcomers always welcome! Questions? 902-665-4353 or 902-665-4308.

Wed. Oct. 15, 8:00pm Al-anon Meeting, for relatives and friends of alcoholics, at the First United Baptist Church at 762 George Street, Annapolis Royal, every Wednesdays at 8pm. Please enter through the front door.

Thur. Oct. 16, 12-4:00pm Greenwood Mall Farmers Market. Every Thursday. Our mission is to promote healthy living by eating, drinking and shopping local! Greenwood Mall.

Page 3

Mid-Valley
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902-825-1567 midvalleyhealthcentre@gmail.com www.mid-valleyhealth.ca

ATTENTION! Senior for hire

I didn't get this old by being stupid & I do know a few things (when I remember them). What was I saying? Oh yes...If you're looking for help with;

- · Stacking wood
- Yard work
- Helping with decluttering your home
- · An extra hand for 3 or 4 hours

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Thur. Oct. 16, 2:00pm Card Party at Granville Centre

Community Hall: Everyone welcome for an afternoon of Cribbage, Skip-Bo, 45's and/or Crokinole. Refreshments will be provided. A free will offering will be gratefully received - proceeds for Granville Centre Hall. Hope to see you there!

Contact The Reader: Call or text 902-824-0412, email us at readerpublishing@outlook.com message us on Facebook or use the contact form at www.bridgetownreader.news.

Thur. Oct. 16, 3-7:00pm Kingston Farmers Market, on the grounds of the Aurora Inn, 831 Main St., Kingston. Last market of the season. Come celebrate summer with 40+ local vendors, lots of supper options, a children's play area in the shade under the big maple tree, live music, a community puzzle and more. Connect with the community and get to know your local vendors. Everyone is welcome.

Thur. Oct. 16, 6:00pm Understanding **Trauma**, a free presentation at Upper Clements Community Hall, 2951 Hwy 1. This workshop will explore; what psychological trauma is, how it effects our body, mind, emotions, spirit, and relationships, recognizing the signs and symptoms of trauma, healing and how to support those effected by trauma. About Tim Wall. Our presenter has thirty-five years' experience in the field of Post Traumatic Stress as a therapist, educator and in developing resource material on this subject. He was the founder of Canada's first Trauma Informed Resource Center, Director of Counselling Services at Klinic Community Health Centre in Winnipeg and past Executive Director of the Canadian Association for Suicide Prevention. Sponsored by the Upper Clements Community Association. The Upper Clements Community Hall - "A

Thur. Oct. 16, 6:30-8:30pm Craft & Chat **Night** at the Paradise Community Hall, 10300 Highway #1. Join us for a relaxing evening of creativity and connection. Bring your own project—knitting, painting, scrapbooking, miniatures, leatherwork, or anything else—and enjoy crafting alongside neighbours. Big tables available for larger projects. There will be a \$5 per person fee with all proceeds to support the hall. Everyone is welcome!

place to Go, a Place to Grow"

Upperclementscommunityhall.ca

Thur, Oct. 16, 7:00pm (Note: New Date, **Thur. Oct. 23)** AED Demo at Lower Granville Hall.

Visiting relatives for Thanksgiving? Let the Grandparents spoil the children, while you spoil yourself with a night or two at:



Bed & Breakfast 329 Granville St., Bridgetown

> www.granvilleaffair.ca 902-655-4591

Thur. Oct. 16, 7:30pm Moschelle Community Hall – Weekly card night Thursdays at 7pm. All proceeds will go to maintenance of the hall.

Fri. Oct. 17, 9:30-11:30am Veteran's Lodge Buddy **Check coffee.** This event is open to all Annapolis Valley Veterans and serving members. This is a FREE event for Veterans. Register by emailing theveteranslodge@gmail.com. At the 7Arts Centre 619

Fri. Oct 17, 6:30pm-11ish Karaoke Night and 50/50 **Draw** at Upper Clements Community Hall, 2951 Highway 1. Canteen will be open

Central Ave, Greenwood. *

Sat. Oct. 18, 8-10:00am Community Breakfast at Holy Trinity Anglican Church, 45 Main St. Middleton. When we buy local, we serve the best. "Finest eggs east of TOFINO", Anon. Free will offering.

Sat. Oct. 18, 9:30am- 12pm North **American Conker Championship** The game of conkers involves, quite simply, a chestnut on a string. Well, two actually, as each person in the duel requires the same armament. The objective – to break your opponent's conker. Sounds simple, but it is actually quite difficult and makes for great fun for participants and spectators alike. Participants vie for the coveted Crofton Chalice. Registration begins at 9:30am with the competition kicking of at 10:30am sharp! No experience necessary! Competitive rounds for age 8 to 108 practice area available for younger kids and any adults who want to try their hand in a non-competitive environment. Annapolis Royal Historic Gardens, 441 St. George Street.

Sat. Oct. 18, 10am- 12 noon Death Café You are cordially invited to join End Of Life Doulas Kathryn Murphy and Aleksandra Trajkovic, who will be facilitating this informal, café-style gathering, to talk about all matters deathrelated. This event will be hosted by the Church In Action women of St. George and St. Andrew United Church in Annapolis Royal.

The most universal human experience is something we rarely talk about. This gathering will provide a completely safe space in which to bring forward your practical and spiritual questions, thoughts, curiosities, concerns and ideas. All welcome. Tea, and coffee will be served. Happening at the Annapolis Royal Library, 143 Ritchie Street, Annapolis Royal. Please RSVP to: believe.in.green.2019@gmail.com or 902-638-3265.

Community Events, News, Business Notes, Rentals, and Bulletin Board items are all FREE. Call or text 902-824-0412, email us at readerpublishing@outlook.com message us on Facebook or use the contact form at www.bridgetownreader.news.

The Bridgetown Reader is available night and day, 7 days a week at www.bridgetownreader.news



PLAN REVIEW Proposed East End Planning Area Secondary Planning Strategy & Land Use Bylaw

(Posted October 01, 2025)

TAKE NOTICE that PUBLIC INFORMATION MEETING sessions are being held to review the proposed East End Secondary Planning Strategy and Land Use Bylaw.

You are invited to attend and speak or ask questions concerning these proposed documents if you live in or own land in the East End Planning Area.

MEETING 1

Date: Thursday, October 16, 2025

MEETING 2

Date: Monday, October 20, 2025

Time: 10am; 12pm; 3pm; 6pm

Time: 10am; 12pm; 3pm; 6pm

Where: Melvern Square Community Centre, 165 Bridge St, Kingston NS *location is accessible*

Where: Nictaux Fire Hall, 9349 Highway 10, Middleton NS *location is accessible*

A copy of the proposed amendments may be viewed on the Municipality's website or by visiting the Municipal Administration Building, 752 St. George St, Annapolis Royal weekdays, except public holidays, from 8:30 am to 4:30 pm or the Municipal Satellite Office, 291 Marshall Street Unit 4, Middleton Wednesdays and Thursdays, except public holidays, from 8:30 am to 4:30

For further information, please contact: Maia Theriault, Planning Research Assistant Phone: (902) 955-0554

Email: mtheriault@annapoliscounty.ca

www.AnnapolisCounty.ca







Sat. Oct. 18, 11am-1:00pm Family Day at ARTSPLACE: Create like Stephanie Kossmann! Once a month, we provide materials and guidance for a free, creative family activity, inspired by one of our current gallery exhibitions! This month, our inspiration will be Stephanie Kossmann's Revelations exhibition. FREE to participate. Everyone is welcome. Children must be accompanied by

an adult. Drop in, no registration required. Upstairs at

ARTSPLACE, 396 St. George Street, Annapolis Royal / www.arcac.ca

Sat. Oct. 18, 3- 5:00pm Book Launch for Bodies in Summer by DJ Wiseman at ARTSPLACE Gallery.

Annapolis Royal writer DJ Wiseman's sixth novel, and his first set deep in rural Nova Scotia. Bella, a single, forty-something artist lives alone at the end of a dirt road. She is happy in her solitude – more, she jealously guards it. In early summer, Bella's solitary life is interrupted by a succession of unexpected visitors, some less welcome than others. All contrive to disrupt Bella's routine, yet she finds a sometimes-tense understanding with each of them, and in the process discovers more about herself than she would have imagined. All the while Bella's mother, the visitor Bella might most welcome, remains resolutely at home in Scotland, vowing never again to visit her daughter.

UK born, DJ Wiseman has lived in Canada for many years, most recently in Annapolis Royal, where amongst many other things, he and his partner Grace provide the energy behind Askance Publishing. ARTSPLACE, 396 St. George Street, Annapolis Royal.

Sat. Oct. 18, 7:00pm Karaoke with Theresa Porter at the Bridgetown Legion. Kitchen Open, cash bar. 20 Jeffrey Street.

Sun. Oct. 19, 10:00am Upper Clements Trails Guided

Hike Once in the parking lot, head South through the fenced in area; this is where you will find the kiosk at Trailhead. The group will meet at the trailhead, near the picnic tables. The County of Annapolis and ABOA will be offering two separate hikes at Upper Clements Trails, one 2Km distance and a 5Km. Hikes are beginner level, refreshments are prizes will be available! 2958 Hwy 1, Upper Clements. Sponsored by Annapolis County Recreation.

Sun. Oct. 19, 12- 3:00pm SOOF Soup Sunday at

Centrelea Community Hall. Join Save Our Old Forests (SOOF) at the Centrelea Community Hall (3495 Highway 201) for a free lunch of soup, bread, sweets and tea and coffee! Doors open and lunch is served starting at 12pm. Starting around 1pm Guest Speaker Christ Fertnig will discuss solar power – how and why it works in Nova Scotia – and there will be lots of time for conversation and questions following the talk. Free (donations to the Hall appreciated). All Welcome. Check out saveouroldforests.ca/events for more details.

Contact The Reader: Call or text 902-824-0412, email us at readerpublishing@outlook.com message us on Facebook or use the contact form at www.bridgetownreader.news.

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WEASY'S HAIR SALON

Located at # 4730 Hwy 902-532-2273

- Open Monday Saturday @ 9 am. Thursdays open until 8 pm (by appointment)
- We hear people say they can't remember to call in the daytime, friendly reminder that the
 answering machine is on 24/7 so that we don't miss a message, leave name & number, tell
 us your best time for an appointment and I'll call you back the next day to chat about it.
 IF you have left a message with no reply, please call back because cell phones drop
 signals, sometimes the ph. # is left very fast and we don't always get all the digits, some
 are private names & numbers.
- Laura is here on Tuesdays, Thursdays & Fridays 11:30 4 pm
- Large Retail section including the latest Fall Hempz lotions, plus a new line that comes in at a better price range than Hempz are. The new kinds in route are Pumpkin Spice, Clean Body Collection, Raspberry & Peach lemonade, Sweet Pear & winter spice and sugar plum.
- If you have sensitivities with fragrances, drop in and we can talk about the latest shampoo & conditioner options. Plus, I've even gotten a hold of two hairsprays that I'm using on a couple of clients that are very sensitive to fragrances. So, feel free to just drop in and check it out for yourself. It doesn't cost a thing to chat and have a sniff.
- Still wanting to find the owner of this Under Armour, new looking, winter jacket, brown/ black, size small left behind sometime in March/April 2025. Check out the Facebook page as it has pictures of it on there.

As of Oct 1st, Minimum wage has increased from \$15.70 to \$16.70 in Nova Scotia. Fire Prevention Week is October 5 - 11th, Annapolis Fire Dept. Open House-Sat Oct 11th 10 am - 2 pm. Theme "Charge into Fire Safety" Lithium-ion Batteries in Your Home. Safe purchasing, charging and recycling of these batteries to prevent fires in homes and communities. Change batteries in smoke detectors, check civic number (so emergency vehicles can find you or an emergency near you) spot Fire Hazards, know escape routes, have an emergency kit, have chimney cleaned.

Anna/Royal - MORE Candlelight Graveyard Tours! 3 more dates, Sunday Oct 12th, Tues the 14th & Wed 15th at 8:30 pm, Adults \$20, Youth \$10 (ages 13-18)(\$5 12 & under) Cash ONLY. Meet at the parking lot of Fort Anne National Site. NO reservations, NO washrooms- (tour canceled if it rains) Hats Off to Allan Melanson for keeping us up to date, www.exploreAnnapolisRoyal.com Anna/Royal - was named in 8 most Hospitable Towns in The Maritimes. www.worldatlas.anna/Royal - The next Music Bingo at the Annapolis Legion will be held November 8th.

Any fans of the Rogers Centre in Toronto, last Sunday's game had over 44,000 people in attendance.

<u>Bridgetown-</u> Mountain Lea Lodge is hosting a NIGHT of FRIGHT Halloween Haunted Garden Tour! Sat Oct 25th 7 - 9 pm in the courtyard. Cost \$5 per person. Please use Crosskill Court Entrance. Proceeds go towards Mtn Lea Lodge Recreation Dept.

Greenwood- Village of Greenwood Wildfire Benefit was held on Oct 4th but tickets on a Easy Kleen Commercial Pressure washer are available by calling 902-765-8788. Draw date is Oct 15th. Kingston Fire Hall- on Sparky Street - plan to attend the Shriners Ticket Auction on Sat Oct 25th from 10 am - 2 pm. Raising money to help children. Canteen Available (over 150 items at this time). The Group of volunteers raise funds to assist children who may need assistance with burns, orthopedic surgery to assist with any limbs, cleft pallet, spine and spinal cord care to name a few. More in depth info can be found using Google or Safari or Chrome.

Milford & Area - Coffee with Councillor Harding on Sat Oct 25th 11am - 1 pm at the Community Hall. Nyle invites you to come out and get to know him better, learn more about what is going on in Annapolis County, and discuss the things that are important to you. Talk with him at 902-955-0776 or nharding@annapoliscounty.ca

Milford Community Hall also has a Harvestfest Dinner on Sat Oct 25 from 4-6 pm, Adults \$18, children u/12 \$9 Take out available. Sorry, No reservations. More info Call 902-532- 5606. # 5439 Hwy #8 South Milford.

<u>Nova Scotia Power</u> paper-bill customers- here is a number you can check balances and due dates anytime by calling...1-800-428-6230 with your account number.

Congratulations & Happy 1st Anniversary to Wishy Washy Laundromat, Bridgetown NS



Sun. Oct 19, 1-3:00pm Songbirds: An Afternoon of Songs and Storytelling at Lower Granville Hall (3551 Granville Rd, Port Royal). Join us at Lower Granville Hall for the first event in our Songbirds series, hosted by Katie Martí, a local writer and musician living down the road in Victoria Beach. She will be joined by Steph Clifford, who is coming all the way from Grindrod, BC, fresh off the release of her debut EP, Cocoon, as part of her East Coast tour; Jenna Kessler, a local artist and musician living in Granville Beach; and Hiren Mistry, a musician and entrepreneur based out of Digby. The afternoon will feature original folk music and stories about the songwriting process, as well as light snacks and refreshments. Doors open at 1pm and the cost is \$20 (at the door). We hope to see you there!

Sun. Oct. 19, 3:00pm The Gospel According to **Johnny Cash** at Holy Trinity Church, 45 Main Street, Middleton. A selection of readings and songs by local musicians based on the life and songs of Johnny Cash. Freewill donation for the church.

Sun. Oct. 19, 6:00pm Gallery Opening Elephant Grass Printmakers Society members present FRESHLY PRESSED! Oct. 14 - Nov. 18 in the Flora Hall Art Gallery at King's Theatre, Annapolis Royal. This exhibition illustrates a wide variety of creative printmaking techniques with linocut, litho, etching, chine-collé, monoprint, solarplate, cyanotype, letterpress, and more! Come see how EGPS members explore the fine art of printmaking, both traditional and contemporary.

Sun. Oct. 19, 6:30pm There will be a **Hymn Sing** at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road. There will be audience favourites, choir specials and a special guest. Refreshments to follow. Free will offering. Call 902-825-6631 for more information.

Mon. Oct. 20, 1-4:00pm & 7-9:00pm Life **Drawing Sessions**. Quiet, engaging atmosphere. Quick gesture poses leading to longer studies. Models vary weekly. This week will feature costumed female model (afternoon), and nude female model (evening). No solvents or oils. Arrive early to set up your station. Tables, easels, chairs available. Fall Season, Mondays, Oct. 20-Nov 17. Afternoon \$20, Evening \$15. Drop in, no registration required. Upstairs at ARTSPLACE, 396 St. George Street, Annapolis Royal. www.arcac.ca

Mon. Oct. 20, 1:30-3pm Care Givers Support **Group** (for people who care for loved ones with dementia) The group meets the 3rd Monday of the month, except July and August, from 1:30 - 3:00pm, at St George & St Andrew United Church, 393 St George St, Annapolis Royal, (at the lights), Office Door, side entry. Contacts: Art Jones -902-532-0784; Lou Fletcher - 902-532-2377.

Mon. Oct. 20, 7– 8:00pm Book Club @ Lower Granville Hall (3551 Granville Rd., Port Royal). This month we're diving into Maude Horton's Glorious Revenge by Lizzie Pook. Join us for lively discussion, good company, and a cozy evening together. New members are always welcome-come share your thoughts (or just listen in)! Tea is served, Suggested \$2 donation.

Mon. Oct. 20, 7:00pm Annual General Meeting of Granville Centre Community Hall Association: To be held at Granville Centre Community Hall. All are welcome to come out and join or renew memberships for the Hall Association. A regular, general meeting will take place immediately after the annual meeting.

Tues. Oct. 21, 2:00pm Mountains and Meadows Care Group invite you to attend the **2025 Virtual Annual General Meeting**. The following link will connect you to our Facebook Page and allow you to view our meeting.

https://www.facebook.com/acmhc

Tues. Oct. 21, 7:00pm Notice of the Whitman **Cemetery AGM** at the Lawrencetown Baptist church, downstairs in the CE Hall. All lot holders and family of lot holders are encouraged to attend.

Want us to run a display ad for you? You can pay for and upload your file at www.bridgetownreader.news. Click on "Shop" to get started.

Welcome to CORAH!

corah Centre of Rural Aging and Health (CORAH) is a community hub and active living centre for older adults (55+):

- A place to connect with others, exercise the mind & body, and empower oneself!
- Social, cultural, educational, & recreational programs include fitness classes, art groups, weekly presentations, and more!
- Free or low-cost programs focused on Healthy Living and Wellness

Location: CORAH at NSCC Middleton Campus Contact: corah-avc@nscc.ca or 902-825-5215







Audiology for Brain & Hearing Health Join Webster Street Hearing Boutique for an **Interactive Presentation:**

- · Learn about the comprehensive services of audiologists; explore assistive listening devices and the latest hearing technology!
- Discover the vital link between hearing and brain health - and why it matters! WEDNESDAY October 22 *10:00am - 11:30am* **Location: CORAH at NSCC Middleton Campus** Register: corah-avc@nscc.ca OR 902-825-5215







Tech Talks (55+) Six-week Class

Bring your devices, bring your questions! Join Deb McBean to learn about:

- Device Basics: Navigating your phone or tablet with ease and more confidence
- Settings, Customization, Privacy & Apps: Make your device work (safely) for you
- Tech Tips & Tricks: Shortcuts and features FRIDAYS *2:45pm to 3:45pm* Oct. 24 / Oct.31 / Nov.7 / Nov.14 / Nov.21 / Nov.28

Location: CORAH at NSCC Middleton Campus Register: corah-avc@nscc.ca OR 902-825-5215









corah

CNIB Presentation and Mobile Hub! Join Canadian Institute for the Blind (CNIB):

- Learn about assistive technology and how it can assist those living with vision loss.
- · Hear about CNIB opportunities, programs, services, and resources.
- Check out the CNIB Mobile SmartLife Centre to view, learn, or purchase accessible products: white canes, magnifiers, assistive tech devices. WEDNESDAY October 15 *10:00am - 12:00pm*

Location: CORAH at NSCC Middleton Campus Register: corah-avc@nscc.ca OR 902-825-5215





Lost Landscapes: Tales and Forgotten Trails

- Join local author, photographer and trailblazer, **Steve Skafte** for a visual exploration and stories about his adventures along abandoned roads, forgotten highways, and crumbling histories.
- · Featured widely in national print media, TV and radio, Steve will be selling and signing copies of all his currently available books after the talk. WEDNESDAY October 29 *1:00pm to 2:00pm*

Location: CORAH at NSCC Middleton Campus Register: corah-avc@nscc.ca OR 902-825-5215







Foot Care Nurse Weekly Foot Care Clinic at CORAH

Treat your feet! Book a foot care appointment with Lillian Terrio-Vogler of Terrio Foot Care

By appointment:

TUESDAYS 12:00pm - 4:00pm To book an appointment: 902-690-5474 Location: CORAH at NSCC Middleton Campus \$45 for Basic Foot Care / Advanced / Diabetic







Tue. Oct. 21, 7:00pm Resistant Fibres:

<u>Virtual Chat</u> with curator Julie Graff. Explore the Canada Council Art Bank's textile collection in conversation with curator Julie Graff. Discover the stories woven into the exhibition "Resistant Fibres" (Canada Council Art Bank, Ottawa, June 2025-May 2026). Join us in-person or online for another in our series of direct, personal dialogues with artists and institutions across the continent. Free to participate. Donations welcome. Online via Zoom or upstairs at ARTSPLACE, 396 St. George Street, Annapolis Royal. Visit www.arcac.ca for Zoom link.



Thur, Oct. 23, 7:00pm (Note: New Date)

AED Demo at Lower Granville Hall (3551 Granville Rd, Port Royal). Learn how to use our new AED in this hands-on, non-certified session. This demonstration will help you feel more confident and prepared in the event of an emergency. Free of charge (donations accepted). Open to everyone. We also have a certified CPR/AED course scheduled for those who would like formal training. More information is available at LowerGranvilleHall.com. (Note: There is a fee for the certified course.) Demo facilitated by BraveHeart First Aid Inc.

Fri. Oct. 24, 1-3:00pm Music Jam with Maura. Join musician Maura Edmunds at 7Arts for a fun afternoon of music! Bring

NEW BOOK ANNOUNCEMENT & Exhibition of paintings

We, the Ancestors stories, paintings and songs from a heritage village by Geoff Butler



424 pages. Soft cover, sewn binding. \$35 Butler Gallery / Maregold Bookstore 212 St. George St., Annapolis Royal (opposite King's Theatre) 902-526-2223 Wed.- Sat. 10-5. Other days by chance geoffbutlerartstudio@gmail.com



your own instrument or we have some small drums, shakers, and a digital piano at the gallery! Come play your favourite song, show us an original of yours, or try an instrument out! Everyone welcome! No need to register. Cost is by donation (free for veterans, military, and their families). 619 Central Ave., Greenwood.

Creating Social Media Content For Business How do I present professional content on social media? Virtual Session Webinar Hosted by: **Thursday** Rachael October 23rd **CBDC** ANNAPOLIS VENTURES **McBay** 6:30 - 9:00pm <u>annapolisventures@cbdc.ca</u> 902 665 2635

Sat. Oct. 25, 4-6:00pm Milford Harvestfest, a Community Fundraising dinner at the Milford & Area Community Hall, 5439 Hwy 8, South Milford. Adults \$18, Children under 12 \$9. Menu includes Roasted & Glazed Old-Fashioned (Armstrong's) Bone-in Ham with Potato Scallop, Baked Beans, Vegetables, Rolls, Pickles, and your choice of Apple, Blueberry or Rhubarb Crisp, as well Tea, Coffee or Juice. Take-Out is available; Sorry, No Reservations. Proceeds for the Milford & Area Community Assn. For details call 902-532-5606.

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Sat. Oct. 25, 4:30–6pm Spaghetti Supper at All Saints Anglican Church, 521 Pleasant St., Kingston. Pasta, salad, rolls & dessert. \$12. Pay at the door. Tickets can be reserved at (902) 760-0729.



Fri. Oct. 24 and Sat. Oct. 25, 6-8:00pm **MacDonald Museum Haunted House**

Enter the spooky, kooky world of the Addam's Family at this year's Haunted House. \$5 person or \$15 for a group of 4. 21 School St., Middleton. **Fri. Oct. 24, 7:00pm** Please join

members of **Authors Ink for a Spooktacular event** of scary, weird, and unusual stories in honour of Halloween, in the DeVenney Room at the Bridgetown Library. Coffee and tea will be provided. Goodwill offer offering to the food bank would be appreciated.

Fri. Oct. 24, 7-9:00pm Join us at the Annapolis Royal Legion for Award Winning singer and song writer **Fraser**

Newcombe's Stomping Tom Revisited show in the main auditorium! Fraser has had a storied career touring both Canada and the U.S. He has opened for music legends like Tommy Cash and George Hamilton IV to name only a few. He is a regular performer at the Centre Stage in Nashville as well as venues such as the Nashville Palace and has been nominated 3 years consecutively for MIANS Country Artist of the Year. Fraser is a CAF Veteran and plays many benefit concerts at Legions around the country. Tickets are \$15 for Legion members, \$20 for nonmembers and advance tickets are available at the Legion bar.

Sat. Oct. 25, 8-10:00am Pancake **Breakfast** at the Moschelle Community Hall. Come join us at, 718 Hwy 201. All proceeds and donations will go to the Families who lost their homes to the Long Lake Fires. Serving the last Saturday of the month until Nov. of 2025. \$10 a plate.

Sat. Oct. 25 and Sun. Oct 26 Garden

Skelebration Mr. & Mrs. Bones invite you to some family-friendly Halloween fun in the Main Courtyard at the Annapolis Historic Gardens. Scavenger Hunts, Brain Squeezers and games... and don't miss the Little Monster Mash (costume parade & dance) each day 2-3pm. Be sure to plan enough time to enjoy a walk around our autumn Gardens as well! All included with our Fall Admission Special of \$12.50 per adult and no charge for kids under 18. 902-532-7018

Sat. Oct. 25, 11am-2:00pm Printmaking **Workshop** Join Elephant Grass Printmakers at the Annapolis Royal Library, for 3 hours of free printmaking demonstrations and activities with artists Bonnie Baker and Basma Kavanagh. Express yourself by creating your own small prints. Everyone is welcome. All materials supplied.

Through our Living Histories & Storied Places project, EGPS is finding ways for members of diverse communities to come together, share experiences, and shape them into art by offering free workshops and building new connections. Living Histories & Storied Places is supported by Arts Nova Scotia's Artists in Communities program. elephantgrassprint@gmail.com

Sat. Oct. 25, 4:00pm Witch Walk Back by popular demand, celebrate the Halloween season and join us for a Witch Walk! Witches, Warlocks, and Spellcasters of all ages welcome. The coven will assemble in the broom (car) park of the Middleton Foodland. Costumes highly encouraged. For more information, please call the Macdonald Museum, 902.825.6116. Event followed by the haunted house at the Macdonald Museum. 21 School Street.



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Sat. Oct. 25, 4 -8:00pm Certified CPR/AED Class at

Lower Granville Hall (3551 Granville Rd, Port Royal). In this course, you'll learn how to perform CPR-including chest compressions and rescue breathing (mouth-tomouth ventilation)—how to use an AED, and how to respond if someone is choking. The training is interactive and focused, with plenty of practice built in, so you leave with skills you'll remember, not just a certificate. Certified through the Canadian Red Cross. \$110 to register email LowerGranvilleHall@gmail.com.

Sat. Oct. 25, 5:00pm Bridgetown and Area Sports **Hall of Fame Induction Night**. The dinner and ceremony will be held at the Bridgetown Legion beginning at 5pm (meet and greet) followed by dinner at 6. Reservations are recommended. Tickets can be reserved by emailing maxiebecky@gmail.com or by calling 902-665-2318.

Sun. Oct. 26, 2:00pm Centrelea United Baptist Church, 3492 Highway 201. **Special 245 Anniversary Service** followed by fellowship and potluck supper in the Centrelea Hall. All are Welcome.

Mon. Oct. 27, 6:00pm Mindfulness, a free presentation at Upper Clements Community Hall, 2951 Hwy 1. Please join us for an opportunity to learn about and practice mindfulness skills with Licensed Mental Health Counselor and Mindfulness-Based Stress Reduction Instructor Claire Mauer.

There are many different forms of meditation, from ancient religious traditions to secular practices; even some wonderful apps you can use on your phone! Our focus for the evening will be on simple secular practices for cultivating mindfulness, which is a state of intentional awareness that allows us to be more fully present in the moment without judgement and with kindness.

Claire is a Licensed Mental Health Counselor who specializes in trauma therapy. She was first introduced to Mindfulness Based Stress Reduction (MBSR) more than 20 years ago and in 2021 became credentialed through Brown University to offer MBSR instruction. Sponsored by the Upper Clements Community Association. The Upper Clements Community Hall – "A place to Go, a Place to Grow" Upperclementscommunityhall.ca

<u>Tues. Oct. 28, 12 noon</u> <u>Free Lunch and Fun</u> at the Annapolis Royal Baptist Church, 762 St. George Street, Annapolis Royal.

Wed. Oct 29, 11:00am Introduction to Tai Chi. 8-week course (Oct 29-Dec 17) at Lower Granville Hall (3551 Granville Rd, Port Royal). Last chance this year to experience the many benefits of Tai Chi in a peaceful country setting! From your very first class, you'll be guided through gentle, flowing movements that support: Better balance, posture, strength, and flexibility. Increased relaxation, mindfulness, and emotional well-being. Enhanced mobility, energy, and overall health. This 8-week series is low-impact and welcoming to all levels. Preregistration of \$95 required to reserve your space. To register or for more information please visit www.northmountaintaichi.ca

Thur. Oct. 30, 4:30-6pm Community Dinner at NSCC COGS. Sponsored by the Lawrencetown and District Lions Club. Spaghetti dinner with meat sauce, garlic bread, tea, coffee, juice for kids and a cookie. Gluten free option available. Take out available. \$10 adults, \$8 kids under 12. Free for kids under 5. 550 Elliott Road. Lawrencetown.

Sat. Nov. 1, 7:00pm Virtual chat with Rose Morrison & Zoe Lucas from Sable Island. Rose Morrison is currently on Sable Island as the first-ever Sable Island National Park Reserve artist-in-residence. Rose and Zoe Lucas, Sable Island Institute president, will join us live from the island, as Rose approaches the end of a month spent composing, painting and field recording within this famously remote landscape and ecology. Free to participate. Donations welcome. Online via Zoom or upstairs at ARTSPLACE, 396 St. George Street, Annapolis Royal. Visit www.arcac.ca/calendar for Zoom link.



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Sun. Nov. 2, 8-10:00am Port George Monthly Breakfast, first Sunday of the month, April to December, Port George Recreation Centre. Bacon, sausage, scrambled eggs, pancakes, homemade baked beans, homemade hashbrowns, toast, tea, coffee and OJ. Adult \$ 13, Children 12-5 \$6.

Sun. Nov. 2, 6:00pm Introduction to Tai **Chi**. 8-week course (Nov 2-Dec 17) at Lower Granville Hall (3551 Granville Rd, Port Royal). Last chance this year to experience the many benefits of Tai Chi in a peaceful country setting! From your very first class, you'll be guided through gentle, flowing movements that support: Better balance, posture, strength, and flexibility. Increased relaxation, mindfulness, and emotional well-being. Enhanced mobility, energy, and overall health. This 8-week series is low-impact and welcoming to all levels. Pre-registration of \$95 required to reserve your space. To register or for more information please visit www.northmountaintaichi.ca

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Tue. Nov. 4, 7:00pm Film **Screening: Out of the Picture**, with live Zoom intro with the director Mary Louise Schumacher. A prescient exploration of the nature of art and how meaning gets made in the 21st century. Drawn from a decade spent following art critics navigating our rapidly changing times, including Carolina Miranda (LA Times), Hrag Vartanian (Hyperallergic), Jen Graves (The Stranger), Jeneé Osterheldt (Boston Globe) and Seph Rodney (independent). Co-sponsored by the Art Gallery of Nova Scotia and Visual Arts Nova Scotia. Free to participate. Donations welcome. Online via Zoom or upstairs at ARTSPLACE, 396 St. George Street, Annapolis Royal. Visit www.arcac.ca/calendar for link.



340 St. George St. Annapolis Royal

Sunday October 12 10:00am

St. Luke's Anglican Church.

Eucharist and Harvest Thanksgiving.

Celebrant and Preacher: Rev. Julia Ford, M. Div. All are welcomed at our affirming Church.

Wed. Nov. 5, 10:00am Never Forget the Nurses Who Served, Guest Speaker: Gloria Stephens, at

Paradise Heritage Centre, 10307 Highway 1, Paradise. There are stories about the heroism and determination of our nurses who served in World war I and World War II. Join us to learn from Gloria and remember these women who served. As an Operating Room Nurse and Team Leader, Gloria has practiced in Halifax, Bermuda, and BC, in neurosurgery, orthopedics, plastic surgery, and notably as a member of the Open-Heart Research surgical team in BC, receiving recognition for her role in this pioneer procedure. She has also prepared many manuals and resources for OR nurses and the institutions that prepared them for their profession.

Professional OR Nurse, Educator, Author, Conference Organizer and International Speaker (Holland, England, Germany Austria, USA, Australia and Singapore), Gloria embodies all things essential for the critical work of training and supporting OR nurses but also enabling the rest of us to understand their role and importance.

Her awards cannot be contained in a short list, but they are many, always connected with the advancement of her profession. As the 1994 YWCA Award for Education puts it, she is a "Woman of Distinction". We are the beneficiary of her personal and passionate interest in researching, documenting, and sharing the stories of the pioneer nurses who served and sacrificed in both World Wars. We are so grateful that she is giving us her time on to present to us so much to see, hear and learn. Free Admission. Donation jar.

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SUNDAY SCHOOL - 10AM SUNDAY AM WORSHIP - 11AM SUNDAY PM WORSHIP - 5PM

> WEDNESDAY PRAYER & BIBLE STUDY - 7PM

FOR GOD SO LOVED THE WORLD, THAT HE GAVE HIS ONLY BEGOTTEN SON... JN. 3:16

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MIDDLET N Heart of the Valley

This quick survey will help us improve our events so you can enjoy them more.

Final day to complete the survey is November 1st.

Print copies are available at Town Hall.



SCAN HERE

OR visit the link: https://docs.google.com/forms/d/ 1DAnLDCeIL7EI.nlxixiPZT2vItgyht7 KhgScWFyoKQBI/viewform? ts=68dd2df2&edit_requested=tru



Thur. Nov. 6, 2:15-4:15pm **Caregiver Support Group** meets at the Kingston Library, 671 Main St. Do you give unpaid care to a parent, spouse, child, friend, or relative due to frailty, advanced age, chronic illness, mental illness, or disability? You are not alone! The NS Caregivers Support Group meets on the first Thursday of each month. It is facilitated by trained staff members who offer a confidential, friendly atmosphere for you to discuss your experiences and receive helpful information in a supportive environment. For more information and to register, call Jennine Wilson, 1-877-488-7390 (toll-free).

Fri. Nov. 7, 7:00pm Lotus Wight & Mike T. Kerr - Live ragtime music at The Root Cellar (Basement studio in the Oakdene Centre), Bear River. \$15. All ages.

Sat. Nov. 8, 10am-1:00pm Phinney Cove Area Shoreline

Cleanup Sponsored by Scotian Shores. Please join our team in the Phinney Cove area for a shoreline clean up! There's lots to get here and we have the tools to get it! Reuseable bags and gloves provided on site. Waste diversion and disposal provided too! Please look for signs and park on the road. (#6993 Shore Rd. West) Reach out to scotianshores@gmail.com for more information or just show up. Learn more at https://www.scotianshores.com/

Sat. Nov. 8, 10am-2:00pm Christmas Market at the Nictaux Christian Family Centre, #8836 Hwy 201, Nictaux. Baking, cards, crafts, sewing, rug hooking, knit and crochet items. "New-to-you items", fill a bag for \$3 or \$5. Bags will be provided. See you there.

Sat. Nov. 8, 5:00pm Community Potluck Dinner at

the Paradise Community Hall, 10300 Hwy 1, Paradise. Join us for an evening of good food and great company! Please bring your favourite dish to share and the Hall will provide tea, coffee, and lemonade. After dinner, stick around for cards and board games—a great way to unwind and connect with friends and neighbours.

Sun. Nov. 9, 12- 3:00pm SOOF **Soup Sunday** - Centrelea Community Hall. Join Save Our Old Forests (SOOF) for a free lunch of soup, bread, sweets and tea and coffee! Doors open and lunch is served starting at 12pm. We'll be hosting a guest speaker (TBD) starting at around 1pm with lots of time for conversation and questions following the talk. Free (donations to the Hall appreciated). All Welcome. Check out saveouroldforests.ca/events for more details. This will be the last SOOF Soup event for 2025

Wed. Nov. 12, 1-3:00pm Senior's Day at the Bear I

in January 2026!

Senior's Day at the Bear River & Area Community Health Clinic, 1112 River Rd. This recurring monthly event falls on the second Wednesday of each month and is intended as a time to catch up with old friends and meet new ones! Enjoy light refreshments and rotating activities through the year. Free will donation at the door.

and we will resume gatherings

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Wed. Nov. 12, 2-4:00pm

Genealogy Coffee Club Join us for an afternoon of socializing and storytelling at the O'Dell House Museum & Genealogy Centre! Explore the Annapolis Heritage Society genealogical resource library and learn about our offerings. Engage with other genealogy enthusiasts and family historians in the community. Ask your burning questions or share research roadblocks you've encountered. Tell us about your favourite family

history discoveries Light refreshments will be provided. We hope you drop by and join the conversation! 136 St. George Street, Annapolis Royal.

Sat. Nov. 15, 9am-1:00pm Holiday

Craft Market @ Lower Granville Hall (3551 Granville Rd., Port Royal). The Hall will be full of vendors selling various crafts and items that would make perfect gifts for family, friends, or white elephant gift exchanges. One of our tables will feature youth entrepreneurs learning about what it is like to create and sell items on their own. The Hall will be hosting its own bake sale and coffee corner during the market if you need a pick-me-up while shopping. Plenty of parking and free entry. The perfect start to your holiday shopping season!

Sat. Nov. 15, 1-3:00pm Lawrencetown United Baptist Church will hold its **Christmas Tea and Sale**. There will be raffle, bake and craft tables. Admission is free and Tea

Sun. Nov. 16, 10am- 3:00pm Clarence Country **Christmas Market** at the Clarence East Schoolhouse, 3337 Clarence Rd. Step into the magic of the season at the Clarence Country Christmas Market! For one special day, our historic schoolhouse will be brimming with festive cheer — both floors alive with artisans, bakers, and makers, while the grounds outside glow with holiday charm. Shop handcrafted treasures, stock up on homemade treats, and sip warm seasonal delights as you wander, snap a photo outside, share a laugh with friends, and feel the spirit of Christmas in Clarence, Vendors & makers — we'd love to hear from you! clarencecountrymarket@gmail.com / 902-824-4999.





Sun. Nov. 16, 10am- 3:00pm Christmas at the Vineyard, Beaver Creek Vineyard, Lawrencetown. A seasonally sensational market set against the cozy charm of our winter vineyard. Shop handcrafted gifts, savour local food & drink, snap festive photos, and gather 'round for storytelling by the fire. Artisans, makers, & merry misfits – we want to hear from you! awkwardacres@gmail.com









Sun. Nov. 23, 10am-3:00pm **Christmas Craft Sale**. Come to Paradise for the Annual Christmas Craft Sale, a fundraiser for the Paradise Heritage Centre. This Craft Sale is unique because it is held at two beautiful and iconic buildings in Paradise: Paradise Heritage Centre, 10307 Highway 1 and Paradise Community Hall, 10300. Park at one, shop, and stroll across the street to the other. Many vendors at each site. Be

Christmas gifts that are home baked, handcrafted, homegrown, locally authored and created! Surprise raffle. Come and see. Support these local creators of unique gifts. To book a table for \$20.00 call Barbara at 902-825-9198.

Sat. Nov. 29, 9am-2:00pm

sure to go to both buildings.

Moschelle Community Hall is hosting a Christmas Craft & Bake Sale. We are looking for Vendors. The fee is \$10 per a 6' space. Please contact Treena Porter at 902-526-2252 or email spechtporter@bwr.eastlink.ca

Felker Hall Com. Center **Regular Weekly Activities**

734 Broadway Ave, Cornwallis Park

<u>Darts</u> - 2:00-4:00 New member's welcome. Jim 902-638-3175 Marty 902-638-3164 Monday -

Keep Fit and Healthy Classes 8:45 -9:45am Carole 902-376-2055 <u>Line Dancing</u> 10:00 - 11:00am Durline 902-532-3035 Hatha Yoga 11:30am - 12:45pm Sridhara 250-228-3848

Tuesday -Library open 1-3pm. Jackie 902-340-0007

Zumba 6:30 - 7:30pm \$5 per session Wendy 902-532-7736 Wednesday -

Keep Fit and Healthy Classes 8:45-9:45am Carole 902-376-2055 Thursday -

TOPS (Take Off Pounds Sensibly) 8am weigh in and 8:30 meeting. Contact Maritza 902-247-1473 Cribbage at 1pm-3:00 Pete 902-376-2007 Friday -

Keep Fit and Healthy Classes 8:45-9:45am Carole 902-376-2055 Line Dancing 10:00-11:00am Durline 902-532-3035 <u>Chair Yoga</u> 11:30am - 12:45pm Sridhara 250-228-3848 Meat Bingo -Doors open @ 6pm. Gina 902-526-2694 or ontheshore4@outlook.com For information on CORAH presentations and sessions please contact Gail gailrogw@gmail.com For Hall Rental contact Marty @ 902-638-3164

MareGold Bookstore

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We have hundreds of children's books hand-picked by our experts. Classics

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Dr. Suess Atlases Hard to find







collections of herbal and gardening books in the province.

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212 St George St. (across from the King's Theatre) Open Wednesday-Saturday 10-5, other days – by chance info@maregold.com



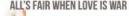
COMING EVENTS



MICHAEL KAESHAMMER

The 7x JUNO-nominated pianist & singer with Tom Easley (bass) & Tom Roach (drums) FRIDAY, OCTOBER 3rd @ 7:30 PM

THE ROSES





THE ROSES

Benedict Cumberbatch, Olivia Colman, Andy Samberg, Alison Janney, Kate McKinnon SUNDAY, OCTOBER 5th @ 6:00 PM

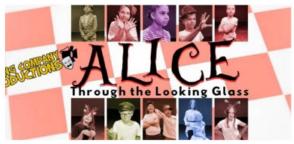


PUPPET PICNIC: A GATHERING OF TALES

An enchanting afternoon of puppetry,
music, and storytelling for all

music, and storytelling for all

SATURDAY, OCTOBER 11th @ 3:00 PM



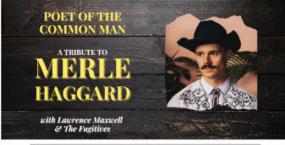
ALICE THROUGH THE LOOKING GLASS Young Company Productions

Directed by Heather Hiscock
FRIDAY, OCT 17th - SUNDAY, OCT 19th



DOWNTON ABBEY: THE GRAND FINALE It's time to say goodbye.

FRIDAY, OCTOBER 24th @ 7:00 PM SUNDAY, OCTOBER 26th @ 3:00 PM



A TRIBUTE TO MERLE HAGGARD

Poet of the Common Man with
Lawrence Maxwell & The Fugitives

SATURDAY, NOVEMBER 1st @ 7:30 PM

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Tickets: \$6 each / 2 for \$10

Every ticket supports King's Theatre

Draw Date: OCTOBER 4. 2025



THE LONG WALK

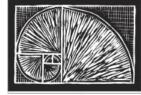
From Stephen King's first written novel, directed by Hunger Games' Francis Lawrence

FRIDAY, OCTOBER 10th @ 7:00 PM



PUPPETS AFTER DARK: DREAMS, DESIRE & DEMONS Adult puppet theatre that will haunt your dreams SATURDAY, OCTOBER 11th @ 7:00 PM

Elephant Grass Printmakers Society Members' Exhibition





GALLERY OPENING

EGPS Exhibition dates: October 14th - November 18th

SUNDAY, OCTOBER 19th @ 6:00 PM



THE ROCKY HORROR PICTURE SHOW On the big screen in 4K re-release, 7.1 surround sound! Prop bags, costume prizes, special guests!

SATURDAY, OCTOBER 25th @ 7:30 PM



MRS. WARREN'S PROFESSION

National Theatre Live stage to screen Imelda Staunton, Bessie Carter

SUNDAY, NOVEMBER 2nd @ 3:00 PM





Page 11

County of Annapolis Playbox Initiative!

The playbox initiative supports physical activity throughout Annapolis County by providing boxes in locations where it can be used 24/7, reducing barriers to physical activity. The playbox initiative is a self guided free program that is built upon collaboration with County residents, community groups and recreation departments.

Please take care of equipment and return it to the box when finished. There is a variety in equipment for all ages, so that everyone has a chance to play!

The County of Annapolis partnered with Annapolis County Outdoor Sports Society (ACOSS) at the Bridgetown Sports Hub, and Middleton Recreation at Rotary Park for this initiative. Art on the playbox was designed by local students. Look for more partnerships in the future as the initiative spreads throughout Annapolis County!

Playbox locations:

Bridgetown Sports Hub (30 Faye Road, Bridgetown)
Rotary Raceway Park (337 Marshall St., Middleton)
Please ensure all equipment is RETURNED after
use. Carefully ensure the playbox lid is always
CLOSED to prevent damage to equipment and box.
Please let us know if this box needs attention by
emailing rec@annapoliscounty.ca

USE OF PLAYBOX AND CONTENTS AT YOUR OWN RISK. The Municipality of the County of Annapolis is not responsible for any damage or fault in equipment stored in this playbox.

To support the County of Annapolis playbox initiative we kindly request that all equipment donated for the Playbox be new or in gently used condition. Please ensure that all items are suitable for use within the designated Playbox area and compatible with the space's size and purpose.

Examples of equipment: racquets, sport balls, skipping ropes, and lawn games. Playbox will be inspected monthly, questionable equipment WILL be removed.

Province's Postal Strike Plan

During the Canada Post strike, Nova Scotians will be able to drop off and pick up high-priority provincial government correspondence at Access Nova Scotia centres. Starting Thursday, October 2, people can drop off high-priority letter-sized correspondence. Starting Tuesday, October 14, Nova Scotians will be able to pick up essential provincial government correspondence at the centres. Provincial staff will contact people who are expecting correspondence from the government to confirm the centre location and the date the item will arrive.

Access Nova Scotia drop-offs and pickups can be done Monday to Friday during regular business hours. People must bring valid government identification.

This service is only for essential correspondence that cannot be emailed such as cheques. It does not include personal mail, bill payments such as phone or power, or mail for the federal government such as passport applications. It also does not apply to packages.

Nova Scotians are encouraged, where possible, to use online services and direct deposit. Many people already use these electronic options for receiving payments and important government information. Some departments have made direct arrangements for people to pick up cheques such as income assistance and rent supplements.

Find more information about service during the postal strike at https://novascotia.ca/postal-service-disruption/ or by calling 1-800-670-4357. Access Nova Scotia locations and hours of operation: https://novascotia.ca/access-locations/

Want us to run a display ad for you? You can pay for and upload your file at www.bridgetownreader.news. Click on "Shop" to get started.

"If it Feels Right" Cryptoquote Answer:

Sometimes, falling back on or using an old method or habit, is like sliding into a pair of worn running shoes and a corset. Doesn't make sense to others, but it's not for them. It's what keeps you together, what keeps you going. - Alyse Gardner

Bulletin Board

Looking for something? Buying, selling, giving away, renting? Email readerpublishing@outlook.com call or text 902-824-0412 or use the contact forms at www.bridgetownreader.news

Yard Sale: Sat. Oct. 11, 9am at 2891 Hwy 201, Tupperville. Vintage only, no household items. Cash only.

Wanted: Crafters to take part in our annual Breakfast with Santa fundraiser at Lawrencetown Consolidated School. November 29th 8:30 am to 12pm. Contact school or email avrce-sac-lcs@gnspes.ca

For Rent: Ladies, furnished, lovely room: in a lovely house! Includes: single room with a double bed, chest of drawers and cupboards, private bathroom, shared use of kitchen, tv room and dining room, WiFi, laundry facilities, parking spot, snow removal and heat and water. \$600.00/month. Available November 20th, 2025, until May 31st 2026. A car is essential as I am just outside (1 kilometre) Annapolis Royal. If interested, please contact Julia at 902-532-5837 (please provide references)

For Sale: Rocking chair, perfect condition. Wonderful for living room or nursery. Quilt rack, also like new condition. Computer chair with rollers, good condition. Best offers. Please call 902 824-2120 All items would make great Christmas gifts.

Looking For: square bales of hay for sheep in Granville Centre. If you have any to sell, please phone (no texts) 902-824-1201

For Sale: Assorted wine or beer making equipment including two 23L glass carboys. \$30 for the lot!! (902)532-5129

For Sale: Mastercraft 10" table saw with stand \$75. (902)532-5129

Giving Away: Elmira Wood Stove Model 1100 gold trimmed: Heavy duty double lined steel front load stove with heavy grates, lower ash removal drawer, rear mount electric fan for side heat vents and rear mounted heat shields. Original glass door replaced with plate steel. Needs cleaning and stove black. Stove is heavy! Phone (902)532-5961

Attention Textile artists: Please note a sale of textile "bits and pieces" 'such as embroidery, doilies, remnants etc. for repurposing. This will be on October 11th during market hours 9am to 1pm at the Masonic Hall, Church Street, Annapolis Royal.

Free: Full size pool table with cues and balls. Granville Centre. First come, first served. Bring muscles and a truck. Call 902-456-5263 and ask for Terry.

For Sale: Hot Water Tank, quality Vaughn brand, good condition, electric. \$275 obo (usually \$600 - 800 new). 902-531-2662

Offered: Two wooden storage/shipping crates 38" x 44" W x 43" H shipped weighing 1200 pounds each to Clementsport area. Good condition, 3/8" plywood. Must be picked up. Call 902-532-0604 for details.

For Sale: 50-lb bags of cull carrots. Location just outside Annapolis Royal. \$12 or 10 bags for \$100. Call or text 902-532-8716.

K-12 Math/Science Tutoring: Professional engineer offering virtual and in-person tutoring within Digby and Annapolis counties. Flexible rates available. Inquiries can be sent to ns.stem.tutor@protonmail.com.

The Bridgetown Reader Standard Display Ad Sizes and Prices #1001 Square Ad 2 inches x 2 inches \$4.00 #1002 Business Card 2" H x 3-1/4" W \$6.50 #1003 Horizontal 2" H x 5" W \$10.00 #1004 Vertical 4" H x 3-1/4" W \$14.00 #1005 Square 4" H x 4" W \$16.50 #1006 Horizontal 4" H x 6" W \$24.00 #1007 Vertical 6" H x 4" W \$24.00 #1008 Vertical 8" H x 6.5" W \$52.00 #1009 Horizontal 3-1/4" H x 4" W \$14.00 #1010 Horizontal 2" H x 4" W \$8.00 #1011 Vertical 4" H x 2-1/2" W \$10.00 #1012 Vertical 6" H x 3-1/4" W \$19.50 #1013 Horizontal/Vertical 4" x 5" \$20.00 #1014 Square 5" x 5" \$25.00 #1015 Quarter Page 8" H x 5" W \$40.00 #1018 Ex. Business Card 3" H x 3-1/4" W \$10.00 #1025 Half Page 8" H x 10-1/4" W \$84.00 #1026 Full Page 16" H x 10-1/4" W \$165.00 We will gladly quote non-standard sizes. There is a 15% discount for 8 or more ads paid in advance.



For Rent: Annapolis Royal, large 2-bedroom + dining room (or office, den) apartment; bright and cheery with windows on 3 sides, built-in bookshelves, non-working but handsome fireplace & mantel, real wood floors, wide centre hall; off-street parking, free laundry facilities, LED pot lights on dimmers; heat & hot water included, 2nd floor. Spacious living room and bedrooms. On bus line, handy to downtown stores. Must have employment and rental references. \$1700, available Oct 1st. 902-531-2662

For Sale: Manfrotto professional camera tripod with Slick pistol grip panhead. \$35. (902)532-5129



For Sale: Sears Craftsman 10" Radial Arm Saw, works good. \$75 OBO, 902-308-3201, leave message.

For Sale: 2 brand new round bale feeders, good for cattle or horses. \$650 ea. 902-532-8716

Senior Female Looking For Small Space,

already intact, or where one can put a tiny hut (about 12 x 14), back in my hometown area along West Paradise Rd, west from Paradise Lane or the Paradise area. Looking forward to hearing from someone. 902-825-9183

For Sale: 12 well dried oak boards 9ft. Long-6 inches wide and one and one quarter inches thick, not planned. \$420.00 Phone 902-825-3313

At **Randy's Wood Products** in Bear River, we sell interior wood trim, doors, and custom woodwork like butcher block countertops. Plus, as a Dulux Paint dealer, we're a one-stop shop for quality materials and expert advice. 924 Mary Jane Riley Road, Bear River. 902-247-0524.

To Give Away: Upright Bell Piano (built between 1900-1930). Piano is in good condition. Must come to pick up. Near Bridgetown. Please call 902-349-4554

Looking to Buy: Mandolin case. A shape. Must be in good shape. 902-584-3370

For Rent: Storage lockers available in Annapolis Royal. Secure. Easy access. Call 902-521-4986.

Wanted: Asperger's woman in Annapolis Valley is seeking light social support and companionship for 2 - 6 hours per week in late afternoon/eve. The best fit would be someone who enjoys healthy habits like walking/yoga/cooking/art and is caring and fun loving. \$20/hr. Contact me if you enjoy getting out in the community and building true relationship, hopefully over the long term. 902-441-8386

Found: Key fob, Bridgetown area. Call 902-665-2318.

Contractor Available: New builds, renos, roofing, siding, etc. Call 902-532-5228 or 902-526-0888.

<u>Lawrencetown United Baptist Church</u> <u>would like to invite you to quiet time</u>.

This is an hour to take a break during your day to find calm in a quiet place. You may sit where you like in silence, Reflection, Prayer or reading. Quiet time will take place on Friday morning 10 to 11am or Tuesday evening 7 to 8pm. The address is 430 Main St., Lawrencetown.

Struggling with your weight? Why not join a fun and supportive TOPS group. We are located in Bridgetown and meet at the Inglewood Community Hall, 246 Inglewood Rd. Wednesday's at 5 for weigh in with meeting starting at 5:30. All are welcome at any age. Take some time to look after yourself. You are worth it!

"Getting to Know"...You!

You are invited to send us a short piece about your business or organization. The Bridgetown Reader welcomes articles of up to 500 or so words that would introduce you to the community; we call these stories "Getting to Know..." and they are free for one-time inclusion. Whether your business or group is large or small, we want to help spread the word about what you do, where you are, and how people can get in touch with you. Let us hear from you. Reach us through the contact form at www.bridgetownreader.news, through Facebook/ Bridgetown Reader, email readerpublishing@outlook.com or call or text 902-824-0412 (leave a message, please).

Looking to Buy: Used golf carts - Yamaha, Club Car, EZ-Go. 902-245-2475

"One Word 60's Song Titles" Word Search Puzzle

Because Downtown
Everybody Memphis
Mockingbird People
Pipeline Reflections
Ringo Runaway
Shotgun Something
Stormy Sukiyaki
Suspicion Volare

Find the word or phrase in the puzzle. Words can share letters as they cross over each other. Answer next week.

Υ	G	L	Z	Z	I	Т	Ε	0	S	М	L	D	L	А	D
D	0	W	Ν	Т	0	W	Ν	V	0	Н	Υ	0	Ε	U	Z
Ε	0	М	V	U	\times	S	D	\subset	Ε	G	0	R	I	0	Υ
Z	D	К	W	J	Т	Н	К	D	S	R	Α	Т	G	V	\subset
В	Ε	S	R	0	R	I	S	R	Ν	L	Υ	Ν	G	Ε	В
\subset	Υ	Ν	R	Q	Ν	Υ	0	Α	0	Н	I	В	S	U	G
М	Н	М	I	G	S	0	М	V	I	R	W	U	0	Q	Ν
Α	Υ	\subset	В	L	\subset	W	Ε	\times	Т	Т	Α	Ν	Q	D	\subset
В	Ε	I	К	В	Ε	D	Т	٧	\subset	\subset	М	0	Р	Ν	Υ
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K D R	R R U	0 P N	V W A	L G W	I N A	P L Y	H I N	L B P	E L F	N E Z	P P L	I C I	М Е М	P ×	A J V
K D R E	R R U L	0 P N P	V W A O	L G ₩ E	I N A P	P L Y V	H I N G	L B P Z	E L F E	N E Z	P P L	I C I P	М Е М Р	P × × E	A V J

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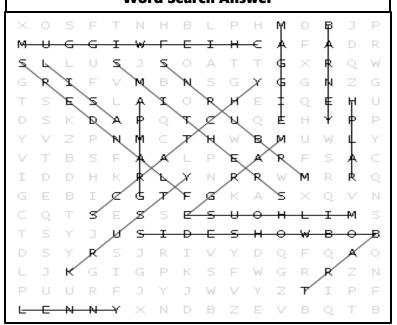
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"Know Your Homer, too?" **Word Search Answer**



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Lawrencetown Pharmachoice Lawrencetown Library Bee's Knees General Store

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Coming to King's Theatre

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Fri. Oct. 10, 7:00pm The Long Walk (film, 14A) From the highly anticipated adaptation of master storyteller Stephen King's first-written novel, and Francis Lawrence, the visionary director of The Hunger Games franchise films (Catching Fire, Mockingjay - Pts. 1 & 2, and The Ballad of Songbirds & Snakes), comes THE LONG WALK, an intense, chilling, and emotional thriller that challenges audiences to confront a haunting question: how far could you go? Tickets: \$11.95 Adults, \$7.95 Youth under 18.

Sat. Oct. 11, 3:00pm Puppet Picnic: A Gathering of Tales (live performance) A magical collection of puppet tales that will transport audiences from cozy riverbanks to unexpected adventures! This unique theatrical experience brings together beloved characters and brand-new stories in an unforgettable afternoon of visual storytelling. Perfect for families, puppet enthusiasts, and anyone who believes in the magic of live performance! Come hungry for wonder—this picnic feeds the imagination.

The performers are Jennifer Marlow, woodcarver turned puppeteer; Teresa Bergen, ceramic artist and occasional puppeteer; Kim Barlow, musician and songwriter; and Kerry Flynn, local musician and artist.

Tickets: \$20 Adult, \$10 Youth (under 18).

Sat. Oct. 11, 7:00pm Puppets After Dark: Dreams,

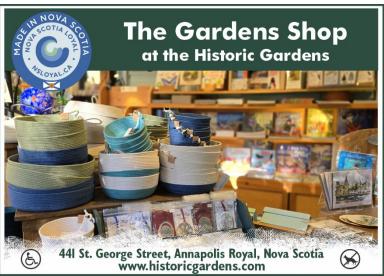
Desires & Demons (live performance) An Evening of Adult Puppet Theatre That Will Haunt Your Dreams. When the curtain falls on daylight puppet shows, something darker emerges from the shadows. "Puppets After Dark" invites you into a nocturnal realm where strings and silhouettes dance with our deepest fears, desires, and transformations. "Puppets After Dark" shatters preconceptions about puppetry as children's entertainment, revealing its power as a medium for adult storytelling. These aren't just puppet shows—they're rituals of transformation, explorations of identity, and celebrations of the beautiful darkness that lives within us all.

From shadow play to marionettes, from queer ritual to horror homage, this evening showcases puppetry's capacity to make the invisible visible, to give form to our formless fears and desires. This is adult content that explores mature themes including mortality, identity, sexuality, and psychological terror.

The artists are Dr. Dawn Tracey Brandes, Puppetry scholar and Instructor at Dalhousie University; Ken Flett, Nova Scotia-based artist; Logan "Lo" Robins (he/they): Queer environmental theatre maker and Artistic Director of The Unnatural Disaster Theatre Co.; Cortney S. Cassidy, emerging artist working in painting, puppetry and expanded media; Kay Slauenwhite, Media artist working in sound, installation, video, and collage; and Jonah Rubin-Flett, high school student working in film, animation, and puppetry. Tickets: \$20 Adult, \$10 Youth (under 18).

Fri. Oct. 17, 6:00pm; Sat. Oct. 18, 2:00 & 6:00pm; and **Sun. Oct. 19, 2:00pm Alice Through the Looking Glass**

(live performance) A Young Company Productions presentation. Come and see our talented local cast of youth − 25 actors and 13 dancers aged 6-18 − bring the magical world of Alice Through the Looking Glass to life! Follow Alice as she steps through the mirror into a wondrous land filled with incredible adventures. Watch as she discovers the Talking Flowers Garden, laughs along with the silly Tweedles, and learns how to be a Queen in a fantastical game of chess. With many more surprises and adventures, this lively production is perfect for the whole family. Don't miss your chance to experience the magic and wonder of Alice's extraordinary journey! Tickets: Adult \$20, Youth \$5. No Tax.



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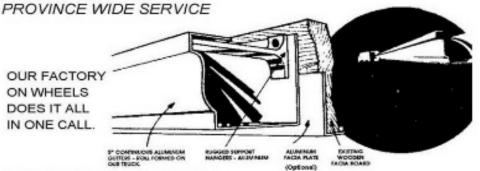
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Anagrams Answers Puzzle 39

Rearrange all the letters of each word to form another common English word.

Adverb - Braved

Brush- Shrub

Canoe - Ocean

Charles - Larches

Hustling - Sunlight

Imaginer - Migraine Mainyard - Dairyman

Nursed - Sunder

Rearmed - Dreamer

Sought - Toughs



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Fire Prevention Week is Oct 5-11

The National Fire Protection Association theme this year is **"Charge into Fire Safety™:**

Lithium-Ion Batteries in Your Home".

Lithium-ion batteries, common in rechargeable products, are used in many everyday electronics and devices such as cellphones, laptops, baby monitors, toys and power tools, and it's important to know how to use, store and charge them safely as they contain the same safety risks as other kind of batteries, such as overheating and fires. They're more easily damaged than other types of batteries and can become hazardous in certain conditions since they are more volatile.

Briefly, follow these guidelines when recharging devices:

✓ Plug directly into the wall, not extension cords.

✓ Use the charger that came with your device.

✓ Unplug once fully charged.

Never charge while sleeping or when you're away.

Lithium-ion batteries are found in many electronic devices, such as toys, power tools, baby monitors, portable power banks and personal electronics, such as tablets, laptops, cell phones. Smartwatches and even vaping products (e-cigarettes). They are also found in mobility products such as e-scooters, e-bikes and mobility aids.

Use and storage

Handle lithium-ion batteries carefully. Do not throw, modify or tamper with them. Check for signs of damage, and don't use batteries that: -are swollen or dented

- -have torn, plastic wrappers
- -show other signs of damage or wear

Keep your batteries in a safe place, out of sight and reach from children. If you carry batteries with you, keep them in a protective, non-metal case. Keep batteries stored in a dry location at room temperature. Do not leave batteries out in the sun or in a hot or cold car or let moisture form on either end of the battery's terminals.

Charging

- -Do not charge your battery for longer than the recommended charging time. Overcharging can cause your battery to overheat, which can lead to fires or explosions.
- -Charge your device at room temperature where you can see it. Soft surfaces, like a couch or bed, can trap heat around the battery and cause the device to overheat.
- -Charge your battery before it drops below 30% to help it last longer and work safely. Do not keep it plugged in and charged at 100% for long periods.
- -Unlike older types of batteries, you do not need to fully discharge lithium-ion batteries. This may actually harm them.
- -Charge your product away from exit doors in case of fire.

Original and replacement chargers

Use the charger that came with your device. If you need to replace your charger, buy it from a trusted source and make sure the voltage and current are compatible with your device.

Contact the original product manufacturer if you need a replacement charger for higher voltage items like e-bikes, remote control cars and power tools.

Advice for larger battery systems

Some rechargeable products require many powerful lithium-ion battery cells such as large tools; e-mobility devices such as e-scooters, e-bikes and mobility aids; battery powered lawnmowers and snowblowers; and energy storage systems used to store solar and wind energy. Incidents with these larger and more powerful batteries can be more severe and the fires harder to extinguish.

Use the original lithium-ion batteries that came with your product. Contact the original manufacturer if you need replacement batteries. If you cannot reach the original manufacturer, contact the product retailer. Bring batteries to room temperature before using them. Do not attempt to charge in below-zero temperatures.



Do not attempt to modify lithium-ion batteries. Modifying lithium-ion batteries can destabilize them and increase the risk of overheating, fire and explosion.

Read and follow any other guidelines provided by the manufacturer.

Storage

Store lithium-ion batteries with about a 50% charge when not in use for long periods of time. Check them every 3 months to make sure they haven't lost their charge and charge them back up to 50% if they have.

Store lithium-ion batteries at temperatures between 5 and 20°C in a room with low humidity. If your product has removable batteries, you may need to remove them from the product for storage during hotter or colder months.

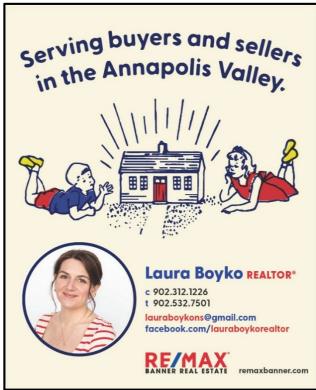
Store lithium-ion batteries away from other types of batteries and flammable or explosive materials.

Do not stack heavy objects on top of the boxes containing lithium-ion batteries. Damaged batteries can cause internal short circuits, which can lead to an explosion.

Disposal

Batteries are considered hazardous waste. Do not place them in household garbage. Follow local guidelines for disposal.





Safe Disposal of Batteries

Batteries should NEVER be placed into the trash or your regular recycling bin, as they can be damaged in trucks, and potentially cause fires, endangering staff at recycling facilities. Batteries need to be recycled properly, at specifically designated battery recycling locations.

Why is proper disposal necessary?

- Batteries can cause sparks if they come into contact with debris.
- Lithium batteries can be damaged in trucks and cause fires at recycling processing centres.
- Batteries can overheat if left outdoors, increasing the risk of fire.
- Certain chemicals in the batteries could harm the environment if they end up in landfills.

What to do:

- Collect your used batteries in a <u>non-metal container</u>.
- Cover the terminals of rechargeable, lithium and alkaline batteries over 9V with electrical tape or place individually in resealable plastic bags to prevent sparks.
- Drop off your used batteries every three months at one of nearly 15,000 convenient locations nationwide.

In Annapolis County you can drop <u>properly</u> <u>prepared</u> used batteries at these locations:

Bridgetown Pharmasave, 264 Granville St.

<u>C. N. Orde & Sons General Contracting Ltd.</u>, 9313 Highway 8, Lequille

<u>Annapolis Home Hardware Building Centre</u>, 132 St. Anthony St., Annapolis Royal

<u>Middleton Home Hardware</u>, 47 Commercial St. Middleton.

Electric bicycles (e-bikes) and scooters (e-scooters) are becoming more popular all the time, but at end of life, e-mobility batteries need to be disposed of properly. Batteries for e-mobility devices can be dropped off at select locations. E-bike retailers often offer e-bike battery recycling as well. Presently, the only drop-off locations for these batteries are in the Halifax area.

Lead acid batteries, used in autos, lawn mowers and power storage units, can be dropped off at auto service centres and dealers such as Canadian Tire.

For more information about battery disposal go to https://recycleyourbatteries.ca/





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I SHARE BECAUSE I CARE

Suicide Prevention Resources

Crisis Support

9-8-8 Suicide Crisis Helpline | Available 24/7
Call if you are thinking about suicide, or if you're worried about someone else.

Hope for Wellness Help Line (for Indigenous Peoples) | 1-855-242-3310 | Available 24/7 Available in English, French, and upon request in Cree, Ojibway, and Inuktitut.

Kids Help Phone | 1-800-668-6868 | Text CONNECT to 68686 | Available 24/7 Completely confidential — you don't have to give your name.

Trans Lifeline Hotline | 1-877-330-6366 Peer support service run by and for trans people. Call if you need someone trans to talk to — even if you're not sure you're trans.

Non-Crisis Support and Warm Lines

Men's, Women's or All Genders Helpline | 2-1-1 Call and ask for one of these lines.

Black Youth Helpline | (Toll Free) 1-833-294-8650 Professional, culturally appropriate support for youth, families and schools.

NS Peer Support Phone Service | 1-800-307-1686 This is a toll-free, non-crisis, available to all Nova Scotians 18 years of age or older

The National Overdose Response Service | 1-888-688-6677 | Available 24/7
A virtual safe consumption site available for all Canadians. Their service is 100% confidential, anonymous and judgement-free.

www.novascotia.cmha.ca/light-the-way-together-for-suicide-prevention

#LightthewayNS

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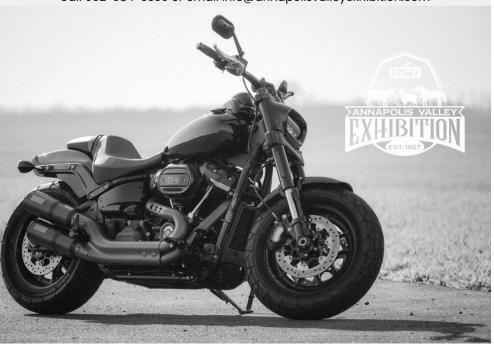
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October THRIVE Workshops

Sponsored by the Nova Scotia Branch, Canadian Mental Health Assoc. Whether you want to get creative, build new skills, or strengthen your resilience, our October THRIVE workshops have something for everyone. Co-created and facilitated by Nova Scotians, for Nova Scotians, these free workshops are open to all. Each of these one-hour sessions are designed to inform, inspire, and support your well-being.

Just bring yourself, an open mind, and a little time to focus on you. Spaces are limited, so make sure to register early and secure your spot.

Understanding OCD: Beyond the Stereotypes

Thur. Oct. 16, 12-1:00pm

OCD is often misunderstood as being "just about cleaning." In reality, it's much more complex. This session will challenge common myths, reduce stigma, and offer tools to support yourself or others.

Art as Healing: Reconnecting After Loss or Postpartum Depression Tues. Oct. 20, 12-1:00pm

Explore how creative expression can help process grief, ease postpartum challenges, and create pathways to healing and connection.

Adult ADHD Uncovered: Insights, Challenges, and Coping Strategies Thur. Oct. 30, 12-1:00pm

ADHD isn't just about focus—it touches every part of life. This workshop offers practical strategies for managing daily challenges and thriving with ADHD at any stage of adulthood.

Learn more and find the links to register at https://novascotia.cmha.ca/

Anagrams Puzzle 40

Rearrange all the letters of each word to form another common English word. Answers next week.

Infests
Inured
Married
Mastered
Notices
Portal

Porsche - _____ Quartets - _____

Ratchet - ____

Sunders - _____

Answer next week.

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